





Winter 2020/2021

Message From the Director

Dear Registry Enrollees,

This was a difficult year, especially with COVID-19 adding to the challenges so many of us already face. The Registry continues our mission to track the health effects of 9/11, and we remain grateful for your ongoing commitment.

We launched the Wave 5 health survey just as the COVID-19 public health emergency hit in March 2020. We were unable to include questions related to COVID-19 because our survey was finalized well in advance of the Wave 5 launch. However, we are planning to launch a COVID-19 survey in the coming weeks. We hope that you will respond to let us know how this public health emergency has impacted you.

You may have noticed that we are issuing this annual report as a quarterly newsletter to keep you up to date. We urge those of you who have not subscribed or provided us with an email address to please do so. Later this year, our annual holiday card is going digital. If you have not provided us with an email address you will continue to receive a card by mail.

We care about your health and well-being. In this newsletter, you will find information on ways to stay in touch with us, how to get care and other resources.

Sincerely,

Mark Farfel, ScD Director

Mark Fafl

The Art of the Remembrance



Evan El-Amin / Shutterstock.com

The Tribute in Light originated in 2002 as an art installation to pay respect to the victims and heroes of 9/11. However, it has since become an annual event.

The installation consists of 88 vertical high-power lights positioned in two columns of light representing the Twin Towers. It stands six blocks south of the original towers, on top of the Battery Parking Garage. On clear nights, the lights can be seen from a distance of over 60 miles.

The September 2020 event was originally canceled in response to COVID-19. However, New York State Governor Andrew Cuomo later announced that the state would provide personnel and supervision to allow the tribute to be held as scheduled.

Getting Care



Do you suffer from 9/11-related health issues? We are here to help. The World Trade Center (WTC) Health Registry cares about your health and would like to support you. Our mission includes helping enrollees and others obtain care for specific 9/11-related health conditions. Treatment is provided through the federal WTC Health Program at no cost to you.

How do I know if I need care? You may need care if you were exposed to the WTC disaster.

How does it work? If you believe you have a 9/11-related health problem, please call the Registry's Treatment Referral Program at 888-WTC-7848 (888-982-7848). Depending on your needs, eligibility and how you were affected by 9/11, we will refer you to the WTC Health Program for Survivors or the WTC Health Program for Responders.

Can I reach the WTC Health Program directly? Yes. Call 888-982-4748 or email wtc@cdc.gov. For more information about the program, visit cdc.gov/wtc.

Can I still get compensation for my 9/11 injuries or a loved one's death? Yes. Although it has been 19 years since the WTC disaster, you can still submit a claim to the September 11th Victim Compensation Fund. You may need to meet specific registration and claim filing deadlines. For more information, visit vcf.gov or call 855-885-1555.

September 11th Victim Compensation Fund:

855-885-1555

WTC Health Program:

888-982-4748

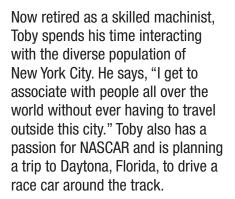
Registry's Treatment Referral Program:

888-982-7848

Enrollee Stories

Toby Smith: A Native New Yorker and the Star of Our Latest Enrollee Video

Toby Smith is your typical New Yorker, which means there is nothing typical about him! Born in Brooklyn, Toby has spent the better part of his life living on the island of Manhattan, just two blocks from the original footprint of the World Trade Center towers. In fact, Toby was scheduled for a meeting on the 67th floor of Tower One on that fateful day.



See Toby's video and other enrollee videos at www1.nyc.gov/site/911health/enrollees/testimonial-videos.page.





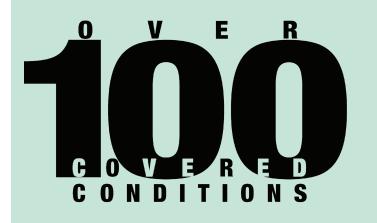


COVID-19



COVID-19 continues to spread in many of our communities. Please continue to take precautions. Keep 6 feet of distance between yourself and others. Wear two face coverings. Wash your hands often. Stay home if sick. Keeping

healthy during this time is very important. If your health care provider has resumed in-office or telehealth visits, do not miss any scheduled medical appointments. For information about COVID-19 vaccines, including eligibility and appointment locations, visit nyc.gov/covidvaccine.



On January 2, 2011, President Obama signed the James Zadroga 9/11 Health and Compensation Act of 2010 into law, which created the WTC Health Program. The Program has been instrumental in providing treatment for specific 9/11-related health conditions and monitoring the physical and mental health of 9/11 survivors. The WTC Health Program presently provides treatment for over 100 physical and mental 9/11-related health conditions. See the full list of covered conditions and more information at cdc.gov/wtc/conditions.

