



Dear Friend,

Welcome to New York City! Thank you for joining our *Cities Thrive* conference and taking a leadership role in the mental health movement.

One in five Americans suffers from a mental health condition, which means everyone—including your family and mine—is directly or indirectly affected by the lack of adequate services. For too long now, discussion of anxiety, depression, substance misuse and other conditions have been conducted only in whispers and innuendo.

That is finally starting to change. In cities from coast to coast, mayors and their allies are coming together to shatter the stigma of mental illness and develop innovative new ways to address mental health challenges before they become more serious, close treatment gaps, and partner with communities to create culturally competent solutions.

Here in New York City, we launched ThriveNYC, a roadmap to change the way people think about mental health, and the way the City and its partners deliver services. My team and I look forward to updating you on our progress, but we are even more eager to hear your insights and experiences.

Cities Thrive brings together some of our nation's best thinkers on mental health to brainstorm new ideas, discuss best practices, create an ongoing conversation, and push our federal partners to join us in making mental health and substance misuse a top priority. With your help, we can build a network of cities primed for action. We are excited that you are joining with us to change America's mindset around the mind.

Sincerely,

A handwritten signature in black ink that reads "Chirlane McCray". The signature is fluid and cursive, with the first name being more prominent.

Chirlane McCray

Cities Thrive Agenda

Monday December 4, 2017

8:00 AM – 8:45 AM: Registration & Breakfast

8:45 AM – 8:55 AM: Conference Welcome

- Anthony W. Crowell, Dean and President, New York Law School

8:55 AM – 9:05 AM: Opening Remarks

- Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY

9:05 AM – 9:30 AM: Keynote Address

- Chirlane McCray, First Lady of the City of New York

9:30 AM – 9:40 AM: Introduction to Guiding Principles

- Gary Belkin, Executive Deputy Commissioner, Department of Health and Mental Hygiene, New York, NY

9:45 AM – 11:10 AM: Panel Session 1

Strengthening Government's Ability to Lead

- Moderator: Jill Bowen
- Claire Levitt, New York, NY
- Ken Epstein, San Francisco, CA
- Katrina Hotrum-Lopez, Albuquerque, NM
- Matilde Castiel, Worcester, MA
- Regina M. Huerter, Denver, CO

Act Early

- Moderator: Kenyatte A. Reid
- Shirley Berger, New York, NY
- Pia V. Escudero, Los Angeles, CA
- Nichole Rohrer, Alexandria, VA
- Mark Sander, Minneapolis, MN
- Mike Gruber, Pittsburgh, PA

11:20 AM – 12:45 PM: Panel Session 2

Use Data Better

- Moderator: Sarah Shih
- Mabelle Allen, New York, NY
- David Schwindt, Iowa City, IA
- Leigh Tami, Cincinnati, OH
- Dan Nelson, Seattle, WA
- Aaron Lawlor, Lake County, IL

Close Treatment Gaps

- Moderator: Nichole Adams-Flores
- Tobi Abramson, New York, NY
- Hillary Kunins, New York, NY
- Tanya A. Royster, Washington, D.C.
- Eileen de Villa, Toronto, Canada
- Alyssa Carodine, Wyandotte County, KS

12:45 PM – 1:00 PM: Break

1:00 PM – 1:05 PM: Sponsor Remarks

- Karen M. Costley-Hoke, Medical Director, EmblemHealth

1:05 PM – 2:05 PM: Technology Lunch and Learn

- Moderator: Ashish Joshi, Associate Dean of Student Affairs, CUNY Graduate School of Public Health and Health Policy
- Robert Morris, Co-Founder, Koko
- Scott Cousino, CEO, myStrength, Inc.
- Henry Chung, Senior Medical Director, Montefiore Care Management Organization
- Lisa Dixon, Professor of Psychiatry, Columbia University Medical Center, New York State Psychiatric Institute

2:15 PM – 3:40 PM: Panel Session 3

Partner with Communities

- Moderator: Torian Easterling
- María Cabán, New York, NY
- Tracy Hazelton, Alameda County, CA
- Katherine Gottlieb, Anchorage, AK
- Patsy Thomas, Fort Worth, TX
- Gale Burstein, Erie County, NY

Change the Culture

- Moderator: Tracie Keesee
- Darlene Brown-Williams, New York, NY
- Daniel T. Satterberg, Seattle, WA
- David Rausch, Knoxville, TN
- Geoffrey Neimark, Philadelphia, PA
- Evan Behrle, Baltimore, MD

3:50 PM – 4:50 PM: Re-engineering the Mental Health Workforce

- Moderator: Bill Ebenstein, Senior Fellow, CUNY Institute for Worker Education
- Benjamin Springgate, Associate Professor, Clinical Medicine and Health Policy, LSU
- Bowen Chung, Associate Professor-in-Residence, UCLA School of Medicine
- Vita C. Rabinowitz, Executive Vice Chancellor and University Provost, CUNY
- Margaret (Peggy) Swarbrick, Director of Practice Innovation and Wellness, Rutgers University Behavioral Health Care
- Meagan Van Harte, Senior Director, NYC Department of Health and Mental Hygiene

4:50 PM – 5:00 PM: Day 1 Closing Remarks

- Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY

6:00 PM – 8:00 PM: Cocktail Reception at Gracie Mansion

Tuesday December 5, 2017

8:00 AM - 8:45 AM: Breakfast

8:45 AM – 9:05 AM: Opening Remarks

- Mary Bassett, Commissioner, Department of Health and Mental Hygiene, New York, NY

9:05 AM - 10:05 AM: Spreading Innovation and Implementation Support

- Moderator: Gary Belkin, Executive Deputy Commissioner, NYC Department of Health and Mental Hygiene
- Moitreyee Sinha, CEO, citiesRISE
- Tyler Norris, Chief Executive, Well Being Trust
- Elizabeth Clay Roy, Co-Director, South Bronx Rising Together

10:10 AM to 10:20 AM: Remarks by the International City and Urban Regional Collaborative

10:25 AM – 10:55 AM: Advocacy Goal Setting and Next Steps

10:55 AM – 11:20 AM: Break & Evaluations

11:20 AM to 11:50 AM: Keynote Address

- Andy Slavitt, Former Acting Administrator, Centers for Medicare and Medicaid Services; Senior Advisor, Bipartisan Policy Center

11:50 PM – 12:20 PM: Mayor's Address

- Bill de Blasio, Mayor of the City of New York

12:20 PM – 12:30 PM: Call to Action and Closing Remarks

- Chirlane McCray, First Lady of the City of New York

2:00 PM – 3:00 PM: Optional Tour of New York City Hall

Featured Speakers



Mary T. Bassett, MD, MPH, Commissioner of the NYC Department of Health and Mental Hygiene

Mary T. Bassett is the Commissioner of Health for New York City, a position she assumed in February 2014. Her focus is on ensuring that every New York City neighborhood supports the health of its residents, with the goal of closing gaps in population health across this diverse city. Additionally, she promotes continued use of innovative policy tools to reduce tobacco use, unhealthy food, and lack of physical activity that together drive contemporary mortality patterns. Originally from New York City, Dr. Bassett lived in Zimbabwe for nearly 20 years. Previously, she was the Program Director for the African Health Initiative and the Child Well-being Program at the Doris Duke Charitable Foundation. She received her B.A. in History and Science from Harvard University and her M.D. from Columbia University's College of Physicians and Surgeons. She served her medical residency at Harlem Hospital Center, and has a master's degree in Public Health from the University of Washington, where she was a Robert Wood Johnson Clinical Scholar.



