



# THE CITY OF NEW YORK

## BOROUGH OF THE BRONX

### COMMUNITY BOARD 7



---

RUBEN DIAZ, JR., BOROUGH PRESIDENT

ADALINE WALKER-SANTIAGO, CHAIRPERSON

---

## HEALTH & HOSPITALS COMMITTEE MEETING MINUTES

### Monday, December 8, 2015 @ 7:30PM

#### I. Attendance sheet in file

- A. Members in Attendance: Gregory Clarke Sr., Alora Bailey, Alfred Grant, Helene Hartman-Kutnowsky & Ruth Santana
- B. Excused Members: Nilsa Cintron, Gloria Bent & Cynthia O'Neal-Riley
- C. Community Members: Sheila Sanchez & Anthony Riviccio

#### II. Topics on the Agenda

- A. Continued Dialogue for the Overall Agenda of this Committee
- B. Communication & Strategy Session to prepare for the January 12<sup>th</sup> Meeting with Montefiore

#### III. Continued Dialogue

- A. Ruth Santana brought some great insight into some of the opportunities that we can share within our community area in relation to Wellness & Health
- B. Alora Bailey shared as well some thoughts to bring certain activities to stimulate movement in members of our community through Yoga and the thought of "Courtyard Yoga".
- C. Alfred Grant shared how we should remember that Montefiore is not the only hospital in the area which services the constituency and that North Central Bronx Hospital is a viable option as well.

#### IV. Communication & Strategy for January 12<sup>th</sup> Meeting

- A. Through dialogue and the participation of the community members in attendance, we were able to shape our thoughts, questions & statements for the presentation that this committee is supposed to have at 7:30pm on the above date.
- B. The 13 points that were submitted for Montefiore to address are credible points and as with time; our approach will evolve as well. Helene Hartman-Kutnowsky, Alora Bailey & Ruth Santana came up with (through spirited debate) talking points and responsible insight so that we will understand the information that will be shared by Montefiore
- C. Also through utilizing the 2016 Health Observancy Calendar, the committee will be presenting more concise agendas and outreach so that we will be more in action and not just a sounding board through Education Projects & Community Awareness on Health Initiatives.

#### V. Adjourned Meeting at 8:35pm