



**THE CITY OF NEW YORK  
BOROUGH OF THE BRONX  
COMMUNITY BOARD 7**



RUBEN DIAZ, JR., BOROUGH PRESIDENT

JEAN HILL, CHAIRPERSON

ISCHIA BRAVO, DISTRICT MANAGER

**HEALTH & HUMAN SERVICES COMMITTEE**

<b>Chair</b>	Chad Y. Royer
<b>Next Meeting Date:</b>	Tuesday, May 21, 2019
<b>Meeting Time:</b>	6:30pm
<b>Meeting Location:</b>	Bronx Community Board 7   229-A East 204 <sup>th</sup> St.   Bronx, NY 10458
<b>Minutes Done By:</b>	Chad Y. Royer
<b>Members (Check Those In Attendance)</b>	<input checked="" type="checkbox"/> Chad Y. Royer <input checked="" type="checkbox"/> Gloria Bent <input checked="" type="checkbox"/> Kevin Davis <input checked="" type="checkbox"/> Alfred Grant <input type="checkbox"/> Cristina Contreras <input checked="" type="checkbox"/> Helene (Jake) Wilson <input checked="" type="checkbox"/> Carmen Miranda
<b>Minutes Done By:</b>	Chad Y. Royer

**Minutes:**

- I. Introductions**
- II. Review of last month’s minutes**
- III. Follow-up from previous month**
  - a. Follow Up From Carlos Tejeda of Montefiore
    - 1. Community Health Specialist Carlos Tejeda asked the community to take a health assessment survey at the March meeting. The deadline for submissions has been extended to May 31, 2019
      - [http://www.surveymonkey.com/r/BX\\_CHS\\_2019](http://www.surveymonkey.com/r/BX_CHS_2019)
      - [http://es.surveymonkey.com/r/BX\\_Salud2019](http://es.surveymonkey.com/r/BX_Salud2019)
- IV. New Business**
  - a. Follow Up on Community Outreach
    - 1. The Health Committee members discussed conducting an event for the Fall of 2019.
    - 2. Subject Will Be Addressing The Needs For Individuals With Disabilities At a Broader Age Range
    - 3. The Committee agreed to work on the event and will bring ideas to the June meeting
    - 4. Lehman College is able to host the event
  - b. Presentation By Columbia University Graduate Cynthia Betubiza: "Emergency Room Experience, Patient Overcrowding and Nurse Understaffing at Montefiore"
    - 1. The 38 page thesis was briefly discussed and shared with the members present



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2. Follow up discussion will be tentatively tabled for the June meeting so that questions can be presented after the thesis is thoroughly read
- c. Presentation by Josephine Cristostomo: Bronx Borough Leader at ThriveNYC, Mental Illness Initiatives
  1. ThriveNYC is an organization from the mayor's office whose goal is to provide resources to the community
  2. There are 54 different initiatives
  3. Presentations are usually done at residences, schools (as early as second grade), community boards and similar community-related areas
  4. The initiative helps to identify stigmas, stress, emotions, depression and ways we can manage these issues with positive actions and results for our community residents. Interactions are confidential.
  5. NYC Well has a 24-hour hotline (1-888-NYC-WELL) where anyone at any age can speak to a peer support specialist. Service is available in 200 languages
  6. Mobile Crisis Unit can be made available to assess a situation as it is happening by calling the hotline. It is recommended not to call 911 right away because law enforcement may not necessarily fully trained in handling mental health related issues. Mobile Crisis Unit counselors can then appropriately refer the individual to another party where the services needed at the time can be provided
  7. First Aid 8 Hour Training is available in Parkchester and Mott Haven. Anyone 17 years of age and older can take the course and earn a 3 year certification. Training is intended to see the signs, not to diagnosis.
  8. Crime Victim Assistance programs are available at the Police Stations for individuals who are looking for support
  9. Maternal Depression Screenings are available in hospitals so that mothers-to-be have access to emotional support and have an opportunity to prevent postpartum depression.
  10. Gloria Bent suggested that the Community Board reach out to members of law enforcement and begin a dialogue. The focus of the dialogue would be based on how mental health related training can be mandated as a part of law enforcement training and procedures.



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11. Alfred Grant expressed the need for presence of mental health professionals where hospital patients and shelter residents are located and he cites violence as a major concern that does not always gets addressed

- V. **Next month's meeting date:** Tuesday, June 18, 2019
- VI. **Discussion on next month's agenda**
- VII. **Adjournment**