

February-2012, District Manager's Report

Announcement(s):

New York State Senator Adriano Espaillat 2012 Job Fair – State Senator Adriano Espaillat will be hosting a Job Fair on February 25, 2012, at Boricua College 3755 Broadway (Main Entrance, 4th floor). Community Based Organizations and Businesses are invited to participate at the Job Fair. The organizations will be able to set up a table with information regarding your organization and representatives can give presentations on how to apply for vacant jobs or internship opportunities. The following organizations have already confirmed their participation: MTA; NYPD; Wal-Mart; McDonalds; Facility Value-Cleaning Services; Verizon; Target; Royal Prestige; Starbucks; and the Washington Heights Multicultural Center to name a few.

The goal of the Job Fair will be to provide an opportunity for job seekers to introduce themselves to employers who have vacant positions and a chance to network. The Job Fair will be held on Saturday, February 25, 2012, 10a.m. – 3p.m. to RSVP, please contact Glennis Gomez, scheduler at (212) 544-0173 or ggomez@adrianoespaillat.org.

Columbia University Facilities – Information Session for certified minority, women, or locally owned companies on Summer 2012 Construction Projects at Columbia University. Information Session will be held on Tuesday, February 21, 2012, 3-5pm, at Lerner Hall – Satow Room (5th floor) enter from inside campus at 115th Street & Broadway. For further information and to RSVP please reply at projx@columbia.edu.

The Manhattan Solid Waste Advisory Board (SWAB), Manhattan Borough President Scott M. Stringer, and Citizens Committee for New York City invite you to apply for grants to start, expand and grow composting programs in Manhattan. For grant application, please visit www.citizensnyc.org/programs/grants/composting_grants. For more information, please contact Saleen Shah at (212) 822-9566 or sshah@citizensnyc.org.

2012 MBPO Green Your Block Program: Manhattan Borough President Scott M. Stringer is proud to announce the launch of the 2012 MBPO Green Your Block Program. The program will increase the funding available for local groups to green their neighborhoods through tree guard installation and tree stewardship. Block Associations and other civic and community organizations are eligible to submit applications for three guard installation on their residential blocks. For more information or to download the application, visit www.mbp.org or should you have any questions or concerns please email Monica Foskett at TreeGuards@Manhattanbp.org or call (212) 669-2969.

Manhattan Borough President Scott Stringer is hosting the 7th Annual Trail Blazers Program and Award ceremony in honor of Black History Month on Wednesday, February 29, 2012, 6-8p.m., at the Choclat Restaurant and Lounge at 2217-23 Frederick Douglass Blvd. at 120th Street. The Honorees are as follows: Tamika Mallory, Executive Director, National Action Network; Sheila Rule, Co-Founder, Think Outside the Cell Foundation; Norman Seabrook, President, NYC Correction Officers' Benevolent Association. (see Flyer)

American Diabetes Association – ALERT! DAY – 24th Annual American Diabetes Association ALERT! DAY – 2012 is held every fourth Tuesday in March, as a one-day, wake-up call asking the American public to take the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes. Diabetes is a serious disease that strikes nearly 26 million children and adults in the United States, and a quarter of them – 7 million do not even know they have it. An additional 79 million, or one in three American adults, have pre-diabetes, which puts them at high risk for developing type 2 diabetes. (see Flyer)

You can be part of the movement of Stop Diabetes and get your free Diabetes Risk Test (Spanish or English) by calling 1-800-342-2383. Although Alert Day is a one-day event, the Diabetes Risk Test is available year round.

Hamilton Grange Library – 503 W. 145th Street (near Amsterdam Ave.) is offering FREE Computer Help Sessions – March/2012 No pre-registration is required, just come at class time. Laptops or desktop computers will be provided but you can bring your own laptop as well, classes are being offered Friday Afternoons: March 9th – 2-4pm.; March 10th – 10am – 12Noon; March 23rd – 2-4pm.

Learn all about Computer Basics at the Hamilton Grange Library, Friday April 13th, and 27th, 2012 from 2-4pm the Hamilton Grange Library is offering classes in basic computer terminology, components of the computer, and various popular software applications.

ConEdison Reported - Beginning Friday, February 17th, Con Edison crews will begin permanent repairs on Broadway (Between W. 147th & 148th St.) to repair a transmission line cooling system that recently experienced an oil leak. Work will take place Monday through Friday from 7am to 3pm and is expected to last approximately three weeks, through March 9th. For further information please contact the ConEd Representative at (212) 460-3938.

Youth Action NYC – The YouthAction Community Leadership Course (YCLC) empowers young people as advocates to make New York City a better place for children, youth, and families.

Students will have the opportunity to:

- Meet and Work with High School Students from across NYC;
- Immerse themselves in City Government and learn how NYC delivers services to children and families;
- Take part in street polling, interviews with elected officials and influential community leaders, and visit key community-based organizations throughout NYC;
- Present Youth-Generated Policy recommendations to Community Leaders.