Gary Belkin, Executive Deputy Commissioner of the NYC Department of Health and Mental Hygiene

Dr. Belkin is the Executive Deputy Commissioner of Mental Hygiene in the New York City Department of Health and Mental Hygiene. The Division of Mental Hygiene was instrumental in creating the framework for ThriveNYC and changing the conversation about mental health as a public health necessity. Before DOHMH, Dr. Belkin was the Medical Director for Behavioral Health in the Health and Hospitals Corporation of the City of New York, which operates 11 public hospitals in New York City. Dr. Belkin has served as Chief of Psychiatry at Bellevue Hospital and has led large delivery systems and policy development in urban health settings through advancing innovative approaches to public mental health. He was Associate Professor in the Department of Psychiatry at New York University School of Medicine, and founding Director of the NYU Program in Global Mental Health, which was developed to advance innovative implementation and policy approaches to scale and improve population mental health strategies.



Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY

Richard Buery leads priority interagency efforts to increase educational opportunity for New Yorkers and uplift working families through City services. He is the architect of Pre-K for All, the Community Schools Initiative and School's Out NYC, New York City's afterschool program for middle school students. He chairs the NYC Children's Cabinet, oversees the Mayor's Young Men's Initiative and has been charged with spearheading the implementation of ThriveNYC to overhaul of the city's mental health system. The Department of Youth and Community Development, Department of Probation, Department for the Aging, the Mayor's Offices for Immigrant Affairs, Veterans' Affairs, and People with Disabilities are also under his purview, and he serves as the City's liaison to the City University of New York (CUNY).



Anthony W. Crowell, Dean and President, New York Law School

Dean Anthony Crowell has worked closely with the faculty, trustees, administration, alumni, and students to initiate bold and innovative changes. This includes: reintroducing NYLS as New York’s law school; issuing and implementing a new comprehensive Strategic Plan and an Institutional Diversity & Inclusion Plan; adopting a new curriculum; and, vastly expanding clinical and experiential learning programs, all focused on leveraging NYC as the ultimate classroom. NYLS also introduced the nation’s first two-year J.D. honors program, established new groundbreaking academic centers for IP/Tech and Public Interest Law, and made significant enhancements to career planning and placement, student and alumni engagement, and fundraising programs. Previously, Dean Crowell was Counselor to Mayor Bloomberg from 2006 to 2012 and Special Counsel from 2002 to 2006, serving as counsel and senior management and policy advisor to the Mayor, as well as general counsel to the Office of the Mayor. From 1997 to 2002, he served as Assistant Corporation Counsel in the City Law Department’s Tax & Condemnation and Legal Counsel Divisions. In 2001, he directed the City’s WTC Death Certificate Program, and was counsel at the Family Assistance Center. He is a recipient of the Association of the Bar of the City of New York’s Outstanding Municipal Attorney Award.



Bill de Blasio, Mayor of the City of New York, New York

As New York City’s 109th mayor, Bill de Blasio is committed to fighting the income inequality that has created a ‘Tale of Two Cities’ across the five boroughs. Since assuming office in 2014, the de Blasio Administration has developed and executed transformative initiatives including Pre-K for All; Paid Sick Leave; Paid Parental Leave; IDNYC, and Housing New York, the largest affordable housing plan in the nation. Driven by decades of activism and experience working in government, Mayor de Blasio has fought to address quality of life and public safety issues throughout the city. Under his leadership, the city has experienced historic lows in crime while ending its overuse of stop-and-frisks; implemented neighborhood policing to bring police and communities closer together, created HOME-STAT, the largest homeless outreach effort in the nation; and developed the Vision Zero plan aimed at ending pedestrian traffic deaths. Mayor de Blasio has made deep investments in the NYPD, providing 21st century technology and resources to bolster crime-fighting efforts. Thanks to new training, smartphones and tablets, the ShotSpotter gunshot detection system and the deployment of an elite counterterrorism unit – New York City is safer than ever. The Administration also has sought to reform citywide systems in dire need of modernization, including the New York City Public Housing Authority and New York City Health + Hospitals.



Chirlane McCray, First Lady of the City of New York, New York

As First Lady of New York City, Chirlane McCray has redefined the role of First Lady, managing a robust portfolio to advance an ambitious agenda in support of all New Yorkers. Ms. McCray created ThriveNYC, the most comprehensive mental health plan of any city or state in the nation, and she is recognized nationally as a powerful champion for mental health reform. Additionally, Ms. McCray spearheads the Cities Thrive Coalition of mayors, with representation from more than 150 cities from all 50 states, advocating for a more integrated and better-funded behavioral health system. As Chair of the Mayor's Fund to Advance New York City, she brings together government, philanthropy and the private sector to work on some of the most pressing issues of our time, including mental health, youth employment and immigration. As co-chair of the Commission on Gender Equity, she is a persistent voice for creating a 50-50 city and world. In partnership with NYC's Police Chief, she leads the Domestic Violence Task Force. She is passionate about public service and leverages her platform in innovative ways to bring change where it is needed. Ms. McCray is a graduate of Wellesley College and recently received an Honorary Doctor of Science degree from the CUNY Graduate School of Public Health and Health Policy.



Andy Slavitt, Former Acting Administrator of the Centers for Medicare and Medicaid Services; Senior Advisor for the Bipartisan Policy Center

Andy Slavitt has decades of private and public sector leadership in health care. Over his career, Andy has shaped some of the most significant and successful initiatives in health care impacting millions of Americans and the shape of the health care system. From 2015 to 2017 he served as the Acting Administrator for the Centers for Medicare & Medicaid Services (CMS) under President Obama, overseeing the Medicaid, Medicare, the Children's Health Insurance Program, and the Health Insurance Marketplace, where he also oversaw the healthcare.gov turnaround in 2013. Under his leadership, the U.S. health care system saw record reductions in the uninsured rate, nationwide improvements in quality, record low cost growth, and a major upsurge in value-based payment models. Since leaving the Obama Administration, Andy has become a fierce advocate for reasonable policy making in health care, dedicating his time and energy to educating the public about the effects that efforts to "repeal and replace" the Affordable Care Act and restructure Medicaid would have on everyday Americans. He has used an ever-expanding twitter following to share legislative analysis and updates, traveled the country to speak at public town halls and conferences, and become a trusted resource on health care issues for legislators on both sides of the aisle. In addition, Andy serves a Senior Advisor with the Bipartisan Policy Center, and co-Chairs the BPC's Future of Health Care effort with former Senate Majority Leaders Frist and Daschle and former Administrator of the Health Care Financing Administration Gail Wilensky. In recognition of his work since January 2017, Politico ranked him #28 on its list of 50 Ideas Blowing Up American Politics (and the People Behind Them).

