





**City of New York  
Office of Labor Relations  
Health Benefits Program**

**COBRA Premiums**

Under the Federal Consolidated Omnibus Budget Reconciliation Act (COBRA), you have the opportunity to continue health benefits coverage through the City of New York group.

You are responsible for paying the full premium for your plan and coverage. The premium levels indicated on the back of this page reflect 102% of the current rate (because these rates are subject to change, you should check with the plan to determine the premium at the time of your COBRA enrollment). Payments may be made monthly on the first of the month. There is usually a 30 day grace period. The City will not "carve out" benefits provided through your Welfare Fund that are similar to those available in your plan's Optional Rider. If you decide to purchase the Optional Rider, you must pay for the entire Optional Rider offered by your chosen plan. If you decide to purchase any of your Welfare Fund benefits, you should contact the Welfare Fund to determine what benefits are available, and the associated cost.

**Health Plan Addresses**

Payment should be mailed directly to the plan chosen for COBRA continuation coverage. The plan addresses are:

Aetna HealthCare 175 Addison Road Windsor, CT 06095 Attn: Connie Provencher	Empire BlueCross BlueShield 3 Huntington Quadrangle, 4 Fl. Melville, NY 111747 Attn: Cynthia Robinson	Health Net One Far Mill Crossing P.O. Box 904 Shelton, CT 06484-0944 Attn: Enrollment Department	Metro Plus Health Plan 160 Water Street, 3 FL. New York, NY 10038 Attn: Yasmine Panton
CIGNA Healthcare 499 Washington Blvd., 4 <sup>th</sup> Fl. Jersey City, NJ 07310 Attn: Dan Moskowitz	Group Health Inc. 441 Ninth Avenue New York, NY 10001 Attn: Membership Department	HIP Prime HMO HIP Prime POS 441 Ninth Avenue New York, NY 10001 Attn: Membership Dept.	VYTRA 441 Ninth Avenue New York, NY 10001 Attn: Membership Dept.
DC37 Med-Team 125 Barclay Street, 3 <sup>rd</sup> Fl. New York, NY 10007 Attn: Robert Hasiak	GHI HMO P.O. Box 4181 Kingston, NY 12402 Attn: Linda Pino		

**\*The GHI-CBP/EBCBS is offered as package under COBRA. The premium should be sent to the Group Health Inc. address indicated above.**

**CONVERSION CONTRACTS - City Health Plan Benefits**

If you do not wish to continue coverage under COBRA you may use the same application to request direct payment conversion contracts from all plans. Conversion contract payments will be due quarterly. Upon receipt of an application for conversion, the health plan will send you a direct payment contract and a bill. Generally, conversion contracts will be more expensive than COBRA for the same benefits or will offer benefits less comprehensive than COBRA, with the exception of certain Medicare supplemental contracts. Optional benefits are not available under conversion. You may purchase either Group Health Inc. or Empire BlueCross BlueShield direct payment plan separately. Decide whether direct payment conversion or COBRA continuation coverage is best to meet your needs. If you decide to continue coverage under COBRA, you will again be eligible to obtain direct payment contracts when COBRA terminates. Contact the health plan for more information concerning direct payment contracts.

**Welfare Fund Benefits**

Contact your welfare fund directly for COBRA rates. If you do not wish to continue coverage of benefits provided by your welfare fund under COBRA, conversion to private coverage may be available for medical and life insurance benefits within 45 days of termination of coverage. If you intend to obtain welfare fund benefits under COBRA, please so indicate on the COBRA Continuation of Coverage application.

