



Expectant & Parenting Youth Resources

Comprehensive Listing of Resources for Expecting and Parenting Young People in Care. Hunter College School of Social Work (resources, policies and training):

http://www.hunter.cuny.edu/socwork/nrcfcpp/info_services/pregnant-and-parenting-teens.html

ADOLESCENT REPRODUCTIVE HEALTH SERVICES

Bellevue Hospital – Child and Teen Health Services

462 First Ave.,
New York, NY 10016

Call: 212-562-4141 or 212-562-1000

Adolescents ages 12-21 can receive medical and/or counseling services without parental consent. The Perinatal Diagnostic Center provides the latest medical technology, and the high-risk obstetrical clinics assure mothers and babies comprehensive primary, obstetrical and gynecological care. Obstetrical services include midwifery-based birthing for low-risk mothers to a high-risk obstetrical area equipped to handle extremely complicated cases. Programs for young mothers are available.

Children's Aid Society

910 East 172nd Street
Bronx, NY 10460

**Call: 347-918-3200 (Foster Care 4th Floor)
347-767-2200 (Clinic 3rd Floor)**

Hours: Foster care- Monday thru Friday 9am-5pm
Clinic- Mon and Fri. 9am-5pm
Tue, Wed, Thur. 10am-6pm

1515 Southern Blvd.,
Bronx, NY 10460

**Call: 718-764-2408 (community pool 1st Floor)
718-764-2409 (daycare 2nd Floor)**

Complete physical exams for males and females, care of illnesses, pregnancy testing, emergency contraception (Plan B or Morning After Pill), birth control education and on-site provision of birth control methods, pregnancy options counseling, STI screening and treatment, HIV testing and risk reduction counseling, dental care (some charges may apply). No pelvic exam I required to obtain birth control. Medical and social service referrals are available.

The Door

555 Broome St.,
New York, NY 10013

Call: 212-453-0222

Hours: Monday and Wednesday 12pm-7:15pm
Tuesday 2pm-7:15pm
Thursday 12pm-6:45pm
Friday 11am-6:45 pm



Walk-ins welcome. No forms or paperwork. The Door offers young people ages 12-21 comprehensive educational, health, nutritional and counseling programs, as well as legal services for young people in need of civil legal representation.

Lincoln Hospital Teen Clinic

234 East 149th Street,
Bronx, NY 10451 1st Floor 1C2

Call: 866-ZIP-TEEN (866-947-8336)

Hours: Monday thru Friday 8am-6pm
No appointment necessary

Confidential teen health services same day. Adolescents can receive services without parental consent, including STI and HIV testing, contraception care and counseling. Emergency contraception and pregnancy tests are available. No pelvic exam is required to obtain birth control. Family planning a pregnancy options provided (Abortions, etc.). For persons under 18 no insurance required and a bill will not be mailed to home.

Mount Sinai Adolescent Health Center

312 East 94th Street.
New York, NY 10128

Call: 212-423-3000

Hours: Monday, Wednesday, Friday 8:30am-5pm
Thursday 12pm-5pm
Walk-ins welcome

No pelvic exam is required to obtain birth control. Comprehensive medical and mental health care is available. Family planning and health education is available. Parenting classes offered.

Northern Manhattan Perinatal Partnership

127 West 127th St.,
New York, NY 10027, 3rd Floor

Call: 212-665-2600 or 212-665-1842

Hours: Monday thru Friday 9am-5pm
Walk-ins welcome

Services include: "Holla Back" ---pregnancy prevention group for teens. Comprehensive prenatal-perinatal Services Network. Must have a child under 2 or be pregnant.

PLANNED PARENTHOOD

Bronx Center

349 East 149th Street
Bronx, NY 10451

Call: 212-965-7000

Hours: Monday and Saturday 8:30am-4:30pm
Tuesday, Wednesday, Friday 8am-5pm
Thursday 8am-7pm

Family planning and pregnancy options (family options, etc.) provided. No insurance needed. Pregnancy options for persons under age 18 by appointment. All other services do not require an appointment. Emergency contraception for a fee required for persons over 18. No pelvic exam is required to obtain birth control.

Margaret Sanger Center

26 Bleecker St.,
New York, NY 10012

Call: 212-965-7000

Hours: Monday and Tuesday 8am-1:30pm
Wednesday, Thursday, Friday 8am-5pm
Saturday 7:30am- 4pm

Free pregnancy tests are available by walk in or appointment. All other services require an appointment. If you are under 18 dispensing emergency contraception requires an appointment. Emergency contraception for purchase if age 18 or over.



Boro Hall Center

44 Court Street
Brooklyn, NY 11201 6th Floor

Call: 212-965-7000

Hours: Mon, Tue, Wed, Fri. 8am-4:30pm
Thursday 8am-7:30pm
Saturday 8am-4pm

Family planning and pregnancy options provided. Pregnancy options for persons under 18 by appointment only. All other services do not require an appointment; no pelvic exam is required to obtain birth control.

Staten Island Center

23 Hyatt Street
Staten Island, NY 10301

Call: 212-965-7000

Hours: Monday and Wednesday 9am-6:30pm
Thursday 9am-7:30pm

Woodhull Medical and Mental Health Center-Adolescent Clinic

760 Broadway, Rm. 2C 220,
Brooklyn, NY 11206

Call: 718-388-5889 (appointment)
718-963-8000 (general information)

A member of the North Brooklyn Health Network the Women's Health Initiative Program makes available extensive obstetrical and gynecological services, including free walk-in pregnancy testing, family planning and pre- and post-natal care. Woodhull is particularly concerned with reaching vulnerable populations, such as adolescents and high-risk pregnant mothers. Pregnancy options provided.

Young Men's Clinic Family Planning Center

21 Audubon Ave., First Floor,
New York, NY 10032

Call: 212-342-3232

Hours: Young Men Clinic (ages 13-35)

Monday 8:30am-8:30pm
Tuesday 8:30am-7:30pm
Wed, Thurs, Fri. 8:30am-5pm

Family Planning Woman Clinic (up to age 44)

Monday and Thursday 8am-5pm
Tuesday and Wednesday 8am-7:30pm

Walk-ins welcome

Additional Resources:

Information for other clinic locations throughout New York City can be obtained by calling 311. Information regarding emergency contraception can be obtained by calling the Emergency Contraception hotline at **888-NOT-2-LATE (888-668-2528)**.

For additional NYC Department of Health and Mental Hygiene sites for reproductive health services:

800-261-4649 or

<http://www.nyc.gov/html/doh/html/home.shtml>

Spence-Chapin Options Counseling Hotline (local): 800-321-5683

Backline: 888-493-0992 or www.yourbackline.org

National Abortion Federation (for specific questions about abortions): **800-772-9100** or www.prochoice.org

Exhale (for post abortion counseling):

888-4-EXHALE (888-439-4253) or www.4exhale.org/

PREGNANCY SERVICES

Below are just a few known to provide the best services to woman with high risk pregnancies, along with a few organizations that provide pregnancy support services.



Elmhurst Hospital Woman, Infant and Children Program

78-05 41st Avenue, 1st Floor,
Elmhurst, NY 11373

79-01 Broadway,
Elmhurst, NY 11373

Call: 718-334-4000 or 718-334-3265

Child Birth Classes Available

Call: 718-334-5306

“Morning After Pill” Available

Prenatal Assistance Program Available

Jacobi Medical Center- Women’s Health Center Prenatal Care Assistance Program

1400 Pelham Parkway South,
Bronx, NY 10461

Call: 718-918-5429

Hours: Walk in only for pregnancy test 8am-4pm Monday-Friday. Special teen clinic held Tuesday afternoons. For other services an appointment is needed.

Program provides services for 13+ expecting and parenting young people. Comprehensive prenatal care services for all woman including a special program for pregnant adolescents. Educational program includes 10 different classes just for pregnant teens. Nutritionist, dental care, social workers and financial counselors are available. Confidentiality policy if patients want to come in confidentially. They will be given an ID number to maintain anonymity. Financial counseling and assistance with Medicaid application and other options are available in person does not have health insurance. Lactation specialists available at Ellenwalk@nbhn.net

Northern Manhattan Perinatal Partnership

127 West 127th St.,
New York, NY 10027, 3rd Floor

Call: 212-665-2600 or 212-665-1842

Hours: Monday thru Friday 9am-5pm
Walk-ins welcome

By My Side Birth Support, a program of Healthy Start Brooklyn

718-637-5231

dpho@health.nyc.gov

By My Side Birth Support provides free doula services for women and their partners living in zip codes 11207, 11208, 11212, 11216 and 11233 who are low-income (less than 185% of poverty level/eligible for WIC).

