



# 9/11 and Beyond

## Winter 2020

### Registry Research Findings

#### Links Between 9/11 and Breast Cancer: Learn How to Get Treatment

If you were exposed to the 9/11 disaster and have breast cancer, you may be eligible for care at the World Trade Center (WTC) Health Program. Learn more [here](#).



\*Li J, Brackbill R, Liao T et al. Ten-Year Cancer Incidence in Rescue/Recovery Workers and Civilians Exposed to the September 11, 2001 Terrorist Attacks on the World Trade Center. American Journal of Industrial Medicine. 2016 Sep;59(9):709-21. <https://doi.org/10.1002/ajim.22638>

#### PTSD and Dust Cloud Exposure Increase Risk of Stroke

Exposure to the 9/11 dust cloud and having a diagnosis of PTSD increases the risk of having a stroke. Stroke is a leading cause of serious, long-term disability in the United States. Watch the video titled *Higher Risk of Stroke and PTSD* on our [News Videos](#) page.

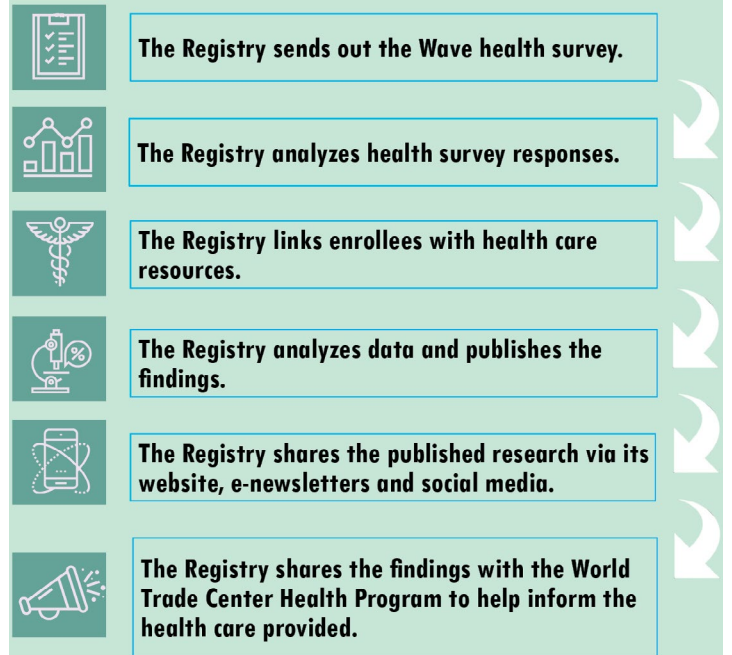


### Looking Ahead

#### Upcoming Wave 5 Survey

In a few months we will send out the Registry's next major health survey, referred to as the Wave 5 survey. We urge you to complete the survey. Your responses help provide a more complete understanding of 9/11 health impacts and determine how enrollees get care.

#### The Wave Survey Lifecycle



#### Watch Testimonials



Watch enrollees talk about why the Registry matters.

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## The Continued Health Impacts of 9/11

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### Catch Skin Cancer Early

Melanoma is a type of skin cancer, and recovery is possible when caught early. Visit [nyc.gov/911health](http://nyc.gov/911health) and search for **health materials** to read the Registry's fact sheet about melanoma.

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## Go Paperless!

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Receive Registry surveys and communications including our new quarterly e-newsletter via email. You can provide an email address by calling **866-692-9827**, emailing [WTCHRELetter@health.nyc.gov](mailto:WTCHRELetter@health.nyc.gov) or visiting [nyc.gov/911health](http://nyc.gov/911health) to select the **Enrollees** tab, then **Update Contact Information**.



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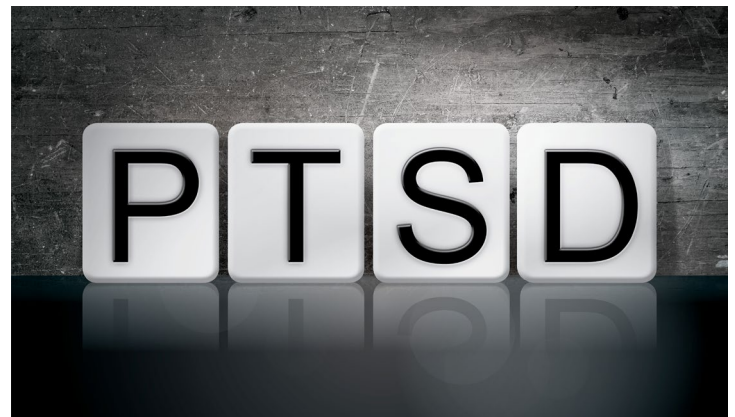
## Mail's Here



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### A quick but big thank you!

“Just wanted to send a quick thank you for the WTC Health Registry continuing to shine a light on what too many of us feel is a dark secret: PTSD. I was at Ground Zero when 9/11 happened and it's something I will never forget. For years, I could not figure out the root of my depression. As an enrollee I finally took advantage of the services offered, and although my life isn't perfect (but whose is?) I am definitely in a better place. Thank you so much.” — T.T.



To learn more about PTSD and its connection to 9/11, visit our [News Videos](#) page and look for **PTSD** in the video descriptions.

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## Need Care?

If you're a WTCHR enrollee and think you may have a 9/11-related health condition, [email](#) the Registry's Treatment Referral Program and one of our multilingual staff members will respond. Depending on your needs, eligibility and how you were affected by 9/11, we will refer you to the WTC Health Program for Survivors or the WTC Health Program for Responders.

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## Resources

The federal [WTC Health Program](#) provides monitoring and treatment, including medications for physical and mental health conditions related to 9/11. Services are offered at no cost to you, no matter where you live now. Apply online at [cdc.gov/wtc](http://cdc.gov/wtc) or call **888-982-4748** and we will mail you an application.

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To find the Health E-newsletter in English, Simplified Chinese, Spanish and Traditional Chinese, visit [nyc.gov/911health](http://nyc.gov/911health) and click on the **Research** tab, then [Publications](#), and select the **E-newsletter** drop-down to find PDFs.