Children Office of Child Trafficking Prevention and Policy

Child.trafficking@acs.nyc.gov

Safety Planning Tips*

Debrief with the Youth Upon Return From AWOL:

• **WELCOME** the youth back and inquire as to their immediate needs.

• Debriefing Tool (Attachment B of 16-OCFS-ADM-09)

- Do not read the tool to the youth.
- Become familiar with the questions on the tool and engage youth in <u>conversation</u> relevant to the questions.
- Rephrase the questions as needed without changing the content for a more comfortable conversation.
- If you are new to using the tool, keep a copy nearby and refer to it as needed. Explain to the youth that this is guidance for you, not for them.
- Ensure the youth does not obtain the tool from you.
- Update the Safety Plan based upon the discussion.

WHAT NOT TO DO	WHAT YOU CAN DO
 Do Not Make Assumptions: How the youth feels about the trafficker Whether the youth is ready to leave the life Whether the youth thinks of self as a victim (or do you?) Do not take the youth's reaction personally Do not project your own ideals onto the youth Do not ask unnecessary questions or for details Do not judge Do not display disappointment or disapproval Be aware of body language, facial expressions, voice fluctuations 	 Provide encouragement and support Affirm, affirm, affirm! Understand teen development: Cognitive, Social- Emotional, Physical Recognize the impact of trauma on cognitive development/decision making Cultural sensitivity, Gender sensitivity Address the culture shock of the reality of leaving the life Making a lot of money in one night versus making little money in one month Schedule regulation issues Lack of self-efficacy Anticipate stress and plan for stress reduction Recognize the power dynamic Assess your own expectations and biases Do you want to "rescue" the youth? How do you really feel about trafficked youth?

*Extracted from the <u>Safety Planning WITH Trafficked Youth</u> workshop created by Selina Higgins, Ann Marie Pendleton and Jessie Boye-Doe. Copyright 2019. All Rights Reserved.

To inquire about upcoming sessions, or to book a session of the workshop <u>Safety Planning WITH</u> <u>Trafficked Youth</u> for your program or agency, please email: <u>Traffickingtraining@acs.nyc.gov</u>

