

Date 4-6-15

Meeting called to order at 6:37 PM

Minutes and Agenda Adopted at 6:39 PM

**Attendees**

Board members: Padmore John, Monica Dula, LaQuita Henry, Excused: Feruze Zeko, ,

Public Members: Dr. Robin Mckinley, from Ryan Adair; Dr. Cynthia Grace from Nia and Vaughn Jones from Fortune Society.

Dr. McKinley provided information on the Ryan Adair Health center located at 124<sup>th</sup> Hanson Pl. and St. Nicholas Ave. She indicated she is the new Medical Director and was letting the committee know of the various services that are provided by the center, all primary care, as well as the age groups that are served. Ryan Adair sees patients from all age groups, and provides services to Spanish and French speakers. They will shortly be undertaking a street walking grass-roots program as well as advertising in community based newspapers. Services provided include:

- Pediatric
- Geriatric
- Lab Tests
- Counseling
- Other Primary Care Services

Dr. Grace runs a wellness center called the Nia Center located on Seventh Ave. between 131<sup>st</sup> and 132<sup>nd</sup> st. She is a board certified psychologist and wished to alert the committee and the community about the services they provide, which include:

- Individual Counseling:
- Individual Psychotherapy:
- Group Therapy:
- Family Therapy:
- Couples Counseling
- Premarital Counseling:
- Coaching:

Dr. Grace also discussed items that causes undue stress on children and felt that a larger cohesive effort between the board and her office can increase awareness around this issue.

**Old Items:**

- The Health Committee discussed DEP proposal to build a sub-station across the street from the Riverbank State Park (RSP) on the lower levels and will provide a letter of support for the sub-station development to proceed.

- The Health Committee is considering the location near the Ryan Adair Health Center to conduct a Health Fair. The Chair will reach out to the Medical Director at Ryan Adair to determine feasibility.
- The Health Committee will await the appointment and re-appointment of members for the new 2-year cycle before any new members will be included on the committee to replace 2 members that are no longer on the committee.

The meeting was adjourned at 8:10PM