To learn more about YouthAction NYC's Community Leadership Course and receive an application, please see the Guidance Counselor or Community Service Director at your local school, or contact Laura Jankstrom YouthAction NYC's Program Coordinator at (212) 673-1800 x20 or email Ms. Jankstrom at ljankstrom@cccnewyork.org.

Respectfully Submitted by,

A handwritten signature in black ink, appearing to read "Lutha Prince", written over a horizontal line.

Lutha Prince
District Manager

2/16/12



MANHATTAN BOROUGH PRESIDENT SCOTT M. STRINGER
invites you to the

SEVENTH ANNUAL

TRAILBLAZERS

PROGRAM & AWARD CEREMONY IN HONOR OF BLACK HISTORY MONTH

Honorees

Tamika Mallory
Executive Director
National Action Network

Sheila Rule
Co-founder
Think Outside the Cell Foundation

Norman Seabrook
President
New York City Correction Officers' Benevolent Association

Wednesday, February 29, 2012
6:00pm - 8:00pm
Chocolàt Restaurant and Lounge
2217-23 Frederick Douglass Blvd. at 120th Street
New York, New York 10026



Please RSVP to 212-669-4451 or rsvp@manhattanbp.org

American Diabetes Association.

ALERT! DAY

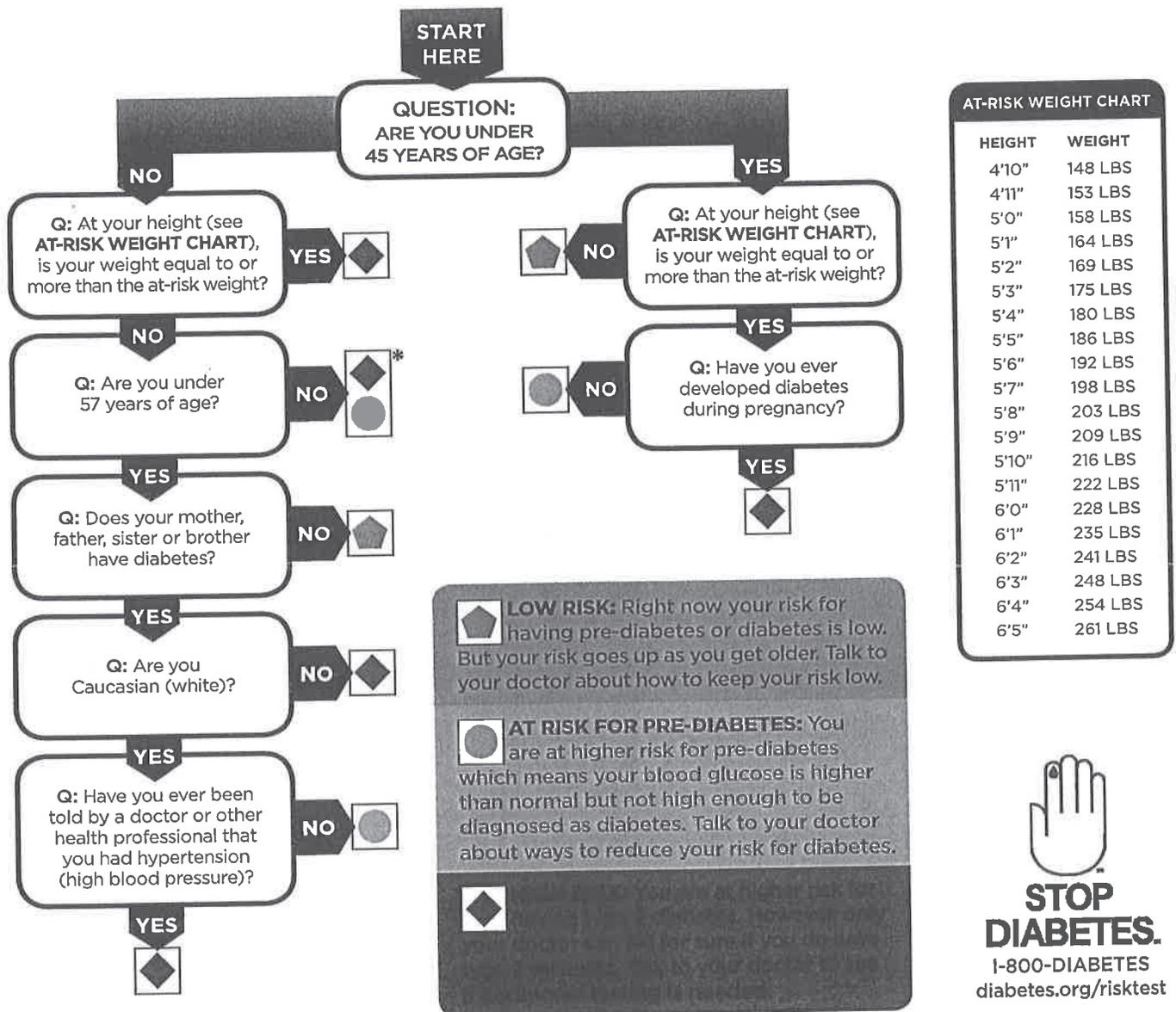
ARE YOU AT RISK?

