

REVISED 4/23

Purpose: This course is a Licensing requirement for applicants for a Special Rigger

license.

Duration: 16 Hours of instructional time, excluding breaks and meals

Class Size: 1 – 30 Trainees

NYC Requirement: To apply for a New York City Special Rigger license, all applicants must

successfully complete 16 hours of training.

Delivery Requirements: Hybrid training is permissible for courses that contain both Classroom Lecture

and Hands-On as the Instruction Delivery Methods.

Where the Instruction Delivery Method indicates:

 Hands-On: the instruction must be delivered onsite and in person. The students must physically handle the items. The procedure being instructed must be demonstrated and explained to the students first.

• **Demonstration:** the demonstration may be delivered either by a person or a video. Video Demonstrations may be delivered by virtual live classroom however, self-study modules are not permissible.

• Classroom Lecture/ Discussion w A/V: the instruction may be delivered by virtual live classroom; however, self-study modules are not permissible.

Facility Requirements:

The Training Facility used by the Course Provider must:

 Have sufficient room to accommodate all expected attendees and the equipment needed to perform hands-on exercises where required as part of the course.

 Make provisions for the presentation of training material in all media types (computer, projector, video/DVD player, etc.); and

 Comply with all applicable laws, rules & regulations relating to occupancy, zoning, egress, fire detection, fire suppression, light, ventilation, cleanliness, sanitary facilities, emergency notification & evacuation procedures.

Training may be held at construction sites, provided the above requirements are met.

Instructor Requirements:

To deliver this course the instructor(s) must:

- Demonstrate that he or she is credentialed or trained in instructional methods and learning processes. The instructor(s) must also successfully demonstrate his or her ability to solve or resolve problems relating to the subject matter by possession of a recognized degree, certificate, licensure, or professional standing, or by extensive knowledge, training, and experience, in the subject matter being taught. To the extent that the course instructor(s) holds, or has held, a trade license issued by the Department, it must be in good standing and not be surrendered to, suspended by, or revoked by the Department; and
- Comply with all applicable Federal, State, and local laws, rules and regulations, and the Department's Industry Code of Conduct.

Course Requirements:

All **topics** listed under **Course Content Requirements** must be covered using the listed **Instructional Delivery Method**. The time dedicated to each outline topic should be appropriate for the course content and can vary depending on the trade or job performed by the licensee. The **Instructional Delivery Materials** used in this course must contain all current applicable NYC Construction Code references, current rules, policies & bulletins

All statistics referenced should reflect the latest publicly available statistics. The selection of Case Studies should prioritize incidents in NYC since the prior renewal period and contain relevant and illustrative photos where

Refresher or Renewal Courses should focus on the updates since the prior renewal period.

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Course Content Requirements

1. Introduction to Special Rigging

- · Definition of Rigging
- Traditional uses for rigging in the construction and industrial environment, including:
 - Industrial rope access (IRA).
 - Small hoisting equipment
 - Related tools

2. Rigging Accidents

- Common causes of rigging accidents
- Historical rigging accidents in NYC and other major cities
- Overview of rigging incident statistics for the most current 24-month period:
 - Failure
 - Injury
 - Death
- 2 case studies: Close review of two failure scenarios with emphasis on what went wrong and how the incident could have been prevented
 - Suspended Scaffold
 - Other Rigging Accidents
- OSHA 1926 Overview Safety & Health Regulations for Construction
 - Brief overview of:
 - Subpart E
 - Subpart L
 - Subpart M
 - Subpart X
 - · Review of:
 - Subpart H (Material Handling, Storage)
 - Subpart K (Electrical)
 - N (Helicopters, Hoists, Elevators, and Conveyors)
- 4. NYC Construction Codes Overview Cover all applicable:
 - Code
 - Brief Overview of 2022 Building Code
 - BC 3314
 - Review of 2022 Building Code
 - BC 3307
 - BC 3316
 - Rules
 - 1 RCNY 104-20
 - 1 RCNY 3316-01
 - Related Department policy statements
 - Regulatory notices
 - Bulletins and memos
- 5. NYC Department of Buildings Overview Cover all applicable:
 - Administrative standard operating procedures
 - Policy Procedure Notices
 - Permits/Department notifications
 - Forms, filing and site documents
 - Plans
 - Inspection checklists/logs
 - · Wind and weather advisories
- 6. Basic Plan Reading & Symbols
 - With emphasis on rigging and rigging equipment
- 7. Design Criteria for Rigging & Factors of Safety

