2025 Fatherhood Resource Guide







Many of the Fatherhood Resources included in this guide are available in multiple boroughs throughout New York City. Please read carefully and visit the specific website for locations and additional information.

Unless referring clients to facilities that require medical insurance (e.g., drug/alcohol/ mental health treatment, etc.), most of the non-profit organizations offer programs and services that are either free or low cost.



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The Bronx



Fathers for Progress Inc.

Contact Information

281 East Burnside Avenue Bronx, NY 10457

Contact: Julson Fabien

Phone: (718) 299-6500 (Ext. 205) **Email:** f4p sbhs@yahoo.com

Website: https://www.fathers4progress.org/

No insurance is required, this is a referral program for the community.

- Employability Skills Development
- Family Support (Monthly Events / Activities)
- Computer Literacy Lab & Continuing Education (ESL Classes)
- Individual Counseling (by appointment only)
- Physical Fitness Training
- Referral Services (Childcare, Employment, Job Training, Mental Health Services, etc.)
- Referral Program for Ex-offenders
- Vocational Training (Security Services, OSHA Training, First Aid & CPR Training)
- Financial Literacy Workshops (Creating a better financial future for self and family)



The Osborne Association

Contact Information

809 Westchester Avenue Bronx, NY 10455

Website: Osborne | Our Services

Email: info@osborneny.org

Facebook: : Osborne Association | Facebook

Brooklyn, Bronx and Manhattan offices

This program is free.

- In-prison parenting education, support for in-person and video visits to prisons and jail
- Community resources for criminal justice affected children and caregivers
- Community-based substance use disorder treatment as an alternative to incarceration or condition to parole.
- Mitigation services for defendants and defense attorneys.
- Reentry services to help formerly incarcerated parents build secure, stable lives.



HERO DADS

(Healthy, Empowered, Resilient, Open Dads)

Contact Information

550 East 142nd Street Bronx, NY, 10454

Phone: (917) 886-2512

Website: Fatherhood Center - BronxWorks

Email: Tarogers@Bronxworks.org

(Email name and contact information of the father)

Locations in the Bronx, Brooklyn and Manhattan

This program is free.

Services Provided

- Employment services
- Vocational skills training
- Parenting and healthy relationships education
- Child support case management assistance
- Financial education
- Peer mentorship
- Health insurance benefits screening

Eligible participants are:

- 18 or older
- Non-custodial parents (or have joint custody)
- The parent of a non-custodial child under 24
- Receiving public benefits, unemployed, at or below 200% of the federal poverty line



Bronx Community Health Network

Contact Information

Bronx Community Health Network One Fordham Plaza, Suite 1108 Bronx, NY 10458

Phone: 718-405-7720

Website: https://www.bchnhealth.org

Family Clinic Phone: (718) 933-2400

Website: https://www.bchnhealth.org

English/Spanish language

Medicaid and private insurance accepted. (If the client does not have insurance, this organization can assist in coordinating).

- Adult and Pediatric Medicine
- Obstetrics and Gynecology
- Family Planning
- HIV Primary Medical Care
- Behavioral/Mental Health Care
- Adult and Pediatric Dental Care
- Dental Preventive: Cleanings, X-rays, oral examinations Dental Treatment: Fillings, root canal, crown, bridges
- Vision and Hearing Screening
- Sexual Health Services for Teens
- Referrals to Diagnostic and Specialty Services
- Nutrition Counseling & Health Education
- Low-Cost Pharmacy



Friends to Fathers

(formerly Friends of Island Academy)

Contact Information

424 East 147th Street Bronx, NY 10455 718- 653-5301

Contact: Robert De Jesus

Email: rdejesus@youthjustice.org

Website: https://youthjustice.org/services

English/Spanish

Bronx, Brooklyn and Manhattan locations

This program and its services are free. Insurance is not required unless the father is asked to participate in mental health evaluation or drug/alcohol treatment.

Services Provided

 This organization works with fathers to address parenting skills, domestic violence issues, and helping them achieve their goals of becoming a healthy, dependable, engaged and supportive parent.



Power of Two/The ABC Program

Contact Information

841 Barretto Street, Bronx, NY 10474 21 Livonia Avenue, Brooklyn, NY 11212

Outreach Coordinator: Brittany Douglas

BrittanyD@powerof2.nyc

Website: https://powerof2.nyc/for-families/

This program is free.

- Power of Two provides comprehensive referrals to health and mental health resources, education programs, housing and food assistance, employment programs, childcare and financial support, among others.
- This program is open to the parent/caregiver that has a child between the ages of 6 months-48 months-old.
- This program is only available to those living in Brownsville Brooklyn or the South Bronx.
- To check eligibility, call (516) 636-3204 (Brooklyn) or (516) 534-5119 (Bronx) or send an email to referrals@powerof2.nyc

The CUNY Fatherhood Academy at Hostos Community College

Contact Information

500 Grand Concourse Blvd Bronx NY 10451

Contact: Hostos Community College

Phone: (718) 319-7900

Website: CUNY Fatherhood Academy - Hostos Community College

Services Provided

The CUNY Fatherhood Academy at Hostos Community College is a free program that can help young fathers:

- Earn a high school equivalency diploma while focusing on academic and personal success
- Prepare for college
- Explore careers and assist with employment opportunities
- Gain valuable information on rights and responsibilities as a father
- Learn about parenting, health and financial literacy

Brooklyn



Coalition for Hispanic Family Services

Contact Information

315 Wyckoff Avenue, 4th Floor Brooklyn, NY 11237

Phone: (718) 497-6090 **Fax:** (718) 497-9495

Email: info@hispanicfamilyservicesny.org

Website:

https://www.hispanicfamilyservicesny.org/contact-us/

English/Spanish language

This program is free.

- Foster Care and Adoption
- Family Foster Care Treatment
- Outpatient Child, Adolescent and Family Mental Health Services
- Children's Community Residence
- After School & Summer Programs
- Parenting Support Programs
- Child Abuse Prevention Workshops

The Osborne Association

(Brooklyn Office)

Contact Information

175 Remsen Street Brooklyn, NY 11201

Phone: (718) 637-6560

Email: info@osborneny.org

Website: https://www.osborneny.org/our-services/children-families

Brooklyn, Bronx and Manhattan offices

This program is free.

- In-prison parenting education, support for in-person and video visits to prisons and jails
- Community resources for criminal justice impacted children and caregivers
- Groups for directly-affected young people
- Civic engagement opportunities
- Reentry services to help formerly incarcerated parents build secure, stable lives.

Healthy Start Brooklyn-Father Initiative Programs

Contact Information

Bedford Location 485 Throop Avenue Brooklyn NY 11221

Brownsville Location 259 Bristol Street, Brooklyn, NY 11212

Bushwick Location 335 Central Avenue Brooklyn, NY 11221

Website: healthystartbrooklyn@health.nyc.gov

This program is free.

- Co-parenting help with the child's guardian
- Parenting skills classes
- Employment and educational assistance
- Child visitation or placement help
- Assistance with child support
- Mediation and conflict resolution training
- Individual and family counseling
- Father-to-Father mentoring

SCO Family of Services-Brooklyn

Contact Information

1360 Fulton Street, Suite 300 Brooklyn, NY 11216

Phone: (347) 554-0076 Program Director Contact: Cathy Joseph: (917) 966-4620

Website: https://sco.org/programs/fathers-program/

This program is free

- Parenting skills classes
- Individual and family counseling
- Case management, anger management and domestic violence prevention classes
- Parent advocacy, child support & visitation assistance
- educational and employment counseling
- Father-to-Father mentoring
- Family budgeting
- Mediation and conflict resolution training

Brooklyn Community Services (BCS) Project Plaza Community Center

Contact Information

151 Lawrence Street Brooklyn, NY 11201

Contact: Tremaine Richards

Phone: (718) 484-4258

Email: trichards@WeAreBCS.org

Note: Clients must attend two 2-hour sessions weekly for ten weeks. All

cohorts will resume in person.

Clients can be added to a waiting list, if interested. It is mandated that

all referrals include a detailed summary of the case.

Please complete referral form (next slide) and return to this email address: Fatherhood@wearebcs.org.

- BCS helps fathers to reconcile the roles of adolescence and fatherhood, surmounting challenges due to unemployment, homelessness, or absence due to incarceration.
- The Fatherhood Initiative assists in establishing positive, healthy, and supportive relationships with children through individual and family counseling, conflict resolution training, father-to-father mentoring, child support and visitation assistance.



Arches—Good Shepherd Services

Contact Information

Phone: 718-919-3938

Arches: Bedford - Stuyvesant

495 Gates Avenue, Brooklyn, NY 11216

Arches: Brownsville

444 Thomas S. Boyland Street, Brooklyn, NY 11212

Arches: East New York

692 Blake Avenue, Brooklyn, NY 11207

Website: https://goodshepherds.org/program/arches/

Services Provided

- Arches is a group mentoring program for juvenile justice-involved youth ages 16 to 24, with the goal of helping young adults on probation end any further involvement with the criminal justice system
- The programs for teens to young adults (16 to 24 years old), meets twice monthly, for a nine-month period.