Plenary Presentations

Technology Lunch and Learn

During this plenary, we will hear from leaders about the emerging field of web and mobile technologies that advance mental health goals. Recent technological advances offer new opportunities to close treatment gaps by bringing programs and other assistance directly to the public, both to complement in-person care and to engage or promote mental health for individuals who are not connected to care. This discussion will focus on the value of innovative technologies to advance access and population mental health as well as how policymakers can support better utilization of these evidence-supported tools.



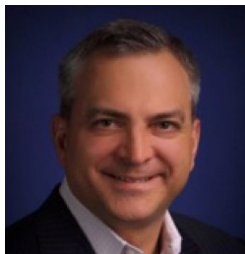
Ashish Joshi, Associate Dean Student Affairs, CUNY Graduate School of Public Health and Health Policy (Moderator)

Dr. Joshi blends his clinical medicine training with biomedical, public health, and informatics research. He has gained national and international prominence in the area of health informatics with a special emphasis on implementing population based surveillance, mobile health, public health dashboards and health technology assessments. Dr. Joshi has conceptualized the SMAART™ framework to design and develop evidence-based, culturally relevant, and cost-effective innovative informatics interventions to improve population health outcomes in various global settings. Dr. Joshi is well published with more than 100 publications in peer reviewed literature and has presented his work both nationally and internationally. His research projects in the US, Nigeria, India, and Brazil, Haiti has been actively funded by the AHRQ, US Department of Veteran Affairs, Bill and Melinda Gates Foundation, Ministry of Health, Brazil, Indian Council of Medical Research, Government of India, New York State Department of Health and New York City Department of Health. He has been funded by several private foundations and industries to conduct research and evaluation focused on the application of informatics in population health. He is primary author of the first textbook on “Population Health Informatics Driving Evidence Based solutions into Practice” to be available in fall 2017.



Robert Morris, PhD, Co-founder, Koko

Robert Morris co-founded Koko, a digital platform for mental health. He earned his AB in psychology from Princeton University, summa cum laude, and his master's and PhD in media arts and sciences from MIT. Prior to MIT, Robert worked as a research associate in the departments of clinical and cognitive neuroscience at Harvard and Massachusetts General Hospital. At MIT, Robert built digital interventions for mental health and helped pioneer emotional intelligence for AI systems. His PhD work has since evolved into Koko, a platform that brings mental health and safety services to millions of people on large-scale social networks.



Scott R. Cousino, CEO, myStrength, Inc.

Scott R. Cousino is the CEO and co-founder of myStrength, Inc., a digital behavioral health company delivering innovative, scalable solutions for healthcare payers and providers. Prior to founding myStrength, Scott was an executive at Alta Colleges, a higher education services company offering associate and bachelor degree programs to more than 18,000 students. As President of the 600-employee online learning division, he and his team were responsible for the initial launch and rapid growth of Alta's fully accredited e-learning platform. Scott has an MBA from the University of Colorado and a BBA with distinction from the University of Michigan. He is a frequent speaker on digital behavioral healthcare,

to include Health 2.0 Summer Conference, The National Council for Behavioral Health Annual Conference, HIMSS HX360, National NAMI Conference, Connected Consumer Conference.



Henry Chung, MD, Senior Medical Director, Behavioral Health Integration Strategy of Montefiore Care Management Organization (CMO); Professor of Psychiatry, Albert Einstein College of Medicine

Dr. Chung leads the implementation of behavioral health integration initiatives in the Montefiore Health System and its affiliated partners. From 2010 to 2017, he was Vice President and Chief Medical Officer at Montefiore CMO and responsible for all quality assurance and medical transformation initiatives for over 5000 IPA physicians and 400,000 patients in value based programs. Dr. Chung has a significant track record of progressive achievement and leadership in multiple sectors of healthcare including hospital, community health center (FQHC), pharmaceutical, and global university health. In addition, he has contributed notable scholarly work and led regional and national initiatives in the integration of behavioral health and primary care. Finally, Dr. Chung is the Executive Project Director of the Bronx Behavioral Health Integration Project (B-BHIP), a 3 year program supported by a \$5.5 million grant by the Center for Medicare and Medicaid Innovations to integrate behavioral healthcare in primary care across all ages, using the collaborative care model. The model is enhanced by using various forms of technology support and also by developing a case based payment model to help with financial sustainability of the program.



Lisa Dixon, M.D., M.P.H., Professor of Psychiatry, Columbia University Medical Center, New York State Psychiatric Institute

Lisa Dixon is a Professor of Psychiatry at the Columbia University Medical Center where she directs the Division of Behavioral Health Services and Policy Research and the Center for Practice Innovations (CPI) at the New York State Psychiatric Institute. Dr. Dixon is an internationally recognized health services researcher with over 25 years of continuous research funding from the National Institute of Mental Health and the VA. CPI supports the implementation of evidenced based practices in behavioral health programs throughout the state, including the innovative program, OnTrackNY, for individuals experiencing early psychosis. Dr. Dixon's work has joined individuals engaged in self-help, outpatient psychiatric care, as well as clinicians and policy makers in collaborative research. Dr. Dixon assumed the role of editor in chief of the journal, Psychiatric Services in January, 2017. She has published more than 250 articles in peer-reviewed journals and has received numerous awards.

Re-engineering the Mental Health Workforce

In order to create a mental health system that is culturally competent, reaches every community, and reflects Thrive's core principles, government must invest in reshaping and growing the mental health workforce. During the plenary, we will hear from academics and policymakers who are attempting to change the makeup of the mental health workforce. The plenary will answer the question: what types of workforce improvement strategies can cities advance in order to shrink treatment gaps, reduce disparities and promote a public health approach?



William Ebenstein, Senior Fellow, John F. Kennedy, Jr. Institute for Worker Education at CUNY (Moderator)

Dr. William Ebenstein is Senior Fellow at the John F. Kennedy, Jr. Institute for Worker Education at the City University of New York. From 2007-2014 he was CUNY's University Dean of Health and Human Services. In 2011-12 he served on the NYS Medicaid Redesign Team, and co-chaired its Workforce Committee. Currently, he serves on the Project Approval and Oversight Panel for the NYS Medicaid Waiver (DSRIP). He also co-chairs CUNY's Task Force on the Behavioral Health Workforce.



Benjamin Springgate, MD, MPH, FACP., Associate Professor of Clinical Medicine and Health Policy and Systems Management; Acting Chief, Section on Community and Population Medicine; Director, MD/MPH Dual Degree Program, LSU

Dr. Benjamin Springgate is a practicing primary care general internist and academician at LSU Health who collaborates with communities, policymakers, and researchers to develop evidence-based approaches to enhance mental health and resilience, particularly among under-resourced populations facing high levels of chronic stress and social risk factors for adverse mental health. Dr. Springgate co-founded of REACH NOLA, an NGO that implemented a far-reaching program of community mental health recovery in post-Katrina New Orleans. He is principal investigator of C-LEARN, the Community Resilience Learning Collaborative and Research Network, funded by the National Academies of Sciences, and New Orleans PI of the Community and Patient Partnered Research Network.



