

STREET SMARTS NYC

A map of free meals in Manhattan

MAP KEY

- All welcome
- Senior Citizens
- Under 21
- HIV Positive
- Women
- Residents

SYMBOLS KEY

- Mobile kitchen
- Brown bag meal
- Must attend services
- Kosher meals
- Must call ahead to register
- Residents only
- HIV+ Only HIV positive
- Women only

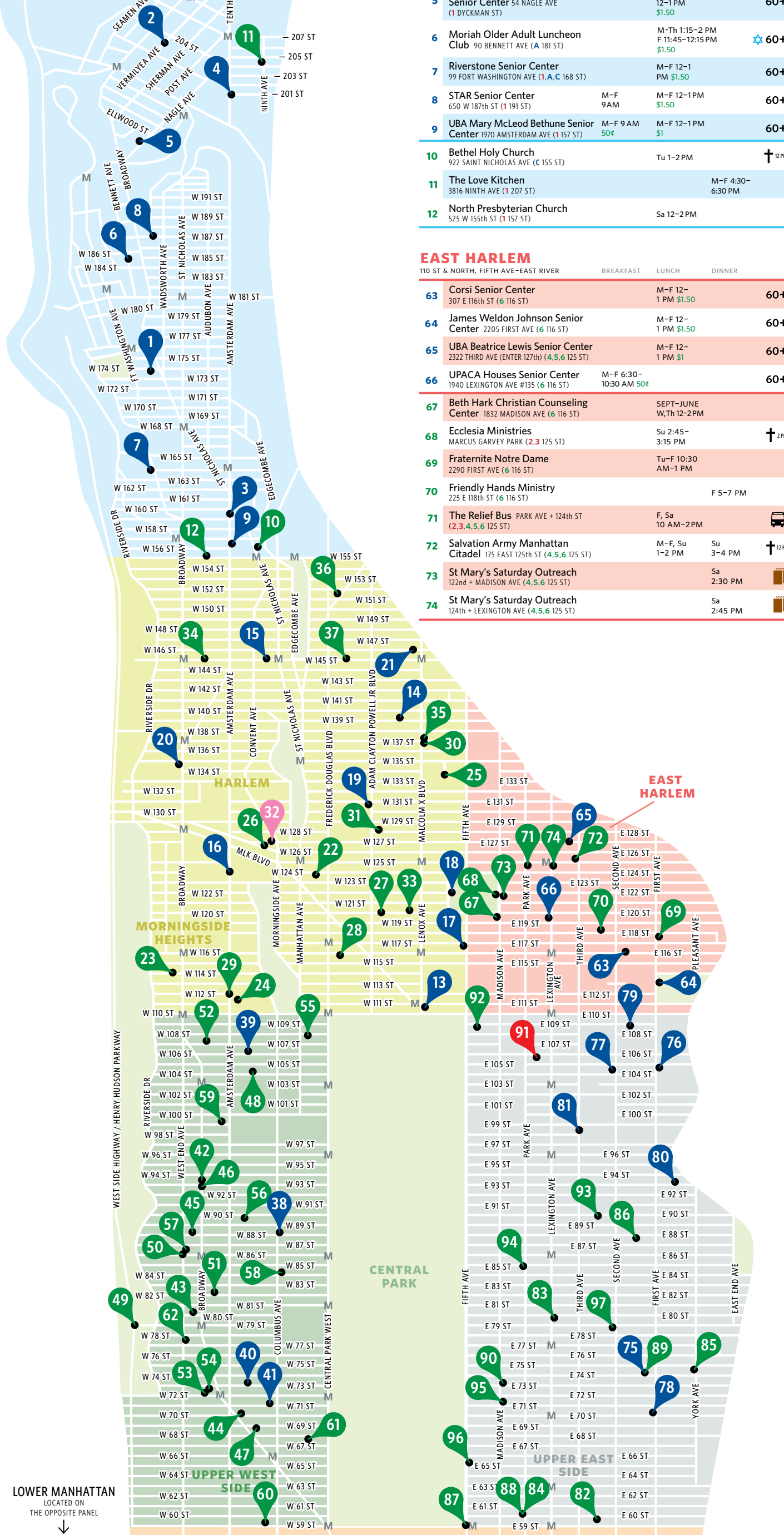
HARLEM / MORNINGSIDE HEIGHTS

	BREAKFAST	LUNCH	DINNER
13	Canaan Senior Service Center 10 LENOX AVE (2,3 CENTRAL PARK NO. 110 ST)	M-F 12-1 PM \$1	60+
14	Central Harlem Senior Citizens Coalition 120 W 140th ST (2,3 135 ST)	M-F 12-1:30 PM \$1.25	60+
15	Hamilton Grange Senior Center 420 WEST 145th ST (A,C,B,D 145 ST)	M-F 8:30-10 AM 75¢ M-F 12-1:30 PM \$1.50	60+
16	Jackie Robinson Senior Center 1301 AMSTERDAM AVE (1,A,C,B,D 125 ST)	M-F 9-10:30 AM \$1 M-F 12-1 PM \$1.25	60+
17	Odee Holland Center 1428 FIFTH AVE (2,3 116 ST)	M-F 12-1 PM \$1	60+
18	PSS Harlem Pelham Fritz Center 18 MT. MORRIS PARK WEST (2,3 125 ST)	M-F 12-1 PM \$1	60+
19	St Nicholas Senior Center 210 W 131st ST (2,3 135 ST)	M-F 12-1 PM \$2/week	60+
20	UBA Manhattan - Riverside Senior Center 3333 BROADWAY TOWER E (1 137 ST-CITY COLLEGE)	M-F 12-1 PM \$1	60+
21	UBA Philip Randolph Senior Center 108 W 146th ST (3 145 ST)	M-F 8:30-9:30 AM 50¢ M-F 12-1 PM \$1	60+
22	Billy Roberts House of Hope 302 W 124th ST (A,C,B,D 125 ST)	M,Tu,Th,F 11 AM-1:45 PM	