Group members are provided with:

- A hot meal
- Stipends
- Metro Cards
- Resources for Education, Job Certification, and Employment Mentors
- 24-hour support—participants are able to contact their mentor via phone when needed.



Next STEPS-Good Shepherd Services

Contact Information

Next STEPS: East New York 876 Schenck Avenue, Brooklyn, NY 11207

Phone: (929) 246-6496

Prince Joshua Avitto Community Center (PJACC)

- Next STEPS (Striving Towards Engagement and Peaceful Solutions) is a transformative mentoring intervention offering youth, ages 16 to 24, one-on-one counseling and group mentoring.
- Using a cognitive behavioral therapy curriculum, the program is designed to help young adults make the attitudinal and behavioral changes necessary to avoid criminal activity and reengage with their education, work and community.

Man Up

Contact Information

797 Van Siclen Avenue Brooklyn, New York 11207

Phone: (718) 498-2320

Website: http://www.manupinc.org

Services Provided

M.O.M. (Men Only Meetings)

 Men Only Meetings is the program's way of cultivating and educating the "brotha-hood" on a monthly basis. The men and boys of the organization convene and have manhood development conversations on an inter-generational level. They also plan community activities that promote community service, activism and volunteerism.

F.I.P.A. (Formerly Incarcerated People's Association)

• MUSA's Formerly Incarcerated People's Association (aka F.I.P.A.) meets regularly throughout the year to study and discuss mass incarceration and the prison industrial complex. One-on-One and group counseling sessions with members of the association are arranged for recently released incarcerated persons. They are established to assist with employment readiness, family reintegration, housing, and other issues that FIPs commonly face when being re-introduced to mainstream society.



Brooklyn District Attorney's Office of Reentry

Contact Information

Phone: (718) 250-3281 (9am to 5pm)

Fax: (718) 488-6692 (Please include cover page)

Email: Reentry@BrooklynDA.org

Website: http://www.Brooklynda.org/reentry/

Mail correspondence to:

KCDA Re-Entry, 350 Jay Street, Brooklyn, NY 11201-2908

Hours: 9am to 5pm – Appointments preferred but not required

Re-Entry Programs Office

Municipal Building 210 Joralemon Street, 3rd Floor (Opposite Borough Hall in Downtown Brooklyn)

Services Provided

The Kings County Reentry Task Force's (KCRTF) programs work with government agencies and community re-entry partners to:

- Connects formerly incarcerated persons to services, including substance abuse treatment; anger management; job readiness workshops; high school equivalency degree classes; family services and mentor matching; life skills workshops; HIV/AIDS counseling and testing; health insurance enrollment; and clothing assistance. These programs will also assist in obtaining birth certificates and NYS Identification cards, if needed.
- Connect persons to off-site services including emergency shelters, job training opportunities, college and CASAC (Credentialed Alcoholism and Substance Abuse Counselor) class enrollment opportunities, and medical services.
- Individualize case work with consistent follow-up regarding supportive services. This helps to ensure that resources and services are successfully coordinated, utilized, and maintained.
- Eliminate any obstacles preventing clients from successfully completing parole or probation mandates.



St. Francis College Criminal Justice Reform Post Prison Program

Contact Information

Justice Initiative 180 Remsen Street Brooklyn, NY 11201

Program Directors Phone:

Professor Emily Horowitz (718) 489-5446 Professor Eric Platt (718) 489-3437

Program Directors Email:

<u>ehorowitz@sfc.edu</u> or <u>eplatt@sfc.edu</u> to schedule an in-person interview

- For the formerly incarcerated, education helps reduce the risk of recidivism and opens a career path that can help break the cycle of crime and poverty.
- Aligned with the mission of St. Francis College; the Franciscan tradition and commitment is to helping underserved and firstgeneration students earn a degree. The Justice Initiative provides extensive academic, scholarship and mentoring support to formerly incarcerated men and women within a rigorous college program.

CSEDNY (Counseling Service of Eastern District New York)

Contact Information

175 Remsen Street Suite 900 Brooklyn, NY 11201

Phone: (718) 658-0010

Website: cesdny.org

- Individual and group treatment for addiction disorders
- Integrated treatment for individuals with both addiction and mental health disorders
- Psychiatric evaluation and medication treatment
- Assistance with Medicaid and other public benefits
- Referral to vocational and educational services
- Medical evaluation and referral for health care
- Family counseling and education
- Collaboration with criminal justice and other referral agencies
- Relapse prevention groups for treatment graduates
- Random urine toxicology

Brooklyn Defender Services (BDS)

Contact Information

Brooklyn Defender Services 177 Livingston St., 7th Floor Brooklyn, NY 11201

Phone: 718 254-0897

Email: info@bds.org

Website: https://bds.org/our-approach

Services Provided

BDS offers assistance with the following legal issues:

- Arrests/Police involvement matters
- ACS navigation/support
- Release from jail or prison
- ICE or deportation
- Eviction or housing
- Education
- Employment
- Public Assistance, Medicaid, or other benefits
- Please visit the website for more information: https://bds.org/get-help



The Alex House Project

Contact Information

9 Bond Street Brooklyn NY 11201

Phone: 347 951-5572

Email: services@alexhouseproject.org

Website: Education (alexhouseproject.org)

- The Alex House Project supports high need, parenting youth, including, but not limited to, underserved homeless youth, LGBTQ youth, young women in new immigrant communities and parenting youth in foster care from NYC's five boroughs.
- The Alex House community is directly affected by poverty, homophobia and racism. They draw from mother-and-child group homes, family foster care, domestic violence shelters, as well as referrals from community-based organizations, city and state-funded institutions.
- The Alex house offers parenting classes for both mothers and fathers including "Mommy and Me" and cooking classes for fathers. Please visit website for more information.

The CUNY Fatherhood Academy at Kingsborough Community College

Contact Information

2001 Oriental Blvd Brooklyn NY 11235

Contact: CUNY Fatherhood Academy

Phone: (718) 368-6784

Website: CUNY Fatherhood Academy

Email: Kymel.Yard@kbcc.cuny.edu Kymel Yard- Program Director

Services Provided

The CUNY Fatherhood Academy at Kingsborough Community College is a free program that can help young fathers:

- Earn a high school equivalency diploma while focusing on academic and personal success
- Prepare for college
- Explore careers and assist with employment opportunities
- Gain valuable information on rights and responsibilities as a father
- Learn about parenting, health and financial literacy





The Brooklyn Stroll Club

Contact Information

- Instagram: @brooklynstrollclub
- YouTube: First-time dads form online community to help each other be the best dads
- Website: <u>BROOKLYN STROLL CLUB</u>



About

- A community of men who are trying to figure out how to be good dads and break the cycles that have been repeated for years.
- The Brooklyn Stroll Club created <u>Brooklyn Stroll Club | Substack</u>, a space for dads to share stories, thoughts, and real experiences.
- This is mostly an online group and to find in-person events visit the Instagram page and email the organization.
- The Brooklyn Stroll Club has events, and you can find tickets on <u>Brooklyn Stroll Club Events - 1 Upcoming Activities and Tickets |</u> <u>Eventbrite</u>

Manhattan



Center for Court Innovation

Contact Information

520 8th Avenue 18th Floor New York, NY 10018

Phone: (646) 386-3100

Website: https://www.courtinnovation.org/programs

This organization offers many different programs throughout NYC.

This program is free.

- Center for Court Innovation (CCI) offers a range of programs to improve the way the justice system works with parents and children.
- Judges refer non-custodial parents to the program when they appear for child support cases. A resource coordinator assesses each client's individual needs and links them with appropriate services. The resource coordinator monitors the client's participation in the program and provides the court with regular progress reports.

HRA Office of Child Support Services

Contact Information

150 Greenwich St, 30th Floor New York, NY, 10007

Phone: (929) 221-4587

Website: Child Support Services - HRA (nyc.gov)

Services Provided

 HRA's Office of Child Support Services (OCSS) serves all parents and guardians (mothers and fathers) regardless of income or immigration status, lifting tens of thousands of New York City children out of poverty every year.

The Positive Health Project

Contact Information

301 W 37th Street - 5th Floor New York, NY 10018

Phone: (212) 465-8304

Website:

Positive Health Project | Housing works

This program is free.

- All clients enrolled in Housing Works Community Healthcare case management services are eligible for free legal services.
- Through the HIV Law Project, Housing Works offers free legal assistance in housing, government benefits and immigration to qualified New York City residents living with HIV.

