

COVID-19 UPDATE

Dec 29, 2020



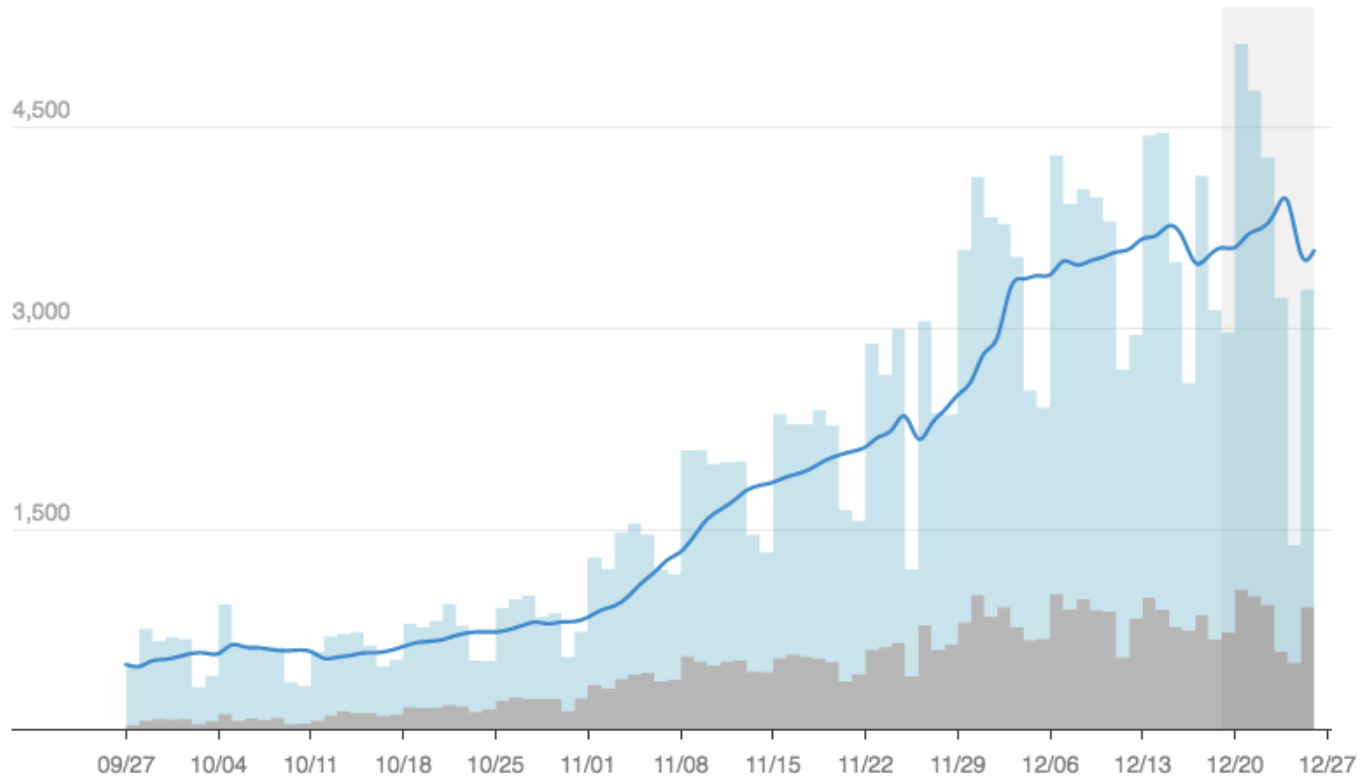
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Recent Trends are concerning: We need to drive numbers down NOW

