

EVER WISH
YOU COULD
REALLY DO SOMETHING?
IN JANUARY YOU CAN

Volunteer for HOPE 2016



Monday, January 25th, 2016 • 10:00 PM to 4:00 AM

Anyone 18 years of age or older committed to helping the homeless of New York City is encouraged to volunteer.

For more information and to register to volunteer, visit www.nyc.gov/hope or call 311

ONE NIGHT
3,000
VOLUNTEERS

Let's Make a Difference!

On Monday, January 25, 2016, the NYC Department of Homeless Services (DHS) will conduct its annual Homeless Outreach Population Estimate (HOPE), a HUD-mandated citywide community volunteer effort to count each chronically homeless person living in public spaces across the five boroughs during the coldest time of the year.

We are calling on **YOU**, our fellow New Yorkers, to help us canvass parks, subways, and other public spaces to estimate the number of people who find themselves living on the street. We need thousands of volunteers to make the HOPE Count a success. Last year, a record 3,500 New Yorkers registered for the count; we are hoping to recruit as many or more this year.

Volunteer Today for HOPE 2016

www.nyc.gov/hope

#HOPE2016 #GuidingTheJourneyHome



Protect Your Water Meter and Pipes from Freezing

Most water meters and pipes are in basements, crawl spaces, and other unheated areas, where cold winter temperatures could cause them to freeze.

Homeowners are responsible for protecting meters and pipes from freezing.

- If the meter freezes and breaks because you failed to take reasonable steps to protect it, DEP will repair or replace the meter and bill you for the cost.
- If the service line or piping freezes and breaks, it is the homeowner's responsibility to have repairs made by a licensed plumber.

Here are some tips and suggestions to prevent freezing:

- Repair broken and cracked windows, doors, and walls.
- Tightly close doors and windows to the outside.
- Install storm windows or plastic sheeting over basement windows.
- When you are checking to see how cold the area is where your meter and pipes are installed, remember that it is colder near the floors and foundation walls.



- Turn off the water to outside faucets, remove hoses, and drain the pipes.
- Ask your local plumbing supplier about materials to insulate pipes and meters. If your meter is installed in an unheated garage, take extra care to ensure the meter is insulated.
- If pipes or the meter are in a closed cabinet against an outside wall, insulate the wall and open the cabinet to allow warmer air to reach them.
- If you are not going to be home for several days during cold weather, arrange to have someone visit periodically and turn on a faucet to ensure that the water is still flowing.

If your service line, pipes, or meters freeze:

- Open a faucet near the frozen point to release vapor from melting ice;
- Direct a hair dryer or heat lamp at the frozen section, or put a small space heater nearby; and,
- NEVER thaw a frozen pipe or meter with an open flame. This is not only a fire hazard, but could also cause a steam explosion.

If you are unable to thaw the frozen pipes, consult a licensed plumber.

If your meter is damaged by the cold, call 311.



Bill de Blasio, Mayor
Emily Lloyd, Commissioner



Miele's Respite uses Intentional Peer Support (IPS), which is about learning and growing. IPS embraces the recovery principle of hope and helps people move away from wanting to solve problems and moving toward a personal vision cultivated in an environment that reflects connection, mutuality and multiple worldviews.

Life takes us to unexpected places...Parachute NYC provides a soft-landing.

For more information regarding the Parachute NYC Project visit:

www.nyc.gov/html/doh/htht/mental/parachute.shtml



TSINY
Transitional Services
for New York, Inc.

Transitional Services for New York, Inc. (TSINY) is a comprehensive, community-based, mental health agency located in New York. We provide a continuum of rehabilitative services to enrich the lives of people with mental illness and facilitate their transition to increased levels of independence.

"We help people rediscover themselves."

To Make A Referral
LIFENET:

1-800-LIFENET

Or

Miele's Respite:
**Queens Crisis Respite
Center (718) 464-0375**

NYC
Health

Miele's Respite

**A NYC
Crisis Respite Center**



TSINY
Transitional Services
for New York, Inc.

What We Are About...



Miele's Respite, part of NYC Crisis Respite (Formerly known as Parachute NYC), provides a soft landing for people experiencing a psychosis related crisis. We provide an alternative to hospitalization in a setting that is staffed by a mixture of peers and clinicians. Our goal is to provide a calm, warm and safe environment. We aim to assist you in working toward your personal recovery goal.

NYC Crisis Respite Center

NYC Crisis Respite offers people in psychiatric or emotional crisis free and confidential alternatives to hospitalization through 2 community-based care services: crisis respite centers and a support line.

Miele's Respite is the Queens Crisis Respite Center and is staffed by Transitional Services for New York, Inc. at (718) 464-0375

The city-wide Peer Support Line is provided by Community Access. (646) 741-HOPE

Eligibility Requirements

- 18+ years of age.
- Has a safe and reliable place to return to upon conclusion of stay (this may be a shelter).
- Resident of New York City
- Currently experiencing an emotional or psychiatric crisis.
- Not an imminent danger to self or others.
- Medically stable
- Largely able to care for personal needs and space (i.e., hygiene, medication, meals) although Respite staff can offer assistance at the guest's request
- Voluntarily accepts Respite services.
- No diagnosis of dementia or organic brain syndrome.