City Dads Group

Contact Information

Website: Citydadsgroup.com

Social groups that meet to play sports, have coffee, etc. There is also a "new dad boot camp" which is available virtually.

(Cost: \$75)

Program Goals

- Developing parenting partnerships
- Being supportive of mothers
- Creating a baby-safe environment
- Bonding with your baby
- Managing relatives
- Balancing work and parenting

Northern Manhattan Perinatal Partnership, Inc. — Central Harlem Healthy Start

Contact Information

127 West 127th, Third Floor New York, New York 10027

Phone: (212) 665-2600

Website: https://nmppcares.org/services/ffg3

Eligibility: Any father or expecting father whose spouse/partner is enrolled in the general Healthy Start Program. Also, any father with an infant under 17 months old.

This program is free.

- Fatherhood and parenting workshops with a curriculum focused on effective parenting techniques and practices
- Weekly meetings with expert co-facilitators on various topics such as men's health and wellness, self improvement developmental exercises, computer literacy, personal finances, resume and interview preparation.
- Job readiness and career advancement events, legal FYI's
- One-to-One Support: referrals provide for additional services, if needed

Fathers Forward, Inc.

Contact Information

Fathers Forward Inc. PO Box 953, New York, NY 10037

Phone: (646) 543-0150

Website: fathersforward.org

This program is free.

- A statewide referral association that provides fathers with important information and resources of which they may not be aware.
- This organization also holds events for fathers and their children in many NYC communities.

STRIVE



Contact Information

205 East 122nd Street. 3rd Floor New York, NY, 10035 (entrance on 3rd Avenue)

Phone: (212) 360-1100

Website: https://strive.org/nyc





STRIVE.ORG/NYPROGRAMS

Services Provided

Strive does not currently offer specific fatherhood services, however, they do provide the "Fresh Start" program.

Fresh Start extends case management, job training, interview skills and employment opportunities for returning citizens 25+. All services are trauma-informed and strengths-based and incorporate social-emotional learning that reinforces positive behaviors and healthy responses to stress that can ensure success on the job.

Please visit this website to register for information sessions. This program is currently accepting applicants.

New York Programs — STRIVE

This program is free.

Real Dads Network

Contact Information

P.O. Box 125 Peekskill New York 10566

Phone: (212) 875-7725

Website: http://www.realdadsnetwork.org

Email: realdadsnetwork@gmail.com

- Monthly Real Dads News to online subscribers
- Monthly Real Dads Club meetings
- Annual "Daddy Daughter Dance"
- Annual "Celebration of Real Dads Week"
- Fatherhood workshops
- Speaking engagements through various media and special events



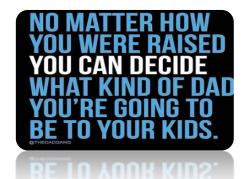
The Dad Gang

Contact Information

- Instagram: THE DAD GANG (@thedadgang) Instagram photos and videos
- Facebook: The Dad Gang | Facebook
- Youtube: March of Dads Los Angeles (youtube.com)
- Website: The Dad Gang Changing the way the world views black fatherhood.

About

- The Dad Gang is an organization committed to building community among Black fathers globally. They have created a safe space for Black men to find camaraderie, support, and turn up a few times a year.
- The Dad Gang is a place where Black fathers can come together online via Instagram, Facebook and YouTube. Visit the website to join.





Queens



Forestdale—Strong Fathers

Contact Information

67-35 112th St, Flushing, NY 11375

Phone: (718) 263-0740

Email: fathering@forestdaleinc.org

Website: https://www.forestdaleinc.org/strong-fathers

Complete referral form and email (see next slide)

This program is free.

- Utilizes a Solutions-Based Casework (SBC) case management model
- Parenting Skills Development three-month workshop series
- Workshops for Male Accountability Domestic Violence, Anger Management, Abusive Partner Intervention, Emotional Intelligence, Co-Parenting and Child Support
- Career and financial empowerment counseling, vocational assessment, referrals to community services
- Partners for HSE preparation and testing, job skills training
- Co-parenting activities

Forestdale— Strong Fathers Referral Form



Referral Form

Phone: 718-263-0740 Fax: 718-263-7818 Fathering@forestdaleinc.org Forestdale Strong Fathers / Sites 67-35 112th Street, Forest Hills, NY 11375 203-07 Hollis Avenue, Hollis, NY 11412

Referral Date: 9/16/21

Referral Bate. 5/16/21	
1. Referring Agency / Program: New York City Administration for Children's Services	
2. Referring Worker's Name:	
3. Referring Worker's Email:	
4. Referring Worker's Phone Number:	
5. Referring Worker's Supervisor's Name:	
6. Referring Worker's Supervisor's Phone Number:	
7. Referring Worker's Supervisor's Email: 8.	
9. Client's Last Name: First Name:	
10. Client's Date of Birth: Age: Language:	
11. Client's Telephone Number: Emergency Contact Number:	
12. Client's Permanent Address:	
13. Current Address:	
14. Client's Educational Attainment: Less than High School H.S. Diploma / GED	
Some Post-Secondary /College 2-4 Year College Graduate	
15. Employment Status: Unemployed Temporary/Part Time Full Time	
Disability / Worker's Comp. / Retirement	
If employed, what is the client's work schedule?	
16. Is client receiving other services (Mental Health, Substance Abuse, Psychiatric etc)? Yes No	
If yes, please identify services and respective service provider(s):	
17. Is client subject to any Orders of Protection?	
If yes, please describe terms of Order of Protection 16a. Court Part	
ii yes, piease describe terms of Order of Flotection 10a. Court Fait	
18. Is Client subject to a Visitation Order Yes No	
If yes, please describe	
19. Is Client subject to Child Support Order? Yes No	
15. is client subject to child support Order:	
20. Client Service Request(s):	



Fortune Society

Contact Information

Long Island City (Main Office) 29-76 Northern Boulevard Long Island City, NY 11101

Phone: (212) 691-7554

Email: info@fortunesociety.org

Services Provided

This Fatherhood Initiative program assists noncustodial fathers reconnect with their children. It develops essential parenting skills by helping each participant increase engagement and responsibility in their relationships with their children

- Provides individual and family counseling assisting fathers to recognize triggers and manage emotions.
- Offers financial literacy and concrete support
- Anger Management
- Assistance with child support
- Father-to-father mentoring

Queens Healthy Start

Contact Information

149-18 Jamaica Ave. Jamaica, NY 11435

Phone: (718) 704-5078

Website: healthsolutions.org

This program is free.

- This fatherhood program provides case management, group support and parenting classes to fathers who are eligible for the Queens Healthy Start Partnership.
- Healthy Start serves families in Long Island City, Jamaica-Southeast Queens and neighboring communities

The Child Center of NY—Healthy Start

Contact Information

37-34 29th Street, Astoria, NY 11101

Phone: (718) 819-5687

There are numerous offices in Queens.

Please call 718-651-7770 for connection to other locations.

Email: info@childcenterny.org

- The Child Center of NY offers a nationally accredited <u>Early Head</u> <u>Start</u> program for children prenatal to age three.
- This program offers continuous, intensive and comprehensive child development and family support services for infants, toddlers, lowincome pregnant women and their families.
- Parenting education and supportive positive parent-child relationships are integral to the program.

Fathers Alive in the Hood (FAITH)

Contact Information

Fathers Alive in the Hood, Inc.

P.O. Box 313474, Jamaica, NY 11431

Phone: (347) 620-3248

Website: Father's Alive In The Hood Inc (fathersaliveinthehood.org)

Although FAITH is based in Queens, any male aged 13+ from other boroughs are welcomed.

Workshops & Services Provided

- Fatherhood (What is it like to be a father?)
- Overcoming obstacles
- Relationships with women and children/ Domestic Violence
- Support groups & Counseling
- Male to Male mentoring
- Community relations & resources
- "Discovering Purpose and Passion" workshops
- Financial Empowerment
- Participation in Father-Daughter celebrations
- "Boyhood-to-Manhood" Field Trips



The CUNY Fatherhood Academy at LaGuardia Community College

Contact Information

31-10 Thomson Avenue Long Island City, NY 11101

Contact: Continuing Education

Phone: (347) 840-0266

Email: fatherhoodacademy@lagcc.cuny.edu

Website: CUNY Fatherhood Academy - LaGuardia Community College

Services Provided

The CUNY Fatherhood Academy at LaGuardia Community College is a free program that can help young fathers:

- Earn a high school equivalency diploma while focusing on academic and personal success
- Prepare for college
- Explore careers and assist with employment opportunities
- Gain valuable information on rights and responsibilities as a father
- Learn about parenting, health, and financial literacy



Staten Island



United Activities Unlimited (UAU) — Fatherhood Matters Program

Contact Information

1200 South Avenue, Suite 304 Staten Island, NY 10314

Sr. Case Manager: Vernon "Dyverse" Wooten

Phone: (718) 987-8111 ext. 812

Email: <u>DWooten@unitedactivities.org</u>
Website: <u>https://unitedactivities.org</u>

Services Provided

Through a 10-week father-focused workshop series, Fatherhood Matters equips fathers with knowledge and a skills-based certificate program on effective parenting techniques.

