



NYC Healthy Relationship Training Academy Newsletter

Resources are available for your community

The Mayor's Office to Combat Domestic Violence has a variety of resource material available to share with your community. Printed materials are an important way of informing individuals about how to recognize abusive behaviors, assess their level of risk, and seek reliable services.

The Academy developed a poster with five signs of a healthy relationship and five signs of an unhealthy relationship, available in English on one side and Spanish on the other. These "5 signs" are also available on our 5 Signs cards, a 5.5 by 4 inch card that is easily handed out at public events. We also have a tri-fold educational brochure, which defines both healthy and unhealthy relationship behaviors, offers tips for

breaking up and strategies for helping a friend in need.

In addition to these print materials designed for young people, OCDV has general posters, palm cards, and brochures on the topics of domestic violence as well as financial fraud. To order these print materials, please complete a [Material Order Form](#).

OCDV also has several lists of services available including:

- ★ [An online searchable Resource Directory](#)
- ★ [Resource Guide for Teenage Victims of Family Domestic Violence and Dating Violence](#)
- ★ [Quick List of Dating Violence Services for Teens in New York City](#)



Poster



5 signs Cards



Educational Brochure

Our Latest Numbers

As of January 1, 2013, we have held **1,550** workshops, reaching **31,251** youth since the Academy's inception in 2005.



STATS BOX:

In 2011, 10.4% of New York City teens reported that they have been hit, slapped, or hurt on purpose by a boyfriend or girlfriend.

(NYC Youth Risk Behavior Survey, 2011)



February is Dating Violence Awareness Month

What can you do to raise awareness?

- Attend an event
- Put up a poster at your school/ organization
- Post a link on your social media page to www.teendvmonth.org
- Distribute educational materials about dating violence
- Invite a guest speaker to share information about services available
- Organize a [workshop](#) on dating violence or healthy relationships

This is the time of year when pink and red hearts can be seen decorating storefronts, restaurants, and web banners. Boyfriends and girlfriends panic to make sure they have plans for Valentine's Day, and singles look for friends to hang out with or a fun first date. However, it is also the time of year when we can reflect on how dating relationships

can go wrong, and focus on ways to make sure they go right.

February is Dating Violence Awareness Month, and there are lots of ways you can participate as an individual or with your school, faith community, or community organization. Use this month as an

opportunity to educate young people about recognizing abusive behaviors, maintaining healthy relationships, and services available throughout the City.

NYC Healthy Relationship Training Academy

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