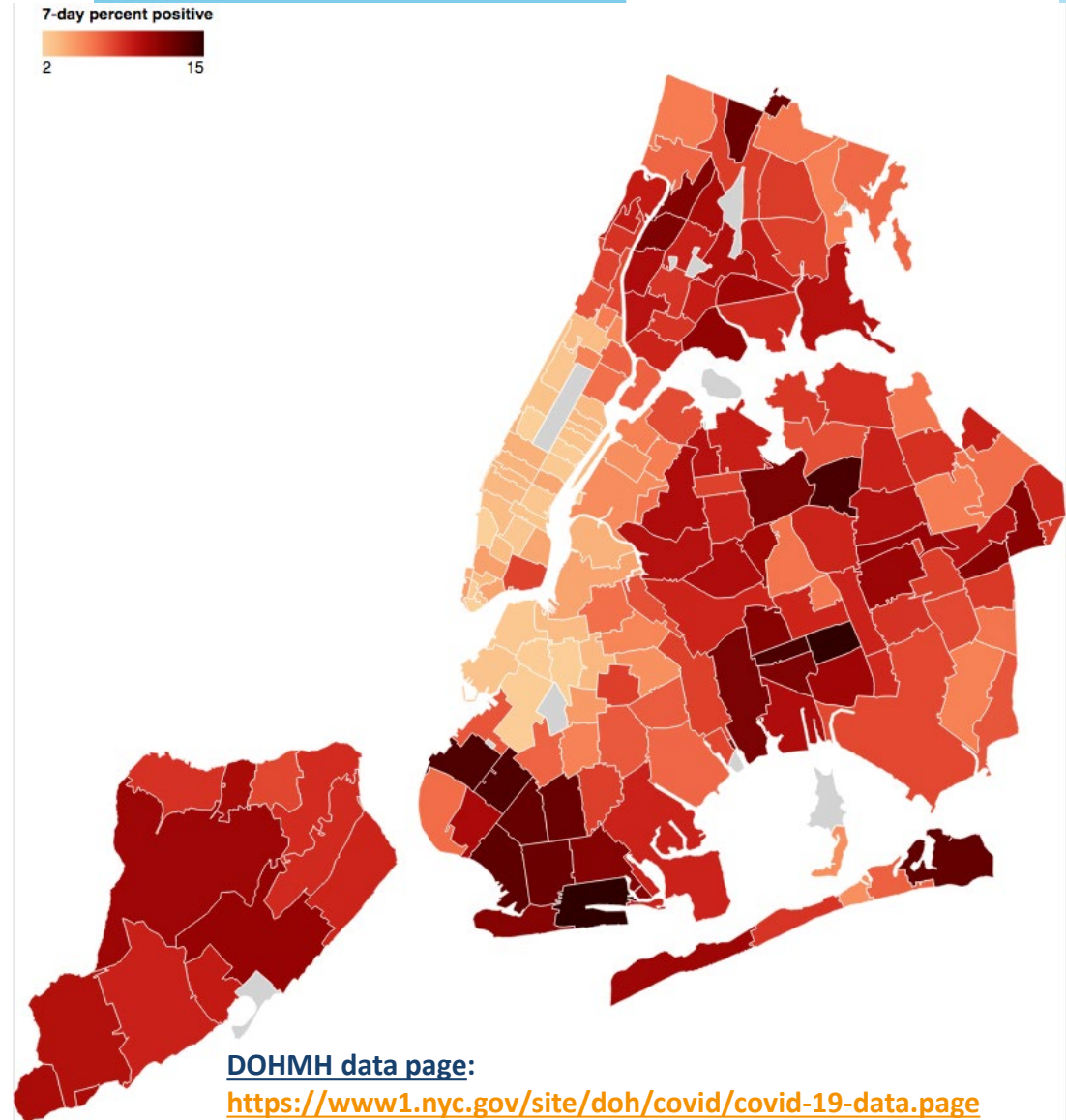
- Driving these cases/percent positivity down is key to keeping New Yorkers healthy, and keeping NYC open

Citywide: cases

Data from the most recent days are incomplete.



About the data for this chart. Get the data.



DOHMH data page:

<https://www1.nyc.gov/site/doh/covid/covid-19-data.page>
12/29/20

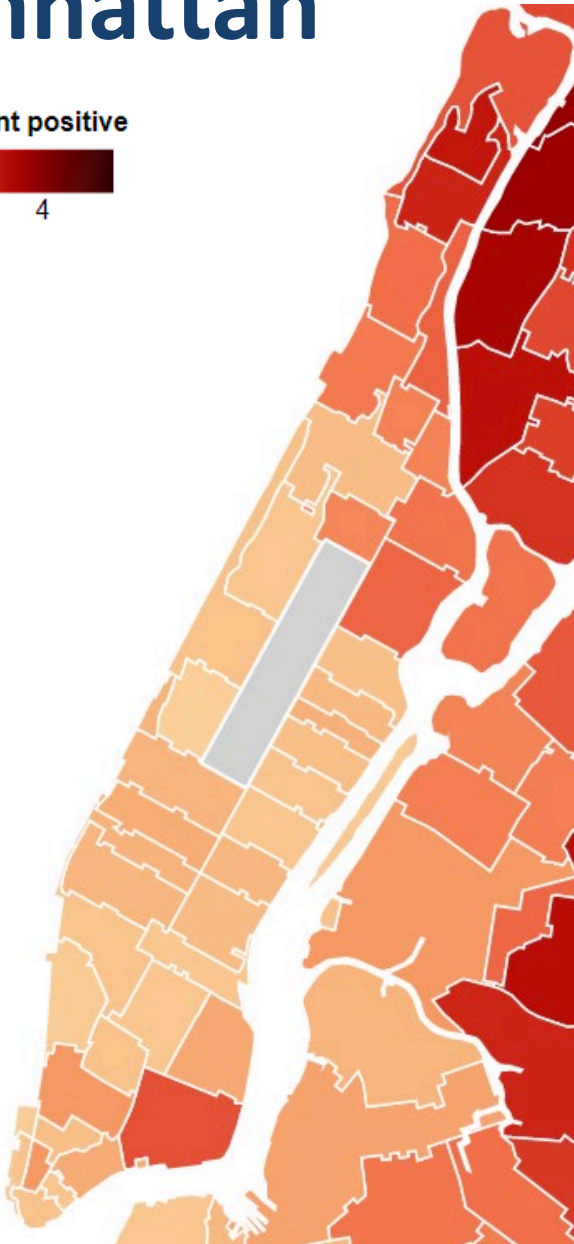
MEASURE	Last 7 days	Weekly average (last 4 weeks)	Trend
Percent Positive Percent of people tested who test positive	See Milestones	6.21%	
Confirmed Cases People with a positive molecular test	19,300	19,001	Increasing
Probable Cases People with a positive antigen test, or symptoms and confirmed exposure, or probable death	5,729	5,773	Decreasing
Total Cases	25,029	24,774	Increasing
Hospitalizations People hospitalized within 14 days of diagnosis	1,657	1,472	Increasing
Confirmed Deaths* Deaths with a positive molecular test	197	185	Increasing

Updated: December 29, at 1 p.m.

DOHMH data page: <https://www1.nyc.gov/site/doh/covid/covid-19-data.page>
12/29/20

Manhattan

7-day percent positive



ZIP	7-day Avg % Pos**
10001	3.06
10002	7.34
10003	2.32
10004	1.82
10005	2.71
10006	2.08
10007	2.99
10009	3.81
10010	2.57
10011	2.88
10012	2.84
10013	4.08
10014	1.76
10016	2.44
10017	3.81

ZIP	7-day Avg % Pos**
10018	3.13
10019	3.43
10021	2.60
10022	2.23
10023	1.78
10024	2.60
10025	2.40
10026	5.17
10027	2.91
10028	3.06
10029	5.88
10030	5.45
10031	6.84
10032	7.42

ZIP	7-day Avg % Pos**
10033	7.93
10034	8.87
10035	6.40
10036	3.25
10037	4.91
10038	3.90
10039	7.24
10040	8.95
10044	3.07
10065	1.99
10069	3.28
10075	2.82
10128	2.97
10280	4.16
10282	3.56

**Data are preliminary and subject to change; data from the most recent days are incomplete due to testing lags.

***Data current as of Dec 29

How YOU can help us stop the spread now:

- Help us sound the alarm – please amplify to your networks NOW
 - **Avoid travel and non-household gatherings** for the holidays
 - **Follow Commissioner Advisory** for older New Yorkers & those with underlying health conditions (and their household members/caregivers!)
 - Follow the **Core Four** prevention actions:
 - Stay home if sick or if you’ve tested positive/been in contact with someone who has COVID-19
 - Wear a mask – indoors and outdoors!
 - Keep 6 feet of distance
 - Wash your hands
 - **Get tested often:** even if you don’t feel sick – nyc.gov/covidtest
 - **New!** Test & Trace now reporting longest/shortest wait times at test sites!
 - <https://hhinternet.blob.core.windows.net/wait-times/testing-wait-times.pdf>
 - If you test positive, separate from others immediately, and answer the contact tracers if they call
 - Have questions? Call **212-COVID19**
 - Get your flu shot! nyc.gov/health/flu

Safely Separate at Home – Resources

FREE Resources Include:

- food delivery
- paid leave from your employer
- help to get a quarantine order
- medicine
- health insurance
- utilities (electricity, water, gas)
- a primary care provider
- mental health support
- help with domestic violence
- social services
- housing and homelessness resources
- pet care
- Take Care Package with enough personal protective equipment for a household of three to quarantine/isolate for 10-14 days.
- and much more!