23	Broadway Community Lunch Program 601 WEST 114th ST (1 116 ST-COLUMBIA UNIV)	M,W,F 10:15 AM-12 PM	M,W,F 12:30-2 PM
24	Cathedral Community Cares 1047 AMSTERDAM AVE (1 CATHEDRAL PKWY)	Su 10-11:30 AM	Su 12:30-2 PM
25	Catholic Charities: Joseph P Kennedy Center 34 WEST 134th ST (2,3 135 ST)		W 2-4 PM
26	Central Harlem Alcohol Crisis Center 419 W 126th ST (A,C,B,D 125 ST)	M-F 8:45-9:15 AM	M-F 12:45-1:15 PM M-F 5:45-6:15 PM
27	Emmaus House 160 WEST 120th ST (2,3,B,C, 116 ST)		Sa 12-1 PM
28	Food Bank for NYC 252 W 116th ST (B,C, 116 ST)		M-F 4-6 PM
29	Grand Central Food Program CATHEDRAL OF ST JOHN THE DIVINE-112th ST + AMSTERDAM AVE (1,B,C, CATHEDRAL PKWY)		DAILY 8:30 PM
30	Grand Central Food Program HARLEM HOSPITAL (137TH ST + LENOX AVE) (2,3 135 ST)		DAILY 9 PM
31	Metropolitan Baptist Church 151 W 128th ST (2,3 125 ST)		Sa 12-1:45 PM
32	Missionaries of Charity 406 W 127th ST (1,A,C,B,D 125 ST) 212-222-7229	M-W,F,Su 9-10 AM	
33	Mt. Olivet Baptist Church 201 LENOX AVE (2,3 116 ST)		M 12-1:30 PM
34	The Relief Bus 145th ST (BET. AMSTERDAM + BDWY) (1,A,C,B,D 125 ST)		W 10 AM-2 PM
35	Salvation Army Harlem Temple 540 LENOX AVE (2,3 135 ST)		M-F 1 PM
36	St Matthews Soup Kitchen 43 MACOMBS PL (C,B,D 155 ST)		W 12-12:45 PM
37	Union Baptist Church 240 W 145th ST (3,A,C,B,D 145 ST)		W 1-3 PM

