- PTSD RESEARCH STUDY -

Did you serve in the military during Operation Enduring Freedom or Operation Iraqi Freedom?

WCMC
IRB APPROVED
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HAVE YOU EXPERIENCED...

sleep problems?

loss of interest in spending time with others?

nervousness, jumpiness, or anxiety?

difficulty enjoying things?

Weill Cornell Medical College and University of Vermont College of Medicine are seeking adults for a study testing treatment for symptoms of posttraumatic stress disorder (PTSD).

Participants will receive 12 free sessions of imaginal exposure therapy in which they repeatedly recount memories of their traumatic event, within a controlled, supportive environment, until their distress level declines. This therapy will be conducted using videoconferencing technology between Vermont and New York and is combined with either D-Cycloserine (DCS) or a sugar pill. We are testing whether DCS improves exposure therapy to reduce PTSD-related distress. There is no cost for participation.

Please contact Dr. Megan Olden at 212-821-0786 (meo9011@med.cornell.edu), or local contact, Dr. Terry Rabinowitz, at 802-847-4727 for a free evaluation.

PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu	PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu	PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu	PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu	PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu	PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu	PTSD Study (212) 821-0786 or (802) 847-4727 meo9011@med.cornell.edu