



# THE CITY OF NEW YORK

## BOROUGH OF THE BRONX

### COMMUNITY BOARD 7



RUBEN DIAZ, JR., BOROUGH PRESIDENT

ADALINE WALKER-SANTIAGO, CHAIRPERSON

ISCHIA BRAVO, DISTRICT MANAGER

## HEALTH & HOSPITALS COMMITTEE MEETING MINUTES

Tuesday, February 6, 2018 @ 7:30 PM

Attended: Anthony Perez, Gloria Bent, Christina Contreras, John Snider  
Absent: Alfred Grant (excused), Marian Guerra, Vishes Mehter,  
Chaired: Anthony Perez

### I) Welcome & Introductions

### II) Topics Discussed

#### A) Office of Congressman Adriano Espaillat – Rolando Cespedes

##### 1) Health Fair

(a) Tentative dates: April 28 or April 29

(b) CB7 Health Committee invited to table at event.

(c) Details forthcoming.

#### B) North Central Bronx Hospital – Christina Contreras & Gloria Bent

##### 1) National Nutrition Month (March)

(a) Theme: "Moving Forward with Food"

(b) Goal: Using food to combat diabetes and obesity.

(c) Event: March 14, 11-3pm at NCBH 17<sup>th</sup> Floor.

##### 2) Legislative Breakfast at Jacobi Hospital – 2/15 @ 9:30am

##### 3) Announcement – NCBH received highest/gold certification for Baby Safe Sleep Education Hospital.

#### C) Montefiore – Jason Caraballo

##### 1) National Heart Month (February)

(a) Visit [montefiore.org/heartmonth](http://montefiore.org/heartmonth) to see all events/workshops, including dance (hip hop, salsa, etc.) and yoga classes to promote heart health.

(b) Free workshops for control of Asthma.

#### D) NYC Health – Undesign the Red Line

1) Exhibit on the practice of devaluing neighborhoods based on race and ethnicity, and this practice's effects on health.

2) Taking Place at 1826 Arthur Avenue from 1/30/18-3/30/18

#### E) CB7 Community Health Pamphlet.

### III) Adjournment