

Public Transportation West Side

Subway

B C 86th Street & Central Park West

1 86th Street & Broadway

Subway

B C 81st Street & Central Park West

1 79th Street & Broadway



Buses Downtown

M7 & M11 Columbus Ave
M104 Broadway



Buses Uptown

M7 & M11 Amsterdam Ave
M104 Broadway

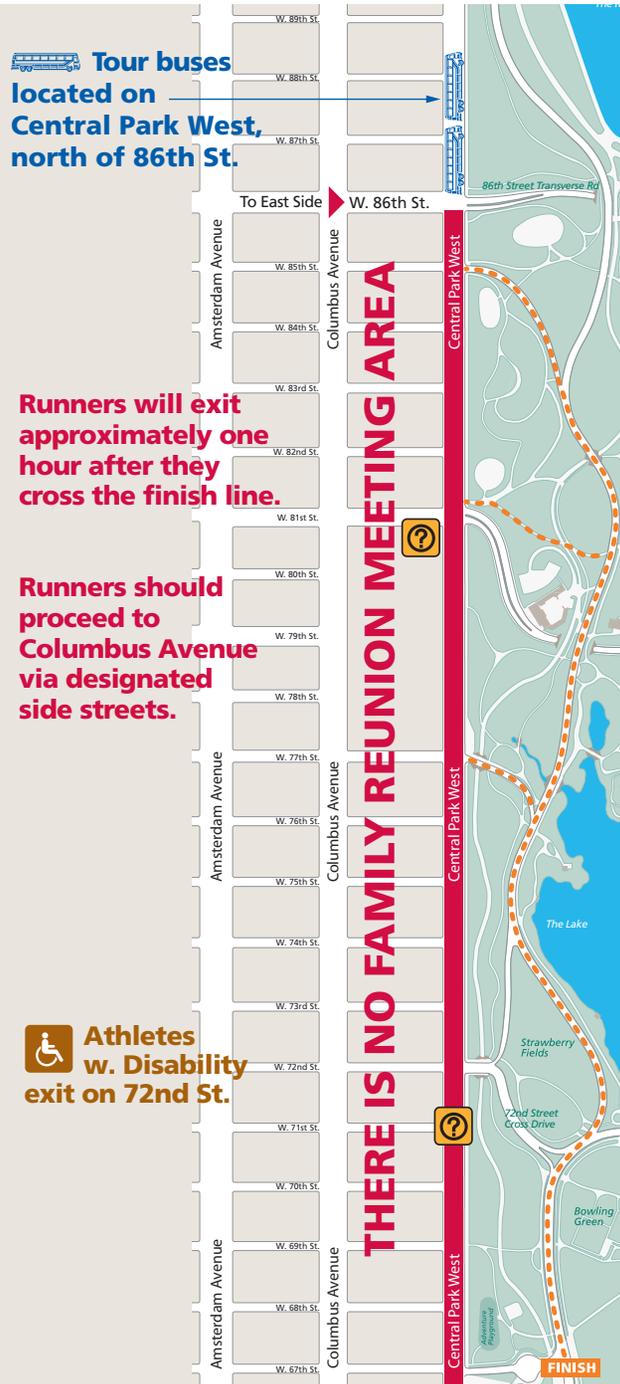
Subway

B C 72nd Street & Central Park West

1 2 3 72nd Street & Broadway



Information Area



Runner Instructions

After you finish the marathon, please *keep moving* through the post-finish area to help minimize congestion. Medical assistance will be available if needed, but under normal circumstances you will find that you feel *better* if you continue to move after the massive effort of finishing a marathon.

After retrieving your baggage from UPS trucks, continue to walk to the exit points from Central Park, where there will be plenty of space to sit down, change clothes, make phone calls, etc.

Please plan to meet your friends and family at a prearranged location away from Central Park. In most cases, you will exit Central Park approximately 45-60 minutes after crossing the finish line.

Please tear off the card below and give it to a friend or family member before race day so that they can access our *Runner Information Hotline* to learn of your whereabouts after the race.

TEAR HERE

RUNNER INFORMATION HOTLINE - 800.496.6193

Call the **Runner Information Hotline** at **800.496.6193** and key in your marathoner's bib number when prompted to determine his or her finishing time or location in a medical tent.

Please Note: Most runners will exit Central Park approximately 45-60 minutes after crossing the finish line. Please ask your runner to give you their estimated finishing time.