UPPER WEST SIDE

	BREAKFAST	LUNCH	DINNER
38	Goddard Riverside Senior Center 593 COLUMBUS AVE (1,B,C 86 ST)	DAILY 12-1 PM	60+
39	Manhattan Valley Golden Age Senior Center 135 W 106th ST (1 103 ST)	M-F 12-1 PM \$1	60+
40	Project FIND—Hamilton Senior Center 141 WEST 73rd ST (1,2,3,B,C 72 ST)	M-F 9-10:30 AM \$1 M-F 11:45-12:45 PM \$1.50	60+
41	Project FIND—Hargrave Senior Center 111 W 71st ST (1,2,3,B,C 72 ST)	Su-F 9-10:30 AM \$1 Su-F 12-1:30 PM \$1.50	60+
42	Advent Lutheran Church 2504 BROADWAY (1,2,3 96 ST)		4TH Sa/MO 12-1 PM
43	All Angels Church 251 W 80th ST (1 79 ST)		Sa 5-7 PM
44	Blessed Sacrament Church SCHOOL CAFETERIA - 147 W 70th ST (1,2,3 72 ST)		Su 2:30-3 PM
45	B'nai Jeshurun Lunch Program 257 WEST 88th ST (1 86 ST)		Th 12-1 PM
46	Broadway United Church of Christ Sandwich Line 2504 BROADWAY (IN FRONT OF CHURCH) (1,2,3 96 ST)		T,Th 4 PM
47	Christ and St. Stephen's 120 WEST 69th ST (1,2,3 72 ST)		M-F 10:30 AM-12 PM
48	Grace United Methodist 125 W 104th ST (1 103 ST)	M 9 AM	Tu 12:30-1 PM
49	Grand Central Food Program 79th ST BOAT BASIN + WEST SIDE HWY (1 79 ST)		DAILY 8 PM
50	Grand Central Food Program 86th ST + WEST END AVE (1 86 ST)		DAILY 8:15 PM
51	Holy Trinity Catholic Church 213 W 82nd ST (1 79 ST)	M-F 8:30-9 AM	
52	Mother's Kitchen at Ascension Church 221 W 107th ST (1 CATHEDRAL PKWY)		1ST Sa/MO 2:30-3:45 PM
53	NCJW Soup Kitchen 241 W 72nd ST (1,2,3 72 ST)	Su 11:30 AM-12:30 PM	W 5-6 PM
54	Rutgers Presbyterian Church 236 W 73rd ST (1,2,3,B,C 72 ST)		SEPT-JUNE Th 6-7 PM
55	Southern Baptist Church 12 W 108th ST (B,C CATHEDRAL PKWY-110 ST)		W 12-1:30 PM
56	St Gregory's Soup Kitchen 144 W 90th ST (1 86 ST)	Sa 10:30 AM	
57	St Ignatius Soup Kitchen 552 WEST END AVE (1 86 ST)		Sa 4 PM 7 PM
58	St Matthew & St Timothy 26 W 84th ST (B,C 86 ST)		OCT-JUNE Su 2 PM
59	St Michael's Saturday Kitchen 225 W 99th ST (1 103 ST)	Sa 10 AM	
60	St Paul the Apostle Church 405 W 59th ST (1,2,A,C,B,D 59 ST-COLUMBUS CIRCLE)		Tu, Th 11:30 AM-12:30 PM
61	Stephen Wise Emergency Food Program 30 W 68th ST (1 66 ST)	Sa 8:15-8:45 AM	
62	West End Collegiate Church 368 WEST END AVE (1 79 ST)		Tu 4-5:15 PM

WASHINGTON HEIGHTS & INWOOD



WASHINGTON HEIGHTS / INWOOD

	BREAKFAST	LUNCH	DINNER
1	ARC XVI Fort Washington Senior Center 4111 BROADWAY ENTER 174th ST (A 175 ST)		M-F 12-1 PM \$2 60+
2	ARC XVI Inwood Senior Center 84 VERMILYEA AVE (A DYCKMAN ST)	M-F 8:30-9:30 AM \$1	M-F 12-1 PM \$1.50 60+
3	Church on the Hill Older Adults Luncheon Club 2005 AMSTERDAM AVE (C 163 ST AMSTERDAM AVE)		M-F 1 PM \$1.50 60+
4	Dyckman Senior Center 3754 TENTH AVE (1 DYCKMAN ST)	M-F 9-10:30 AM 50¢	M-F 12-1:30 PM \$1 60+
5	Harry & Jeanette Weinberg Senior Center 54 NAGLE AVE (1 DYCKMAN ST)		M-F, Su 12-1 PM \$1.50 60+
6	Moriah Older Adult Luncheon Club 90 BENNETT AVE (A 181 ST)		M-Th 1:15-2 PM F 11:45-12:15 PM \$1.50 ☆ 60+
7	Riverstone Senior Center 99 FORT WASHINGTON AVE (1,A,C 168 ST)		M-F 12-1 PM \$1.50 60+
8	STAR Senior Center 650 W 187th ST (1 191 ST)	M-F 9 AM	M-F 12-1 PM \$1.50 60+
9	UBA Mary McLeod Bethune Senior Center 1970 AMSTERDAM AVE (1 157 ST)	M-F 9 AM 50¢	M-F 12-1 PM \$1 60+
10	Bethel Holy Church 922 SAINT NICHOLAS AVE (C 155 ST)		Tu 1-2 PM † 12 PM
11	The Love Kitchen 3816 NINTH AVE (1 207 ST)		M-F 4:30-6:30 PM
12	North Presbyterian Church 525 W 155th ST (1 157 ST)		Sa 12-2 PM

