



Infant Safe Sleep
Awareness Month

FREE

Infant Safe Sleep Webinars

for Parents and Caregivers

In recognition of Infant Safe Sleep Awareness Month, the ACS Office of **Child Safety and Injury Prevention (OCSIP)** is hosting Infant Safe Webinars aimed at:

- Sharing tips for how and where to put infants to sleep safely
- Sharing the “why” behind Infant Safe Sleep Recommendations
- Elevating Caregiver Perspectives & Concerns
- De-bunking Myths
- Fostering Peer-to-Peer Support
- Problem-Solving Potential Barriers

After participating in this webinar, you will be able to create a safe sleeping environment for infants, recognize risk factors and eliminate hazards in your baby's sleep environment, develop a plan to address infant night awakenings, parental exhaustion and balancing baby comfort with safe sleep guidelines, select weather appropriate sleep clothing for infants, and access free information and tools to implement safe sleep practices.

Join us! Help your babies sleep safely so you can sleep soundly!

Every Tuesday in October 2025
10:00am and 6:00pm online sessions
Scan to join the zoom webinar ►