Airway and Digestive Disorders

Asthma Chronic cough syndrome Chronic laryngitis Chronic rhinosinusitis Chronic respiratory disorder Gastroesophageal reflux disorder (GERD)



Acute and Traumatic Injuries

Burn Complex sprain Eve injury Fracture Head trauma Tendon tear



Cancers

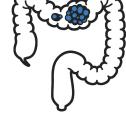
Childhood cancers Malignant neoplasms Leukemia Myeloid leukemia Hodgkin's disease Non-Hodgkin lymphoma **Pancreas** Multiple myeloma Lymphosarcoma Lymphoid leukemia Blood and lymphoid tissue Monocytic leukemia Malignant plasma cell neoplasms Malignant neoplasms of skin Respiratory system Parotid gland Piriform sinus Soft tissue







Kidnev Renal pelvis Ureter Thyroid Larynx Prostate Small intestine Scalp and neck



Mental Health Conditions

Acute stress disorder Adjustment disorder Anxiety disorder Depression Panic disorders Substance use disorder Major depressive disorder Generalized anxiety disorder



Low back pain Carpal tunnel syndrome Other musculoskeletal disorders







Victim Compensation Fund



You or a loved one may be eligible for health care, 9/11 compensation or financial assistance. For details, including eligibility, deadlines, registration, filing a claim and links to step-by-step guides,

watch this video at www1.nyc.gov/site/911health/ updates/news-videos.page.

Mail's Here







"I survived the North Tower collapse. When my fellow firefighters and I were sitting outside Stuyvesant High School, the actor Burt Young came down and shook each of our hands. He said 'thank you' to each of us, inquiring about our mental health.



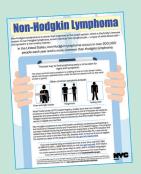
Actor Burt Young /

Burt said that when he saw images of Shutterstock.com 'shell-shocked' firefighters, he felt the need to mobilize and do whatever he could to raise our spirits. He did."

— Al B., retired FDNY Engine 65

Let's Stay Connected

Many WTC Health Registry enrollees have spent time responding to our surveys, and this information helps us conduct research on 9/11-related health conditions and respond to enrollee health needs. Registry research findings also help inform health care policy, including federal support for the WTC Health Program.



Read Our Health Materials

These informative handouts have become our most popular ways of getting important health information to our enrollees. To view materials and fact sheets about 9/11-related health conditions, including asthma,

GERD and sleep apnea, visit nyc.gov/911health and search for health materials.



Health Data Tools ave 3 Adult Survey (2011-2012)

WORLD TRADE CENTER HEALTH REGISTRY	11 and Beyond
Spring 2020	
Registry Research Findings	The Art of Remembrance
Social Support and Experiencing Confusion or Wemory Loss Among Enrollees*	811 Memorists From Around the World In addition to the thousands of rescue and clean-up workers who tolded on the Pall 6 for menths after the 19.11 Missert, almost 350 Search and Bears dogs weeker side by side with people in a desperate effort to recover shall be side with people in a desperate effort to recover bratchizing with or the side of the side of the side of the side of the side of the side of the side of the Rore. sits a four-foot-tall broaze dog standing at the top of a 5,000-pound side of grantee and side of
The findings are based on enrollees' answers to the following question: "During the last 12 months, have you experienced confusion or memory loss, other than occasionally forgetting the name of sentone you recently ment?" About one in five enrollees between the ages of 36 and 64 respected "Vist."	

Update Your Contact Information Go paperless and receive Registry communications via email. To update your contact information, call 866-

692-9827, email wtchr@health.nyc. gov or visit nyc.gov/911health.

Use Our Health Data Tools

Data from the Registry's 2004, 2008, 2012 and 2016 surveys, along with other specialized surveys such as asthma, are available for use. The data is de-identified. maintaining enrollee confidentiality.

E-newsletter

Read the Registry's e-newsletter for our latest research findings. 9/11-related news and interviews with fellow enrollees. For details, email wtchreletter@health.nyc.gov.

Mission Statement

With ongoing support from the National Institute for Occupational Safety and Health, the Registry continues its mission to:

- Identify and track the long-term physical and mental health effects of 9/11 as well as gaps in care for 9/11-health related conditions
- Share findings and recommendations with enrollees, the public, the WTC Health Program and policymakers
- Respond to enrollee health concerns and refer enrollees to the WTC Health Program
- Offer guidance to public health professionals in planning for future emergencies