**NON-MEDICARE COBRA Rates for Effective January 1, 2010**

PLAN	Coverage	COBRA RATE
<b>AETNA HMO</b>	INDIVIDUAL BASIC	\$528.85
	FAMILY BASIC	\$1,471.50
	INDIVIDUAL with RIDER	\$624.02
	FAMILY with RIDER	\$1,694.37

<b>AETNA QPOS</b>	INDIVIDUAL BASIC	\$1,123.62
	FAMILY BASIC	\$2,758.13
	INDIVIDUAL with RIDER	\$1,289.88
	FAMILY with RIDER	\$3,165.32

<b>CIGNA</b>	INDIVIDUAL BASIC	\$635.98
	FAMILY BASIC	\$1,683.59
	INDIVIDUAL with RIDER	\$751.70
	FAMILY with RIDER	\$1,990.24

<b>EMPIRE EPO</b>	INDIVIDUAL BASIC	\$777.53
	FAMILY BASIC	\$1,944.07
	INDIVIDUAL with RIDER	\$870.05
	FAMILY with RIDER	\$2,170.88

<b>EMPIRE HMO</b>	INDIVIDUAL BASIC	\$578.67
	FAMILY BASIC	\$1,503.32
	INDIVIDUAL with RIDER	\$671.20
	FAMILY with RIDER	\$1,730.13

<b>GHI HMO</b>	INDIVIDUAL BASIC	\$569.02
	FAMILY BASIC	\$1,450.36
	INDIVIDUAL with RIDER	\$684.63
	FAMILY with RIDER	\$1,745.19

<b>GHI-CBP/BCBS</b>	INDIVIDUAL BASIC	\$400.59
	FAMILY BASIC	\$1,037.71
	INDIVIDUAL with RIDER	\$516.00
	FAMILY with RIDER	\$1,253.54

PLAN	Coverage	COBRA RATE
<b>HEALTHNET</b>	INDIVIDUAL BASIC	\$584.62
	FAMILY BASIC	\$1,510.28
	INDIVIDUAL with RIDER	\$781.96
	FAMILY with RIDER	\$2,020.44

<b>HIP PRIME HMO</b>	INDIVIDUAL BASIC	\$435.95
	FAMILY BASIC	\$1,068.67
	INDIVIDUAL with RIDER	\$545.45
	FAMILY with RIDER	\$1,337.06

<b>HIP PRIME POS</b>	INDIVIDUAL BASIC	\$593.18
	FAMILY BASIC	\$1,453.98
	INDIVIDUAL with RIDER	\$774.23
	FAMILY with RIDER	\$1,897.51

<b>DC 37 MED TEAM PROGRAM</b>	INDIVIDUAL BASIC	\$435.95
	FAMILY BASIC	\$1,068.67
(NO RIDER AVAILABLE)		

<b>METROPLUS HEALTH PLAN</b>	INDIVIDUAL BASIC	\$435.95
	FAMILY BASIC	\$1,068.67
	INDIVIDUAL with RIDER	\$537.32
	FAMILY with RIDER	\$1,292.97

<b>VYTRA</b>	INDIVIDUAL BASIC	\$523.74
	FAMILY BASIC	\$1,379.04
	INDIVIDUAL with RIDER	\$648.47
	FAMILY with RIDER	\$1,703.36

**MEDICARE COBRA Rates for Effective January 1, 2010**

PLAN	Coverage	COBRA RATE
<b>GHI SENIOR CARE</b>	PER PERSON BASIC	\$156.76
	PER PERSON with RIDER	\$267.69

<b>GHI HMO</b>	PER PERSON BASIC	\$304.39
	PER PERSON with RIDER	\$366.00

<b>HEALTHNET MED PRIME</b>	PER PERSON BASIC	\$248.05
	PER PERSON with RIDER	\$492.99

<b>DC37 MED TEAM PROGRAM</b>	PER PERSON BASIC	\$156.76
	RIDER NOT AVAILABLE	

<b>EMPIRE MEDICARE RELATED PLAN</b>	PER PERSON BASIC	\$214.03
	PER PERSON with RIDER	\$359.52

**NOTE:** If you were enrolled in a Medicare HMO you MUST contact your health plan DIRECTLY for benefit and cost information regarding continuation of coverage.

