

National Training and Development Curriculum (NTDC)

The **National Training and Development Curriculum (NTDC)** is a federal training program developed by the Administration for Children and Families (ACF) in partnership with Spaulding for Children. It is designed to prepare foster and adoptive parents to meet the complex needs of the children in their care. As of January 2025, NTDC replaced the long-standing Model Approach to Partnerships in Parenting (MAPP) as the required pre-certification training in New York City.

What is NTDC with Trauma-Responsive and Informed Parenting Program (TRIPP) Principles?

New York City's ACS Workforce Institute, in collaboration with ACS Family Permanency Services, has adapted the NTDC curriculum to integrate key concepts from the **Trauma-Responsive and Informed Parenting Program (TRIPP)**. TRIPP is a learning program that prepares and supports foster parents and child welfare professionals working in therapeutic family foster care. Learners develop a trauma-informed lens and are equipped to understand and respond to their youth's challenging behaviors. This adaptation supports the Enhanced Family Foster Care (EFFC) model.

There are two training tracks for NTDC with TRIPP Principles:

- A **30-hour track** for regular (non-kinship) foster parent applicants
- A **15-hour track** for kinship foster parent applicants

NTDC with TRIPP Principles can be conducted virtually, in-person, or in a hybrid format.

NTDC with TRIPP Principles (Regular Track)

Class (3 hours)	Themes
1	<p>Pre-Work Video: Expanding Your Parenting Paradigm</p> <p>Pre-Work Video: Overview of Child Welfare System</p> <p>Introduction and Welcome</p> <p>Child Development</p>
2	<p>Foster Care: A Means to Support Families</p> <p>Reunification as the Primary Permanency Goal</p>

Class (3 hours)	Themes
3	Maintaining Children’s Connections Attachment
4	Separation, Grief, and Loss Introduction to Enhanced Family Foster Care*
5	The Impact of Trauma on the Developing Brain* Self-Regulation and Emotionally Responsive Parenting*
6	Pre-Work eLearn: Responding to Children in Crisis Cultural Humility Parenting in Racially and Culturally Diverse Families
7	Mental Health Considerations Impact of Substance Use
8	Parenting a Child with a History of Sexual Trauma Effective Communication
9	Preparing for and Managing Intrusive Questions Creating a Stable, Nurturing and Safe Home Environment
10	Connections with Birth Families after Adoption Panel Discussion

*Adapted from Trauma-Responsive and Informed Parenting Program (TRIPP)

NTDC with TRIPP Principles (Kinship Track)

Class (3 hours)	Themes
1	Pre-Work Videos: Expanding Your Parenting Paradigm and Overview of Child Welfare System Introduction and Child Development
2	Kinship Parenting
3	Separation, Grief, and Loss Introduction to Enhanced Family Foster Care*
4	The Impact of Trauma on the Developing Brain* Self-Regulation and Emotionally Responsive Parenting*
5	Pre-Work eLearn: Accessing Services Mental Health Considerations Building Resilience for Kinship Caregivers

*Adapted from Trauma-Responsive and Informed Parenting Program (TRIPP)