EAST HARLEM

	BREAKFAST	LUNCH	DINNER
63	Corsi Senior Center 307 E 116th ST (6 116 ST)		M-F 12-1 PM \$1.50 60+
64	James Weldon Johnson Senior Center 2205 FIRST AVE (6 116 ST)		M-F 12-1 PM \$1.50 60+
65	UBA Beatrice Lewis Senior Center 2322 THIRD AVE (ENTER 127th) (4,5,6 125 ST)		M-F 12-1 PM \$1 60+
66	UPACA Houses Senior Center 1940 LEXINGTON AVE #135 (6 116 ST)		M-F 6:30-10:30 AM 50¢ 60+
67	Beth Hark Christian Counseling Center 1832 MADISON AVE (6 116 ST)		SEPT-JUNE W,Th 12-2 PM
68	Ecclesia Ministries MARCUS GARVEY PARK (2,3 125 ST)		Su 2:45-3:15 PM † 12 PM
69	Fraternite Notre Dame 2290 FIRST AVE (6 116 ST)		Tu-F 10:30 AM-1 PM
70	Friendly Hands Ministry 225 E 118th ST (6 116 ST)		F 5-7 PM
71	The Relief Bus PARK AVE + 124th ST (2,3,4,5,6 125 ST)		F, Sa 10 AM-2 PM
72	Salvation Army Manhattan Citadel 175 EAST 125th ST (4,5,6 125 ST)		M-F, Su 1-2 PM Su 3-4 PM † 12 PM
73	St Mary's Saturday Outreach 122nd + MADISON AVE (4,5,6 125 ST)		Sa 2:30 PM
74	St Mary's Saturday Outreach 124th + LEXINGTON AVE (4,5,6 125 ST)		Sa 2:45 PM

UPPER EAST SIDE

	BREAKFAST	LUNCH	DINNER
75	Carter Burden Luncheon Club 351 E 74th ST IN JAN HUS CHURCH (6 77 ST)		M-F 12-1 PM \$2 60+
76	East River Senior Center 402 E 105th ST (6 103 ST)		M-F 12-1 PM \$1.50 60+
77	Gaylord White Senior Center 2029 SECOND AVE (6 103 ST)		M-F 12-1 PM \$1.50 60+
78	Lenox Hill Neighborhood House 343 E 70th ST (6 68 ST-HUNTER COLLEGE)	DAILY 8-9 AM \$1 DAILY 12-1 PM \$1.50	60+
79	Leonard Covello Senior Center 312 E 109th ST (6 110 ST)	M-F 8:30-10 AM 25¢ M-F 12-1 PM \$1	60+
80	Stanley M. Isaacs Senior Center 415 EAST 93rd ST (6 96 ST) LOCATED ON THE OPPOSITE PANEL	M-F 8:30-9:15; Sa 9:15-9:45 AM 50¢	M-Sa 11:45-12:30 PM \$1.50 60+
81	Washington / Lexington Senior Center 1775 THIRD AVE (6 96 ST)		M-F 12-1 PM \$1.50 60+
82	All Saints Episcopal Church 230 E 60th ST (4,5,6,N,Q,R 59 ST)		Sa 5-6 PM
83	All Souls Church 1157 LEXINGTON AVE (6 77 ST)		F 12-1 PM M 7-8 PM
84	Christ Church United Methodist 520 PARK AVE (4,5,6,N,Q,R 59 ST)		Su 4:30-6:30 PM
85	Church of the Epiphany 1393 YORK AVE (6 77 ST)		W 7-8:30 PM
86	Church of the Holy Trinity 316 E 88th ST (4,5,6 86 ST)		Sa 5:15 PM