Healthy Women, Healthy Futures

Healthy Women, Healthy Futures is a citywide initiative whose goal is to promote the health of women, children and families throughout the five boroughs.

Brooklyn residents: Contact Brooklyn Perinatal Network, 718-643-8258, x21

Bronx residents: Contact the Bronx Health Link at 718-590-2648

Manhattan residents: Contact Northern Manhattan Perinatal Partnership at 212-665-2600, x353

Queens residents: Contact Queens Comprehensive Perinatal Council at qccpcorg@aol.com

Staten Island residents: Contact Community Health Center of Richmond at 917-830-0636, x7507; or Caribbean Women’s Health Association at 718-826-2942, x203

Ancient Song Doula Services

917-947-8933 or 917-947-8934

Ancient Song Doula Services offers free services to young people ages 12 to 21. All women residing in Brooklyn, Queens, Manhattan, and the Bronx are eligible.

BREASTFEEDING SERVICES

Elmhurst Hospital Center- breastfeeding classes

Contact Breastfeeding Coordinator at 718-3344-5029

Classes are held on Mondays, 9:15am-11:45am, in Auditorium C-6, which is located on the 6th Floor of the Main Building at Elmhurst Hospital Center. Participants will learn about the benefits of breastfeeding and how to recognize and prevent common breastfeeding problems, as well as enhance and prolong your breastfeeding experience. Special situations such as illness and premature birth will also be addressed.

The Alex House Project

The Alex House Project (TAHP) provides support for young mothers as they learn how to nurture and parent their children. Through participation in the program these young mothers and their children receive healthy meals, education, guidance from local leaders, and support from their peers. TAHP also provides fatherhood support groups.

Contact: Executive Director Samora Coles

alexhouseinc@gmail.com

Jacobi Medical Center- Women's Health Center

1400 Pelham Parkway South,
Bronx, NY 10461

Call: 718-918-5429

Special teen clinic held on Tuesday afternoons that provides services for 13+ young mothers. Lactation specialists available Ellen.walk@nbhn.net. For more information see Pregnancy Services section, above.

La Leche League

Call: 800-LALECHE

It's available in all 5 boroughs. The program provides breastfeeding education, support and encouragement to young mothers. Monthly support groups, leaders available for individual assistance, provide training to agent staff, peer counselling and mother-to-mother support groups.

www.llli.org

WOMAN, INFANT AND CHILDREN PROGRAM (WIC)

WIC Hotline 800-522-5006

WIC provides Federal grants to States for supplemental foods, health care referrals and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum woman, and to infants and children up to age five who are found to be at nutritional risk.

For information about WIC visit

www.health.state.ny.us/prevention/nutrition/wic/



SUPPORT SERVICES AND ASSISTANCE

Big Brother, Big Sister, Young Mothers Mentoring Program

40 Rector Street
New York, NY 10006
Call: 212-686-2042

Match female mentors with parenting teens or teenage mothers. Program managers are available to refer participants to critical parenting-related services to address immediate financial, nutrition, childcare, housing, health care, and educational needs. Participants' babies and other family members also receive a range of support services.

Children's Aid Society- The Next Generation

1522 Southern Blvd.,
Bronx, NY 10460

Call: 718-589-4441

Hours: Monday thru Friday 9am-7pm (summer months)
Monday thru Friday 8am-7pm (school months)

The Next Generation Center is a one-stop center designed to meet needs of young people transitioning to adulthood and self-sufficiency. The mission of NGC is to provide support, guidance, training and opportunities to young people, ages 14 to 24 in the Bronx area- with a special focus on youth in foster care and those who have aged out of foster care.

Services: youth leadership and life skills training, technology instruction, job readiness & job development services, educational guidance & tutoring, legal advocacy, housing assistance, creative and visual arts and recreational.

The Door

555 Broome St.,
New York, NY 10013

Call: 212-453-0222

www.door.org/



Hours: Monday and Wednesday 12pm-7:15pm
Tuesday 2pm-7:15pm
Thursday 12pm-6:45pm
Friday 11am-6:45 pm

Walk-ins welcome. No forms or paperwork.

The Door offers young people ages 12-21 comprehensive educational, health, nutritional and counseling programs, as well as legal services for young people in need of civil legal representation.

Harlem Children's Zone: 'The Baby College'

2491 8th Ave/Frederick Douglas Blvd.,
New York, NY 10030

Call: 212-665-9832
www.hcz.org

A holistic system of education, social service, and community building programs aimed at helping the children and families in a 97 block area of Central Harlem. The Baby College offers a free nine-week parenting program for expectant parents and parents with children up to three years old. The program includes free breakfast & lunch, a baby-shower for expecting mothers and on-site child care for program participants. Expectant parents/new parents must live in the Harlem Area (Lexington/8th Avenues btw W116-W145th) to attend the program.

Mount Sinai Adolescent Health Center

312 East 94th Street.
New York, NY 10128

Call: 212-423-3000 to make an appointment

Teen parenting program for mothers and fathers that includes young mother support group. Confidential comprehensive medical, mental health, family planning, and health education services to young people ages 10-22.

TEEN FATHER SERVICES

Forestdale Fathering Initiative

Crown Heights Jewish Community Council
Call: (718) 778-8808

387 Kingston Avenue
Brooklyn, NY 11225

<http://www.chcentral.org>

Family preservation program. Assistance with families in crisis situations, focuses on individual cases and offers one-on-one coaches.

Call: 718-263-0740

Match female mentors with parenting teens or teenage mothers who could benefit from an additional source of support and are open to a



new friendship. For more information, see Support Services and Assistance section, above.

Planned Parenthood Men's Health Services

Male support groups and support workshops.
Walk-ins
Welcome.

Call: 800-669-1056 or 212-465-2044

Locations:

The Bronx Center

349 East 149th Street, 2nd Floor
Bronx, NY 10451
Call: 212-274-7208

Boro Hall Center

44 Court Street, 6th Floor
Brooklyn, NY 11201
Call: 212-274-7208

Margaret Sanger Center

26 Bleecker Street
New York, NY 10012
Call: 212-274-7208

Friends of Island Academy Site: Friends 2 Fathers

Call: (718) 653-5301

391 East 149th Street, Rm. 419
Bronx, NY 10455

<http://www.friendsny.org/>

25 and older, workshops, counseling, support, employment, parenting classes, & anger management.

BROOKLYN

Brooklyn Family Defense Project

Call: (347) 592-2500

177 Livingston Street, 7th Floor
Brooklyn, NY 11201

www.bfdp.org

Legal representation to protect parents' due process rights while promoting access to the

services necessary to build safe and stable families.

Catholic Charities Neighborhood Services, Inc.

Call: (718) 722-6000
191 Joralemon Street
Brooklyn, NY 11201

www.ccbq.org

Counseling, job readiness and parenting classes which focus on engaging fathers in their children's lives; as well as summer employment, a food pantry and anger management and life skills.

Catholic Charities: Healthy Families

Call: (718) 628-1905

1328 Putnam Avenue
Brooklyn, NY 11221

www.ccbq.org

Counseling, job readiness and parenting classes which focus on engaging fathers in their children's lives; as well as summer employment, a food pantry and anger management and life skills.

Neighbors in Action (formerly: Center for Court Innovation Crown Heights Community Mediation Center)

Call: (718) 773-6886

256 Kingston Avenue
Brooklyn, NY 11213

www.crownheights.org

On parole; Drug treatment, transitional employment and vocational services, health care and mental health treatment and other services.

Counseling Services of EDNY

Call: (718) 858-6631

175 Remsen Street, Suite 900
Brooklyn, NY 11201

www.csedny.org

18-25 involved in the criminal justice system; alternative to incarceration, drug counseling, fatherhood classes.



**Enhanced Employment Initiative EAC NYC Task
Call: (718) 237-9404**

175 Remsen Street
Brooklyn, NY 11201

www.eacinc.org

18 + with children. Ex-offenders only who are referred by the DA's office. Employment for offenders, Supportive workshop, Job Placement and referral.

**CUNY – Fatherhood Academy
Kingsborough Community College
Call: (718) 368-6523**

2001 Oriental Blvd.
Brooklyn, NY 11235

Program Director: Dina Limandri
Dina.Limandri@kbcc.cuny.edu

Unemployed or underemployed. High School Equivalency (HSE) 18-26 years old, College Prep Track 18-30 years old, work experience through part-time job/internship, parenthood, health and financial literacy.

MANHATTAN

**The Akira Center, Inc.: Fathers F1rst Program
The Dream Center
Call: (917) 701-2708**

203-205 West 119th Street
New York, NY 10027

akiracenter@yahoo.com
akiracenter.org

The Akira Center's Fathers F1rst program provides ongoing weekly parenting skills workshops, group counseling, individual counseling, referrals and advocacy for fathers. Fathers F1rst connects fathers to resources related to employment, child support, healthy relationships, education and legal services. Program is offered September thru June.

