

Hon. Vanessa L. Gibson Borough President

Bronx Community Board No. 10

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Health and Human Services

Thursday, January 27 at 7:00 P.M.

Via CISCO WEBEX

Present: N. Rosario, R. Barbarelli, Colonel W. Chin, T. Smith, M.J. Musano, M. Bufano, R. Bieder, J.

Mondello, M. Sajous

Absent: S. McMillan, T. Franklin, D. Hunt

Guests: S. M. Dramme, H. Wadhwani, J. Caraballo, K. Das, R. Raju, D. Aviles

The meeting was opened by Chairperson Rosario with the Pledge of Allegiance at 7 P.M. Mr. Sheikh Dramme spoke on the Lifestyle Lifespan program. The program highlights the importance of healthy food and making it a part of your lifestyle. The program launched in 2019. Mr. Dramme spoke of his health issues around this time. Mr. Dramme is now committed to walking every day which has led him to develop the program. The program is committed to health and wellness. By the end of 2020, then Superintendent Erika Tobia adopted the program into all Bronx public schools. A curriculum will be developed explaining the benefits of a healthy lifestyle by one's choices in food. It will start in grades 6 and 7. There will be a headquarters in the Parkchester section.

K. Das spoke on her program that focuses on "normalizing life." It is about how to live with COVID 19. The program brings doctors to community institutions. The doctors also visit schools and answer questions about public health guidelines. Currently, the program is partnering with a school in Brooklyn to offer COVID-19 testing.

The meeting closed at roughly 8:15 P.M. by vote of adjournment that was unanimously approved by all.