 Dedicated Fatherhood Matters case managers assist and empower fathers during their journey by providing guidance and support in navigating child support, public benefits, finding and sustaining employment, or arranging child visitation.

Community Health Center of Richmond - (CHCR)

Contact Information

439 Port Richmond Ave. Staten Island, NY 10302 Kevin Zurita

Phone: (917) 830-1200 ext. 7614

Mobile: (929) 474-0071

Website: www.chcrichmond.org Email: Kzurita@chcrichmond.org

Please note: This program is currently inactive due to low staffing but will resume soon.

Services Provided

The Fatherhood Program at the CHCR is part of the Healthy Start program. It is geared towards improving infant health and providing resources to parents.

- Assigned case managers provide topical workshops on infant health, breastfeeding, and resources within the community.
- This health center also provides parents with Pack and Plays, diapers, books, and other concrete services.

Central Family Life Center—Fatherhood Mentorship Program

Contact Information

59 Wright Street Staten Island, NY 10304

Phone: (718) 273-8414

Email: <u>info@centralfamilylifecenter.org</u>
Dsmith@centralfamilylifecenter.org

Services Provided

The Fatherhood program at CFLC helps participants to improve their parenting skills through weekly meetings and monthly workshops.

 This mentorship creates a safe space for fathers to meet and discuss issues such as child support, marriage, interpersonal relationships and coping skills. They have also sponsored several Job Fairs to assist unemployed dads in obtaining employment.

Family Enrichment Centers (FECs)

Co-designed with parents and local leaders from the community, FECs are family centered, home-like spaces where neighbors connect, network, find support, resources, and build protective factors through events and individual program offerings. Expanding initially from three centers in the Bronx and Brooklyn, they are now in all five boroughs.

Although FECs are sponsored by ACS, participation is voluntary and not tracked or monitored by the agency. Several of the centers provide fathers with concrete assistance and any needed supports. Referrals are not required; these are community programs and individuals need only walk in.



Bronx H.Y.P.E. –Mott Haven Melrose (Helping Your People Evolve)

Contact Information

109 Bruckner Blvd. NY Bronx, NY 10453

Contact: Amanda Perez

Phone: (347) 483-9463

Website: bronxhpye.org



Services Provided

A welcoming home-like space where neighbors can:

- Connect to their community
- Contribute to their community
- Find viable resources
- Support and uplift one another
- Support families thrive



O.U.R. Place—Hunts Point/Longwood

Contact Information

940 Garrison Avenue Bronx, NY 10474

Contact: Yvette Borbon, MSOL, OWDS

Phone: (718) 618-5559

Website: https://ourplacefec.grahamwindam.org



- OUR (Organizing to be United and Resilient) Place provides access to resources; they are "home like" spaces that resemble a living room with couches, comfortable chairs, and coffee.
- OUR Place includes families in the planning, development, and decision-making of the Center. Community members are invited to voice their ideas and co-design offerings with staff.
- OUR Place creates a social network that connects community members to a hub of support, increasing connections for parents and guardians while also increasing healthy parenting abilities.
- Micro Approach: Providing access to computers or assisting with housing applications.
- Macro Approach: Providing access to community leaders and local politicians.

T.H.E. C.O.R.E - (Soundview/Parkchester)

(To Help Embrace Community, Organizing, Resilience, Equality)

Contact Information

1244 Manor Avenue Bronx, NY 10472

Contact: Norma Sanders

Phone: (646) 385-6338



- Our mission is to uplift families by creating a family centered, inviting, home-like space, "Where The Community Owns It, & The Neighborhood Leads It!"
- The Center collaborates with community partners and agencies to bring in resources based on the desires of the community. This ensures that resources are within easy reach for all members.
 Offerings change as the community's interests change, and the advisory group assists the staff in making decisions.

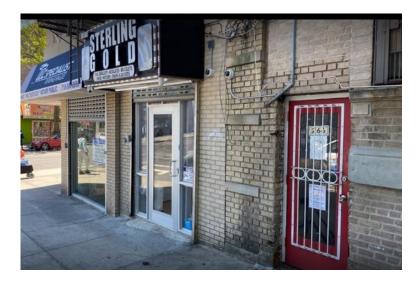
Circle of Dreams/Bridge Builders—(Highbridge)

Contact Information

266 E. 165th St. Bronx, NY 10456

Contact: Alida Camacho, LCSW-R

Phone: (718) 975-8618, (917) 945-1152 Website: acamacho@childrensvillage.org



Men's Empowerment Network

The mission of this group is to establish a social support network of males through participation and encouragement of their voice in program conversations. The group determines the monthly meeting schedule.

- Art Committee promoting healing and stress reduction
- Parent's Group
- Literacy Programs
- Resume Assistance
- Financial Information Sessions

Catholic Guardian Services Harmony Hub

Contact Information

2001A Creston Ave Bronx, NY 10453

Contact: Melissa Mejias Phone: (646) 477-9842



Services Provided

• As an FEC, Harmony Hub operates under Catholic Guardian Services' Family Support Services umbrella. Catholic Guardian is known for providing essential programs, including foster care services, domestic violence support, parenting resources, and preventive programs. Harmony Hub extends these efforts by creating a welcoming and collaborative space where families can engage in meaningful programs that address their needs.



The C.R.I.B. - (East New York)

Contact Information

2588 Atlantic Ave Brooklyn, NY 11207

Contact: Naisha Solomon

Phone: (646) 968-3399

Website: https://thecrib.enyfec.org



- The C.R.I.B. (Community Resources in Brooklyn) uses a strengthsbased approach to planning that asks empowering questions contributing to collaboration. Together, community members discover the best of their neighborhoods, create a dream for the future, and design and walk a path to get there together.
- Like all FECs, The CRIB is a welcoming home-like space where neighbors can connect, contribute to their community, find resources and assist one another, helping families thrive.
- Throughout the year, The CRIB holds multiple events to encourage family involvement, have fun, and support the community.

Brownsville Connection-(Brownsville)

Contact Information

1432 Pitkin Avenue Brooklyn, NY 11233 Contact: Keisha Maxwell

Phone: (646) 794-0027

Services Provided

Like similar FEC's, the Brownsville Connection is a place where families can connect, contribute to the neighborhood. Services include the ability to wash clothing, and to utilize cooking facilities.



The N.E.S.T. (Bedford-Stuyvesant) (Neighbors Embracing Strengths Together)

Contact Information

410 Nostrand Avenue Brooklyn, NY 11216 **Contact**: Edison King

Phone: (631) 892-8637

Email: familyenrichment@lschild.org



- Community members discover the best of their neighborhoods, create a dream for the future, and design and walk a path to get there together.
- Similar to other FECs, The N.E.S.T. is a welcoming home-like space where neighbors connect, contribute to their community, find resources and assist one another, helping families thrive.

Brooklyn Bureau of Community Services - Coney Island

Contact Information

Temporary location (Call first): 2945 West 33rd Street

Brooklyn, NY 11203

Contact: Tolu Arasanyin Phone: (718) 541-7939

Website: Coney Island Family Enrichment Center (CFEC) - Brooklyn

Community Services

Services Provided

The Coney Island Family Enrichment Center (CFEC) is a community-run and designed program that fosters community connection and helps all family members be their best selves. Guided by the belief that parents and other community members are the experts in their own lives, the center's co-design approach encourages community ownership, respect, and equity in Coney Island. They lift up strengths in each child, youth, and adults who walk through their doors and support healthy family functioning.



R.I.S.E U.P in Sunset Park

Contact Information

341 39th street 6th Floor Suite 604 Brooklyn, NY 11232

Email: RISEUP@centerforfamilylife.org **Website:** RISE UP in Sunset Park FEC

- This FEC officially opened on May 20, 2025.
- It is a community-driven space for connections, resources, support and empowerment.
- Visit Instagram page for more information @riseupsunsetpark



The H.A.V.E.N. (Central Harlem) (Harlem Achieving Victorious Excellence Now)

Contact Information

63 W. 125th Street 3rd Fl.

NY, 10027

Contact: Denise Carr Phone: (718) 300-9725

Website: centralharlemnycfec@gmail.com



Services Provided

The H.A.V.E.N. seeks to build on family protective factors such as:

- Parent resilience
- Knowledge of child development
- Social and emotional competence of children
- Social connections
- Concrete support in times of need

East Side S.O.U.L. - (East Harlem) (Safe Oasis United by Love)

Contact Information

71 E. 111th Street 1st Fl.

NY, 10029

Contact: Jocelyn Caceras, MSW

Phone: (646) 929-633-0335

Email: nyceasthharlemfec@gmail.com

Services Provided

•Like other FEC's, East Side S.O.U.L. is a place where neighbors connect, contribute to their neighborhood, find resources and support one another.