**Center for Court Innovation
Fund for the City of New York
Call: (646) 386-3100**

520 Eighth Avenue, 18th Floor
New York, NY 10018

24 years and older. Individual/family and group counseling, peer or father to father mentoring, mediation/conflict resolution training, parenting classes, family budget and consumer education, visitation arrangements, educational and employment counseling, college preparation, educational workshops, job readiness and employment assistance.

**NYC Administration for Children's Services
CHIPP (Children of Incarceration Parents Program)
Call: (212) 676-9270**

150 William Street
New York, NY 10016

www.nyc.gov

Incarcerated parents and youth; help facilitating parent/child visits, sibling visits, and case conferences.

**CUNY Black Male Initiative:
www.cuny.edu/academics/initiatives/bmi.html**

Underrepresented groups and formerly incarcerated individuals to enroll in colleges, access to college-prep High School Equivalency (HSE) courses, and a survey of workforce development opportunities in New York City's construction industry.

**Legal Information for Families Today (LIFT):
Call: (212) 343-1122**



32 Court Street, Suite 1208
Brooklyn, NY 11201

www.liftonline.org

24 years and older Individual/family and group counseling, anger management workshops, mediation/conflict resolution training, parent/child rearing classes, visitation arrangements, educational, career, and employment counseling, and family budgeting services. No walk-in appointments.

Manhattan Family Court

60 Lafayette Street
New York, NY 10013

Queens Family Court

151-20 Jamaica Avenue
Jamaica, NY 11432

Bronx Family Court

900 Sheridan Avenue
Bronx, NY 10451

Brooklyn Family court

330 Jay Street, 5th floor
Brooklyn, NY 11201

Neighborhood Defender Service of Harlem

Call: (212) 876-5500

317 Lenox Avenue, 10th Floor
New York, NY 10027

www.ndsnny.org

Formerly incarcerated; Individual/family and group counseling, parenting classes, peer counseling, father to father mentoring, mediation/conflict resolution training, family budget and consumer education, visitation arrangements and employment assistance.

The Northern Manhattan Perinatal Partnership, Inc.

Call:(212) 665-2600

127 West 127th Street
New York, NY 10027

Non-custodial parents 24 years and older; Individual and family counseling, parenting classes, employment assistance, male group meetings, and empowerment workshops.

SEEDCO Parent Support Pilot

Call: (212) 473-0255

22 Cortlandt Street, 33rd Floor
New York NY 10011

www.seedco.org

info@seedco.org

media@seedco.org

communications@seedco.org

Employment assistance, workforce development, work & family support services, and case management services.

New York Unlocking Futures

Call: (212) 791-4927

25 West 36th Street, 8th Floor
New York, NY 10018

www.nyunlockingfutures.org

info@nyunlockingfutures.org

Educational workshops, individual & group counseling, peer support, mentoring, job assistance, vocational & educational support, family support services, conflict mediation, High School Equivalency (HSE) tutoring & prep and financial literacy.

Union Settlement Association

Washington Houses Community Center

Call: (212) 828-6000

237 East 104th Street
New York, NY 10029

Young fathers; Individual and family counseling, group counseling, peer counseling, father to father mentoring, parenting skills training,



mediation/conflict resolution training, visitation arrangements and job readiness.

QUEENS

American Family Community Services, Inc.

Call: (718) 639-8370

76-05 Roosevelt Avenue, 2nd Floor
Jackson Heights, NY 11372

www.americanfamilyny.org

Domestic violence workshops, anger management, parenting skills, citizenship workshops.

Center for Court Innovation: QUEST Program

Call: (718) 233-4014

149-18 Jamaica Ave,
Jamaica, NY 11435

www.courtinnovation.org

The Center for Court Innovation offers individual/family and group counseling, peer or father-to-father mentoring, mediation/conflict resolution training, parenting classes, family budget and consumer education, visitation arrangements, educational and employment counseling, college preparation, educational workshops, job readiness and employment assistance.

***CUNY – Fatherhood Academy
LaGuardia Community College***

Call: (718) 730-7337

Program Director: Raheem Brooks

29-10 Thomson Avenue
Long Island City, NY 11101

rbrooks@lagcc.cuny.edu

www.lagcc.cuny.edu

Unemployed or underemployed. High School Equivalency (HSE) 18-26 years old, College Prep 18-30 years old, work experience through part-time job/internship, parenthood, health and financial literacy.

Forestdale, Inc.

Call: (718) 263-0740

67-35 112th Street
Forest Hills, New York 11375

development@forestdaleinc.org

<http://forestdaleinc.org/>

Referred from Family Court, ACS; Parenting workshops, job readiness placement, anger management, domestic violence services, supervised visitation, dad-to-dad mentoring, counseling and crisis intervention.

PARENT SUPPORT, HOME VISITATION, & CASE MANAGEMENT

Child Abuse Prevention Resource Center:

www.prefentchildabuseny.org

Parent to Parent New York

800-405-8818

212-741-5545

<http://www.parenttoparentnys.org>

Offers parents/caregivers the opportunity to connect one-to-one with a parent/caregiver of an individual with the same or similar disability or special health care need- someone who has “been there.”

Parent Help

800-716-3468

*custody/visitation mediation done over the phone

Early Intervention Referral Hotline: 877-885-5439

*Early Intervention (EI) Program provides services to children from birth until they turn 3, who have a developmental delay or disability. It also provides developmental monitoring to “at-risk” children.

BRONX

Mercy Center

Call: (718) 993-2789



BRONX

Mercy Center

Call: (718) 993-2789

377 East 145th Street
Bronx, NY 10454

<http://www.mercycenterbronx.org/>

Offers (Spanish and English) family alternatives to violence, family development program.

***Nurse-Family Partnership
Program Visiting Nurse Service of
New York Call: (718) 536-3789
Fax: (718) 678-8424***

1200 Waters Place
Bronx, NY 10461

<http://www.nursefamilypartnership.org/locations/New-York/Visiting-Nurse-Service-of-New-York>

Free program that provides Nurse home-visiting services to first-time parents. Must enroll during pregnancy no later than 28 weeks. Call to make a referral.

BROOKLYN

Sunset Park Parent-Child Home Program

NYU Lutheran

Call: (718) 630-7186

6025 6th Ave Room 218
Brooklyn, NY 11220

<http://www.lutheranhealthcare.org/Main/SunsetParkParent-childHomeProgram.aspx>

Sunset Park PCHP is one of many nationwide sites bridging the achievement gap for low-income children by increasing language and literacy skills, enhancing social-emotional development, and supporting parent-child relationships

Parenting Classes

Fort Greene S.N.A.P.

Call: (718) 576-3136 or (718) 694-6957

324 Myrtle Avenue
Brooklyn, NY 11205

<http://www.fortgreenesnap.org/>

Community Served: Fort Greene, Clinton Hill, Farragut, Bed-Stuy.

MANHATTAN

Center for Court Innovation

Call: (646) 386-3100

520 Eighth Avenue, 18th Floor
New York, NY 10018

<http://www.courtinnovation.org/project/parent-support-program>

Judges refer eligible non-custodial parents who are involved in child support cases with a range of employment services and other assistance, including job skills development, vocational training, case management, family life skills classes, continuing education and literacy classes, legal advice and representation, transportation assistance, and child care.

Healthy Families Washington Heights

Call: (646) 662-2520

Dominican Women's Development Center (DWDC)
220 Wadsworth Avenue
New York, NY 10033-3823

<http://www.healthyfamiliesnewyork.org/>

Serves the Washington Heights area and offers home-based services to expectant families and new parents, beginning prenatally or shortly after the birth of the child. Participants are screened to identify risk factors and stressors that the family may face. Families who participate in the program are offered long-term in-home services until the child is in school or Head Start.



Northern Manhattan Perinatal Partnership, Inc.
Call: (212) 690-2229

127 West 127th Street
New York, NY 10027

<http://www.sisterlink.com/>

The Northern Manhattan Perinatal Partnership provides non-custodial parents 24 years and older with individual and family counseling, parenting classes, employment assistance, male group meetings, and empowerment workshops.

**Nurse-Family Partnership
Program Harlem Hospital Center
(Team 1) Call: (212) 939-8500
Fax: (212) 939-8259**

15 West 136th Street, 6th Floor (Room
617) New York, NY 10037

<http://www.nursefamilypartnership.org/locations/New-York/Harlem-NFP---Harlem-Hospital-Center>

Free program that provides Nurse home-visiting services to first-time parents. Must enroll during pregnancy no later than 28 weeks. Call to make a referral.

