



# H.E.S. COMMUNITY FOOD PANTRY

IN PARTNERSHIP WITH MET COUNCIL

## PANTRY HOURS

(PICKUPS BY APPOINTMENT ONLY)

**MONDAY, WEDNESDAY, AND THURSDAY**

9:30 A.M. - 2:00 P.M.

**TUESDAY**

1:00 PM-6:00 PM

\*ID REQUIRED



**NEW TO THE PANTRY?**

SCAN QR CODE TO REGISTER  
& PLACE ORDER, OR VISIT  
[HTTP://MARKET.METCOUNCIL.ORG](http://market.metcouncil.org)

HEBREW EDUCATIONAL SOCIETY  
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