



# MY TIME INC PRESENTS YOGA AT CANARSIE PARK

Seaview Ave bet. East 87 Street  
and East 86 Street



Reconnect. Rebalance. Recharge.

## Dates:

Saturday July 5, 2025  
Saturday July 12, 2025  
Saturday July 19, 2025  
Saturday July 26, 2025  
Saturday August 2, 2025  
Saturday August 9, 2025  
Saturday August 16, 2025

**Saturday's  
8:00am-9:00am**



Rsvp to  
[info@mytimeinc.org](mailto:info@mytimeinc.org)  
646 789 3144

ASSEMBLYWOMAN JAIME WILLIAMS &  
ASSEMBLY WOMAN MONIQUE CHANDLER-WATERMAN