Lauren Stossel, MD Chief of Mental Health Correctional Health Services 55 Water Street, 18th Floor New York, NY 10041

May 30, 2023

Jasmine Georges-Yilla
Interim Executive Director
NYC Board of Correction
2 Lafayette, Suite 1221
New York, NY 10007

Dear Ms. Georges-Yilla:

In accordance with the Board of Correction's Mental Health Minimum Standards for New York City Correctional Facilities, the Correctional Health Services (CHS) division of NYC Health + Hospitals requests renewal of a variance from Section 2-05 (b)(2)(i-ii) concerning psychotropic medication. The requested variance, first granted by the Board on November 10, 2005, authorizes psychiatrists to see and evaluate stable adult patients on psychotropic medication in general population at least every 28 days, rather than every 14 days.

Additionally, CHS requests a variance from Section 2-09(c)(6) concerning the time period for variance requests, to permit the variance from Section 2-05(b)(2)(i-ii) regarding psychotropic medication, to be in effect for a period of one year.

As the Board has acknowledged, this medication variance helps to improve patient care and make the BOC psychotropic medication prescription standard more consistent with the current community standards and practices. In the seventeen years since the variance has been in effect, there have been no known cases of stable patients becoming unstable and requiring hospitalization due to the 28-day regimen.

The consideration of the Board members and staff of the requested variance regarding psychotropic medications for a period of one year is greatly appreciated.

Respectfully,

Lauren Stossel, MD

Correctional Health Services

cc: Patsy Yang, DrPH Bipin Subedi, MD