	BREAKFAST	LUNCH	DINNER
87	Grand Central Food Program CENTRAL PARK-59th ST + FIFTH AVE (N,Q,R 59 ST)		DAILY 9:15 PM
88	Grand Central Food Program 60th ST + PARK AVE NW CORNER (4,5,6 59 ST)		DAILY 9:45 PM
89	Jan Hus Presbyterian Church 351 E 74th ST (6 77 ST)		SEPT-JUNE Tu 6 PM
90	Madison Ave Presbyterian Church 921 MADISON AVE (6 77 ST)		Th 6:30 PM
91	Momentum Project—St Cecilia's Church 120 E 106th ST (6 103 ST) 212-691-8100		F 3-5:30 PM HIV+
92	New York Common Pantry 8 E 109th ST (2,3,6 110 ST)		M-F 8-9:30 AM M,W,F 4:30-6 PM
93	Our Lady of Good Counsel 230 E 90th (4,5,6 86 ST)		Sa 7-8:30 AM
94	Park Ave Christian Church 1010 PARK AVE (4,5,6 86 ST)		Sa 1:30-2 PM
95	St. James' Church 865 MADISON AVE (6 68 ST-HUNTER COLLEGE)		Tu 12-12:40 PM
96	Temple Emanu-El Sunday Lunch Program 1 E 65th ST (F LEXINGTON AVE-63 ST)		Su 12 PM
97	Temple Shaaray Tefila 250 E 79th ST (6 77 ST)		W 12-1 PM

ADDITIONAL RESOURCES

FOOD STAMPS/SNAP
Hunger Free Communities Consortium
1-855-692-4322

WOMEN, INFANTS & CHILDREN (WIC) PROGRAM
WIC Hotline
1-800-522-5006

FOOD PANTRIES
NYC Emergency Foodline
1-866-888-8777

SHOWERS, LAUNDRY, CLOTHING, JOBS
Inspire Outreach
917-517-3203

HOMEBOUND DELIVERED SENIOR MEALS
WASHINGTON HEIGHTS, HARLEM
Charles Walburg
212-222-2552

EAST HARLEM, UPPER EAST SIDE
Stanley Isaacs
212-348-4333

UPPER WEST SIDE, MIDTOWN WEST
Encore
212-281-2910

MIDTOWN EAST, CHELSEA, VILLAGE, DOWNTOWN
Henry Street Settlement
212-349-2770

STREET SMARTS NYC is a not-for-profit organization helping the hungry locate free and low-cost meals in Manhattan. Our map and website, <http://streetsmart-nyc.org>, share 160 locations with meal service, including serving times, addresses and eligibility. If you can help us connect the hungry with meals in Manhattan, please contact us.

AGENCIES IN ACTION is a not-for-profit organization that unites the advertising industry and their talents to fight hunger throughout New York City.

Design: pulp, ink.

YUPO Street Smarts NYC map is printed on Yupo Accel 86#, and we gratefully acknowledge the support of Yupo Corporation's Quality of Life Program that enabled us to print four maps for each map within our budget.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS The Church of Jesus Christ of Latter-day Saints volunteers delivered these maps throughout Manhattan.

HUNGER The New York City Coalition Against Hunger supports 1.5 million New Yorkers who cannot afford to feed themselves and guides the people and organizations working to move New Yorkers "beyond the soup kitchen."



MIDTOWN

	BREAKFAST	LUNCH	DINNER
98 Encore Senior Center 239 W 49th St (1, C, E 50 St)	M-F 9 AM-5:00 PM	M-F 11 AM-12:30 PM \$1.50	60+
99 Lenox Hill Senior Center - St. Peter's Church 619 Lexington Ave (Center on 54th St) (E, M, Lexington Ave-53 St)		M, W, Sa, 12-1 PM \$1.50	60+
100 Project FIND—Clinton Senior Center 530 W 55th St (A, C, E, D 59 St—Columbus Circle)		M-F 12-1 PM \$1.50	60+
101 Project FIND—Coffeeshouse Senior Center 551 Ninth Ave (A, C, E 42 St—Port Authority)	Su-F 9-10:30 AM \$1	Su-F 12-1:30 PM \$1.50	60+
102 Project FIND—Woodstock Senior Center 127 West 43rd St (S, N, Q, R, 7 Times Sq—42 St)	M-Sa 9-10:30 AM \$1	M-F 12-1:30 PM \$1.50	60+
103 Central Synagogue Breakfast Program 123 East 55th St (4, 5, 6 59 St)	Th, F 6-7:30 AM		