Bowen Chung, MD, MSHS., Associate Professor-in-residence in the Department of Psychiatry Sciences, UCLA David Geffen School of Medicine; Adjunct Scientist, RAND Corporation; child and adolescent psychiatrist, Los Angeles County Department of Mental Health

Dr. Chung's research has focused on studying approaches for financing and delivering health services to improve health outcomes for adult chronic diseases, such as depression, in partnership with under-resourced, minority communities. Dr. Chung's work includes leading a community-academic partnership and research project, Community Partners in Care, which won the 2014 Association for Clinical and Translational Science's Team Science and the 2015 Community Campus Partnerships for Health Annual for adherence to social justice principles Awards. Dr. Chung also leads a PCORI Demonstration focused on evaluating depression quality improvement approaches for racial/ethnic minority lesbian, gay, and bisexual patients in Los Angeles and New Orleans.



Vita C. Rabinowitz, Ph.D., Executive Vice Chancellor and University Provost, CUNY

In her current position, Dr. Vita Rabinowitz works to advance university priorities related to college readiness, degree completion, comprehensive developmental education reform, and workforce development as well as performance management and assessment, among other areas. She has also established CUNY’s Office of Faculty Affairs, which aims to work collaboratively with colleagues across the university to ensure that faculty are supported and recognized for their essential contributions to students, the University, and their disciplines. For nearly a decade prior to her current appointment, Dr. Rabinowitz served as Provost and Vice President for Academic Affairs at Hunter College, where she spent 37 years as a dedicated faculty member and also served as the co-founder and co-director of the Gender Equity Project.



Margaret (Peggy) Swarbrick, PhD, FAOTA, Associate Professor and Director of Practice Innovation and Wellness, Rutgers Health University Behavioral Health Care; Wellness Institute Director, Collaborative Support Programs of New Jersey

Peggy’s work has focused on a holistic approach and strengths-based interventions to promote recovery from mental health and substance use conditions. Many of Peggy’s practice innovation and research activities, such as developing the 8 dimensional model of wellness, relate to creating and evaluating models that address health disparities facing people served by the public mental health system. She is well known for collaborating with the peer community and family groups to identify and address social determinants that present barriers to recovery, such as poverty and unemployment. Peggy’s wellness promotion initiatives include campaigns to assertively collect health status data, and expanding those initiatives to better educate and support children served by the public mental health system and their caregivers, as well as adult service users. She has made significant contributions to the body of literature in occupational therapy, behavioral healthcare, and psychiatric rehabilitation including books, numerous book chapters, peer-reviewed journals, federal documents, and other widely circulated publications.



Meagan van Harte, Senior Director of the Office of Community Resilience, NYC Department of Health and Mental Hygiene

Ms. Van Harte leads the Office of Community Resilience (OCR) in the Division of Mental Hygiene. OCR houses a public engagement unit that houses two Thrive initiatives—Mental Health First Aid and the Thrive Learning Center—and the Mental Health Emergency Preparedness and Response group. Prior to joining the Department of Health she worked for the NYC Department of Housing Preservation and Development and the New York City Office of Emergency Management in program operations. She also has experience in the higher education, banking, and non-profit fields where she focused on program operations, strategic planning, and policy implementation. She holds a BA from Smith College; an MA from Teachers College, Columbia University; and an MPA from John Jay College of Criminal Justice.

Spreading Innovation and Implementation Support

This session will showcase tools from around the country that are used for community engagement and help answer the question: how can local action drive innovation? From this discussion, we will invite a broader conversation around potential aims for the Coalition to support knowledge sharing and implementation support.



Gary Belkin, Executive Deputy Commissioner of the NYC Department of Health and Mental Hygiene (Moderator)

Dr. Belkin is the Executive Deputy Commissioner of Mental Hygiene in the New York City Department of Health and Mental Hygiene. The Division of Mental Hygiene was instrumental in creating the framework for ThriveNYC and changing the conversation about mental health as a public health necessity. Before DOHMH, Dr. Belkin was the Medical Director for Behavioral Health in the Health and Hospitals Corporation of the City of New York, which operates 11 public hospitals in New York City. Dr. Belkin has served as Chief of Psychiatry at Bellevue Hospital and has led large delivery systems and policy development in urban health settings through advancing innovative approaches to public mental health. He was Associate Professor in the Department of Psychiatry at New York University School of Medicine, and founding Director of the NYU Program in Global Mental Health, which was developed to advance innovative implementation and policy approaches to scale and improve population mental health strategies.



Moitreyee Sinha, CEO, citiesRISE

Moitreyee is the Chief Executive Officer of citiesRISE, a global platform accelerating the pace at which evidence-based strategies are adopted in local communities to tackle the most pressing problems in mental health and wellbeing. The initiative is driving change through city- and community-based alliances in low, middle and high income countries with a focus on young people. It is harnessing the skills and energy of experts and communities to create local collective action and supporting the coordinated delivery of proven methodologies. Central to citiesRISE's mission is an awareness that mental health solutions must take into account areas of public life beyond healthcare, including but not limited to housing, transportation, criminal justice, education, public safety. This platform was formed out of the recognized need to work together to implement policies and programs that address a range of social issues with a broader goal of improving outcomes in health, productivity, education, and social inclusion.



Tyler Norris, MDiv, Chief Executive, Well Being Trust.

Well Being Trust is a new US foundation with a mission to advance the mental, social and spiritual health of the nation. Over the past three decades, Tyler has shaped health and development initiatives in hundreds of communities in the US and around the world. He has an extensive background as a social entrepreneur and trusted advisor to philanthropies, health systems, government agencies and collaborative partnerships working to improve the health of people and places. Previously, Tyler served as VP Total Health at Kaiser Permanente, as CEO of Community Initiatives, and as founding board chair of www.communitycommons.org. Currently he is a trustee of Naropa University and advises groups ranging from Cityblock (Alphabet) to Enterprise Community Partners.



Elizabeth Clay Roy, Chief of Staff, Phipps Neighborhoods; Co-Director, South Bronx Rising Together

Elizabeth Clay Roy is an entrepreneurial leader of social change initiatives for economic justice and participatory democracy. Currently she is the Chief of Staff at Phipps Neighborhoods and Co-Director of South Bronx Rising Together, a collective impact partnership to improve outcomes for youth and families. In 2015, she was named as a New York Nonprofit Media 40 Under 40 Rising Star. Prior to this, she was the Deputy Director of Opportunity Nation, a national campaign to expand economic mobility through policy, research and strategic partnerships. Elizabeth is the co-author of *Shaping Vibrant Cities*, a guidebook on effective community-led urban planning based on her work with Janaagraha in Bangalore, India. She also served in the Office of Massachusetts Governor Deval Patrick as the Director of Grassroots Governance, a pioneering position to engage citizens in policymaking. She holds degrees from Columbia University, MIT and was an IGNITE Leadership Fellow at NYU's Wagner School for Public Service.

Panel Presentations

Strengthening Government's Ability to Lead

Municipal governments are in the unique position to be at the forefront of mental health reform. Leaders have the resources and policy-making ability to change their city's approach to mental health for the better and to directly serve their constituents. This panel will answer the following questions: How do we utilize this moment in time to focus on mental health in all our systems? What are some of our barriers and how can we break down silos? What new capabilities, skills, and structures do city governments need to succeed?

