

NATIONAL PREPAREDNESS MONTH.



September 5 - 11 Get a Kit: Gather Emergency Supplies

Calling all Ready New Yorkers! Are you prepared for an emergency? If so, the New York City Office of Emergency Management challenges you to take this Ready New York quiz. If you get all the answers right, you will automatically be entered into a raffle to win a Go Bag. There will be one winner in each borough. Each winner will receive one Go Bag.

September's quiz is based on content from [Ready New York: Preparing for Emergencies in NYC](#).

[Enter the contest](#)

[Download the instructions](#) (in [PDF](#))



Weekly Themes

September 2:
Kick-Off Events

September 5-11:
Get a Kit: Gather Emergency Supplies

September 12-18:
Make a Plan: Pick a Meeting Place

September 19-25:
Stay Informed

September 26-30:
Get Involved: Volunteer

Get Connected

Check out more exciting National Preparedness Month events and activities on OEM's [website](#) and [Facebook page](#).

Resources

[National Preparedness Month Promotional Flier \(English\)](#)

[National Preparedness Month Promotional Flier \(Chinese\)](#)

[National Preparedness Month Promotional Flier \(Spanish\)](#)

[National Preparedness Month Event Planning Sheet](#)

Whether someone is forced to shelter in place or evacuate from their home during an emergency, New Yorkers are encouraged to take steps in being prepared. One step New Yorkers can take is to put together an **Emergency Supply Kit** and **Go Bag** with important supplies and documents to be used in case of an emergency.



An **Emergency Supply Kit** should have enough supplies in your home to survive on your own, or shelter in place, for at least three days. If possible, keep these materials in an easily accessible, separate container or special cupboard. You should indicate to your household members that these supplies are for emergencies only. Check expiration dates of food and update your kits when you change

your clock during daylight-saving times. Some supplies that you may want to stock include:

- One gallon of drinking water per person per day
- Non-perishable, ready-to-eat canned foods and manual can opener
- First aid kit
- Flashlight
- Battery-operated AM/FM radio and extra batteries (you can also buy wind-up radios that do not require batteries)
- Whistle
- Iodine tablets or one quart of unscented bleach (for disinfecting water ONLY if directed to do so by health officials) and eyedropper (for adding bleach to water)
- Personal hygiene items: soap, feminine hygiene products, toothbrush and toothpaste, etc.
- Phone that does not rely on electricity
- Child care supplies or other special care items

In addition, every household should pack a **Go Bag**, which is a collection of items you may need in the event of an evacuation. A Go Bag should be packed in a sturdy, easy-to-carry container such as a backpack or suitcase on wheels. A Go Bag should be easily accessible if you have to leave your home in a hurry. Make sure it is ready to go at all times of the year. Some supplies that you may want to stock include:

- Copies of your important documents in a waterproof and portable container (insurance cards, photo IDs, proof of address, etc.)
- Extra set of car and house keys
- Credit and ATM cards and cash, especially in small denominations.
- Bottled water and non-perishable food
- Flashlight
- Battery-operated AM/FM radio and extra batteries
- Keep a list of the medications each member of your household takes, why they take them, and their dosages. Medication information and other essential personal items. If you store extra medication in your Go Bag, be sure to refill it before it expires.
- First-aid kit
- Contact and meeting place information for your household, and a small regional map
- Child care supplies or other special care items



[Get Involved. NYC Volunteer Opportunities](#)

[Download Ready New York Guides](#)

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Get **20% off** on **Go Bags and Emergency Supply Kits** at the American Red Cross in Greater New York's online store at www.nyredcross.org.



Get a Kit

On September 2, the NYC Citizen Corps Council, NYC Office of Emergency Management, and NYC volunteers kicked off National Preparedness Month in all five boroughs to educate New Yorkers about emergency preparedness. More than 200 volunteers distributed materials and talked to fellow New Yorkers about how to prepare for emergencies.

For all those that volunteered, thank you for your hard work and help in kicking off this exciting month.

In addition, Ready New York, with special thanks to the Empire State Building, lit up the New York City skyline with a touch of yellow, to kick-off National Preparedness Month.



SEPTEMBER IS NATIONAL PREPAREDNESS MONTH.
GET PREPARED. GET INVOLVED. **OEM**

September 2 National Preparedness Month Kick-off	<ul style="list-style-type: none">Join the Office of Emergency Management and NYC Citizen Corps Council for events in all five boroughs.See the Empire State Building lit up in Ready New York yellow.
September 5 - 11 Distribute Emergency Supplies	<ul style="list-style-type: none">Enter the Ready New York City of the Month Contest to win a Go Bag.Get discounted supplies at the American Red Cross in Greater New York online store at www.nyredcross.org.
September 12 - 18 Pick a Meeting Place	<ul style="list-style-type: none">Prepare your go-to kit (see page 16).Meet at participating meetings with your emergency reference card for discounted admission.Use OEM's new meeting place app on Facebook.
September 19 - 25 Go Green	<ul style="list-style-type: none">Sign up for Monthly NYC and enter to win a Go Bag.
September 26 - 30 Get Involved	<ul style="list-style-type: none">Check for the NY Maps at Citi Field at National Preparedness Night on Sept. 27.Learn where to volunteer in NYC on Sept. 28.

For more information about National Preparedness Month events, call 311 or visit www.NYC.gov/bem.

READY NEW YORK | **citizen corps**

Throughout the month of September, events and activities are planned to get New Yorkers prepared. Each week of National Preparedness Month, corresponds to the steps of preparing for an emergency. At the end of the month, if you complete the associated activities, you will have put together a basic emergency plan.

Encourage your family, friends, and colleagues to get involved and help more New Yorkers get prepared!

Download National Preparedness Month Fliers in [Chinese](#), [English](#), and [Spanish](#) and help promote this exciting month.

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Animal Planning Task Force
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Bellevue Hospital Center
Beth Israel Medical Center - Kings Highway Division
Brooklyn Borough President's Office
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Buddhist Tzu Chi Foundation
Building Owners and Managers Association
Consortium for Haitian Empowerment
Department of Citywide Administrative Services
Empire State Building
Federal Reserve Bank
FEMA
Fire Department of New York
Fort Greene Grant Square Senior Center
Good Companions Senior Center of Henry Street Settlement
Grace Moravian Church
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Inter-County Council of International Association of Administrative Professionals
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Ready Rockaway
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Relief Society of Rego Park
Theodora G. Jackson Adult Center
Time Warner Inc.
Visiting Nurse Services
Walt Disney's Northeast Crisis Management & ABC Business Continuity

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