RUNNER'S NAME:

BIB NUMBER:

TEAR HERE



New York Road Runners
9 East 89th Street
New York, NY 10128

Tel 212 860 4455
Fax 212 860 9754
Web www.nyrr.org

Dear Central Park Neighbors:

The ING New York City Marathon, one of the city's premier events with 43,000-45,000 runners and 2.5 million spectators, will take place Sunday, November 7.

On the eve of the marathon, Saturday, November 6, a celebratory fireworks display will take place at 7:30 p.m. above the finish line in Central Park at West 67th Street. We wanted you to be aware of this event in advance, especially pet owners who may want to make arrangements to keep their animals indoors during the fireworks display, which will last approximately 30 minutes.

Thank you for your understanding and cooperation. Enjoy Marathon Weekend!

Sincerely,

New York Road Runners



New York Road Runners
9 East 89th Street
New York, NY 10128

Tel 212 860 4455
Fax 212 860 9754
Web www.nyrr.org

October 2010

Dear Central Park Neighbors:

The ING New York City Marathon is where the world comes to run! This year we expect some 30,000 runners (of a field of more than 40,000) and their family members to travel to our city to be part of a weekend of activities surrounding the marathon.

On Sunday, November 7 the **ING New York City Marathon** will fill the five boroughs with its perennial pageantry and excitement. More than 40,000 runners will take part, including Olympians and many more of the world's best endurance athletes. Also, as part of our weekend activities, on Friday, November 5 we will host approximately 4,000 runners in the inaugural **NYRR 5**, and on Saturday, November 6, some 15,000 runners will participate the **Continental Airlines International Friendship Run**, which will start near the United Nations at 9:00 a.m. and finish in Central Park. All three days will offer great spectating opportunities; there will also be some temporary road closings and parking limitations on Sunday, which are necessary to allow such a huge event to be feasible in our city.

The NYRR5 on Friday is a five-mile run contained solely inside Central Park. It will start at 8:00 a.m. on 67th Street and West Drive. The run will complete a loop of the park and finish on the West Drive at 62nd Street. The park drives will be closed, but there will be no road closings or parking restrictions on the surrounding streets.

On Saturday, the Friendship Run will finish in Central Park at 62nd Street. Participants will be leaving the park from Central Park West between approximately 9:30 and 10:30 a.m., but there will be no road closings or parking restrictions on the surrounding streets.

On Sunday, the marathoners will enter the park at East 90th Street during the 24th mile of their 26.2-mile race. They will then run on the park's East Drive and exit to Central Park South at Grand Army Plaza near Fifth Avenue. They'll continue on Central Park South to Columbus Circle, reenter the park at Columbus Circle/Merchants' Gate with less than a half-mile to go, and finish on West Drive next to Tavern on the Green.

During race preparations, **Central Park West will be closed to vehicular traffic** beginning at 8:00 a.m. on Sunday, November 7. The 67th Street and 72nd Street entrances to the park will be accessible only by credential between Saturday at midnight and Sunday at 7:00 p.m. Pedestrians and Central Park patrons should use the 65th Street and 85th Street entrances to gain access to the east side of Central Park. Cross town traffic will be detoured around the park, south to 57th Street or north to 138th Street. The leading runners will finish the race at approximately 11:35 a.m., and finishers will be walking out of the park at 77th, 81st, and 85th streets between about noon and 6:30 p.m., with the greatest pedestrian traffic between 1:40 and 3:30 p.m. At approximately 7:00 p.m., the operation will be shut down and cleanup will begin.

There will be **no parking on Central Park West** from 59th Street to 86th Street on both east and west sides of the street and from 86th Street to 96th Street on the east side only between Saturday at midnight and Sunday at 8:00 p.m. Side streets between Columbus Avenue and Central Park West from 59th Street to 86th Street will be closed to traffic from 8:00 a.m. until approximately 7:00 p.m., and some sections of these streets will be marked with signs as temporary no-parking zones. Vehicles will be towed from these locations during these hours; if your vehicle is towed, you can call the 20th Precinct (tel. 212.580.6411) to retrieve it.

We hope that you'll take part in the event by coming out to watch—if you're not going to be running! Your patience and understanding about the road closings and parking restrictions are greatly appreciated, and we apologize for any inconvenience that they may cause.

Sincerely,

New York Road Runners