	BREAKFAST	LUNCH	DINNER
104 Covenant House New York 460 W 41st St (A, C, E 42 St—Port Authority)	M-F 7-8 AM Su 9-11 AM	DAILY 12-2 PM	DAILY 5-6 PM
105 The Dwelling Place 409 W 40th St (A, C, E 42 St—Port Authority)			W 5:30-6:30 PM ♀ 30+
106 Grand Central Food Program 35th St Under FDR Drive (6 33 St)		DAILY 7-15 PM	
107 Grand Central Food Program 51st St & Broadway, SW Corner (1 50 St)		DAILY 7:15 PM	
108 Grand Central Food Program Sony Bldg—55th St Btw Madison + Fifth Ave (E, M 5 Ave/53 St)		DAILY 9:45 PM	
109 Grand Central Food Program St. Bartholomew's—51st St Btw Park + Lexington Ave (6 51 St)		DAILY 6:30-7 PM	
110 Grand Central Food Program 40th St Btw Dyer + Tenth Ave (A, C, E 42 St—Port Authority)		DAILY 7:30 PM	

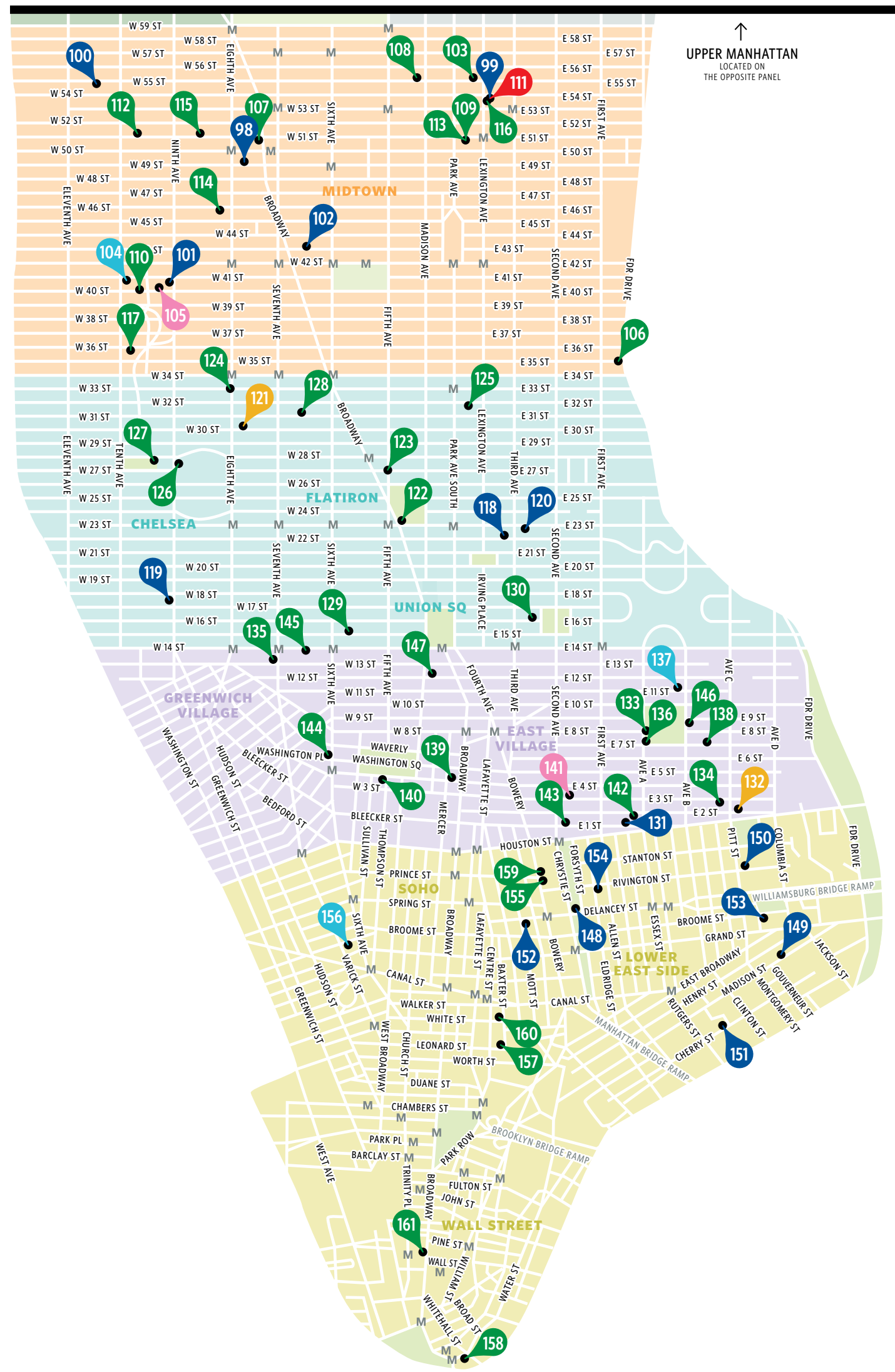
	BREAKFAST	LUNCH	DINNER
111 Momentum Project—St. Peter's Lutheran Church 619 Lexington Ave (Center on 54th St) (E, M, Lexington Ave-53 St) 212-691-8100		Tu 11 AM-1 PM	Tu 4-6:30 PM
112 Sacred Heart of Jesus Church 457 W 51st St (C, E 50 St)		M-F 12:30-1:30 PM	
113 Soup Kitchen at St Bart's 108 E 51st St (6 51 St)	M, W, Su 7-8:30 AM Sa 9:30-11 AM		DAILY 5:30-6:30 PM
114 St. Luke's Soup Kitchen 308 W 46th St (A, C, E 42 St—Port Authority)		Tu, Th 1-2 PM	
115 St. Paul's House Soup Kitchen 335 W 5th St (1, C, E 50 St)		M-F 7:20-8:30 AM	
116 St. Peter's Breakfast Program 619 Lexington Ave (E, M, Lexington Ave-53 St)		Tu 7:15 AM	
117 The Sylvia Rivera Food Pantry 446 W 36th St (A, C, E 34 St—Penn Station)		Tu-F 2-3 PM	