**Nurse-Family Partnership
Program Harlem Hospital Center
(Team 2) Call: (212) 923-2000
Fax: (212) 283-2624**

2690 Fredrick Douglass Blvd. (corner of 143rd
Street) New York, NY 10030

Free program that provides Nurse home-visiting services to first-time parents. Must enroll during pregnancy no later than 28 weeks. Call to make a referral.

QUEENS

**Parents in Action
Call: (347) 624-4830**

3459 Junction Blvd.
Jackson Heights, NY 11372

www.parentsinaction.net

Parenting skills, parenting skills for children with special needs, anger management/conflict resolution, Domestic violence, batterer's intervention, individual and family counseling. We also train Parent Advocates. All services in English and Spanish. Parenting Skills also in Arabic.

**Child Center of New York
Call: (718) 539-2500**

140-15B Sandford Avenue
Flushing, NY 11355

<http://www.childcenterny.org/counseling-indandfamily.htm>

Offers family counselling, and mother infant socialization groups.

**Nurse-Family Partnership Program
NYC Department of Health
Call: (718) 480-2222
Fax: (718) 291-1974**

90-27 Parsons Blvd.
Jamaica Annex Building, 1st Floor
Jamaica, NY 11432

[http://www.nursefamilypartnership.org/locations/New-York/Queens-DOHMH-\(1\)](http://www.nursefamilypartnership.org/locations/New-York/Queens-DOHMH-(1))

Free program that provides Nurse home-visiting services to first-time parents. Must enroll during pregnancy no later than 28 weeks. Call to make a referral.

**Nurse-Family Partnership Program
Public Health Solutions
Call: (347) 571-2792
Fax: (347) 571-2797**

103-24 Roosevelt Avenue 2nd Floor
Corona, NY 11368

<http://www.nursefamilypartnership.org/locations/New-York/Public-Health-Solutions>

Free program that provides Nurse home-visiting services to first-time parents. Must enroll during pregnancy no later than 28 weeks. Call to make a referral.

STATEN ISLAND



Jewish Board of Family and Children's Services

Call: (718) 698-5307

Parent Resource Center
2795 Richmond Avenue
Staten Island, NY 10314

http://www.jbfcs.org/programs.php?id=299#.VsOvj_krKUk

Offers care and support to emotionally disturbed children and adolescents (ages 5-18) that use mental health services heavily and at risk of needing institutional or hospital level of care.

CHILD SUPPORT, MEDIATION, DNA TESTING

The OFFICE OF CHILD SUPPORT ENFORCEMENT (OCSE) provides services to all custodial parents and guardian throughout the five boroughs. Parents who are receiving cash assistance will be referred to a Child Support Borough Office. All others must apply for services in the Family Court in the borough in which they live. For general information or help with your child support case, call (888) 208-4485.

<http://www.nyc.gov/html/hra/html/services/child.shtml>



CHILD SUPPORT, MEDIATION, DNA TESTING

The OFFICE OF CHILD SUPPORT ENFORCEMENT (OCSE) provides services to all custodial parents and guardian throughout the five boroughs. Parents who are receiving cash assistance will be referred to a Child Support Borough Office. All others must apply for services in the Family Court in the borough in which they live. For general information or help with your child support case, call (888) 208-4485.

<http://www.nyc.gov/html/hra/html/services/child.shtml>

Family Court Support Services

Manhattan Family Court

60 Lafayette Street, 1st Floor
New York, NY 10013 (212) 385-8218 or 8219

Bronx Family Court

900 Sheridan Avenue, LL Floor
Bronx, NY 10451
(718) 590-3924 or 3432

Brooklyn Family Court

330 Jay Street, 12th Floor
Brooklyn, NY 11201 (718) 246-7962 or 7968

Queens Family Court

151-20 Jamaica Avenue, 4th Floor
Jamaica, NY 11432
(718) 725-3148 or 3149

Staten Island Family Court

100 Richmond Terrace, Basement
Staten Island, NY 10301 (718)
720-2906

Child Support Customer Assistance- By Phone

New York City Office of Child Support Enforcement (OCSE) Outreach and Paternity Services

(929) 221-5008

Information about paternity, DNA testing, and community outreach events

Child Support Customer Assistance- In Person

New York City OCSE Customer Service Walk-in Center

151 West Broadway, 4th Floor
between Worth and Thomas Streets
New York, NY 10013

Monday–Friday, 8:00 am–7:00 pm

Monday is the busiest day

For a shorter wait time, visit OCSE Customer Services from Tuesday–Friday between 11 am and 6:30 pm

Travel Directions: The OCSE Customer Service Walk-in Center is located at 151 West Broadway, two blocks west of Broadway and three blocks north of Chambers Street. Take the 1, 2, 3, A, C, J, or Z train to Chambers Street; the 4, 5, or 6 train to the Brooklyn Bridge/City Hall Station; or the E train to Canal Street.

Child Support Customer Assistance- Via Internet

New York State Division of Child Support Enforcement

www.childsupport.ny.gov

View account information with your social security number and the PIN for your account

OCSE/New York City Office of Child Support Enforcement

www.nyc.gov/hra/ocse

MEDIATION ASSISTANCE



New York State Child Support Helpline

Monday–Friday, 8:30 am–5:00 pm
(888) 208-4485
(866) 875-9975 TTY (Hearing Impaired)
Speak to a child support representative

Automated account information

24 hours/7 days
(800) 846-0773
Have your social security number and the PIN for your account ready

Mediation can benefit you in several ways:

- Mediation can be a no-cost or low-cost way for you and the other parent to discuss and resolve your problems about visitation and/or custody without going to Family Court
- Mediation professionals do not take sides. They guide the conversation to find the best solution for parents and children
- You will have a chance to express your concerns in a private and confidential environment
- You may find new ways to think about your situation
- You will have a say in any decision that is made about your family
- Most importantly, children perform better in school and have fewer behavior problems when they have both parents in their lives to support them both financially and emotionally

The following organizations mediate various disputes, including visitation and custody:

Parent Help

Phone Number: (800) 716-3468
Hours: Visitation/custody mediation done over phone, not in person
Fees: Free

Brooklyn

New York Peace Institute

Address: 210 Joralemon Street, Room 618
Brooklyn, NY 11201
Phone Number: (718) 834-6671
Contact: Caitlin Strawder ext. 227
Hours: Monday – Wednesday 12pm – 8pm; Thursday – Friday 9am – 5pm

Website: <http://nypeace.org/mediation-services/>
Fees: Free for visitation/custody. Divorce mediation offered on a sliding-scale fee schedule

Manhattan:

The Center for Mediation and Training

Address: 111 West 90th Street
New York, NY 10024
Phone Number: (212) 799-4302
Contact: TBD
Hours: Monday - Friday 8am – 8pm; Saturday 8am – 5pm
Website: <http://divorcemediation.com/>
Fees: Free mediation is offered Tues. and Wed. from 5:30pm-8:00pm. First 8 hours are free. Afterwards, the fee is \$100/hour

Harlem Community Justice Center

Address: 170 East 121st Street
New York, NY 10035
Phone Number: (212) 360-8753
Contact: Chris Waltner
cwaltner@nycourts.gov
Hours: Monday – Friday 9am – 4pm; every other Thursday 9am – 7pm
Website: www.courtinnovation.org/parent-pledge-project

Fees: TBD

New York Peace Institute

Address: 111 John Street, Suite 600
New York, NY 10038
Phone Number: (212) 577-1740
Contact: TBD
Hours: Monday 12pm – 8pm; Tuesday – Friday 9am – 5pm
Website: <http://nypeace.org/mediation-services/>
Fees: Free

Queens



Community Mediation Services – Parent Pledge

Address: 89-64 163rd Street
Jamaica, NY 11432

Phone: (718) 523-6868

Contact: Tanika Grey

Hours: Monday - Friday 9:00am – 5:00pm, Wednesday 5:00pm – 8:00p
m

Website: <http://mediatenyc.org/programs/mediation-services/>

Fees: Visitation/custody and divorce mediation offered on a sliding- scale fee schedule.

DNA TESTING

DNA testing is the most accurate way to determine the father of a child. If you need more information or to schedule an appointment for DNA testing, you may contact the NYC HRA Office of Child Support Enforcement (OCSE)

Phone Number: (929) 221-5008
Fees: \$40 per person

- You will be referred to a state-certified laboratory. A swab is used to take DNA samples from inside the cheeks of the baby and both parents; the test is quick and painless.
- You do not have to go to the lab the same day as the other parent; if you are under 18, the laboratory may require you to have one of your parents accompany you.
- Results will be sent to you by mail approximately 2 weeks after the lab receives all of the samples.