Jill Bowen, PhD (Moderator) is currently the Senior Advisor for Mental Health Initiatives, Office of Deputy Mayor Buery/Strategic Policy Initiatives. She has previously held senior leadership positions with NYC Health + Hospitals as Assistant Vice President/Chief Transformation Officer for NYC H+H Behavioral Health Services and at Kings County Hospital as Senior Associate Executive Director for Organizational Innovation and Excellence, and for Kings County Hospital's Behavioral Health Services. Trained as a clinical psychologist, she received her doctoral degree at the Derner Institute for Advanced Psychological Studies/Adelphi University. She was the Deputy Director and Unit Chief of the Forensic Psychiatry Service at Kings County Hospital Center before moving on to work as a senior administrator within Behavioral Health, focusing on strategic planning and process improvement. She is gold level trained in lean improvement methodology and played a significant role in the development of initiatives that contributed to wide ranging behavioral health clinical and operational improvements at Kings County Hospital Center. Dr. Bowen currently oversees the implementation of Thrive NYC.

New York, NY - WorkWell NYC

Claire Levitt, Deputy Commissioner, NYC Mayor's Office of Labor Relations

Launched under Mayor Bill de Blasio, WorkWell NYC provides programs committed to enhancing the health and wellbeing of our City's large and diverse workforce. Through innovative workplace initiatives, WorkWell NYC offers health promotion, disease management and prevention programs that can help the 350,000 employees of New York City and their families achieve healthier lives. Recognizing the significant impact of mental health on the workplace, WorkWell NYC recently partnered with ThriveNYC to develop a toolkit to guide agencies in developing workplace mental health and wellbeing programs in conjunction with physical health offerings. WorkWell NYC is an integral part of New York City's ongoing initiative to save on health care costs while continuing to offer high quality health insurance to employees and their families at no cost.

San Francisco, CA - The Trauma Informed System Initiative

Ken Epstein, Children's System of Care Director, San Francisco County Behavioral Health Services

The Trauma Informed System Initiative (TIS) at the San Francisco Department of Public Health (DPH) is an organizational change model to support organizations in nurturing and sustaining trauma-informed practices. Through TIS, we cultivate healing environments by increasing organizational resilience, improving workforce experience, and ultimately supporting organizations in responding to and reducing the impact of trauma. Trauma is a pervasive, long-lasting public health issue that affects our workforce and systems. Like people, organizations are susceptible to trauma in ways that contribute to fragmentation, numbing, reactivity and depersonalization. TIS is based on the understanding that our service delivery systems can inadvertently reinforce oppression and create harm. When our systems are traumatized, it prevents us from responding effectively to each other and the people we serve.

Albuquerque, NM – Behavioral Health Initiative

Katrina Hotrum-Lopez, Director, Department of Behavioral Health Services for Bernalillo County

Through a collaborative effort between municipalities, nonprofits, and the private sector to the Bernalillo County Department of Behavioral Health Services works to improve outcomes for the community through the Behavioral Health Initiative. Each year the Behavioral Health Initiative receives approximately \$17 Million in gross receipt tax dollars. Katrina is tasked with engaging the community, stake holders, experts, leaders and social service providers to research and recommend the best ways to implement those dollars and create a network for individuals living with a behavioral health diagnoses as well as their families.

Worcester, MA – Addressing Stigma

Matilde Castiel, M.D., Commissioner, Health and Human Services

Dr. Castiel was appointed as the City of Worcester's Commissioner for Health and Human Services in September of 2015 and she oversees the divisions of Public Health, Youth Services, Human Rights and Disabilities, Veterans Affairs, and Elder Affairs. The Department of Health and Human Services is committed to changing the stigma around mental health and substance use issues. Their initiatives include trainings in mental health first aid, a pilot program to address adverse childhood experiences and reduce the impact of trauma, efforts to change reimbursement for licensed clinicians, social workers, and psychiatrists, and the Mayor's Task Force on Mental Health.

Denver, CO - Office of Behavioral Health Strategies and Crime Prevention & Control Commission

Regina M. Huerter, Executive Director, Office of Behavioral Health Strategies and Crime Prevention & Control Commission

The Office, among other things, coordinates and innovates across local and state mental health, trauma, substance abuse, criminal justice, and human service stakeholders. Ms. Huerter's work is to create a proactive, responsive and integrated strategy for mental wellness and public safety in Denver. The Commission's work includes program and system changes focused on: reducing the need for jail and better management of justice and behavioral health resources; aligning policies and services; maximizing and leveraging resources. The Behavioral Health Office is an expansion of the Crime Prevention and Control Commission, which she has lead for the past ten years.

Act Early

Evidence has shown that early intervention and prevention strategies are some of the best ways to ensure healthy development and long-term mental wellness. This panel will discuss how cities can employ promotion and prevention to build healthy social-emotional skills in their citizens and early intervention methods that address mental health challenges before they become more serious.

Kenyatte A. Reid (Moderator) proudly serves New York City as the Senior Director of School Culture and Climate in the Office of Safety and Youth Development where he oversees all school climate initiatives and trainings for the Department of Education. In his role, Kenyatte works to help schools to create and maintain a safe, orderly and supportive school environment for all students. Prior to assuming his present position in 2015, Kenyatte was a successful middle and High school Principal for 11 years, of which the last 5 years were as the founding Principal of Eagle Academy for Young Men of Southeast Queens, an all-male public school serving students grades 6-12. In his current role, Kenyatte has embraced the responsibility of constructing positive and mutually respectful school environments in every NYC public school. It is his mission to cultivate schools that meet the academic, social, and emotional needs of all students while intentionally addressing the disparities and biases that continue to exist in education.

New York, NY – Social-Emotional Learning Initiative (SEL)

Shirley Berger, MA, MPH, Director, Office of Prevention, Family and Community Support in the Bureau of Children, Youth, and Families, NYC Department of Health and Mental Hygiene

Ms. Berger oversees implementation and evaluation of the Early Childhood Mental Health (ECMH) Network as part of the ThriveNYC cross-agency Social-Emotional Learning Initiative. All young children should have opportunities to thrive, not only academically but socially and emotionally as well. Through this initiative, the City is helping to equip the littlest New Yorkers with the tools to cope with stress, prevent or lessen the severity of future mental health challenges and set them up for success. In addition to supporting social-emotional learning at all Early Learn and Pre-K for All sites, the City created the Early Childhood Mental Health Network that is comprised of specialized mental health clinics and a citywide Training and Technical Assistance Center.

Los Angeles, CA - School Mental Health & Crisis Counseling and Intervention Services

Pia V. Escudero, Director, School Mental Health & Crisis Counseling and Intervention Services at the Los Angeles Unified School District (LAUSD)

The Los Angeles School Mental Health (SMH) Program was established in 1933, providing a full range of comprehensive mental health services across a variety of school settings, from infants to adult students enhancing social/emotional or behavioral adjustment and well-being. LAUSD SMH is a leading partner of the Wellness Network initiative, which represents an ambitious strategic effort to provide health and mental health facilities in high need school communities. Utilizing a public health and mental health approach, Wellness Networks are designed to provide comprehensive mental health services (prevention, early intervention and intensive services) and primary health care, dental, family support, health insurance, student and parent engagement for health and career pathways. Crisis Counseling & Intervention Services (CCIS) is dedicated to restoring and maintaining a safe and healthy learning environment for the students and staff of LAUSD after critical incidents on or near a school campus.

