

DISTRICT 22 MENTAL HEALTH AWARENESS DAY



**WEAR
LIME GREEN**



FRIDAY, MAY 15, 2026

May is National Mental Health Awareness Month. It is critical to reduce the stigma around mental health struggles and seek help.



<https://www.schools.nyc.gov/school-life/health-and-wellness/mental-health>

<https://nycwell.cityofnewyork.us/en>

#Determined2succeed2gether