MENTORING PROGRAMS

Big Brother, Big Sister, Young Mothers Mentoring Program

40 Rector Street
New York, NY 10006

Call: 212-686-2042

Match female mentors with parenting teens or teenage mothers who could benefit from an additional

source of support and are open to a new friendship. For more information, see Support Services and Assistance section, above.

MENTAL HEALTH SERVICES

The Door

555 Broome St.,
New York, NY 10013

Call: 212-453-0222

Hours: Monday and Wednesday 12pm-7:15pm
Tuesday 2pm-7:15pm
Thursday 12pm-6:45pm
Friday 11am-6:45 pm

Walk-ins welcome. No forms or paperwork.

The Door offers young people ages 12-21 comprehensive educational, health, nutritional and counseling programs, as well as legal services for young people in need of civil legal representation.

Full Circle Health, PLLC

1136 Neal Ave
Bronx, NY 10460

Call: 718-518-7600 or 800-518-FULL
Or email fullcirclehealth@aol.com

Hours: Monday thru Friday 10am-6pm

Full Circle’s multidisciplinary team of compassionate mental health caregivers treat the whole person by offering culturally competent, trauma-focused, spiritually sensitive psychiatric and psychological evaluations, parenting skills, anger management, medication management, as well as individual, group, couple and family therapy services. Appointments can be given within 7 days or less.

Visit www.fullcirclehealth.org (Bilingual services including Spanish and Haitian Creole are available).



NYC Well

Confidential, toll-free helpline for New York City residents, NYC Well operates 24/7. The hotline's staff of trained mental health professionals helps callers find the most appropriate mental health and substance abuse services for their needs.

Call: 1-800-NYCWELL (English)
877-AYUDESE (877-298-3373) (Spanish)
877-990-8585 (Asian)
212-982-5284 (TTY)

NYC Well is multilingual and multicultural. NYC Well assists people who are experiencing a crisis. NYC Well has authorized linkages with 23 mobile crisis teams and Emergency Medical Services (EMS). This unique, life-saving authority allows NYC Well to provide a prompt response to callers in urgent need of psychiatric assistance.

Mount Sinai Adolescent Health Center

312 East 94th
Street. New York,
NY 10128

Call: 212-423-3000

Comprehensive medical and mental health care are available. For more information, see Adolescent Reproductive Health Service Centers section, above.

CHILD CARE SERVICES

ACS Division of Child Care and Head Start

66 John Street
New York, NY 10038

Call: 917-228-7076 Info/Apt line
For Family Support and Client Services:
Call: 212-361-6220

Department of Education LYFE Program

Call: 212-609-8520

Website: lyfenyc.org

The Living for the Young Family through Education (LYFE) program supports pregnant and parenting students enrolled in a NYC Department of Education school by providing free childcare and student support and advocacy services. Each LYFE site has an early childhood classroom for student parents' young children and is linked to a social services and health referral network developed by the on-site LYFE Social Worker. Union Settlement Daycare Centers (Manhattan)

- Franklin Plaza Early Childhood Center 2081 Second Ave. 107 Street NY,NY 10029 call:212-828-6415
- Leggett Memorial Early Childhood Center 237 East 104 Street NY,NY 10029 call:212-828-6051
- Metro North Early Childhood Center 304 East 102nd Street NY,NY 10029 call:212-828-6415
- Pequenos Souls Early Childhood Center 114-34 East 122nd Main Floor Ny,NY 10029 call: 646-672-5042
- Union Carver Early Childhood Center 1565 Madison Avenue 106th Street NY,NY 10029 call:212-828-6078
- Union Johnson Early Childhood Center 1829 Lexington Abe. 113th Street NY,NY 10029 call:212-828-6074
- Union Washington Early Childhood Center 1893 Second Ave. 97th Street NY,NY 10029 call: 212-828-6089

HOUSING SUPPORT SERVICES

ACS Housing Support and Services

150 Williams Street, 8th Floor
New York, NY 10038

Call: 212-341-2832

Families with active foster care or preventive cases- including APLA youth- along with their Case Planners and Children's Service Case Managers can now meet face-to-face with HSS specialists on a walk-in basis during business hours Monday thru Friday. The HSS specialists provide counseling, make referrals, and assist with the completion of related forms.

Covenant House



460 West 41st Street
 New York, NY
Call: 212-613-0300

Provides 30-day emergency shelter for young people less than 20 years of age. Provides counseling and case- management, will help find permanent placement. Has permanent facility called 'Rites of Passage'. Food provided. Walk-ins accepted.

Good Council/Paraclete Foundation's Harrison House

Located at Mt. Vernon
Call: 914-925-9834

Offers housing for pregnant woman over 18 who are mentally ill or abusing substances. Mothers attend day treatment programs at the hospital as well as offsite programs and help in provided to get WIC, food stamps, and PA. Need to have a recent psychological and Axis I, Axis II, or substance abuse diagnosis.

Momma's House

1857 Wantagh Ave
 Wantagh, NY 11793

Call: 516-781-8637

Maternity group home for women ages 18-24 that are pregnant or parenting. Help with finding jobs and applying for PA. Have to pay for room and general food with wages or PA. Need based wait list.

NYC Department of Homeless Services (DHS)

The mission of the Department of Homeless Services (DHS) is to prevent homelessness when possible and to provide short-term, emergency shelter for individuals and families who have no other housing options available.

**Applying for Temporary Housing Assistance
 What constitutes a family with children?**

DHS considers families with children to be the following households:

- Families with children younger than 21 years of age
- Pregnant women

- Families with a pregnant woman

Where do families with children over 21 apply for shelter?

Adult Family Intake Center (AFIC)

Address: 400-430 East 30th Street
 New York, NY 10016

Phone Number: (212) 481-4707 or 4720

Hours: AFIC is open 24 hours per day, including weekends and holidays

Travel Directions: Take the 6 train to 28th Street. Walk East to First Avenue and turn left, heading North to 30th Street or take the M15 bus to 29th Street

Note: All single adult males must apply at the 30th Street Intake Center, open 24 hours per day, including weekends and holidays

Documentation: Any form of ID with a picture and proof of age, such as a welfare ID card, green card, driver's license, passport/visa, or picture employment card

- Birth certificate,
- Social security card
- Medicaid card
- Identity card in the public assistance system
- If working, your most recent pay stub

NYC Homeless Youth

(800) 246-4646

Jericho Project 245 West 29th Street Suite 902 NY,NY 10001 call: 646-624-2341 email:info@jerichoproject.org Provides housing, employment, physical and mental healthcare New buildings are currently in construction and is expected to be complete by 2017.

Edwin Gould 55 East 110th Street NY,NY 212-828-2173 ext.104

Tenant Profile:

Young adults (ages 18 to 26 years old at time of entry) who have aged out of foster care and who have no permanent housing options, and who are unable to secure permanent and stable housing without special assistance



**Institute for Community Living:
Tillary Street Women's Shelter**
(888) 425-0501
ICLaccess@ICLinc.org

**Institute for Community Living:
Borden Avenue Veterans Residence (BAVR)**
125 Broad Street
New York, NY 10004
(888) 425-0501
ICLaccess@ICLinc.org

NYPD Special Victims Line
(212) 267-7273

DHS HOTLINE
(800) 994-6494

Emergency Crisis Shelters
Supportive Housing Services licensed by NSY Office or
Mental Health
Center for Urban Community Services
(212) 801-3333
www.cucs.org

ACS Housing Support and Services
150 William Street, 8th Floor
New York, NY 10038
(212) 341-2832

Services:

- Housing Subsidy and Special Grants
- NYCHA Section 8
- NYCHA Public Housing
- New York/New York, III
Affordable, supportive housing program with a social services component, for nine distinct populations:
 - Youth at risk of homelessness (ages 18-25)
 - Youth with serious mental illness (ages 18-25)
 - Chronically homeless adults with serious mental illness
 - Adults currently living in psychiatric centers
 - Chronically homeless adults with substance abuse disorders
 - Homeless adults who have completed SA

treatment

- Chronically homeless adults with HIV/AIDS
- Chronically homeless families with head of household suffering from severe mental illness
- Chronically homeless families with head of household suffering from substance abuse disorder, disability, or HIV/AIDS

HOME BASE PROGRAMS

BronxWorks

1130 Grand Concourse
(718) 508-3100 EXT 3126
**Serves CDs 1 and 4*

Services:

- Family mediation
- Landlord mediation
- Household budgeting skills
- Legal services
- Short-term financial assistance
- Mental health and substance abuse services
- Household repairs
- Entitlements
- Child Care
- Education
- Employment

