

'IT'S MY PARK': IT'S MUST-SEE TV

Want to see more of New York City's "emerald empire?" Then be sure to tune in to "It's My Park" on Tuesday nights at 11:00 p.m.

The Parks TV show is a great resource for learning about the recreational and educational opportunities available in your local parks. Each week, "It's My Park," explores free or affordable resources, from mountain biking to community gardening — and everything in between. Roaming from swimming

pools to wetlands and from bridle paths to bike paths, it highlights the treasure trove of experience waiting for you in the city's many parks.

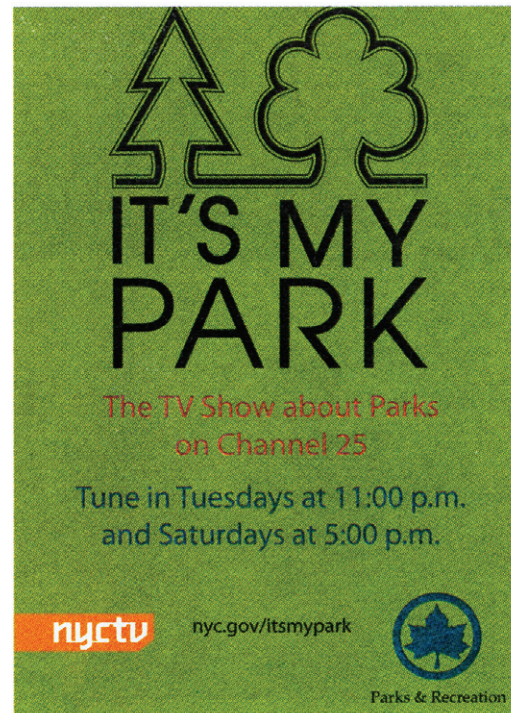
Using a documentary format, "It's My Park" showcases activities in parks throughout the five boroughs, most of them free to the public but not widely known. It uncovers hidden histories, takes viewers to unheard-of facilities and get the word out about programs.

Highlights of this season include a segment about DJ Kool Herc going back to the park where he first spun and scratched on his way to becoming a founding father of

hip hop; a trip inside Manhattan's famous Little Red Lighthouse; an annual fishing contest in Prospect Park, and a walk across the soaring heights of the High Bridge. The show will also explore McCarren Pool in Brooklyn and Staten Island's future Fresh Kills Park.

"It's My Park" airs on NYC TV (Ch. 25 on Time Warner Cable, Ch. 22 on Cablevision), with a repeat the following Saturday at 5:00 p.m.

And if you (or your DVR) miss the show on TV, you can find episodes online at www.nyc.gov/parks/video.



IT'S MY PARK
The TV Show about Parks
on Channel 25
Tune in Tuesdays at 11:00 p.m.
and Saturdays at 5:00 p.m.

nyctv nyc.gov/itsmypark 
Parks & Recreation