Alexandria, VA- Transitioning Adults into Living Successfully (TRAILS) Program

Nichole Rohrer, Psy.D., Team Leader, TRAILS program and West End Wellness Center for the Department of Community and Human Services

The TRAILS program is a coordinated specialty care (CSC) program for young adults ages 15-25 who are experiencing their first episode of psychosis (FEP). Coordinated specialty care (CSC) is a recovery-oriented treatment program. CSC promotes shared decision making and uses a team of specialists who work with the client. The team offers psychotherapy, medication and case management, work or education support, peer services, as well as family education. In addition, the TRAILS program offers supportive housing and psychosocial rehabilitation services. The goal is to link individuals with services as soon as possible after symptoms of psychosis begin in order to help them cope with their experiences, improve their ability to go to school, live independently, and have enjoyable relationships.

Minneapolis, MN – School Mental Health

Mark Sander, Director, School Mental Health - Joint Appointment with Hennepin County and Minneapolis Public Schools

Hennepin County and the Minneapolis Public Schools sought to significantly increase access to and engagement in mental health services for children and families by providing the services where children are - in schools. Over the past 13 years, the Hennepin County School Mental Health Initiative has grown to provide on-site mental health services in over 18 school districts, reaching 165 schools through the work of 17 mental health agencies and 129 FTEs of mental health professionals. Program data has consistently shown that 50% or more of the youth seen are receiving mental health services for the first time. Data also shows youth served improved their mental health symptoms, reduce suspensions and increase attendance.

Pittsburgh, PA - Stand Together

Mike Gruber, MSW, System Transformation Coordinator, Allegheny County Department of Human Services Office of Behavioral Health, Stand Together Program Director

Stand Together educates middle and high school youth about mental and substance use disorders and the stigma attached to those disorders using a peer-to-peer service learning model. Stand Together promotes the inclusion of youth with these disorders in the social fabric of the school and encourages students to reach out to a trusted adult if they are concerned about themselves or a peer. Starting its 5th year, Stand Together operates in sixteen schools, training about 20 students at each school who design creative projects for the student body. Multi-year schools report students and staff are talking more openly about mental health concerns and that more students are reaching out for help. The Stand Together project was honored with a 2017 "Best in Category" Achievement Award from the National Association of Counties.

Use Data Better

All of our public health victories rely on data that gives us the precision we need to understand, map, target, and achieve clear aims. Using data to better understand mental health challenges and solutions should be no different. This panel will discuss ways cities can identify and evaluate innovative mental health interventions, and share lessons learned. Panelist will also discuss approaches to enable community partners to use data better and implement best practices.

Sarah C. Shih, MPH (Moderator) is the Assistant Commissioner for the Primary Care Information Project, a bureau of the NYC Department of Health & Mental Hygiene. Ms. Shih has over 10 years of experience as a health services manager at the health department and oversees multiple programs, including NYC REACH, the city's designated regional extension center which has assisted over 16,000 providers across the city to adopt health information systems and use information tools meaningfully to improve population health. PCIP is also a collaborator in the Mental Health Service Corps – one of the largest Thrive NYC initiatives. Prior to joining PCIP, Ms. Shih was a Research Scientist at the National Committee for Quality Assurance, in the Research and Performance Measurement unit. She was involved in several research projects assessing the use of practice systems and their association with higher healthcare quality and validation of data sources for reporting and recognition.

New York, NY- Mental Health Innovation Lab Maternal Depression Screening Collaborative

Machelle Allen, MD, Senior Vice President and Chief Medical Officer, NYC Health + Hospitals

As part of ThriveNYC, the Greater New York Hospital Association and the NYC Department of Health and Mental Hygiene are leading a quality improvement learning collaborative comprised of 30 hospitals/systems. This collaborative aims to screen all pregnant women and new mothers for maternal depression and connect them to the services and treatments they need and offers trainings, conferences, share learning opportunities and support resources. NYC Health and Hospitals Corporation, the largest public hospital system in the US, made an early commitment to screen all pregnant women in their care. In addition, they are engaging their pediatric and Ob/Gyn practices, to identify new mothers who may present at the well-baby (or well child) visit with post-partum depression.

Iowa City, IA - Data-Driven Justice Initiative

David Schwindt, Police Officer, Iowa City Police Department and DDJ Data Fellow with the Laura and John Arnold Foundation

In 2013 numerous agencies in Johnson County, IA gathered to discuss the need for a Housing First option. Staff from hospitals, mental health treatment, and substance abuse treatment providers met with law enforcement and corrections staff to discuss a study on high utilizers in the area. Four high utilizers were identified and agreed to sign a waiver to allow a study of their use of all local services. Using nothing more than Microsoft Excel, a time intensive

study was completed which showed an average of \$140,000 in unreimbursed services were used by each of the four individuals during each of the four years studied. Their high utilization told a compelling story that led to over \$3.1 million in grants to build a 24-unit housing first project in Iowa City.

Cincinnati, OH - CincyInsights: Heroin Overdose Response Tracker

Leigh Tami, Chief Performance Officer and Director, Office of Performance & Data Analytics, City of Cincinnati

In December 2016, The City of Cincinnati's Office of Performance & Data Analytics launched CincyInsights, an open data dashboard portal featuring real-time, user-friendly, interactive data visualizations. The Heroin Overdose Response Tracker, created in response to the region's opioid epidemic as part of this initiative, uses computer-aided dispatch (CAD) public safety data to map responses to heroin overdoses in the City of Cincinnati. This public-facing dashboard allows users to filter the data by date/time, neighborhood, incident outcome, and even search by street. The Heroin Overdose Response Tracker has become a strategic decision making tool for community stakeholders within and outside of City government; public safety uses this dashboard to strategically deploy resources (i.e., roving medics and officers); public health tracks overdoses per day to anticipate overdose spikes and potential Carfentanil-laced heroin batches; and a local NGO uses the map to select neighborhoods for civilian Narcan training.

Seattle, WA – Crisis Response Bulletins

Sergeant Dan Nelson, Crisis Intervention Coordinator, Seattle Police Department

Launched in May, 2015 the Seattle Police Department deployed a data collection tool to capture event level details regarding an officer's contact with individuals in behavioral crisis. The data collection tool was designed by the Seattle Police Department's Crisis Intervention Committee, which represents city and county government, mental health professionals, advocates and others. The data collected is used to power a crisis response bulletin application, which gives officers responding to calls involving a behavioral crisis up-to-date information on behaviors seen during previous contacts, existing social supports, suggestions for call resolution and other vital information.

Close Treatment Gaps

Too often, city residents lack access to care for many reasons, including financial, cultural, or capacity reasons, and often simply do not know how to get care that is available to them. This can and should be prevented. This panel will highlight ways that cities can redesign their care networks to be able to provide more reliable, effective, and accessible care to all.

Dr. Nichole Adams-Flores (Moderator) is the Deputy Commissioner of Health Affairs for the New York City Department of Correction. Dr. Adams is responsible for supporting health services and partnering with organizations to ensure that individuals in the custody of the New York City Department of Correction receive appropriate medical and mental health care. In March of 2016, she was named the DOC's Mental Health Council Sr. Leadership Workgroup representative for the ThriveNYC initiative. In this capacity, she appears at conferences nationally and internationally, presenting DOC mental health practices and helping connect vulnerable citizens to appropriate services. Dr. Adams was recently elected President of the American Academy of School Psychology, a national psychological organization which contributes to best practices for school psychologists nationwide.