**Return the completed COBRA form to your chosen plan. Addresses are listed on the front of this pamphlet. Wait for notification from the plan before mailing in your first payment. Checks and/or money orders must be made payable to the health plan and mailed DIRECTLY to the plan. Enrollees of all plans not listed must**



**City of New York  
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Health Benefits Program**

**Notice of Rights**

**WHEN YOUR HEALTH BENEFITS TERMINATE**

The Consolidated Omnibus Budget Reconciliation Act (Public Law 99-2721, Title X), also known as COBRA, was enacted April 7, 1986. This law requires that, effective July 1, 1987, in addition to offering normal conversion opportunities, the City and the union welfare funds must offer employees and their families the opportunity for a temporary extension of group health and welfare fund coverage (called "continuation of coverage") at 102% of the group rates, in certain situations in which benefits under either City basic or the applicable welfare fund would be reduced or terminated. This notice is intended to inform you of your rights and obligations under the continuation coverage provisions of this law as well as your normal conversion option.

As a result of collective bargaining agreements, Medicare-eligible enrollees and/or their Medicare-eligible dependents will be offered continuation benefits similar to COBRA if a COBRA event should occur. **(See Medicare-Eligible Section.)**

## **Employees**

All City group health benefits including the optional benefits riders are available under COBRA continuation coverage. Welfare fund benefits eligible for continuation under COBRA are dental, vision, prescription drugs and other related medical benefits. Welfare funds offer core benefits (prescription drugs and major medical plans) and non-core benefits (dental and vision) which may be purchased separately or combined with City core benefits.

If you are a non-Medicare-eligible employee covered by the City program, you have the right, in certain situations, to continue benefits if you lose your coverage because of a reduction in your hours of employment; or upon the termination of your employment (for reasons other than gross misconduct on your part); or if you take an unpaid leave of absence. If you are Medicare-eligible, you may be entitled to continuation of coverage as is described in the Medicare-eligible section below.

## **Retirees**

If you retire from the City, receive a pension check from a City approved retirement system, have five years of credited service and have worked regularly at least 20 hours per week, you and your dependents are eligible to receive City-paid health care coverage.

If you do not meet these eligibility requirements, you and your dependents (if not Medicare-eligible) may continue under COBRA the benefits you received as an active employee, for a period of 18 months at 102% of the City's cost. If your welfare fund benefits are reduced at retirement, you are eligible to continue those benefits that were reduced under the welfare fund as a COBRA enrollee for a period of 18 months at 102% of the cost to the union welfare fund. You should contact your union welfare fund for the premium amounts and benefits available. A list of welfare fund administrators is enclosed or can be obtained from your payroll or personnel office. If you are eligible for Medicare, see the Medicare-eligible section.

## **Spouse/Domestic Partners and Dependents**

If you are the non-Medicare-eligible spouse/domestic partner of an eligible employee or a retiree, you have the right to continue coverage under any of the available NYC health benefits plans and the applicable welfare funds if your health insurance or welfare fund benefits are reduced or terminated for any of the following reasons:

- 1) The death of your spouse/domestic partner;
- 2) The termination of your spouse/domestic partner's employment (for reasons other than gross misconduct) or reduction in your spouse/domestic partner's hours of employment;
- 3) Divorce or legal separation from your spouse.

In the case of an eligible dependent child of an employee or retiree (including a newborn child who was born to the covered beneficiary or an adopted child who is placed for adoption with the covered beneficiary during a period of COBRA continuation coverage) he or she has the right to continue coverage under any of the available NYC health benefits plans and the applicable welfare fund if coverage is reduced or terminated for any of the following reasons:

- 1) The death of the covered parent;
- 2) The termination of the covered parent's employment (for reasons other than gross misconduct) or reduction in the parent's hours of employment;
- 3) The dependent ceases to be a "dependent child" under the terms of the Employee Benefits Program;
- 4) Retirement of the covered parent (see "Retiree" above).

**If you are a Medicare-eligible spouse/domestic partner or dependent, see section on Medicare-eligible's.**

### **Disabled Persons**

If a disability has led to Medicare eligibility, see section on Medicare-eligibles below.

Covered persons who are disabled, under the definition established by the Social Security law, up to 60 days after the COBRA qualifying event of termination of employment or reduction of hours, are entitled to continue coverage for up to a total of twenty-nine (29) months from the date of the initial qualifying event. The cost of coverage during the last eleven (11) months of this extended period is one hundred and fifty percent (150%) of the City cost for the benefit. Persons so disabled must inform the health plan within sixty (60) days of the disability determination and within thirty (30) days of disability ceasing.

