1.77 million Older New Yorkers (60+)

1 in 5 New Yorkers

Similar age breakdown among older adults in the US and NYC

- 85+
  - US: 72.22M, Median age 60+: 69.5
  - NYC: 1.77M, Median age 60+: 69.8

- 75-84
  - US: 20%
  - NYC: 21%

- 65-74
  - US: 43%
  - NYC: 42%

- 60-64
  - US: 29%
  - NYC: 28%

NYC’s older adults are more diverse than the national average

United States
- 74%
- 5%
- 10%
- 9%
- 2%

New York City
- 39%
- 14%
- 21%
- 3%
- 23%

Compared age breakdown among older adults in the US and NYC

- Median age 60+: US 69.5 vs. NYC 69.8
- Median age: US 38.4 vs. NYC 37.3

NYC’s older adults are more diverse than the national average

- Asian or Pacific Islander: 39%
- Black: 14%
- Hispanic: 21%
- Other or Multiracial: 3%
- White: 23%

Source: 2021, American Community Survey 5-year Estimate (Civilian noninstitutional population) Public Use Microdata Custom Tables
FPL: Federal Poverty Level
Limited English Speakers: Speak English Less Than Very Well
Almost 50% of older New Yorkers speak languages other than English at home, and 30% are limited English speakers.

NYC older adults are also more likely to live alone, with frailty, and receive SNAP benefits than US older adults.
NYC older adults are more likely to live below the poverty line than US older adults

By 2010, Older Adults surpassed school age children as a percentage of the population in New York City ...

... with the percentage continuing to grow as all baby boomers turn 60 by January 2025.