America Works of New York

Contact Information

30 Morningside Drive NY, NY 10025

Contact: Denise Ford

Phone: (212) 599-5627 Ext. 202 Email: dford@americaworks.com Website: About - America Works

Services Provided

•Not only is America Works a support to families with community resources and services, but they are also in an exciting launch phase. They are actively inviting families and community members into the co-design of the center. Community input and drop-ins are encouraged at any time.





Community Connection - (Jamaica/Hollis/Queens Village)

Contact Information

203-12 Linden Blvd St. Albans, NY 11412

Phone: (347) 308-7762

Contact: Jacqueline Denson (917) 979-4517

Website: Community Connection Family Enrichment Center —

<u>Forestdale</u>



- Community Connection (CC) is open to ALL residents of Southeast Queens.
- At CC, community members connect, contribute to their neighborhood, find resources, learn, and share with others. A place of hope, healing, and empowerment, the CC FEC is a family center designed to meet the needs of the whole family. From economic empowerment, to civic engagement, tenants' rights, communityled projects and programming.

The B.R.I.D.G.E. (Rockaway/Broad Channel)

(Building Relationships, Inspire Development, Growth and Excellence)

Contact Information

217 Beach 92nd Street Queens, NY 11693

Contact: Curtis Turney-Rentas

Phone: (929) 608-6338



- Their mission is to uplift families by creating a family centered, inviting, home-like space, "Where The Community Owns It, & The Neighborhood Leads It!"
- The center collaborates with community partners and agencies to bring in resources based on the desires of the community. This ensures that resources are within easy reach for all members.
 Offerings change as the community's interests change, and the advisory group helps the staff make decisions.

Queens Community House- The S.E.V.E.N

(Socially, Empowered, Vibrantly, Engaged Neighborhood)

Contact Information

87-10 Northern Blvd, Suite 202 Jackson Heights, NY 11372 **Phone:** (917) 724-9279

Contact: Tiffany Nunez

Website: Family Enrichment Center | Queens Community House



- The S.E.V.E.N offers a wide range of services and resources tailored to meet the needs of its neighbors. Through holistic, community-driven support, they provide access to parenting resources, educational workshops, family activities, and personalized assistance to help families achieve greater stability and well-being.
- Their approach is rooted in its co-design, ensuring that families are involved in shaping the services and programs that meet their needs.



Community Mediation Services - C.R.E.C.E (Center for Resources Empowerment Community and Education)

Contact Information

105-15 Northern Blvd Elmhurst NY 11369

Contact: Maria Deaquis-Cornejo

Website: CORONA FEC – Family Enrichment Center



Services Provided

This center is a **home for the community**, shaped by the voices and needs of its residents. They work closely with families, local partners, and community leaders to ensure its programming remains accessible, inclusive, and impactful.

This FEC focuses on strengthening families by offering programs such as:

- Parenting support and family wellness workshops
- Legal assistance, including Know Your Rights sessions
- Civic engagement programs in partnership with local organizations
- Vocational training, including GED, ESL, and OSHA certification classes
- Youth and children's programs, including STEM, early childhood learning, and nutrition education

The SPOT - (St. George/Stapleton)

Contact Information

30 Beach Street Staten Island, NY 10304 **Contact:** Zenobia Clayborn

Phone: (646) 406-2959



Services Provided

 A warm, inviting home-like space where neighbors can collaborate, network, contribute to their community, locate resources, provide support, and help families thrive.



The Health Information Tool for Empowerment

The Health Information Tool for Empowerment (HITE) is a web-based "online directory." Offering information on more than 6,000 health and social services programs available to those of all incomes, the uninsured and underinsured individuals in New York City, Long Island and Westchester, "The HITE Site" assists in connecting users to vital community services quickly and easily.

Free and open to the public users need only input their borough and neighborhood zip code.

Website: HITE | Health and Social Service Resources in New York City and Westchester (hitesite.org)



The OCFS Fatherhood Initiative

- Since 2007, Office of Child & Family Services (OCFS) has worked with the Office of Temporary and Disability
 <u>Assistance (OTDA)</u> to bring agencies together to better serve non-custodial parents, mostly fathers, who want to become more involved in their children's lives, pay child support, and gain the skills that will strengthen their ability to be effective fathers.
- OCFS works with fathers in residential facilities through the Division of Juvenile Justice Opportunities for Youth
 (DJJOY) Fatherhood Initiative and in communities through Healthy Families New York Home Visiting Programs. In
 child welfare, OCFS has developed a "Locating and Engaging Fathers Toolkit" to assist local Department of Social
 Services (DSS) districts in involving fathers in case planning.
- The Locating and Engaging Fathers Toolkit is designed for local child protection jurisdictions to develop and utilize effective strategies for finding absent fathers. Based on the knowledge that children need fathers in their lives, this toolkit provides methods and strategies for agencies and staff to implement for engaging males and helping families promote child safety, permanency and well-being.
- Locating and Engaging Fathers: <u>Locating and Engaging Fathers videoWebM</u>

NYC Department of Youth and Community Development (DYCD)

- "A Driver's Manual For New Dads" is a publication focused on helping dads understand what is occurring with their birth partner and how the baby is developing. It promotes prenatal visits, supporting partners and basic care of the newborn. It also lists NY State resources for new dads: Download A Driver's Manual for New Dads, Spanish / Español, Arabic / 한국어, Chinese / 正體字, Russian / Русский язык, Haitian-Creole / Kreyòl ayisyen, Korean / 한국어
- "The Real Dad's Network" is a grassroots organization that engages in and sponsors a variety of activities, including skill-building workshops, informational seminars, networking, Father-Daughter Dances, advocacy, all designed to educate and encourage men to embrace their roles as Dads, husbands and leaders in the family and community.
- "The Men's Nonviolence Project (MNP)" seeks to encourage men to take an active role in ending male violence against women. MNP provides information, resources, and connections to inspire and support the involvement of men and boys in preventing domestic violence.
- The "Office of Child Care" is a comprehensive online resource designed to quickly link parents, childcare providers, researchers, policymakers and the public with Federal Government sponsored childcare and early learning information and resources. This website is sponsored by the US Department of Health and Human Services, and the national "Administration for Children and Families".

The Office of Child Support Services (OCSS)

- The Office of Child Support Services (OCSS) places children first by helping parents provide for the economic and social well-being, health, and stability of their children. OCSS serves parents and guardians, regardless of income and immigration status. The program assists tens of thousands of children every year by bringing more income into the home. OCSS collects more than \$700 million a year on their behalf.
- OCSS services include assistance with locating noncustodial parents, establishing parentage, child support and medical support orders, collecting and distributing child support payments, and modifying and enforcing child support orders. Custodial parents receiving cash assistance are required to comply with OCSS pursuant to federal and New York State statutes. All other custodial parents may apply for OCSS services on a voluntary basis.
- Please visit this website for more information including how to apply for child support: https://www.nyc.gov/site/hra/help/child-support-services.page

Domestic/Intimate Partner Violence Services

Safe and Together Institute

Contact: David Mandel

Website: https://safeandtogetherinstitute.com

Phone: (860) 319-0966

Forestdale, Inc.

67-35 112th Street

Queens, NY

Phone: (718) 263-0740

Email: Fathers2@forestdaleinc.org

Safe Way Forward

Contact: Elizabeth Mota

Email: Elizabeth.mota@acs.nyc.gov

Phone: (212) 341-3114

Brooklyn Task Force

Contact: Henry Algarin

Email: halgarin@nyctasc.org
k.sullivan@nyctasc.org



Citywide Programs for Youth



New York Police Department

NYPD Explorers

- This program is geared for ages 14 to 20.
- Explorers are taught the importance of higher education, self-discipline, and respect for diversity and human dignity through training, involvement in community service projects, and other Exploring events.

At Night Lights

Precincts link with community organizations such as the YMCA and the Boys and Girls Club each Saturday. The Youth Officers
coach sports.

Blue Chips

• This is a seasonal sports mentoring program. The officer/mentor transports the child from home to practice sports.

Girl Talk

This program is in the development stage and has just begun. Focused on girls, female police officers meet with youth for "girl talk."

Locations and programs vary throughout the five boroughs.



The Y.M.C.A.

Contact Information

- There are 23 "YMCA" branches in the five boroughs with multiple sites. Please visit this website to find a location in your borough. https://ymcanyc.org/locations?type&amenities
- Please visit this website to learn more about the programs that are offered. https://ymcanyc.org/programs/kids-family/teen-programs

Please note: Membership Fees may apply

Services Provided

The YMCA offers various programs for youth of all ages and include:

- "My Grown-up and Me" classes
- Youth and Teen Programs Partnership with NYPD to conduct "Saturday Night Lights"
- "Y" Afterschool Programs
- "Y" Summer Camps
- Child and parent YMCA swimming lessons

Big Brothers-Big Sisters (BBBS)

Contact Information

There are various sites in each borough. Please visit this website to enroll a child and find a location for the family:

https://www.bigsnyc.org/enroll

This program is free of charge.

