

Farmers' Market Nutrition Program – FAQs

ELIGIBILITY & RULES

- To be eligible to receive the Farmers' Market Nutrition Program coupons, adults must be:
 - o 60 years old or older
 - o Earnings are no more than the gross monthly income at or below 185 percent of Federal Poverty Guidelines:
 - \$2,461/month (for a one-person household); or
 - \$3,337/month (for a two-person household); or
 - \$4,212/month (for a three-person household).
- Distribution of coupon booklets occurs from July to September 30, 2026
- Coupons must be used (redeemed) by November 30, 2026.
- Coupon booklets are distributed on a first-come, first-served basis.
- One coupon booklet per older adult.
- Coupons that were not spent this year cannot be used in future years.

FREQUENTLY ASKED QUESTIONS

How much is the coupon booklet worth?

The coupon booklet is worth \$25.

How many coupons are in a booklet?

There are five (5) coupons in a booklet. Each coupon is worth \$5.

Where can I sign up for a coupon booklet?

If an older adult meets both age and income eligibility, he/she may do one of the following:

- Contact Aging Connect at 212-244-6469 for information about participating sites.
- Visit www.nyc.gov/aging for a list of distribution sites.

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Where can I use the coupon booklet?

Coupons may be spent at participating farmers' markets around the city. A list of farmers' markets are located on the NYC Aging's website www.nyc.gov/aging.

Can I purchase any fruit and vegetables at the market?

No. Coupons may be used to purchase locally grown fresh fruits, vegetables, and culinary herbs. You **cannot** use your coupons to buy non-produce items like:

- Apple cider
- Honey
- Maple
- Syrup
- Eggs
- Jams and Jellies
- Plants
- Flowers
- Gourds
- Tropical Citrus Item
- Baked Goods
- Ornamental Pumpkins

If I cannot go to the farmers' market, can I send someone on my behalf?

Yes. Anyone who has power of attorney or is a proxy to the older adult, he/she may shop on behalf of the older adults.

What should I do if my coupon is lost or stolen?

Lost or stolen coupons cannot be replaced and should be reported to Aging Connect at 212- AGING-NYC (212-244-6469).

Who should I contact if I have additional questions regarding the Farmers' Market Nutrition Program?

For additional information regarding the program, please contact Aging Connect at: 212-AGING-NYC (212-244-6469)

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I live with my husband and sister, we are age 60 and over, can each one of us have a booklet?

Yes, if their total monthly income is less than the Gross monthly income at or below 185 percent of Federal Poverty Guidelines.

My mother is homebound (or I am a home attendant, and my client is homebound); can I apply on her behalf?

Yes, your mother/client needs to fill out and sign the Statement of Eligibility and fill out the Proxy form so that you can apply at any participating distribution site.

I can't use the coupons this summer, can I save them for next year?

No, the coupons have an expiration date and that is November 30, 2026.

Is the NYC Department for the Aging going to mail the coupons to me?

No, the coupons are distributed through participating distribution sites. The NYC Department for the Aging is not mailing coupons to older adults.

The New York State Farmers' Market Nutrition Program (FMNP) consists of two programs: the Women, Infants and Children (WIC) Farmers' Market Nutrition Program and the Senior Farmers' Market Nutrition Program (SFMNP). Those who are eligible for these programs are provided coupons to redeem for fresh fruits and vegetables at participating farmers' markets and farm stands.

The purpose of the program is to promote improved nutrition through increased consumption of locally grown fresh fruits and vegetables. It is also intended to expand sales at farmers' markets and farm stands. The New York State Department of Agriculture and Markets collaborates with the New York State Department of Health, the New York State Office for the Aging, and Cornell Cooperative Extension in administering the program. Age and income eligible older adults can receive FMNP coupon booklets.