

CyberBULLYING

Cyberbullying (or cyberstalking/cyberharassment) is repeatedly using computers, cell phones, or a digital device to frighten, harass, intimidate or cause harm to someone. Cyberbullying is serious and can result in criminal charges.

Think twice before you send, forward, or comment on an e-mail, photo, message, or post. Your messages can always be traced. They are not private and can be seen or shared.

IF YOU ARE THE VICTIM OF CYBERBULLYING

- do not reply to or contact the harasser
- block them online and from your contact list
- tell a friend, adult, parent, co-worker, school official, supervisor, or police.

Under the NYC Human Rights Law, cyberbullying may be bias-related harassment.

The NYC Commission on Human Rights offers free workshops to students, youth groups, community organizations, and parents on cyberbullying awareness and prevention.

To set up a workshop, call 311.

NYC COMMISSION ON HUMAN RIGHTS

Michael R. Bloomberg, Mayor
Patricia L. Gatling, Commissioner/Chair