Community Based Mentoring

To qualify, children must be between the ages of 7 and 17.

There is an interviewing process. Following this, youth are matched with a screened Big Brother or Sister. There must be a minimum commitment of at least eight (8) months.

Serving youth ages 7-17 in all five boroughs. By matching a caring adult mentor (a "Big"), to an NYC youth, (a "Little") to a mentor, they spend 8 hours a month in the community building their relationship and taking steps toward achieving their S.M.A.R.T. (Specific, Measurable, Attainable, Realistic, and Time-bound) goals.

- Each mentor match is supported by a Program Manager who for the year manages daily communication between the "Big," "Little," and Parent/Guardian.
- BBBS also offers work-place mentoring, college and career success workshops, and affinity groups which include, "Put Youth First," "Advanced Diversity, Equity & Inclusion; Operate with Integrity," "Engage with Empathy," and "Invest in Learning & Innovation."

The Boys and Girls Club

Contact Information

Locations vary throughout the five boroughs, and some are located within schools.

Website: https://www.bgca.org/programs

To become a member, an application form must be completed (which must be signed by an adult for youth 18 and younger). The child must visit at least 52 times to become a full member.

This is a free organization.

Services Provided

The Boys and Girls Club offers programs in:

- Education and Work readiness
- Career and college readiness programs, which can include college tours.
- Assistance with Summer Youth Employment Program (SYEP) applications.
- Sports and Recreation. In partnership with the NYPD, "Saturday Night Lights" is available in certain locations for youth interested in sports.
- Arts, Health & Wellness, and Character Leadership programs.

Getting Out-Staying Out (GOSO)

Contact Information

201A East 124th Street New York, NY 10035

Phone: (212) 831-5020

Website:

https://www.gosonyc.org/how-we-help/our-programs/

Services Provided

GOSO's intervention approach is to use education, employment and emotional well-being to guide young men between the ages of 16-24, who have been or are currently at Rikers Island, and have or will be re-entering the community.

- GOSO has an on-site high school diploma equivalency program that also assists young men with exploring colleges and or trade schools.
- GOSO assists in finding young men jobs and /or internships. They also conduct workshops in resume creation.
- Fathers' groups, individual therapy.
- GOSO has social workers available to work with every participant to ensure they achieve their goals, maintain independence, and prevent recidivism.

The Brownsville Recreational Center-East New York Brooklyn (NYC Parks & Recreation)

Contact Information

1555 Linden Boulevard Brooklyn, NY 11212

Phone: (718) 485-4633 / (718) 345-2706

Website: Brownsville Recreation Center: NYC Parks

To become a member, visit the website above to complete the registration form.

There is no charge for youth between the ages of 0–24.



South Bronx United (SBU)

Contact Information

814 River Ave Suite 2-3 Bronx, NY 10451

Phone: (718) 404-9281

Email: info@southbronxunited.org

Website: South Bronx United

There is a low registration fee which can be waived if the family qualifies (i.e., if they receive public benefits).

Services Provided

South Bronx United uses soccer as a tool for social change, aiming to help youth build character, teamwork, and leadership so that they can succeed in high school, college, careers, their community, and beyond.

Programs:

- College Success
- SBU Community Schools
- The SBU Pre-Academy
- Clubhouse Programs and Classes
- Summer Soccer Camp
- Immigration Legal Services

To register: Register — South Bronx United

Supportive Youth Based Services



One Hundred Black Men

Contact Information

2601 Frederick Douglass Blvd.

New York, NY 10030

Phone: (212)-777-7070

Website: https://www.ohbm.org/mentorship/

Email: Office@ohbm.org

Services Provided

One Hundred Black Men initiatives focus on education through mentoring, wealth building strategies, fostering economic development and raising awareness of health issues affecting communities of color.

- The Junior One Hundred (JOH): A youth leadership and career exposure program for students ages 12 to 24. The program focuses on Career Exploration, Character Development, Personal Growth, and Mentorship. The 2024 JOH career tracks included: Business, Medicine, Law, and STEM (Science, Technology, Engineering and Math).
- Eagle Academy: New York City's first all-boys public school in over thirty years was founded by OHBM in 2004. Its philosophy insists that young black and brown men are not one of America's problems, but instead, one of its greatest assets.

Eagle Academy



Contact Information

31 West 125th St., 3rd Floor New York, NY 10027

Phone: (212) 477-8370

Website: https://www.eafny.org

Eagle Scholars are selected through a lottery system operated by the NYC Department of Education (NYC Public Schools). Eagle Scholars are not pre-screened or selected based on testing.

- Enhances the educators' capabilities to meet the needs of male students of color.
- Increases the number of schools with positive cultures and interventions to support the academic achievement and socialemotional flourishing of Black and Latino male students.
- Influences policy changes with evidenced-based research, strategies and programs for engaging and developing high achieving young men of color.



Eagle Academy Locations

EAGLE ACADEMY - BRONX

4143 Third Avenue Bronx, NY 10457 **Principal:** Hector Velazquez

EAGLE ACADEMY - BROOKLYN

1137 Herkimer St, Brooklyn, NY 11233 **Principal:** Rashad Meade

EAGLE ACADEMY - QUEENS

171-10 Linden Blvd Queens, NY 11434 **Principal:** Dr. Christopher Smith

For application instructions, please visit this website: https://eafny.org/the-eagle-academies/

EAGLE ACADEMY - NEWARK

79 Chancellor Avenue Newark, NJ 07112 **Principal:** Semone Morant

EAGLE ACADEMY - HARLEM

6 Edgecombe Avenue Harlem, NY 10030 **Principal:** Frankie Simmons

EAGLE ACADEMY - STATEN ISLAND

101 Warren Street Staten Island, NY 10304 **Principal:** Jermaine Cameron



U.S. Army

U.S. Army Recruiting Station

8516 4th Ave 2nd floor New York, NY 11209 Contact Army Recruiter Alexei Vorobyov

Phone: (347) 514-1116

Email: alexei.s.voroboyov.mil@army.mil Website: What to Consider | U.S. Army



The Army Experience

• The U.S. Army will provide a solid foundation upon which success can grow. The Army does not limit dreams; it helps one realize them with training and real experience.

The Door



Contact Information

121 Avenue of the Americas New York, NY 10013

Phone: (212) 941-9090

To get connected to programs at the Door,

text 929-357-0768

Email: resources@door.org

Website: https://door.org/contact/

All services are free, confidential, and under one roof.

Services Provided

 Reproductive health care and education, mental health counseling, crisis and legal assistance, GED/HSE classes, tutoring and homework help, college preparation services, career development, job training and placement, supportive housing, recreational activities, arts programs, and nutritious meals.

The Heartline

Listen. Relate. Connect

Contact Information

Phone: (877) 328-6423

When calling The Heartline, you only need to share information about yourself that you are comfortable with discussing. During your call, a Responder will ask for age, zip code, and preferred name (pronoun). The client has all the decision-making power during the call.

Hours: Tuesday-Saturday 11am-7pm

Website: https://ocfs.ny.gov/programs/fostercare/heartline.php

THE HEARTLINE

Services Provided

- The Heartline is a peer-led warmline for young adults who are currently or have once been impacted by the child welfare (foster care) system. A warmline is a support space where an individual can call to discuss the highs and lows of experiences with a peer who has navigated similar situations and can connect the person to information that can make life a bit easier to navigate.
- The Heartline focuses on young adults ages 14-21 years old who live anywhere in New York State and are/ or have been impacted by the child welfare (foster care) system. This means living with a relative, a foster parent, an adoptive parent, a friend, group home, or shelter.

Calling The Heartline means you are seeking to be understood through mutuality of shared experiences.

Supportive LGBTQ+ Services





PFLAG-NYC

Contact Information

130 East 25th Street, Suite M1

New York, NY 10010 Phone: 646-240-4288

Email: info@pflagnyc.org
Website: www.pflagnyc.org

"Guide to Being a Straight Ally"

Straight for Equality: Guide to Being An Ally to Trans and Nonbinary People - PFLAG



Services Provided

PFLAG-NYC is the founding chapter of <u>PFLAG</u>, the nation's foremost family-based organization committed to celebrating LGBTQ+ young people and creating a better future for all.

The program serves New York City families, schools, and communities to increase understanding and acceptance of the population.