Catholic Charities 1

2155 Blackrock Avenue
Bronx, NY 10472
(718) 414-1050

Catholic Charities 2

4377 Bronx Boulevard
Bronx NY, 10472
(347) 947-3920

HELP 1

775 Crotona Park North
Monday, Wednesday, Friday 8:30am-5pm; Tuesday,
Thursday 8:30am-7pm
(718) 299-8473
**Serves CD 6*

HELP 2

1780 Grand Concourse
Bronx, NY10457
(347) 226-4540

Services available (for both HELP locations):



- Client Case Management
- Mediation (in partnership with Bronx Mediation Services)
- Legal Assistance (in partnership with Legal Services of New York Bronx)
- Assistance in Securing Benefits
- Employment Services
- Housing Placement Assistance
- Household Budgeting Education
- Daycare
- Mental Health Services
- Substance Abuse Services
- Adult Education
- Short-Term Financial Assistance

IMMIGRATION

Human Trafficking Hotline

Call: (718) 250-2770

NYC Immigration Coalition:

Call: (212) 627-2227

137-139 West 125th Street, 12th Floor

New York, NY, 1001-

7277

<http://www.thenyc.org>

Bronx

USCIS Application Support

Center Call: (800) 767-1833

www.uscis.org

Legal Services NYC

Call: (718) 928-3700

349 East 149th Street, 10th Floor

Bronx, New York 10451

Bronx Defenders

Call: (718) 838-7878

360 East 161st Street Bronx, NY 10451

bronxdefenders.org

Emerald Isle Immigration Center Bronx Office

Call: (718) 324-3039

4275 Katonah Avenue

Woodlawn, NY 10470

Description of Services: ESL, employment assistance, education, social services, immigration procedures and documents, citizenship program

Youth Ministries for Peace & Justice

Call: (718) 328-5622

1384 Stratford Avenue

Bronx, NY 10472

Sanctuary for Families

Call: (718) 508-1251

198 East 161st Street - 2nd Floor

Bronx, NY 10451

Description of Services: Provides immigrant victims of domestic and gender-based violence with legal services. Help with applications for: Asylum, Special immigrant juvenile status (for abused immigrant youth in the foster care system), U nonimmigrant status (for immigrant crime victims who cooperate in the prosecution of certain gender-motivated crimes), and T nonimmigrant status (for trafficking victims).

Hostos Community College Immigration Center

Call: (718) 518-4395

427 Walton Avenue, T-501

Bronx, NY 10451

Hours: Monday – Friday 9:30am-4:30pm

BronxWorks

Call: (718) 731-3114

2070 Grand Concourse

Bronx, NY 10457

Services offered:

- Help with filing and processing Immigrant Visa Applications
- Assistance with renewing Employment Authorization Cards, Green Cards, and Temporary Protected Status
- Assistance with filing Naturalization and Citizenship applications
- Assistance with processing Deferred Action for Childhood Arrivals (DACA) applications
- Legal representation before U.S. Citizenship and Immigration Services and the Immigration Court
- English for Speakers of Other Languages (ESOL) classes
- Civics classes
- Counseling on resources for housing, financial, and health needs



Tolentine-Zeiser / Street Rita's Center for Immigrant and Refugee Services

Call: (718) 365-4390

2342 Andrews Avenue
Bronx, NY 10468

Description of Services: Street Rita's offers Southeast Asian and other refugees social services; employment counseling and placement; translation and escort services; English classes (ESL) for adults; childcare (for mothers studying English); citizenship classes; support groups for Cambodian, Vietnamese, and Russian women; an afterschool program for children 7-14 years old; and crime prevention and victimization services.

Mercy Center

Call: (718) 993-2789

377 East 145th Street
Bronx, NY 10454

Description of Services: Assistance is offered in immigration matters and documentation issues, and special events offer information and advocacy around issues of immigrants' rights, access to health care, workplace concerns, etc. Mercy Center also partners with the Immigrant Protection Unit of the New York Legal Assistance Group (NYLAG) to provide legal representation to our participants in immigration proceedings. Citizenship Classes are offered to those who have already submitted their applications.

Brooklyn

Make the Road New York

Call: (718) 418-7690

301 Grove Street

The Door - A Center of Alternatives

Call: (212) 941-9090

555 Broom Street
New York, NY 10013

*counselling, High School Equivalency (HSE), health services

The Legal Aid Society

Call: (212) 577-3300

199 Water Street, 3rd Floor
New York, NY 10038

Brooklyn, New York 11237

<http://www.maketheroad.org/>

Catholic Migration Services

Call: (718) 236-3000

191 Joralemon Street Brooklyn, NY 11201

<http://catholicmigration.org/contact-us/>

CUNY Citizenship Now!

Call: (718) 270-6292

Medgar Evers College

Immigration Center

1150 Carroll Street, Room 226

Brooklyn, NY 11225

Languages spoken: English only

Hours: Monday – Friday 9am-5:00pm (closed for lunch from 1:15pm-1:45pm)

Manhattan

Youth Immigrant Services*case management, counseling and emergency assistance

Staten Island

CUNY Citizenship Now!

Call: (718) 982-2100

College of Staten Island, El Centro and Project Hospitality

Immigration Center at the Help Center

2800 Victory Boulevard

Staten Island, NY 10314

Services only on MONDAYS

<http://www.cuny.edu/about/resources/citizenship.html>

Staten Island Legal Services

Call: (718) 233-6480

36 Richmond Terrace, Suite 205

Staten Island, New York 10301

<http://www.statenislandlegalservices.org/contact-us.html>

Urban Justice Center

Call: (646) 602-5635

40 Rector Street

New York, NY 10006

Jewish Childcare Association, Gateways

Call: (917) 808-4800

858 East 29th Street

Brooklyn, NY 11210

jcca@jccany.org



* Residential program, counseling and case management

Metropolitan Council on Jewish Poverty

Call: (212) 453-9500
120 Broadway, 7th Floor
New York, NY 10271

Make the Road New York

Call: (718) 727-1222
161 Port Richmond
Avenue Staten Island,
New York 10302
<http://www.maketheroad.org/>

LEGAL INFORMATION AND SERVICES

Advocates for Children

Call: 212-947-9779

Provides legal advice and representation for special education and suspension/expulsion.
<http://www.advocatesforchildren.org>

Bronx Defenders Family Defense Project

Call: 718-383-7878

Provides legal representation and preventive advocacy to parents facing neglect and abuse allegations in Bronx Family Court.

Center for Family Representation

Call: 212-691-0950

Provides legal representation and preventive advocacy to parents facing neglect and abuse allegations in Manhattan Family Court.

<http://www.cfrny.org/contact.asp>



Day One

Call: 800-214-4150

Provides legal representation and counseling for young woman experiencing domestic violence and/or dating violence. The Community Education Program offers interactive law-based workshops that educate youth in public school classes, after-school programs and foster care group homes; trains social service providers, teachers and parents on domestic violence and the law. The Legal Services Program provides free and confidential information, advocacy and representation in family and criminal courts to youth ages 12 to 22. The peer Leadership Program organizes students and builds leadership skills among college-aged youth. Student educate their peers, design educate systems, develop materials, and perform outreach and advocacy.

<http://www.dayoneny.org/>

The Door's Legal Services Center

555 Broome St.,
New York, NY 10013

Call: 212-453-0222

Legal advice and representation for immigration, housing, public benefits and foster care issues.

<http://www.door.org/programs.legal.html>

Lawyers for Children

Call: 800-244-2540

Provides legal representation for children and youth in foster care.

<http://www.lawyersforchildren.org>

Neighborhood Defender Services of Harlem

371 Lenox Avenue 10th floor
New York, NY 10027
212-876-5500

Contact: Stacey Charland

Scharland@ndsny.org

The Legal Aid Society

Call: 212-577-3300

Legal Aid's Juvenile Rights Practice provides legal representation for children and youth in child protection, termination or parental rights, Persons in Need of Supervision (PINS) of delinquency cases. The Civil Practice offers legal assistance for issues relating to housing, health care, public benefits, domestic violence, family law, immigration, employment, and consumer law issues. The Criminal Practice represents defendants in criminal matters. Offices located in all 5 boroughs.

<http://www.legal-aid.org/en/findus/lacations.aspx>

Legal Services NYC

Call: 212-431-7200

Provides Legal assistance for issues related to family, housing, benefits, consumer rights, education, senior citizens, domestic violence, predatory lending practices, immigrants and people with HIV.

<http://www.legalservicesnyc.org/index.php>

Legal Services NYC- Bronx Family Law Unit

Call: 718-928-3700

Provides legal representation and prevention advocacy to parents who live in the Bronx and are facing neglect and abuse allegations in Family Court.

Legal Services NYC- Brooklyn Family Defense Project

Call: 347-592-2500

Provides legal representation and prevention advocacy to parents facing neglect and abuse allegations in Brooklyn Family Court.