New York, NY - Geriatric Mental Health

Tobi A. Abramson, PhD., Director, NYC Department for the Aging's Geriatric Mental Health Initiative

Through ThriveNYC, the NYC Department for the Aging's Geriatric Mental Health program is providing mental health assessments, support, and ongoing individual, group, family, and couples psychotherapy to older adults and their families on-site in 25 senior centers throughout the five boroughs of New York City. Mental health services are provided by licensed social workers who speak English, Cantonese, Mandarin, Polish, Russian, and Spanish to meet

the needs of diverse older New Yorkers. Individuals do not need to be a member of a senior center, but must be age 60 or older to receive services at Geriatric Mental Health sites.

New York, NY—Relay

Hillary Kunins, M.D., M.P.H., Assistant Commissioner, Bureau of Alcohol and Drug Use - Prevention, Care and Treatment, NYC Department of Health and Mental Hygiene

Relay is a hospital-based support system for nonfatal opioid overdoses that dispatches trained peers, called Wellness Advocates, to provide 24/7 on call support to patients in participating emergency departments. Nonfatal overdoses provide an opportunity to engage with those most at-risk of dying from an overdose; the risk of a fatal overdose is 2-3 times greater among those who have had a nonfatal overdose than those who have not experienced an overdose. Relay's Wellness Advocates offer overdose risk reduction counseling, distribute the overdose reversal medication naloxone and connect patients to harm reduction, drug treatment or other support services. Since June, the program has launched in 4 hospitals in Staten Island, the Bronx, Manhattan and Brooklyn, with plans to expand to 10 hospitals across the city by 2019.

Washington, DC- Increasing Access to Care

Tanya A. Royster, MD, Director, Department of Behavioral Health

Dr. Royster established the first public engagement/outreach office to promote understanding of mental health and substance use disorders, increase knowledge of available services, and increase access to care. The office targets communities with the highest risk factors for these disorders and works with the Mayor's community relations office in targeted hotspots. Outreach teams partner with established leaders and organizations, including locally elected officials, civic leaders, and fraternities/sororities to deepen its reach in communities. Within the outreach program is an interfaith based initiative that trains faith leaders on how to refer for care and sponsors Behavioral Health Sunday. Outreach activities complements ongoing public awareness campaigns aimed at young people to reduce the risks of mental health disorders and substance misuse, including opioid awareness and the dangers of underage drinking and marijuana use. In addition, a focused effort to increased peer leadership in outreach and public awareness activities and peer operated services is taking place.

Toronto, CANADA – Supervised Injection Services

Eileen de Villa, MD, Medical Officer of Health, Toronto Public Health (TPH)

International research shows that supervised injection services reduce drug overdoses, save lives and limit the spread of diseases related to unsafe injection practices. In response to an increase in overdoses in Toronto in late summer 2017, and following Health Canada's approval, TPH opened an interim supervised injection service on August 21 to provide immediate services while work was completed to open TPH's permanent service. On November 8, 2017, TPH officially opened its doors for the city's first permanent supervised injection service. This life-saving health service provides a safer and hygienic environment for people to inject pre-obtained drugs under the supervision of qualified staff. Individuals are also provided with sterile injection supplies, education on overdose prevention and intervention, health counselling services and referrals to drug treatment, housing, income support and other services.

Wyandotte County, KS – Healthy Communities Wyandotte

Alyssa Carodine, M.P.H., Program Coordinator

Healthy Communities Wyandotte is a community coalition that works to improve the social determinants of health in Wyandotte County, KS. Created in 2009 after Wyandotte County ranked last in health outcomes across the state of Kansas, HCW has eight teams that focus on different aspects of a healthy community--from food access to

tobacco cessation to the built environment. HCW's newest team, Alive and Thrive Wyandotte County, is focused on reducing the prevalence and impact of childhood traumas on the health and well-being of Wyandotte County residents. With the support of two local health foundations, Alive and Thrive serves as a convening body that fosters cross-sector collaboration between organizational partners that have significant influence on children and families in the community. The team's focus includes building awareness of the issue among residents and creating a plan for building a trauma-informed and resilient Wyandotte County.

Partner with Communities

Communities need to be recognized and supported as sources of mental health resources through things like building social ties, and improving opportunities, and strengthening the built environment. Community organizations and networks are also necessary partners for closing treatment gaps and supporting prevention strategies. Some of the best ambassadors for mental wellness are community leaders, clergy, teachers, and the many organizations that individuals turn to for their everyday needs. This panel will explore the ways cities can partner with communities to leverage their localized knowledge in creating effective and culturally competent solutions.

Torian Easterling, MD, MPH (Moderator) is currently the Assistant Commissioner of the Center for Health Equity, Brooklyn Neighborhood Health Action Center for the NYC Department of Health and Mental Hygiene. The mission of the Brooklyn Neighborhood Health Action Centers is to reduce health inequalities and promote health equity in low-income and communities of color in NYC. Dr. Easterling holds a Bachelors of Science from Morehouse College, a medical degree from Rutgers- New Jersey Medical School, and a Masters of Public Health from Icahn School of Medicine at Sinai in New York. He completed his residency in Family Medicine at Jamaica Hospital Medical Center in Queens, NY and a General Preventive Medicine residency at Icahn School of Medicine at Sinai in New York.

New York, NY- Early Years Collaborative

María Cabán, PhD, Implementation and Improvement Scientist, Mental Health Innovation Lab

The Early Years Collaborative (EYC) is a community-based improvement collaborative that brings together over 30 organizations from across sectors to work together to improve the health and wellbeing of children from birth to age 3 in the South Bronx and Brownsville. The Department of Health and Mental Hygiene and the Administration for Children's Services lead this initiative in collaboration with community partners. Organizations are provided the infrastructure and method to work together to promote healthy pregnancies, school readiness and secure attachment through identification of priority areas for the community and testing innovative strategies informed by the evidence and adapted for the local context. EYC organizations gain quality improvement skills and receive technical support from EYC leadership and IHI throughout the process, building evidence around what works to improve outcomes of children 0-3. In 2018, the collaborative will be working to reduce parenting stress, an area they have selected as a priority.

Alameda County, CA - Mental Health Services Act

Tracy Hazelton, MPH, Division Director, Alameda County Behavioral Health Care Services

The Mental Health Services Act (MHSA) challenges California counties to transform their public mental health systems to achieve the goals of raising awareness, early identification of mental health problems, increasing treatment access, improving the effectiveness of services, reducing the use of institutional care, and eliminating stigma toward those with severe mental illness or serious emotional disturbance. As part of the Act, counties are required to collaborate with diverse community stakeholders in order to realize the MHSA's vision of recovery and wellness.

This vision is based on the belief in the strengths and resiliency of each person with mental illness and has been fundamental to the development of more comprehensive, innovative, culturally responsive services for individuals and families served by local mental health systems.