Services & Amenities



- Peer Support
- Optional groups to fit your interests.
- Recreation and Socialization
- Private guest accommodations.
- Access to Wi-Fi, laptops available upon request.
- Walking distance to Alley Pond Park .
- Kitchen and dining area for daily meals.
- Living room with cable television.
- Onsite Peer Support available.
- Access to community resources.
- Stay is from 1-7 days.
- Self service laundry facility on site.
- Close to public transportation.
- All guest rooms are equipped with a telephone

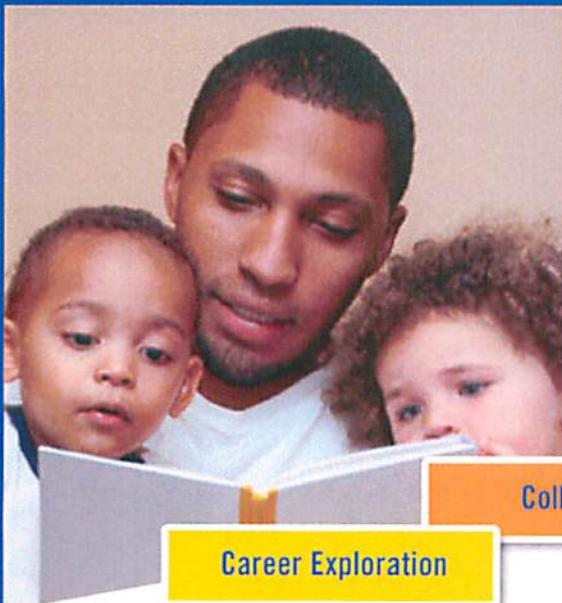
Division of Continuing Education & Workforce Development



Hostos Community
College

THE SKILLS TO BE AN EFFECTIVE FATHER

Take this opportunity to create a
brighter future for you and your family



CUNY Fatherhood Academy

- Are you a father or expectant father between the ages of 18 and 24?
- Are you unemployed or underemployed?
- Are you ready to take charge of your life?

The CUNY Fatherhood Academy is a **FREE** program that can help you:

- Earn a High School Equivalency (HSE) diploma while focusing on academic and personal growth
- Explore career options and participate in job readiness classes
- Enhance parenting skills, learn about personal health and financial literacy
- Envision a better tomorrow for you and your child

If you have a High School or HSE diploma, join the College Prep Program to help you prepare for college.

Note: The HSE program meets 3 days a week for 16 weeks.
The College Prep meets 2 days a week for 12 weeks.

Parenting/
Financial Literacy Classes

College Prep

Career Exploration



RECRUITING NOW!

for young fathers or expectant fathers who live in the New York City area!
Contact us if you are interested in learning more about the CUNY Fatherhood Academy.

Call Today 718-319-7931

or e-mail drogers@hostos.cuny.edu if you are interested in the program



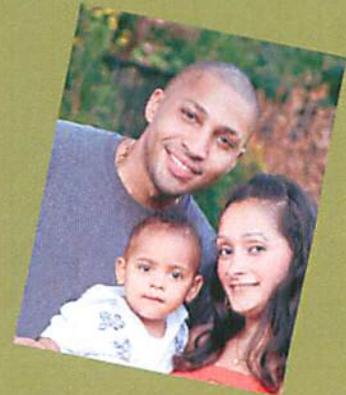
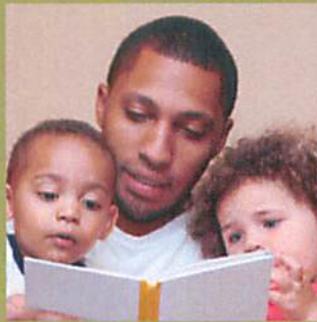
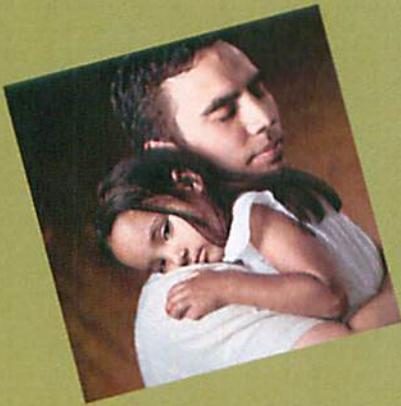
YOUNG MEN'S
INITIATIVE

Center for
Economic
Opportunity

Tel 718-518-6656 Fax 718-518-6744 cedu@hostos.cuny.edu
560 Exterior Street, Bronx, NY 10451 www.hostos.cuny.edu/Continuing-Ed

Kingsborough Community College

CUNY FATHERHOOD ACADEMY



**Are you a father between the ages of 18-24 years old?
Are you unemployed or underemployed?
Do you want to expand your education?
Do you want to learn new ways to engage with your child?**

The CUNY Fatherhood Academy is a **FREE** 16 week, 3 day per week program that can help you:

- Prepare for the TASC, NY's high school equivalency exam.
- Prepare for enrollment in college or in a workforce training program.
- Learn about important topics related to parenthood, health and financial literacy.

Metrocards – Incentives – Food Coupons

Contact us NOW if you are interested at 718-368-4637.

You can visit our website at www.cewdkbcc.com or email us at cewd@kbcc.cuny.edu



Kingsborough Community College, 2001 Oriental Blvd, Brooklyn, NY 11235



**YOUNG MEN'S
INITIATIVE**

Center for
Economic
Opportunity