Support Groups

- Dads Group meets on the second Wednesday of every month from 7 to 8:30pm. This group provides a space for dads to connect with others around the topic of their child's and family's comingout process across the range of LGBTQ+ identities. All dads and caregivers in a father-like role are welcome to join.
- The Black Family Circle meets online on the fourth Sunday of every month from 3 to 4:30 p.m. This group is dedicated to families and individuals who identify as Black and have LGBTQ+ loved ones. It provides a warm and inviting space to gather virtually and find community.
- El Amor Hace La Familia (Oasis) meets on the second Saturday of every month from 10 to 11:30 a.m. For Latino families, "Oasis" is a loving group of parents and LGBTQ+ persons that have come together for mutual support.

Visit this site for registration: https://www.pflagnyc.org/online-registration/



The Center



Contact Information

208 West 13th Street New York, NY 10011

Phone: 212-620-7310

Website: https://gaycenter.org/contact-us/ https://gaycenter.org/family-youth/

Services Provided

The Center is committed to helping members of the LGBTQ+ community enrich their lives through services and programs that support growth and connection.

- The Center provides counseling and therapeutic services, financial and legal clinics, activities with LGBTQ+ families, and other community events.
- The Center offers many programs but is specifically focused on families and youth.



Covenant House New York



Contact Information

460 West 41st Street, New York, NY 10036

Phone: (212) 613-0300

Website: https://ny.covenanthouse.org/programs/ Covenant House New York is open 24 hours a day,

7 days a week and 365 days a year.

Covenant House New York is a safe space.

- Doors are open to all young people who need help, regardless of race, religion, sexual orientation, gender identity or expression.
- They facilitate services using trauma-informed principles to help homeless youth leave the streets and achieve independence.
- Covenant House provides assistance in health, housing and supportive services.

V!brant Emotional Health Queens Affirming Youth and Family Alliance



Contact Information

Queens Adolescent Skills Center 29-46 Northern Blvd, 2nd Floor Long Island City, NY 11101

Phone: (6464) 738-5131

Website: Queens Affirming Youth And Family Alliance - Vibrant

Emotional Health: Vibrant Emotional Health

Refer to us here:



Referral Process

Linkage & referral relationships to support the LGBTQ+ community together!

- Use <u>Google Form linked here</u>
- Email us at <u>queensaffirming@vibrant.org</u>
- Reach out to Tierney, Adrianna, or Venus!

- Youth- LGBTQ+ youth (ages 15-25)
 - a. Peer support and peer-led support groups
 - **b.** Short-term counseling
 - C. Youth Advisory Council
 - d. Community Events
- Family Caregivers and Guardians of LGBTQ+ youth
 - a. Caregiver support and family counseling
 - **b.** Affirm Caregiver- increase knowledge and skills of caregivers of LGBTQ+ youth
- Linkages to Affirming providers
 - a. Medical and Trans-Affirming care
 - b. Long-term mental health or substance misuse treatment
 - C. Housing Support
 - d. Legal Services
 - **e.** Gender-affirming issues and more
- All services are free no insurance needed. Interpreter and virtual services are available for all NYC residents.



National Queer and Trans Therapists of Color Network (NQTTCN)

Contact Information

PO BOX 50058 Baltimore, MD 21211

Email: info@nqttcn.org

Website: Membership: Our Base & Benefits - National Queer and Trans

Therapists of Color Network (nqttcn.com)

Services Provided

Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization actively working to transform mental health for queer and trans Black, Indigenous and People of Color (QTBIPOC)

The community includes:

- Health/mental health practitioners/healers
- Movement leaders and organizers
- Birth workers
- Spiritual practitioners
- Cultural workers and artists,
- Educators/social workers/coaches, facilitators
- Peer support practitioners

Ali Forney Center



Contact Information

307 West 38° Street, Floor 2 New York, NY 10018

Phone: (212) 222-3427 ext.300

Website: Programs & Services | Ali Forney Center



- The center provides LGBTQ+ and at-risk youth with quality services in an affirming environment. Given the discrimination and harassment that so many of these young adult's face, they need comprehensive support to develop pride and security in their identities. At AFC, each young person is approached with respect and sensitivity.
- Conveniently located near public transportation in midtown Manhattan, the 24-hour Drop-In Center is where any lesbian, gay, bisexual, transgender, queer, or at-risk young person can access food, medical care, mental health services, and much more.
- AFC has six emergency housing sites with a total of 66 beds. Their Emergency Housing Program stabilizes young people and works with them to achieve housing readiness. Depending on the site, the program lasts from one to six months, with the goal that emergency housing residents ultimately graduate into the more independent Transitional Housing Program.

Ackerman Institute Gender & Family Project (GFP)



Contact Information

936 Broadway 2nd Floor New York, NY 10010

Phone: (212) 879-4900 ext. 370

Website: Gender and Family Project - A. Claire Zimmerman



Services Provided

The Ackerman Institute's Gender and Family Project (GFP) is a NYC-based therapy group with a mission to empower youths, families, and communities by providing gender-affirmative services, training, and research. GFP's mission involves both care (in the form of family mental health) and advocacy.

Their programs include:

- Family Therapy and parental coaching
- Referrals for affirmative psychological and gender evaluation
- Community groups for caregivers, grandparents, siblings and family members.
- Community and play groups for gender creative children from 5 to 18
- Virtual groups for transgender, nonbinary young persons 12-24 in the foster care, juvenile justice systems and/or who have experienced child protective services.
- Gender inclusivity training and gender literacy education for educators, mental health providers, and other organizations.
- Research on gender identity development and family acceptance.



Services for Fathers & Youth with Developmental Disabilities & Special Needs



Young Adult Institute (YAI)

Contact Information

220 East 42nd Street, 8th floor Suite 2500 New York, NY 10017

Phone: (212) 273-6100

Email: commnications@yai.org

Website: https://www.yai.org/getting-started

https://www.yai.org/services

Services Provided

YAI has a wide range of services that assist individuals with intellectual and developmental disabilities (I/DD) and their caregivers.

- Crisis and behavior support
- Day Services
- Education
- Family Support
- Residential services
- Therapeutic intervention and clinical supports

Include NYC (formerly known as Resources for Children with Special Needs)

Contact Information

520 8th Avenue, 25th floor Suite 2500 New York, NY 10018

Email: info@includenyc.org

English: Mon.- Thurs.: (212) 677-4660

or text: (646) 693-3175

Para Espanol: Llame: (212) 677-4668

Texto: (646) 693-3157 WhatsApp: (212) 858-0795

Include NYC offers information and referrals, resource guides, educational advocacy, and a host of citywide workshops and trainings

for parents and professionals.

- Parent and Family engagement, including a "Help Line" which can assist families in finding citywide services in English, Spanish and over 200 other languages.
- Include NYC provides information, individual assistance and training to youth, families, and professionals. It does not offer legal advice or representation.

Care Design New York

Contact Information

2500 Halsey Street Bronx, NY 10461

Phone: (518) 235-1888

Website: Care Management Resources - Care Design NY



- The Care Design NY mission is to assist individuals with intellectual and/or developmental disabilities (I/DD) to obtain supports and services they need to live a quality life.
- Care Design NY offers:
 - 1. Comprehensive Care Management
 - 2. Care Coordination and Health Promotion
 - 3. Comprehensive Transitional Care
 - 4. Individual and Family Support
 - 5. Referral to Community and Social Service Supports
 - 6. Use of Health Information Technology

Jewish Community House of Bensonhurst

Contact Information

7802 Bay Parkway Brooklyn, NY 11214

Phone: (718) 331-6800 Ext. 210

Website: Recreational & Academic Classes for Kids - Brooklyn, NY | JCH



Services Provided

The JCHB offers services for teens and young adults (ages 13-21) with disabilities including:

- Health Education (bi-weekly culinary classes, monthly workshops, access to health and wellness facilities, etc.)
- Social Events (monthly events and activities)
- ➤ Help with higher education and post secondary education (tutoring, essay writing, resume help, etc.)
- Pre-Employment and pre-vocational programming. (career assessment, job preparedness, goal setting, internships, etc.)

My Time Inc.

Contact Information

640 Parkside Ave., Suite 502 Brooklyn, NY 11226

Phone: (718) 975-0296, (347) 365-6193

Email: info@mytimeinc.org

Website: Our Services - My Time Inc.... #mtiparentsupport



- Parent support at My Time Inc is the commitment of parents coming together to share their joys and concerns in raising a child with Autism and other Developmental Disabilities, and knowing they are not alone.
- The caretaker experience at My Time Inc consists of seven programs where parents meet in a nonjudgmental environment to share their knowledge and give solutions and comfort to each other.
- Parents attend workshops on understanding their child(ren's)
 disability, Individualized Education Plan, obtaining appropriate
 resources, knowing their rights, entitlements and benefits which
 enables them to be the biggest advocate for their child.