CHELSEA / FLATIRON / UNION SQUARE

	BREAKFAST	LUNCH	DINNER
118 Community Lounge Senior Center 155 E 22nd St (6 23 St)		M-F 12-1 PM \$1.50	60+
119 Hudson Guild Meal Program 119 Ninth Ave (A, C, E 14 St)	M-F 8:45-9:45 AM \$1.25	M-F 11:45 AM-1:30 PM \$1.25	60+
120 Stein Senior Center 204 E 23rd St (6 23 St)		M-F 11:30 AM-12:45 PM \$2	60+
121 Antonio Oliveri Center 257 W 30th St (1, 2, 3, A, C, E 34 St Penn Station)	DAILY 8:30-9 AM	DAILY 12:30-1 PM	DAILY 5:30-6 PM
122 Ecclesia Ministries Madison Sq Park, SW Corner (N, R 23 St)		Su 2:45-3:15 PM	† 2 PM
123 Grand Central Food Program Madison Sq Park—Fifth Ave + 27th St (N, R, 6 28 St)			DAILY 8:45 PM
124 Grand Central Food Program 33rd St + Eighth Ave (1, 2, 3, A, C, E 34 St Penn Station)			DAILY 9 PM
125 Grand Central Neighborhood 120 E 32nd St (6 33 St) 212-883-0680	DAILY 6-7 AM	DAILY 12-1:30 PM	DAILY 4-6 PM
126 Holy Apostles Soup Kitchen 296 Ninth Ave (C, E 23 St)		M-F 10:30 AM-12:30 PM	
127 The Relief Bus Chelsea Park Ninth Ave + 28th St (C, E 23 St)		W, F 11 AM-2 PM	
128 St. Francis Breadline 135 W 31st St (B, D, F, M, N, Q, R 34 St Herald Sq)	DAILY 7 AM		
129 St. Francis Xavier Welcome Table 55 W 15th St (1, 2, 3, F, M 14 St)		Su 12:45-3 PM	
130 St. George's Soup Kitchen 209 E 16th St (4, 5, 6, L, N, Q, R 14 St Union Sq)		Th 12-1 PM	