Anchorage, AK—Southcentral Foundation Nuka System of Care

Katherine Gottlieb, MBA, DPS, LHD, President/Chief Executive Officer

Southcentral Foundation is a health care organization responsible for providing care to approximately 65,000 Alaska Native and American Indian people in southern Alaska. SCF operates the Nuka System of Care, a customer-owned system that focuses on relationship-based care. SCF's mission is working together with the Native Community to achieve wellness through health and related services, and as President/CEO of SCF, Dr. Gottlieb works to further this mission by managing and directing over 2,300 professionals in a health care service delivery system which offers medical, dental, behavioral, and many other services. Dr. Gottlieb is a Visiting Scientist at Harvard Medical School, was a founding board member of Cook Inlet Native Head Start, and is active at the national level in Alaska Native and American Indian policy issues.

Fort Worth, TX - Healthy Minds, Healthy Communities: Improving Mental Health Through Collaboration

Patsy Thomas, President and CEO, Mental Health Connection of Tarrant County, Texas

Following a tragic shooting at a youth church service in September 1999, the Mayor of Fort Worth asked a group of mental health providers to identify the gaps in accessing services when individuals needed them. The result was the creation of Mental Health Connection (MHC), a volunteer organization of more than 50 public and private agencies including mental health providers, schools, universities, hospitals, criminal justice, faith leaders, physicians, consumers of mental health services and their families. Since its inception, MHC has leveraged almost \$200 million dollars to support infrastructure and services; increased the utilization, of evidence-based practices for mental health treatment; created nationally recognized anti-stigma and trauma-awareness campaigns; and successfully advocated for needed policy changes.

Erie County, NY – Erie County Opioid Task Force

Gale R. Burstein, MD, MPH, FAAP, Erie County Department of Health Commissioner and Jacobs School of Medicine Clinical Professor of Pediatrics

In January 2016, Erie County Executive Mark C. Poloncarz declared an opioid epidemic public health crisis and thereby convened the Erie County Opioid Epidemic Task Force headed by the Commissioners of Health and Mental Health. The Task Force operates as 7 work groups comprised of leaders in (1) law enforcement, (2) victims' family members, (3) community education, (4) health care, (5) hospitals/emergency departments (ED), (6) naloxone training/distribution, and (7) substance abuse treatment. The Task Force has developed novel programs to decrease opioid related deaths and identify and refer those struggling with addiction to medication assisted treatment (MAT). Naloxone training has reached over 30,000 first responders and community members; the 24/7 Addiction Hotline connects callers to harm reduction and MAT; over 150 providers were trained to prescribe buprenorphine, including ED providers; and law enforcement follows up with overdose survivors to link them into care.

Change the Culture

Stigma and limited knowledge about mental illness are great obstacles to individuals seeking care. This panel will address the ways cities can break the stigma around mental illness and empower everyone to support to a friend, co-worker, or loved one. This panel will discuss opportunities to integrate public mental health strategies into all our systems, including shifting from strictly criminal justice reform to preventative public health solutions.

Tracie L. Keesee, Ph.D. (Moderator) is the Deputy Commissioner of Training for the New York City Police Department and has been charged with overseeing the Training Bureau. Dr. Keesee's knowledge and experience in law enforcement, her innovative work in improving community/law enforcement relations, and her commitment to developing and tailoring the latest training methodologies for more than 50,000 uniformed and civilian members of the service. She is also the co-founder for the Center for Policing Equity, which promotes police transparency and accountability by facilitating innovative research collaborations between law enforcement agencies and empirical social scientists.

New York, NY- VetsThriveNYC

Darlene Brown-Williams, PhD, Assistant Commissioner for Whole Health and Community Resilience, NYC Department of Veterans' Services

Dr. Brown-Williams oversees the implementation and operation of the VetsThriveNYC initiative, which supports the First Lady's mental health roadmap and ThriveNYC campaign. New York City is home to approximately 500,000 veterans, military service members, and their families, whose leadership experience and resilience in the face of adversity account for their myriad strengths. The City of New York respects and honors their service and sacrifice, and invests in their future potential for continued service as valued members of our community. Service members may return to civilian life with complex wounds, illnesses and injuries, both seen and unseen, including the risk of trauma-related mental illness. VetsThriveNYC focuses on a coordinated integration of clinical and holistic services, including the identification of mental health symptoms, as well as overall mental wellness aimed at addressing the full impact of war and military service on the mind, body, and spirit.

Seattle, WA - King County Prosecutor's Office

Daniel T. Satterberg, Prosecuting Attorney, King County

Dan Satterberg is committed to reforming the Criminal Justice system by partnering with communities, leadership, and multiple stakeholder organizations committed to reducing recidivism. He also works with to confront the region's growing heroin and opioid epidemic with the Heroin and Prescription Opiate Addiction Task Force. The Task Force is recommending a comprehensive strategy that focuses on prevention, increasing access to treatment on demand and reducing the number of fatal overdoses. Dan serves as co-chair of the Washington State Reentry Council, and led the KCPAO as a founding partner of LEAD (Law Enforcement Assisted Diversion), a national model for compassionate response to drug-addicted people. LEAD is a result of a commitment from law enforcement agencies, public officials, and community organizations to work together in implementing a new approach to addressing drug and prostitution activity. The diversion in LEAD is made at the pre-booking stage, in the hopes of bypassing the costs and time entailed in booking, charging, and requiring court appearances of an individual. Finally, LEAD provides participants with immediate case management services, and access to additional resources not available through existing public programs.

Knoxville, TN – Permanent Supportive Housing

David Rausch, Knoxville Chief of Police

In 2006 Chief Rausch served on the Advisory Committee for the Mayor on creating a Ten Year Plan to End Chronic Homelessness. This committee of government leaders, community members, and service providers determined the steps necessary to coordinate current services to more effectively address the homeless population in our city. The

Housing First Model was adopted and the Volunteer Ministry Center became the lead agency to implement it in 2007. This provides a Case Management Model that successfully addresses those who are homeless, have mental health issues, as well as addiction issues. Since then over 1000 individuals have been housed by VMC and 98% have maintained housing for a year or longer. This effort has changed the approach of law enforcement in addressing those in these crisis conditions to a more helpful response.

Philadelphia, PA- Division of Community Behavioral Health for the Department of Behavioral Health and Intellectual Disability Services (DBHIDS)

Geoffrey Neimark, MD, Chief Medical Officer for Community Behavioral Health

Dr. Geoffrey Neimark is a Board Certified Psychiatrist and the Chief Medical Officer for Community Behavioral Health (CBH), which is a non-profit city-run Behavioral Health Managed Care Organization (MCO) providing vital behavior health services to the city's 600,000 Medicaid recipients. In this role, Dr. Neimark provides the leadership that allows CBH to develop innovative community based strategies to meet the needs of the unique and diverse population of Philadelphia. Dr. Neimark can speak to the innovative work being done with Mental Health First Aid (MHFA), a public education program that teaches the skills needed to identify, understand, and respond to signs of behavioral health challenges or crises. Through partnerships with community based agencies and connecting with public leaders, DBHIDS works to promote the health of Philadelphians by supporting a variety of initiatives that together work toward goals to promote better understanding and awareness of behavioral health challenges, and reduce the associated stigma of mental health: the Mural Arts/Porch Light Program, Engaging Males of Color (EMOC) Initiative, Community Coalition Wellness Initiative and the Faith Based Initiative.