Information to Safely Separate in a Take Care Hotel

Hotel guests will have FREE:

- Round-trip transportation to and from the hotel and any necessary medical appointments
- Private rooms and bathrooms
- Onsite COVID-19 testing
- Free Wi-Fi, cable TV, and unlimited local phones calls to stay connected
- Breakfast, lunch, and dinner daily (includes vegetarian and kosher meals)
- Medication delivery
- On site health care services by skilled doctors and nurses
- Telepsychiatry to access expert mental health providers

Anyone can **call 1-212-COVID19** (212-268-4319) to book a room.

Status of COVID-19 Vaccine

- The FDA has recently authorized 2 vaccines for emergency use - Pfizer and Moderna
- In clinical trials both vaccines were more than 94% effective at protecting participants from COVID-19.
- Both Pfizer and Moderna vaccines are mRNA vaccines and require two doses.
- Mild to moderate reactions from the vaccine – such as headache, fatigue, pain at injection site – are normal

Vaccine Distribution (cont)

- Vaccine is being distributed in phases to groups of people based on their risk of COVID-19 exposure and severity of illness if exposed. **We do not expect vaccine to be widely available until mid-2021.**
 - Healthcare staff at high-risk of exposure based on their job duties as well as first responders in medical roles are being prioritized first.
 - Long-Term Care residents and staff will also receive vaccine first, as part of the CDC's Pharmacy Partnership with Long-Term Care Program, beginning this week
- Distribution will then go to:
 - Other healthcare personnel
 - Frontline essential workers and people age 75 and older
 - People age 65 to 74, people age 16 to 64 who have high-risk medical conditions, and other essential workers.
- When there are enough vaccine doses available, it will be made available to all New Yorkers
- We will be updating New Yorkers on who is currently eligible for the vaccine and where to get it.

Where Can I Get a Vaccine?

- You will likely be able to get the vaccine at **the same places you usually get vaccines**, like your flu shot, and more locations - such as:
 - Your health care provider
 - Community and hospital clinics
 - Pharmacies
 - Urgent care centers
 - Additional community vaccination sites
- Go to **nyc.gov/health/covidvaccine** for more info!

Equity and Hesitancy

- Black and Latino/a communities experienced inequitable outcomes from COVID-19.
- From the Tuskegee Syphilis Study to forced sterilization laws, the U.S. medical establishment has a long history of unethical research and treatment in communities of color.
- We understand why many New Yorkers are concerned about the safety of the vaccine and may not trust the government or pharmaceutical companies.
- We also know that other groups may be hesitant to get vaccinated, such as immigrants.

Equity and Hesitancy (cont.)

- Vaccines will be available to people of all immigration statuses, and vaccination is not a public benefit under the public charge rule.
- Also, when you receive the vaccine, your privacy will be protected.
- We are committed to addressing these and other concerns- including misinformation about the vaccine - through continued transparency and discussion in the community.
- **Getting vaccination will be free, safe and easy from barriers such as cost and immigration status.**

We must continue practicing the Core 4 & stay vigilant

- Despite good news about vaccines – as cases and hospitalizations surge, we need to keep practicing Core Four, getting tested, and avoiding gatherings/travel.
- These are the best ways that we can keep each other safe and support our healthcare workers and other essential workers, who have worked day and night to keep our families and communities safe.

PREVENT THE SPREAD OF COVID-19 IN NYC!

TAKE THESE STEPS:



Stay home if you're sick

Only leave for essential medical care and testing or other essential errands.



Wear a face covering

You can be contagious without symptoms. Protect those around you by wearing a face covering.



Keep physical distance

Stay at least 6 feet away from other people.



Keep your hands clean

Wash your hands often with soap and water or use hand sanitizer if soap and water are not available.



Get tested: There are free COVID-19 testing sites in all five boroughs. To find a site, visit nyc.gov/covidtest, or text "COVID test" to 855-48.

For the latest information, visit nyc.gov/coronavirus.



Holiday Guidance:

Don't gather, don't travel!

Be Festive, Stay Safe!

Tips for a Safer Holiday Season










Make a plan to celebrate the holiday season safely. Be festive while protecting your loved ones and preventing the spread of COVID-19: Do not travel (rediscover holidays at home!); do not host or attend a holiday party (go virtual instead!); and do not gather in groups and only celebrate with household members (less is more!). Here are some tips on how to celebrate.