### **Medicare-Eligibles**

Employees, retirees, spouses/domestic partners and dependents who are eligible for Medicare may be eligible to receive continued coverage, similar to COBRA, under the City's Medicare-Supplemental plans. Periods of eligibility shall date from the original qualifying event up to eighteen (18) months in the case of loss of coverage because of termination of employment or reduction in hours, or up to thirty-six (36) months in the case of loss of coverage for all other reasons.

If a COBRA qualifying event occurs and you lose coverage, but you and/or your dependents are Medicare-eligible, you may continue coverage by using the COBRA Continuation of Coverage application form. You should indicate your Medicare claim number and effective dates where indicated on the form for Medicare-eligible family members. If you and/or your dependents are about to become eligible for Medicare, and are already continuing coverage under COBRA, inform the carrier of Medicare eligibility for you and/or your dependents, at least thirty (30) days prior to date of Medicare eligibility. COBRA-enrolled dependents of the person who becomes Medicare eligible will be able to continue their COBRA coverage, whether or not the Medicare-eligible person enrolls in the Medicare-Supplemental coverage. The COBRA continuation period for dependents will be unaffected by the decision of the Medicare-eligible employee or retiree.

**NOTE:** You should contact your carrier for information about other Medicare-Supplemental plans which are offered; some other plans may be better suited to your needs and/or less costly than the plan which is provided under the City's contract.

## Notice

Under the law you have sixty (60) days from the date you receive this notice to elect continuation coverage for your City basic and/or optional benefits. Contact your welfare fund administrator for further instructions on how to continue your welfare fund benefits. Payments of the initial monthly premium may accompany the enclosed Continuation of Coverage Application opting for continuation. However, under the law you have a grace period of 45 days from the date you applied for COBRA coverage to pay the premium. You will receive a partial bill for any remaining portion of the following calendar month to bring your billing date to the first of the month. All subsequent bills will be charged from the first day of the month during your COBRA continuation period. Payment shall be on a monthly basis. There is a 30-day grace period for subsequent late payments.

If you choose COBRA continuation coverage, and you are not Medicare-eligible, the City is required to offer you the same coverage which is provided to similarly situated employees, retirees or family members. The law requires that you be afforded the opportunity to maintain continuation coverage for a maximum of thirty-six (36) months unless you lost coverage because of a termination of employment or reduction in hours. In the latter case, the required continuation coverage period is a maximum of 18 months. The maximum period of continuation begins on the first day of the month following the month in which the initial qualifying event occurred, regardless of when any additional events may take place. However, the law also provides that your continuation of coverage may be cut short for any of the following reasons:

- 1) The premium for continuation coverage is not paid in a timely fashion;
- 2) The continuation enrollee becomes covered as an employee or dependent under another group health or welfare plan (under this occurrence the spouse and dependents may continue their COBRA coverage for the remaining months of eligibility).

**NOTE:** If the new plan contains any exclusion or limitation for a pre-existing condition of the continuation enrollee, then coverage may not be terminated.

You do not have to show that you are insurable to choose continuation coverage. However, under the law, you have to pay 102% of the cost of benefits for the continuation coverage. Also, at the end of the continuation period you are allowed to convert to a self-paid direct payment policy.

## Conversion Options

If you do not choose continuation, your City group coverage will end. You will still be offered the opportunity to convert your City health insurance benefits to a non-City direct payment health insurance policy and, where applicable, convert certain welfare fund benefits. Benefits offered under the non-City group direct payment health insurance policy are offered on a quarterly basis for an indefinite period of time, provided premiums are paid on time. These benefits may vary from the City's "basic" health benefits package in terms of scope of benefits and cost. Benefits available from welfare funds that may be converted to direct payment are insured medical/ surgical/ hospital and life insurance coverage. Such benefits may be converted within 45 days of termination of coverage.

In order to receive continuation coverage for welfare fund benefits or to convert to direct payment, you must contact your welfare fund directly.

For further information about this law, employees should contact their agency benefits representative and retirees should contact the Health Benefits Program, 40 Rector Street - 3rd Fl., New York, New York 10006.