Legal Services NYC- Queens Family Law Unit

Call: 718-657-8611

Provides legal representation and prevention advocacy for parents who live in Queens and are facing neglect and abuse allegations in Family Court.

New York Legal Assistance Group

Call: 212-613-5000

Provides legal advice on public assistance, Family law and immigration issues.

<http://www.nylag.org>



LIFT

Call information hotline: 212-343-1122

32 Court Street
Brooklyn, NY 11201

Provides multilingual Legal Resource Guides that give step-by-step information on the law and how the Courts work. Call the Telephone Hotline or send a question to the email Hotline. Operates Education & Information Sites located in the Bronx, Brooklyn, Manhattan, and Queens Family Courthouses. Family Legal Center supports unrepresented Family Court litigants.
www.liftonline.org

Sanctuary for Families

Call: 212-349-6009

Provides legal advice, representation and counseling for woman and children experiencing domestic violence and victims of sex trafficking
<http://www.sanctuaryforfamilies.org/>

Urban Justice Center

Call: 646-602-5600

Legal clinic for public assistance, food stamps and benefits issues (Tuesdays 9:30am to 11:30am at 795 Lexington Ave.)

Domestic violence project,
Lesbian/Gay/Bisexual/Transgender (LGBT) youth project (Peter Cicchino Youth Project).

<http://www.urbanjustice.org/>

For more legal referrals, see the website:

<http://www.LawHelp.org/NY>

EDUCATION RESOURCES

Advocates for Children

Call: 866-427-6033

Hours: Monday thru Thursday 10am-4pm

Provides advance and representation to NYC families to secure quality and equal public education services.

<http://www.advocatesforchildren.org>

The Legal Aid Society, Education Advocacy Project

Call: Cara Chambers 212-577-3342

EAP provides special education advocacy and advice for children birth to 21 who are represented by The Legal Aid Society

Inside Schools

Independent reviews of all NYC public schools; information for parents, including frequently asked questions and school open house dates; bulletin boards and parent/student comments for members

<http://www.insideschools.org>

NYC Department of Education (DOE)

<http://schools.nyc.gov>

LYFE Program

The Living for the Young Family through Education (LYFE) program supports pregnant and parenting students enrolled in a NYC Department of Education school by providing childcare and referral services. Each LYFE site has an early childhood classroom for students' young children and is linked to a social services and health referral network developed by the on-site LYFE Social Worker.

- Children can enroll in LYFE as young as 8 weeks old and can remain in the LYFE until the end of the school year in which they turn 3- years- old.
- Any NYCDOE student can access services and/or enroll their child in any LYFE site, space

- permitting. You do not need to attend the high school where the LYFE site is located to access the services.
- LYFE is free for students enrolled in a NYC Department of Education school or program. Students must be enrolled in school to be eligible for services.
- Staff at the LYFE sites, the LYFE central office, or at the Referral Center for High School Alternatives are available to assist with enrollment in LYFE as needed.

[Click Here](#) for the LYFE program website, or contact the **LYFE Central Office** at **212-609-8520** for inquiries.

[Click Here](#) for the LYFE program site locations, map, and directory.

NYC DOE Vocational Programs

School of Cooperative Technical Education (Co-Op Tech)

Principal – Corey Prober

321 East 96th Street
New York, NY 10128

Phone: 212-369-8800

The School of Cooperative Technical Education (Co-Op Tech) is a half-day vocational program that offers students hands on training in a variety of in demand and cutting edge trade areas. Coop Tech students are enrolled as either shared instruction students who also attend over 130 traditional high schools and Pathways to Graduation programs or as post-graduates who have already obtained a diploma. For enrollment information, please visit the website: www.Co-opTech.org or call the number listed above for more information.

NYC DOE Alternative High School Programs

The Grace Institute for Women:

40 Rector Street 14th Floor NY, NY 10006

This is a job training program for women only. It is five month training for administrative skills as well as Health Care. Their goal is to assist students with getting and maintaining living wage jobs.

18yrs-25yrs are offered a paid internship as part of the program. Must have GED and take a test. When accepted classes will be Mon-Fri 9am-4pm Dress Code: Business Attire

Call: 212-832-7605

www.graceinstitute.org

The Harlem Center for Education :

1 East 104 Street Madison Avenue NY, NY 10029

They offer free GED courses for 16yrs of age and older. Every Friday morning they are available at 10 AM for placement tests. When registered, classes are usually Mon-Thurs. 10-1pm.



You can reach Martha at 646-524-5563 ext.4
msotelo@harlemctred.org

The New York Urban League:

204 West 136st NY, NY 10030

This organization offers free computer classes, scholarships and free job training for customer service, retail and etc. No requirement needed. Training classes usually takes place in the Bronx and is a 6 week commitment.

Call: 212-926-8000

www.nyul.org

Stanley Isaac's Center Youth Employment and Education

Services Program (Y.E.S.)

415 East 93rd Street NY, NY 10128 call: 212-360-7620

email: info@isaacscenter.org

They offer free GED courses and have internship opportunities

NYC Children's Services

Children's Services Education Unit

Call: 212-442-3030

Consultations available to any ACS staff member, partner agency staff, parents, or other caregiver citywide.

Educational Resource website:

<http://www.nyc.gov/html/acs/education/>

Resources for Children with Special Needs

Call: 212-677-4650

Provides information, referrals, and representation for children with special needs residing in NYC
<http://www.resourcesnyc.org/rhome3.php>

Zip Codes: 11203, 11206, 11207, 11212, 11213, 11216, 11221, 11225

Participants: families with young children under 2 years of age

Bushwick Bright Start

Call: 718-416-1442

For pregnant woman and families with infants under 3 months in Zip Codes: 11237

CAMBA CHWP

Call: 718-826-2223 ext. 249

Available to all pregnant women in Zip Codes: 11226 & 11203

CAMBA Healthy Families

Call: 718-826-2223 ext. 228

For pregnant woman and families with infants under 3 months in Zip Codes: 11226, CDs 9, 14 & 17 (parts of 11210, 11230, 11203, & 11225)

Community Health Worker Programs

Bronx

Call: 718-542-5555

Morris Heights Health Care- Available to all pregnant women in Zip Codes 10452/3/6

Call: 718-542-5555

Urban Health Plan- Available to all pregnant women in Zip Codes 10459/60/72/74

Manhattan

Harlem Hospital,

Call: 212-939-8294

Northern Manhattan Perinatal Partnership,



Call: 212-289-8800

Diaspora Comprehensive Adolescent Pregnancy Prevention Program

Call: 718-399-0200, ext. 243

182 4th Ave, Park Slope Brooklyn (Borough wide)
Pregnancy prevention, sexual and reproductive health education and information.

Healthy Families, Brookdale Hospital, Brooklyn

Call: 718-240-8342

Serving pregnant women and families including youth in foster care with infants under 3 months in Zip Codes: 11203, 11207, 11208, 11212, 11213, 11236

Healthy Families of NYC

Bronx

Call: 718-716-4400 or 718-466-7758

Serving pregnant women and families including youth in foster care with infants under 3 months in age.

Brooklyn

Call: 718-826-2223

Serving pregnant women and families including youth in foster care with infants over 3 months in Zip Codes 11216, 11225, 11208, 11210, 11218

Call: 718-826-2223

Serving pregnant women and families including youth in foster care with infants under 3 months in Zip Codes 11226, 11233, 11203

Staten Island Healthy Families of New York

Call: 718-874-4455 or 718-303-8965

110 Thompkins Ave
Staten Island, NY 10304

Nurse-Family Partnership Dept of Health/ACS NFP-TCI Program

Call: 646-672-2865

A 2yr program for 1st time expecting mothers in foster care (pregnant less ten 28 weeks).

Successful Start

Call: 718 636-4500

For pregnant women and families with infants under 3 months in Zip Codes CD 3, and 11216, 11233

Visiting Nurse Service of New York

Early Intervention Program- Call: 212-609-6234

General Number- Call: 888-VNS-1-CALL

Early Head Start and Early Steps Family Center in Rockaway, Queens- Call: 718-318-8040

PARENTING EDUCATION PROGRAMS

Below is a list of parent education programs/curricula that have been reviewed by the Parent Education Steering Committee and found to be either evidence-based or promising practices.

1-2-3 Magic

A parent discipline strategy is taught to parents using a book and DVD which may be presented to parents individually or in groups. The program is designed to help parents remove secondary reinforcers from their discipline methods that have the effect that annoying otherwise unsettling to the parent(s). Described as "Stop" behaviors, the program advises parents to use short, three step counts to interrupt behaviors and then use of Time Outs and similar restrictions to encourage behavioral change. Motivational strategies are discussed to encourage "start" behaviors, which are behaviors parents do not see their children engaged in enough. Appropriate for toddlers and children up to teen years. The program is not designed to provide instruction in any other areas of parenting so it has limited in any other areas of parenting so it has limited applicability and should not be used as a stand-alone program if there are other parental needs. Program is available in English and Spanish. Costs are only for materials.