DO NOT TRAVEL THIS HOLIDAY SEASON.
BE PREPARED TO QUARANTINE IF YOU DO.



Safer holiday activities

- **Host a virtual party.** Celebrate with friends and family at a video dinner party. Kiss 2020 good-bye at a virtual New Year's ball or with a Tik-Tok dance. 
- **Deck the halls.** Put up decorations such as a tree, menorah, kinara, wreath, or lights. Walk around your neighborhood and enjoy the decorated homes and shops. Stop for a hot chocolate or cider to stay warm. 
- **Spread the holiday cheer.** Surprise your neighbor by dropping off some holiday cookies. Send snail-mail holiday cards to your co-workers or call a friend you haven't spoken to in a while. Invite someone who may be alone to join your virtual Thanksgiving or holiday dinner. 
- **Go caroling outdoors.** Give the gift of music. Wear a face covering and stay 12 feet from others (the virus can spread more easily when singing, so it is important to stand farther apart). 
- **Let it snow.** Make a snowperson, go sledding or snow shoeing or have a snowball fight. 
- **Holiday shopping.** Don't let Black Friday turn into COVID Monday! Shop online to avoid crowds (and a showdown over the last toy on the shelf) or call for curbside pick up at your favorite local store. If you shop in person, wear a face covering, use hand sanitizer, and go during off hours. 
- **Have a feast.** Have a turkey with all the trimmings. Eat some kugel, latkes, or sugar cookies, and have an eggnog – you've earned it! 
- **Watch football and the Grinch.** Enjoy your TV traditions and do your best touchdown dance when your team scores.

ARRIVING INTO NEW YORK STATE?

- **You must fill out the NYS Travel Health Form** (click the link or scan the QR code to access) and quarantine upon arrival
 - All U.S. arrivals except Connecticut, Massachusetts, New Jersey, Pennsylvania or Vermont
 - Most international arrivals
- **You must quarantine!** Travel quarantine is for 14 days unless you receive two negative COVID-19 tests, as follows:
 - Test within **72 hours prior to arrival** to New York, **and**
 - Test **4 days after arrival**.
- Failure to follow these requirements can lead to fines and other penalties.



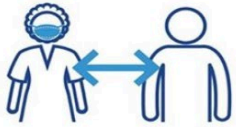
GET TESTED FOR COVID-19 ONCE A MONTH IF YOU ARE:



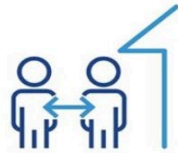
A health care worker
or first responder



Living or working in
a group residential setting



An essential worker with
frequent direct contact
with others



Working outside
the home and interacting
in person with others

GET TESTED IMMEDIATELY FOR COVID-19 IF YOU:



Have symptoms
of COVID-19



Had close contact
with someone who
has COVID-19



Attended a large
indoor gathering of
50 or more people



Have returned to NYC
from a state with a high
level of COVID-19



Live or work in
an area with increased
COVID-19 transmission



**NYC, masks
and social
distancing
are working!**



WHAT'S NEXT IN THE COVID-19 FIGHT?

**NOW, WE ALL NEED TO GET TESTED OFTEN,
even with no symptoms, to keep reducing
the spread.**



Important Information:

- Take Care services: 212-COVID-19 (212-268-4319)
- <https://www.nychealthandhospitals.org/covid-19-testing-sites/>
- Test & Trace Corps Dashboard:
- <https://www.nychealthandhospitals.org/test-and-trace/?notification>
- Covid data dashboard:
- <https://www1.nyc.gov/site/doh/covid/covid-19-data.page>
- NYC public school data on covid:
- <https://www.schools.nyc.gov/school-year-20-21/return-to-school-2020/health-and-safety/daily-covid-case-map>
- Covid zone lookup:
- <https://nycgov.maps.arcgis.com/apps/instant/lookup/index.html?appid=021940a41da04314827e2782d3d1986f>
- Holiday guidance:
- <https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-safer-holidays.pdf>
- Testing guidance:
- <https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-testing-recommendations.pdf>
- Face covering FAQ:
- <https://www1.nyc.gov/assets/doh/downloads/pdf/imm/covid-19-face-covering-faq.pdf>
- Posters and Flyers that you could order from us to deliver to you, or print out on your own:
- <https://www1.nyc.gov/site/doh/covid/covid-19-posters-and-flyers.page>
- Travel guidelines:
- <https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-travel.pdf>