

FREE

Adaptive Rowing Program

No experience necessary

Recreational and Competitive Programs Available This Fall

Register online at Rownewyork.org



Recreational Program

For Rowers with Cognitive Disabilities:
Saturdays September 7 – October 26,
12:15 – 1:15pm

For Rowers with Physical Disabilities:
Saturdays September 7 – October 26,
1:15 – 3:00pm

Meadow Lake Boathouse

Competitive Team

Tryouts

Tuesday, September 10

6:30 PM

Meadow Lake Boathouse



For more information, contact

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