# Introduction to Ready NY for CERT

## WHY?

1. Knowing what you need to know.
2. Consistency in messaging.
3. Allowing for growth in the program.
   A. Introduction to Ready NY
   B. Ready NY Presenter Training
4. Successful follow-through for members.

## WHO ARE YOU?

- NYC Office of Emergency Management (OEM)
- NYC Community Emergency Response Team (CERT)
- Ready NY

## THE BIG THREE

1. Emergency Plans
2. Sheltering at Home
3. Go-bags

## 1. Develop an Emergency Plan

1. Choose two (2) meeting places: one near your home and one outside your neighborhood.
2. Practice using all possible exit routes from your home and neighborhood.
3. Designate an out-of-state contact for household members to call during an emergency.
4. Plan for seniors, non-English speakers, people with disabilities, children, and pets.
5. Buy the right insurance; renters or homeowners.

## 2. Sheltering at Home: Emergency Supply Kit

*WHY WOULD YOU BE ASKED TO STAY AT HOME?*

Keep enough supplies at home to survive for at least three (3) days.

- One gallon drinking water per person per day.
- Non-perishable, ready-to-eat canned foods and can opener
- First aid kit
- Flashlight and batteries
- Battery-operated AM/FM radio and extra batteries
- Whistle
- Phone that does not require electricity.
- Comfort and personal care items.

## 3. Go-Bag For Use in Evacuations

- One for each household member, including pets
- Copies of important documents in waterproof container, including list of medications and copies of prescriptions
- Extra set of house/car keys
- Copies of credit and ATM cards and cash
- Bottled water, non-perishable food
- Flashlight and batteries
- Battery-powered radio and extra batteries
- First aid kit
- Lightweight blanket/Mylar blanket
- Contact and meeting place information and small regional map

## RNY "Specialties"

- Languages
- RNY for Business
- RNY for Kids
- RNY for Teens
- RNY for Seniors and People with Disabilities

## TYPES OF OUTREACH EVENTS

- Open
- Private
- Small tabling
- Large tabling
- Ready NY Presentations

## TOOLS TO HELP YOU DO YOUR JOB

- Questions and Answers
- Worksheet
- Pocket Guide