GREENWICH VILLAGE / EAST VILLAGE

	BREAKFAST	LUNCH	DINNER
131 Meltzer Towers Senior Center 94 E 1st St (F 2 Ave)		M, W, F 12-1 PM \$1	60+
132 Barrier Free Living 270 E 2nd St (F 2 Ave)	DAILY 8-9 AM	DAILY 12-1:30 PM	DAILY 4:30-6 PM
133 Bowers Mission Outreach Tompkins Square Park (L 1 Ave)	Sa 8-11 AM	M, T 1-2 PM	
134 Campo Misionero Sarepta 250 E 3rd St (F 2 Ave)		M-F 11 AM-1:30 PM	
135 The Church of the Village 201 W 13th St (1, 2, 3, F, M 14 St)		Sa 12-2 PM	
136 Ecclesia Ministries Tompkins Square Park, SW Corner by Chess Tables (L 1 Ave)		Su 2:45-3:15 PM	† 2 PM
137 The Father's Heart Ministries 545 E 11th St (L 1 Ave)		Sa 10-11 AM	Tu 6-7 PM 5-19
138 Graffiti Community Ministries 205 E 7th St, SAT. LUNCH IN PARK AT 7th + B (L 1 Ave)		Sa 1 PM	W 6-7 PM
139 Hebrew Union College Soup Kitchen 1 W 4th St (N, R 8 St-NYU)			M 5-6 PM
140 Judson Memorial Church 55 Washington Square South (A, C, E, B, D, F, M 4 St)			1st W of MO, 7-8 PM
141 Mary House 55 E 3rd St (F 2 Ave)		Tu-F 12-2 PM	♀
142 The Meatloaf Kitchen 137 E 2nd St (F 2 Ave)		Sa 9:30 AM	Sa 1-2:30 PM
143 St. Joseph House 36 E 1st St (F 2 Ave)		Tu-F 10-11:30 AM	
144 St. Joseph's Soup Kitchen 371 Sixth Ave (A, C, E, B, D, F, M 4 St)		Sa 1:30-2:30 PM	
145 Salvation Army New York Temple 132 W 14th St (1, 2, 3, F, M 14 St)		M-Th 12-1 PM	† 11 AM 2 PM
146 Trinity Lower East Side 602 E 9th St (L 1 Ave)		M-F 11-12 PM	
147 Village Temple Soup Kitchen 33 E 12th St (4, 5, 6, L, N, Q, R 14 St Union Sq)		Sa 2:30 PM	



MAP KEY

- All welcome
- Senior Citizens
- Under 21
- HIV Positive
- Women
- Residents

SYMBOLS KEY

- Mobile kitchen
- Brown bag meal
- Must attend services
- Kosher meals
- Must call ahead to register
- Residents only
- HIV+ Only HIV positive
- Women only



<http://www.agenciesinaction.org>
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LOWER MANHATTAN

	BREAKFAST	LUNCH	DINNER
148 BRC Senior Center 30 Delancey St (B, D Grand St) 212-533-2020	M-Th 9:30-10:30 AM	M-Th 1-2 PM \$1	60+
149 Good Companions Senior Center 334 Madison St (F East Broadway)	Su 10 AM 50¢	M-F 11:30 AM-1 PM \$1.50 Su 12-1 PM \$1.50	M-F 4-6 PM \$1.50
150 Grand St Settlement 80 Pitt St (F Delancey)		M-F 12-1 PM \$1.25	60+
151 LaGuardia Senior Center 280 Cherry St (F East Broadway)	M-F 8:30-9:30 AM 50¢	M-F 12-1 PM \$1	60+
152 Mott St Senior Center 180 Mott St (6 Spring St)	M-F 8-9 AM 75¢	M-F 12-1 PM \$1.25	60+
153 United Jewish Council 15-17 Bialystoker Pl (F Delancey)		M-F 12-1 PM \$1.50	☆ 60+
154 University Settlement Senior Center 184 Eldridge St (F 2nd Ave)	M-F 8:30-9:30 AM 50¢	M-F 12-1 PM \$1	60+

	BREAKFAST	LUNCH	DINNER
155 The Bowers Mission 227 Bowers St (F 2nd Ave)	M-F 6:15 AM Su 8:30 AM	M-F 12:15 PM; Sa-Su 2:30 PM	M-F 6:15 PM; Sa-Su 6:30 PM
156 The Door 555 Broome St (1, A, C, E Canal St)			M-F 5:30 PM 12-14
157 Grand Central Food Program Housing Court/Chinatown—Lafayette + Leonard St (6, A, C, E, N, Q, J, Z Canal St)			DAILY 7:30 PM
158 Grand Central Food Program Staten Island Ferry—South Ferry Terminal (1 South Ferry)			DAILY 8 PM
159 Grand Central Food Program Sunshine Hotel/Bowery Mission—Bowery Bet. Stanton + Rivington St (F 2nd Ave)			DAILY 8:15 PM
160 New York City Rescue Mission 90 Lafayette St (6, N, Q, J, Z Canal St)	M-F 5:30-6 AM Sa-Su 6:30-7 AM		M-Sa 5:30-7 PM Su 4:30-5:30 PM
161 Trinity Wall St Broadway at Wall St, In Courtyard (4, 5 Wall St)		T, Th 12:45 PM	