

## THE CITY OF NEW YORK BOROUGH OF THE BRONX COMMUNITY BOARD 7



## RUBEN DIAZ, JR., BOROUGH PRESIDENT

PAUL FOSTER, CHAIRMAN

## HEALTH & HOSPITALS COMMITTEE MEETING MINUTES Monday, February 11, 2013 @ 6:00 P.M.

## I. Updates:

- A. Latest update on the April Health Forum Ms. Pat Kendly reserved the Gymnasium at the St. James Recreation Center for our event. However, the members would like to change the date from Monday, April 22 to Wednesday, April 24, 2013. Jose Candelario gave us a progress report. Mr. Candelario stated that the SEIU-HEP will supply the food and a projected presentation to stimulate a conversation with the participants about a healthier lifestyle. The one thing we need to work on is the flyers to communicate the event to the community residents.
- B. Discussed holding the Annual Senior Health Day at the Sister Annunciata Senior Center. The possible Friday dates that the members agreed on are May 17<sup>th</sup> or 31<sup>st</sup>, and June 7, 2013. We agreed the time should be from 11 A.M to 2 P.M. All members agreed that this should be an annual event.
- C. Discussed the letter to Montefiore about the conditions in the Emergency Department and the members unanimously agreed to the content and to sending the letter immediately.
- D. Paul Foster informed the members that the Board agreed to hold a Free Flu Shots event for the community residents. Mr. Foster will supply us with the dates as soon as possible.
- II. Short Term Goals -These are ongoing:
  - A. Assertive networking to get the community members to attend the Committee Meetings and express their health needs by using the website and giving information at the General Board Meeting
  - B. Discussing any issues to present at the General Meeting
  - C. Inviting guest speakers from various health disciplines to speak at our meetings
- III. Action Items:
  - A. The Chair will contact Pat Kendly at the St. James Recreation Center to request the date change.
  - B. John Snider volunteered to work with Jose Candelario on the flyers. Mr. Candelario will e-mail the basic flyer to Mr. Snider on Wednesday, February 13, 2013
  - C. The Chair will get permission from Montefiore to insert that institution's name as a partner in the April Health Forum at the Montefiore CAB tomorrow. Also, present the possibility that the Dentistry Department holds free screening on Saturdays for children ages two to thirteen years old.
  - D. The Chair will invite Tarique Rumi from SOBRO to participate in the event and also get permission to insert SOBRO as a partner in the April Health Forum.
  - E. Paul Foster will contact the center to make the arrangements and agree on a Friday date that is good for both the center and the Committee.
- IV. Guest(s):
  - A. Geraldine O'Connell, RN, at Montefiore Spoke about some of the programs that she can bring to the community residents, such as: Blood pressure monitoring and advice on how to reduce and control your blood pressure, how to take prescribed medications in a safe manner, etc. She also gave us the calendar for Heart Month with the events Montefiore has planned for the month of February.
- 5) Meeting Adjourned

Please feel free to discuss any items, ideas, and/or any health issues that are presently affecting our community. **Next Health and Hospital Committee Meeting: Monday, March 18, 2013 from 6:00 P.M. to 7:00 P.M.**