DIABETES RISK TEST

Calculate Your Chances for Type 2 or Pre-Diabetes

The American Diabetes Association has revised its Diabetes Risk Test according to a new, more accurate statistical model. The updated test includes some new risk factors, and projects risk for pre-diabetes as well as diabetes.

This simple tool can help you determine your risk for having pre-diabetes or diabetes. Using the flow chart, answer the questions until you reach a colored shape. Match that with a risk message shown below.



AT-RISK WEIGHT CHART

HEIGHT	WEIGHT
4'10"	148 LBS
4'11"	153 LBS
5'0"	158 LBS
5'1"	164 LBS
5'2"	169 LBS
5'3"	175 LBS
5'4"	180 LBS
5'5"	186 LBS
5'6"	192 LBS
5'7"	198 LBS
5'8"	203 LBS
5'9"	209 LBS
5'10"	216 LBS
5'11"	222 LBS
6'0"	228 LBS
6'1"	235 LBS
6'2"	241 LBS
6'3"	248 LBS
6'4"	254 LBS
6'5"	261 LBS

 **LOW RISK:** Right now your risk for having pre-diabetes or diabetes is low. But your risk goes up as you get older. Talk to your doctor about how to keep your risk low.

 **AT RISK FOR PRE-DIABETES:** You are at higher risk for pre-diabetes which means your blood glucose is higher than normal but not high enough to be diagnosed as diabetes. Talk to your doctor about ways to reduce your risk for diabetes.





STOP DIABETES.
1-800-DIABETES
diabetes.org/risktest

*Your risk for diabetes or pre-diabetes depends on additional risk factors including weight, physical activity and blood pressure.



FREE COMPUTER HELP SESSIONS

March 2012

Want to start using the Internet? Are you having trouble with your email? Starting up an online job search? Then check out the classes and one-on-one help sessions at your local library!

Hamilton Grange Library

503 West 145th Street (near Amsterdam Ave.)

Friday Afternoons

March 9th : 2:00PM – 4:00PM

March 10th** : 10:00AM to 12:00PM

March 23rd : 2:00 PM – 4:00 PM

** Special Saturday Morning Open Lab

No pre-registration is required, just come at class time. Laptops or desktop computers will be provided but you can bring your own laptop as well.



New York
Public
Library



NYC
Information
Technology &
Telecommunications

 *Partially Accessible



FREE COMPUTER HELP SESSIONS

April 2012

Want to start using the Internet? Are you having trouble with your email? Starting up an online job search? Then check out the classes and one-on-one help sessions at your local library!

Hamilton Grange Library

503 West 145th Street (near Amsterdam Ave.)

Friday Afternoons

April 6th : 2:00PM – 4:00PM

April 20th: 2:30 PM – 4:30 PM

No pre-registration is required, just come at class time. Laptops or desktop computers will be provided but you can bring your own laptop as well.



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FREE COMPUTER HELP SESSIONS

May 2012

Want to start using the Internet? Are you having trouble with your email? Starting up an online job search? Then check out the classes and one-on-one help sessions at your local library!

Hamilton Grange Library

503 West 145th Street (near Amsterdam Ave.)

Friday Afternoons

May 4th: 2:00PM – 4:00PM

May 18th: 2:30 PM – 4:30 PM

No pre-registration is required, just come at class time. Laptops or desktop computers will be provided but you can bring your own laptop as well.



New York
Public
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NYC
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Technology &
Telecommunications

 *Partially Accessible

Learn all about Computer Basics at Hamilton Grange!



New York
Public
Library



Sponsored by New York City Connected
Communities.
All New York Public Library Programs are
free of charge.

Date: Friday April 13th, 27th 2012

Time: 2:00pm to 4:00pm

Hamilton Grange Library 503 West
145th Street (Near Amsterdam Ave)

Learn about the various types
and components of computers,
including basic computer termi-
nology, an overview of operating
systems, and popular software
applications.

Contact person: 212-926-2147

Mouse and Keyboarding Skills at Hamilton Grange!!



New York
Public
Library



Sponsored by New York City Con-
nected Communities.
All New York Public Library Programs
are free of charge.

Date: Friday March 2nd, 30th, 2012

Time: 2:00pm to 4:00pm

Hamilton Grange Library 503 West
145th St (Near Amsterdam Ave.)

Learn how to hold, click, and
move the mouse, and practice
your keyboarding skills. Online
resources for continuing your
practice and learning will be in-
troduced.

Contact person: 212-926-2147