Parenting Toddlers to Teens Book and DAD- &14.88; Managing Difficult Behavior-\$39.95. Contact www.123magic.com

Children's Aid Society Families for Reunification Parenting Skills Program

This program aims to teach parents the skill they need to parent children while they are in and out of home

care in services in reunification or other appropriate permanency plan. More than teaching discreet parenting skills, this program teaches: critical thinking; self-advocacy and parents' rights; knowledge of attachment and loss; strategies or successful visiting; building relationships with foster parents; child development and child management skills; safety; and parent self-care. The curriculum is run as a process driven group and requires a skilled group worker. Although this curriculum is not evidence based, it has been included because it is one of the few specifically aimed at children in and out of home placement. Cost is free.

Contact www.childrensaidsociety.org/fostercare

EPIC: Every Person Influences a Child

Conducted in a group setting, the basic EPIC curriculum focuses on preparing parents for positive parenting with respect to the family's functioning and the children's educational needs. Its core parenting program, Pathways to Parenting, develops parenting skills, parent advocacy around educational issues, and parent leadership. The curriculum focuses on social, emotional, and literacy development while allowing the parent to explore him/herself not only as a parent but as a person. This basic program appears to be most useful for parents of school aged children. One of the EPIC's specialty programs is the **At Risk Parenting Program**. This program is described in the website as "workshops

for parents with challenges." These challenges include, but are not limited to, parents who have lost or at risk of losing their children through the child protection system. These parents can be involved with substance use/ abuse, emotional health issues, domestic violence, criminal background, etc. They face or experience personal situations which compromise their ability to provide parental guidance that protects the basic needs of their children. The goal for this population is to keep them moving towards achieving their personal goals as individuals and as parents. Parental isolation, poor parenting roles models, lack of parent/child bonding are a few of the factors EPIC addresses through parenting education groups. Costs range for different programs from \$15 to \$25.

Contact www.epicforchildren.org

Incredible Years

This is a prevention/intervention program for parents and teachers of children 3-12 years old. Videotapes and facilitated discussions are delivered in a group format. The parent programs are grouped according to the child's age. The curriculum includes 12-14 sessions, two hours each. This program focuses on strengthening parent competencies. This program uses developmental theory that stresses multiple interactive risk and protective factors. Positive discipline approach is taught. The goal is to promote children's academic, social, and emotional competencies as well as reduce conduct problems in schools and at home. This program is usually used in prevention settings. Preference is for parent to partner with a facilitator. The program is available in Spanish.

Contact www.incredibleyears.com. Costs vary dependent on size of group and how much material is needed.

Nurturing Parents

This program is delivered through DVD and a series of workbooks that are designed for use by participant parents and children. The program includes 80 sessions for parents covering 18 different competency areas. The parallel program for children includes 85 lessons. The sessions can be combined in different ways depending on the needs of a particular family. The lessons are competency based and designed to help adults acquire



knowledge and skills to improve overall parenting and prevent child abuse and neglect. Best used in preventive settings, the program is designed as an individual intervention but can be adapted for groups. It is strength based and the documents are clear and accessible. The focus is on young children as opposed to adolescents. Program is available in Spanish. **Contact** www.nurturingparenting.com/ Cost for the implementation manual is \$30. The cost for each parent handbook is \$15.

Parent-Child Interactive Therapy (PCIT)

Kurtz Psychology Consulting
Parent training program for children (2-7 years old) with deregulated behaviors. Time frame: 14-20 sessions weekly hour long sessions.
212-658-0110 ext. 122
Referrals go through MES

Chances for Children-NY:

Parent-child video therapy
Uses video recording of parents and their child(ren) playing and therapist provides feedback.
212-799-3536 or 917-441-0119
www.chancesforchildren-ny.org

SUPPORTIVE HOUSING SERVICES IN NYC FOR YOUNG PARENTS

NY/NY III Supportive Housing

Youth formerly in foster care are eligible for NY/NY III agreement housing if they are at risk for homelessness and will be between the ages of 18 and 25 and at risk of homelessness when leaving foster care or if they were in foster care for more than one year after their 16th birthday. NY/NY III supportive housing may not be appropriate for young parents who have primary custody of their children. To apply, workers must fill out a 2010E application. Application for older youth are conducted at the ACS 150 William Street office. For more eligibility and other information, contact ACS at (212) 676-6779

Other Supportive Housing Programs

The Door: East 9th Street

Manhattan
(212) 941-9090

The Door's East 9th Street location has 44 units, which includes supportive housing specifically for parents with young children. Rent is made affordable to residents and is based on income. In addition, each resident receives support and services from The Door, which can include job training, GED classes, health care, counseling, legal support, and childcare support.

Good Shepherd Services: Edwin Gould Academy

55 East 110th St.
Manhattan
212-828-2173

Edwin Gould Academy is a 51-unit residence in East Harlem that houses single young adults and single young parents between the ages of 18 to 26. Tenants in the building receive on-site case management services, benefits counseling and job placement services. The residence is a mix of studio and one-bedroom apartments for young adults who have a history of homelessness, foster care placement or involvement with the juvenile justice system.

Win (formerly Women In Need): Women In Supportive Housing

212-695-4758

Win's Women In Supportive Housing (WISH) is a 62-unit scattered-site supportive housing program for young mothers with a history in foster care. Tenants in this Brooklyn program range from 18 to 29 years old. Eligible mothers must have a history of chronic homelessness and a diagnosable disability in addition to having spent time in foster care. Tenants receive a variety of services, including individual counseling, access to specialty workshops and skill-building classes, child care during all workshops and groups and a full range of educational and employment services.

Lantern Community Services: Schafer Hall

117 E. 118th St.
Manhattan
212-398-3073

Schafer Hall, housing single adults as well as families, combines studio apartments with services including employment and educational support and medical and mental health referrals. If a youth is 18 through 23 years old, he or she must be on trial or final discharge, and must also have a job. Unless the youth has enough



income, he or she will have to show proof of his or her eligibility for an ACS housing subsidy.

The Dorothy Day Apartments

583 Riverside Dr.

Manhattan

212-568-2030

Dorothy Day Apartments is one of six rent-stabilized permanent housing projects developed and managed by Broadway Housing Communities (BHC). BHC provides supportive housing for young and elderly, independent and disabled, working and dependent individuals and families. There are 240 single rooms and studio apartments total. (Family apartments rarely become available.) Eligibility is based on being a low income worker and/or having a Section 8 voucher. Tenants provide 24/hour management coverage through a front desk service. This is part-time employment opportunity, in which nearly one fifth of the tenants participate. The six properties are located in the communities of West Harlem and Washington Heights

MISCELLANEOUS

Little Essentials

The mission of Little Essentials is to improve the health, safety and wellbeing of children living in poverty by providing urgently needed resources and parenting education to families in crisis. Little Essentials offers at-risk families living in poverty urgently needed children's supplies and parenting education to promote the health, wellbeing and safety of their children under five. LE distributes free of charge, urgently needed items such as warm clothing, car seats and strollers and promotes Safe Sleep by providing cribs, bassinets, and pack & plays.

Zakiyyah Janan, Program Manager

Tel 347.689.2327 Cell 862.253.8128

zakiyyah@littlessentials.org

Rise Magazine

Rise trains parents to write about their experiences with the child welfare system in order to support parents.

Contact: Director: Nora McCarthy 646-543-7099

Nora@risemagazine.org or Rachel Blustain-

Rachel.risemagazine@gmail.com

iFoster

www.ifoster.org

iFoster is an online resource portal for children and youth living outside of their biological home, their caregivers and the organizations that serve them.

Contact: Stephon Baines at Stephon@ifoster.org

Teen Specialist Unit

150 William Street New York, NY 10038

212-676-6001

Acs.sm.tsu@acs.nyc.gov

The Teen Specialist Unit (TSU)

- Develop a personal plan to achieve your goals.
- Explore the benefits of co-parenting for you and your child.
- Establish and maintain healthy lifestyle choices.
- Connect to community services and resources that may meet your needs.
- Advocate for services that may assist you in your daily living.
- Explore educational/vocational opportunities so that you can learn valuable skills

The Safe Sleep Unit

Director: Michele Maye

Michele.Maye@acs.nyc.gov

Location: 150 William Street, 11th Floor

Telephone: 212-341-0411

Additional resources can be found at NYC Healthy Relationship Training Academy Resource Guide:
<http://www1.nyc.gov/site/ocdv/programs/resource-directory.page>