



NEW YORK CITY COUNCIL MEMBER
FARAH N. LOUIS
With Council District Brooklyn

NYC
Department for
the Aging

SESAME FLYERS INTL

FREE SENIOR

FITNESS CLASS

APRIL 14TH - JULY 2

TUESDAY . WEDNESDAY . THURSDAY

AMERSFORT PARK East 38 Street between
Avenue I and Avenue J Brooklyn, New York 11210
FROM 6:00 AM TO 7:30 AM

SATURDAYS'

PAERDEGAT PARK East 40th Street between
Farragut Road & Foster Avenue,
Brooklyn, New York 11210
FROM 6:30 AM to 7:30 AM

**DON'T MISS OUT ON
THIS AMAZING OPPORTUNITY TO WORK OUT, STAY HEALTHY,
AND ENJOY THE COMPANY OF FELLOW FITNESS ENTHUSIASTS.**

