Did you know that February is Teen Dating Violence Awareness Month? Do something to raise awareness! Join our #HealthySelfie Campaign and educate all your friends and followers on what it takes to make your relationships healthy and happy.

“Trust is essential to any successful relationship that is positive. You are more willing to grow with someone you trust and can properly communicate with.” - Bella, Senior Peer Educator

1. Get your phone.
2. Take a selfie of you and your button. (Make sure we can see your button!)
3. Upload your selfie to whatever social media platform you like to use – Facebook, Twitter, Instagram, you name it!
4. Use the hashtag #HealthySelfie and explain why you chose this particular button and how its message is important for healthy relationships. Additionally, use the hashtag #teenDVmonth to join the national conversation about dating violence.
5. Check the Academy’s Facebook and Twitter pages to see if your selfie and your message are featured as our #HealthySelfie of the day!

Like the NYC Healthy Relationship Training Academy
Follow @NYCteenDV

The most popular button of the #HealthySelfie Campaign will be announced at the beginning of March.
...Don’t have a button?
No problem! Print out one of the following images to use as your “button” and follow the directions on the previous page.