



# Help for You and Your Teen

**The Family Assessment Program (FAP)** helps families resolve conflicts and address challenges with adolescents **without court involvement.**

**FAP offers voluntary, supportive, and confidential services** to help families work through difficult times, build stronger relationships, and prevent crises before they happen. FAP services are free!

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## Who We Serve

Families with teens and preteens who are struggling with:

- **Not going to school**
- **Family conflict or communication breakdowns**
- **Running away or staying out overnight**
- **Behavior challenges**
- **Substance use or negative peer influence**



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## Get connected to services:

The Family Assessment Program partners with trusted, evidence-based providers to meet each family's unique

- **Crisis Intervention:** Services geared to stabilize the current situation and help you manage any crisis.
- **Mentoring:** One-on-one mentoring for your teen focused on self-esteem, healthy choices, and goal setting; may include **Fair Futures** coaching for long-term support.
- **Family Therapy:** Therapy focused on communication and behavior change to strengthen your family. Services can be of varying intensities depending on what your family needs. If anyone is struggling with a particular concern such as substance abuse or mental health, we have a program that can address those needs.
- **Respite:** If your family needs space to address the issues you are facing, we have a 30-day, voluntary family-based respite program. Youth are placed in a trained respite home to reduce conflict and help families focus on change.
- **Prosocial & Recreational Programs:** Sometimes youth need positive outlets to help them stay out of trouble. Our FAP offices can help you locate services in your neighborhoods.
- **Aren't sure what you need?:** Don't worry. Our FAP staff are experts in what services are out there and helping families get connected.

## You may also contact us and get help for:

- **PINS (Persons in Need of Supervision):** Families considering filing a PINS petition in Family Court must first work with FAP to explore supportive alternatives.
- **Raising the Lower Age (RTLA):** For teens and preteens, FAP provides assessment and services as a differential response to ensure families receive help, not criminalization.

## 3 Ways to Access FAP Services

**1 Website:**  
■ [nyc.gov/fap](https://nyc.gov/fap)

**2 QR Code:**



**3 FAP office directly:**

### MANHATTAN

Manhattan Family Court  
60 Lafayette Street,  
2nd Floor  
New York, NY 10013  
212-341-0012

### BROOKLYN

345 Adams Street,  
8th Floor  
Brooklyn, NY 11201  
718-260-8550

### QUEENS

Queens Family Court  
151-20 Jamaica Avenue,  
4th Floor  
Jamaica, NY 11432  
718-725-3244

### THE BRONX

260 East 161st Street,  
Sub Level  
Bronx, NY 10451  
718-664-1800

### STATEN ISLAND

350 St. Mark's Place,  
5th Floor  
Staten Island, NY  
10301  
718-720-0418