Instruction Delivery Method

Classroom Lecture/Discussion with A/V

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Classroom Lecture/Discussion with A/V

8. Basic Building Structure

- Structural framing
- Floor, wall, roof framing
- Exterior envelope
- Roof
- Parapet
- Masonry walls
- Columns
- Concrete slabs
- Basic strength and weight of materials used
- Deteriorating effects of exposure to elements over time, especially façade elements, such as:
 - Masonry
 - Curtain wall panels,
 - Decorative stone and tile
 - Railings
 - Embedded anchors, etc.
- Special emphasis on building structures traditionally used to support rigging equipment
 - Floors
 - Exterior walls, bearing and non-bearing
 - Parapets
 - Roof dunnage
 - Structural steel beams and columns

9. Rigging Math & Calculations

- · Mathematics of rigging:
 - Measurement
 - Symbols
 - Geometry,
- · Calculations of:
 - Leverage
 - Friction
 - Fulcrum
 - Center of gravity
 - Uniform and concentrated loading
- The wind effects on netting and other components
- Calculation of:
 - Weight
 - Loads
 - Sling loads
 - Drifting loads
 - Balance & Tipping points of objects
 - Center of gravity, including non-symmetrical center of gravity
 - Buoyancy (lifting in water)

10. Hoisting & Rigging Equipment

- Manual, electric, etc.
- Stirrups, Pulley
- Block/tackle
- SheavesDrums
- Slings (all types)
- Chains
- Electric hoist motors
- Capacity
- Rigging of motors
- Mechanical/electrical safety devices and their operation
- Critical picks

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11. Suspension Methods & Setup

- Slings
- C-hooks
- Outrigger beams
- Clamps
- Counterweights
- Shoring scaffolds (outrigger supports),
- Masonry and concrete anchors
 - Expansion,
 - Adhesive,
 - Screw
- Pull testing of anchorage devices,
- Off-the shelf hardware.
- Site-built hardware and systems
- Ground conditions
- Deviation from plans not permitted
- Danger to:
 - underground infrastructure,
 - excavations,
 - foundations, etc.

12. Lifting & Lowering Loads

- Weights and materials
- Center of gravity
- Rigging requirements
- Critical picks
- Hoisting & hoisting equipment (manual, electric, etc.):
 - Pulley,
 - Block/tackle,
 - Sheaves,
 - Drums,
 - Slings (all types),
 - Chains,
 - Electric hoist motors,
 - Capacity,
 - Rigging of motors,
 - Mechanical/electrical safety devices and their operation
- Critical picks.
- Off-the-shelf hardware, as well as site-built hardware systems.
- Material handling during rigging as well as the use of rigging for intended purpose
 - Hoisting
 - Scaffold
 - Facade repair, etc.
- 13. Communication between workers & supervisors while rigging:
 - Radios
 - Hand signals
 - Flags; etc.

Safety Protocols/Personal Protective Equipment/Operational Aids

- Types of aids and safety devices
- Functions
- How to use
- Steps to take if operational aid/safety device not working.
- Acceptable means to substitute for a malfunctioning aid/safety device
- Personal fall-arrest systems
- Use
- Storage
- Maintenance
- Installation Anchorage
- Other types of personal protection
- Hard hats
- Respirators
- Gloves
- Shoes
- Eye protection
- Clothing

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- Overhead protection & safety exclusion zones during rigging and hoisting; including use of:
 - Scaffolding
 - Sidewalk sheds
 - Barriers
 - Flag persons
 - Hazard signage
 - Electrical safety during rigging installation and use, including work performed from suspended working decks
 - Welding
 - Use of electrical equipment, etc.
- 15. Hazardous/Flammable/Caustic Materials
 - Work safety, effect on and protection of rigging hardware from:
 - Damaging materials
 - Welding/burning operations
- 16. Emergency Procedures during Scaffold Incidents
 - Failure
 - Malfunction
 - Power loss, etc.
- 17. Logs & Record Keeping
 - Including maintenance records for:
 - Equipment,
 - Pre-task meetings
 - Safety meetings
- Evaluation of Training, Employment, & Qualifications of Rigging & Specialty crews
- 19. General Construction Site Hazards
- 20. Handouts
 - NYC Buildings Unsafe Condition (311) Notification Procedure
 - NYC/DOI Buildings Integrity Training Contact Information Sheet
- 21. Review of all Training Topics
- 22. Written Assessment

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Provide Copy to Trainee & Discuss

Discussion with Questions & Answers

Classroom