NYFAC New York Families for Autistic Children

Contact Information

164-14 Crossbay Boulevard Howard Beach, NY 11414

Phone: (347) 566-3122 Email: <u>info@nyfac.org</u> Website: <u>Services - NYFAC</u>



- NYFAC helps individuals with disabilities work to shape lives of purpose and joy supported by dedicated families and a caring community.
- NYFAC offers:
 - 1. Non-Medicaid waiver case management
 - 2. Site-Based Respite Program
 - 3. Day Habilitation
 - 4. Family Reimbursement
 - 5. In-home Respite
 - 6. Community Habilitation

TCACs Transition and College Access Centers

Contact Information

Phone: (718) 935-2007

Email: nyctcacs@schools.nyc.gov
Website: Transition from High School

The TCACs support students with Individualized Education Plans (IEPs) and their families through the transition from school to adult life. TCACs offer trainings, workshops, and other opportunities that provide youth and their caretakers the tools needed to plan for adult life.

Click link below to contact the center in your borough or visit them for help.

Contacts and Resources



- The NYC Department of Education is working to ensure effective transition planning for students with disabilities and their families as they move from pre-k to 12th grade and on to college, career or other options.
- The centers ensure that students with disabilities are prepared for life experiences after high school. They provide college readiness resources and supports and facilitate a range of work-based learning opportunities for students with IEPs. They are designed to assist stakeholders in the work of transition planning for students with IRSPS as they prepare to leave high school as productive and contributing members of society.

Mental Health Services for Men





Therapy for BlackMen.org

Contact Information

116 West 23rd Street

New York, NY 10011

Phone: (646) 780-8278

Email: info@therapyforblackmen.org

Website:

Therapy for Black Men from African American Psychologist, therapists

and coaches

- In partnership with licensed mental health professionals and coaches in private practice throughout the fifty states TherapyForBlackMen.org provides proactive, multiculturally competent care to men of color.
- TherapyForBlackMen.org makes it easy for clients, therapists and coaches to connect with each other
- There is a waitlist right now, see the link below to be placed on the wait list: <u>Financial Assistance for Therapy - Therapy for Black Men</u>

Psychology Today

Contact Information

Website:

Find Therapists and Psychologists in New York - Psychology Today

Psychology Today

Services Provided

You can visit the website to find the following:

- Treatment centers
- Therapists/Psychiatrists
- Support groups
- Online therapy

Black Men Heal (BMH)

Contact Information

63 W Lancaster Ave Suite 11 Ardmore, PA 19003

Email: info@blackmenheal.org

Website: Become A Client | Black Men Heal

BMH currently offers individual therapeutic virtual sessions for men who reside in the following states: PA, NJ, DE, NYC, MD, D.C., VA, GA.

- Black Men Heal is a nonprofit that provides FREE mental health treatment-both individual and group therapy to Men of Color.
- Their offering to the community is a safe space that provides the opportunity to heal from Intergenerational trauma and systemic racism.
- They pair the men with therapists of color who can address their unique cultural experiences.



TalkSpace

Contact Information

PO Box 659 Portsmouth, NH 03802

Email:

Website: Celebrate Mental Health Awareness Month 2025

<u>Talkspace</u>



Services Provided

- Talkspace is an online therapy service that connects individuals to a dedicated licensed mental health therapist through private messaging, live sessions, or both from the privacy and convenience of their computer or smartphone. Users can regularly message their dedicated Talkspace therapist via text, voice, or video as life happensanywhere, anytime.
- Free Online Therapy for Teens in New York City | Talkspace-School stress, relationships, friend drama—teen life can be challenging. NYC now provides youth with mental health support. Anyone 13-17 has access to a Talkspace therapist at no cost.

Talkspace

ACS Male Affinity Groups

"Men Of Excellence" (Bronx)

Matthew Otero, Lead

"Brother to Brother" (Brooklyn)

Michael Dunbar, Lead

"The Men's Collective" (Manhattan)

Jesse Almonte, Lead

Fatherhood Working Group (ACS Central)

Tyler James, David Peters, Leads



Legal Resources

Many of the non-profit organizations listed in this guide offer legal resources or they can refer clients externally. The organizations also help individuals who are incarcerated, formerly incarcerated and or simply need help with Criminal or Family Court. Below, is a concise list.

- Fathers For Progress- Parenting Skills Programs | Programs (referral program for ex offenders)
- Friends To Fathers- Services Youth Justice Network (offering services like "Law Library" "Miller Center for Special Mitigation" and "Family Matters"
- SCO Family of Services Juvenile Justice Initiative Brooklyn SCO Family of Services , Juvenile Justice Initiative Queens SCO Family of Services
- Arches (Good Shepherd Services) Good Shepherd Services | Youth Justice Programs Good Shepherd Services
- St. Francis College Criminal Justice Reform Prison Program- Justice Initiative | St. Francis College | St. Francis College
- The Osborne Association Osborne | Court Advocacy Services
- Bronx Works (HERO DADS)- Legal Services BronxWorks
- Man Up- About Us MAN UP! INC (FIPA Formerly Incarcerated Peoples Association)
- The Brooklyn District Attorney's Office- BROOKLYN FAMILY JUSTICE CENTER The Brooklyn District Attorney's Office
- Brooklyn Community Services (BCS)- Families, Community Building and Workforce Development Brooklyn Community Services
- Brooklyn's Defenders Services (BDS)- BDS | Our Approach
- Family Legal Care- What We Do | Family Legal Care
- The City Bar Justice Center- Get Help | City Bar Justice Center
- Father's Rights Association of New York State- Meetings | New York Fathers' Rights Attorney | Long Island Fathers' Rights Lawyer
- CHIPP (Children of Incarcerated Parents Program) (212) 341-4883 CHIPP@acs.nyc.gov CHIPP2016.pdf



Cultural Activities in NYC

New York City has many places to explore. Step outside to learn, bond and have fun with the family.



New York City Public Library

Information

Obtain a NY Public Library (NYPL) card and have free access to many museums and events around the city. Apply at any NYPL location

To borrow physical and digital materials, visit one of the NYPL locations with proof of ID and address to complete the application for a physical card.

Click here to: Find a location near you.

Benefits

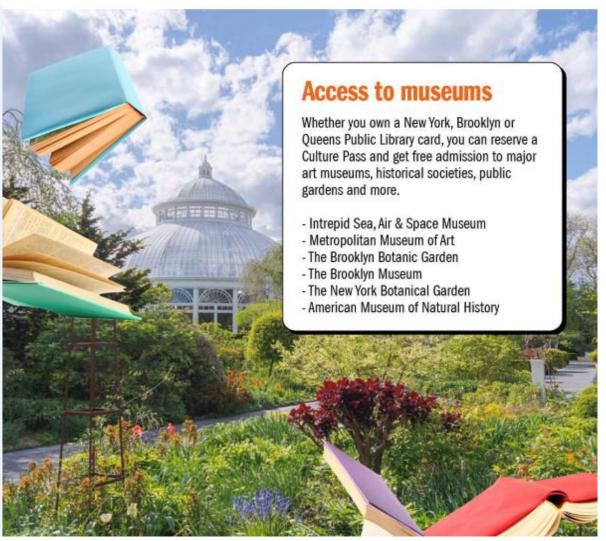
With a library card, you will not only have access to books, but the Library is here to help you learn and connect with your community through their wide array of free events, programs, classes, book clubs, and more.

The library offers free technology and language classes and events specifically for families and children.

Review the website for more information or visit your neighborhood public library. NYPL Programs | The New York Public Library

Museum Access





Brooklyn Botanic Garden

Information

Entrances:

150 Eastern Parkway455 Flatbush Avenue990 Washington AvenueBrooklyn, NY 11225

Admission

- o Adults: \$18
- o Students (12+ with ID): \$12
- o Seniors (65+ with ID): \$12
- o Children under 12 attending with an adult: Free

- To reserve tickets, visit: www.showclix.com/event/brooklyn-botanic-garden-admission-2025
- There are free community tickets available every day. When you visit their website, check "Community Tickets" for Zero Charge.
- ✓ For more information and events visit:
- ✓ Event Calendar Brooklyn Botanic Garden

Queens County Farm Museum

Queens County Farm Museum is one of the longest continually farmed sites in New York State. Its 47-acre historic site has produced food and fed New Yorkers for over three centuries

Information

79-50 Little Neck Pkwy Queens NY 11004

Phone: (718) 347-3276

Email: info@queensfarm.org

For more information and events visit:

https://www.queensfarm.org/visit/

- Admission is free every day from 10am to 5pm, except for days of special admission/events.
- There is livestock on the farm, visitors can feed the animals and walk around the farm. Classes are offered, and a farmstand where fresh produce can be purchased.



In Conclusion

- Thank you for reviewing and using the resources in this guide to support fathers, children and families.
- If there are questions about the directory or additions for updates, please email the following DCP Program Development team members:

Johanna.Beekman@acs.nyc.gov Nicole.McKnight@acs.nyc.gov

