



THE CITY OF NEW YORK

BOROUGH OF THE BRONX

COMMUNITY BOARD 7



RUBEN DIAZ, JR., BOROUGH PRESIDENT

ADALINE WALKER-SANTIAGO, CHAIRPERSON

HEALTH & HOSPITALS COMMITTEE MEETING MINUTES

Monday, December 8, 2015 @ 7:30PM

- I. Attendance sheet in file
 - A. Members in Attendance: Gregory Clarke Sr., Alora Bailey, Alfred Grant, Helene Hartman-Kutnowsky & Ruth Santana
 - B. Excused Members: Nilsa Cintron, Gloria Bent & Cynthia O'Neal-Riley
 - C. Community Members: Sheila Sanchez & Anthony Riviccio

- II. Topics on the Agenda
 - A. Continued Dialogue for the Overall Agenda of this Committee
 - B. Communication & Strategy Session to prepare for the January 12th Meeting with Montefiore

- III. Continued Dialogue
 - A. Ruth Santana brought some great insight into some of the opportunities that we can share within our community area in relation to Wellness & Health
 - B. Alora Bailey shared as well some thoughts to bring certain activities to stimulate movement in members of our community through Yoga and the thought of "Courtyard Yoga".
 - C. Alfred Grant shared how we should remember that Montefiore is not the only hospital in the area which services the constituency and that North Central Bronx Hospital is a viable option as well.

- IV. Communication & Strategy for January 12th Meeting
 - A. Through dialogue and the participation of the community members in attendance, we were able to shape our thoughts, questions & statements for the presentation that this committee is supposed to have at 7:30pm on the above date.
 - B. The 13 points that were submitted for Montefiore to address are credible points and as with time; our approach will evolve as well. Helene Hartman-Kutnowsky, Alora Bailey & Ruth Santana came up with (through spirited debate) talking points and responsible insight so that we will understand the information that will be shared by Montefiore
 - C. Also through utilizing the 2016 Health Observancy Calendar, the committee will be presenting more concise agendas and outreach so that we will be more in action and not just a sounding board through Education Projects & Community Awareness on Health Initiatives.

- V. Adjourned Meeting at 8:35pm