

# Lived there? Worked there? You deserve care.

On **9/11**

I was working on Wall Street and ran as fast as I could to get home. Afterward, I had trouble breathing, but I thought it was just anxiety. But now when I play with my kids I can't keep up with them.

## My symptoms:

- Coughing
- Wheezing
- Shortness of breath
- Sinus congestion
- Stomach problems
- Depression
- Anxiety
- Other symptoms



## The World Trade Center Environmental Health Center

provides free health care to residents, students, workers and passersby who may still be sick from 9/11.

Call toll free **1-877-WTC-0107**  
**(1-877-982-0107)**  
or dial **311** for more information.  
Call us even if you don't have insurance.



Bellevue Hospital Center  
Elmhurst Hospital Center  
Gouverneur Healthcare Services



[nyc.gov/hhc](http://nyc.gov/hhc)

Most people who were exposed to the World Trade Center attack did not get sick but some did. WTC health issues are still being studied. This message is not intended to express or imply any scientific conclusions on the part of the New York City Health and Hospitals Corporation or the City of New York.

# Lived there? Worked there? You deserve care.

After **9/11**

we kept our restaurant open in Chinatown. I got a bad cough... and now I have headaches and sinus congestion that are not going away. But I don't have insurance, so what can I do?

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On **9/11**

I took the train in and was at my desk in Tower 2. I ran down 80 flights of stairs and got out. I still don't feel well and I'm being treated for depression, but I'm just not getting better.

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On **9/11**

the dust cloud came across the water to Brooklyn and covered our neighborhood. People were coughing... and now it's still hard for me to breathe. But I don't have insurance, so what can I do?

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Soon after **9/11**  
I started working in an office  
downtown. I thought 9/11  
was over but I'm afraid I got  
sick from the dust. Now my  
chest still gets tight and I  
have shortness of breath.

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After **9/11**

I worked downtown cleaning up the dust in offices. I still cough a lot and have stomach problems. But I'm an immigrant, so what can I do?

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After **9/11**

I wasn't really worried about pollution from the towers. But when we went back to class, my sinuses got congested... and now I wheeze and whistle when I breathe.

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On **9/11**

I was so scared I thought the whole world was going to end. Even my dad cried. We all got sick, I think from the dust in our apartment...and now I still get nightmares.

## My symptoms:

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- Wheezing
- Shortness of breath
- Sinus congestion
- Stomach problems
- Depression
- Nightmares
- Other symptoms



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On **9/11**

I was living downtown. Everything was covered with dust and we all had to clean up our own apartments. Most people had family members come and help them clean, but I'm all alone and had to do it myself. I got so sick and I haven't felt the same since.

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