



Community Board No. 2 Manhattan Senior Services Guide 2013

Prepared by:

Sasha Greene
Chair of Social Services &
Education Committee

Julio Rafael Mora
Community Associate

TABLE OF CONTENTS

HEALTH & MEDICAL SERVICES **5**

Community Health Centers & Hospitals

Rehabilitation

Respite & Long Term Care

Hospice & Palliative Care

Specialized Clinics

Mental Health Facilities & Services

Health Care Coverage

Drug Assistance

SOCIAL SERVICES **12**

Government Agencies

Benefit Search Engines

Food Assistance

Utility Assistance

Direct Financial Assistance

Transportation

Senior Employment Services & Volunteer Opportunities

Legal Services

Special Health Needs

LGBT Services

HIV/AIDS Services

Caregiver Resources

Support & Empowerment Services

Technology Services

Pet Care

Decluttering Services

Advocacy Groups

SENIOR CENTERS & HOUSING **25**

Local Senior Centers

Rental Assistance & Housing Services

Homeless Services

RECREATIONAL & LIFESTYLE **28**

Museums

Art Galleries

Greenmarkets

Parks

Senior Discounts

COMMUNITY HEALTH CENTERS & HOSPITALS:

Senior Health

Beth Israel Medical Center
275 8th Avenue
(at West 24th Street)
New York, NY 10001

Hours: Monday – Friday:
8:30 a.m. – 5:00 p.m.
212.463.0101

http://wehealny.org/services/bi_seniorhealth/index.html

Charles B. Wang Community Health Center (Social Serv.)

268 Canal St., 6th Fl.
(Courtland Alley & Lafayette St.)
New York, NY 10013

212.379.6988

Fax: 212.266.2289

Website: www.cbwchc.org

Michael Callen-Audre Lorde Community Health Center

365 W. 18th St.
(bet 8th & 9th Avenues)
New York, NY 10011

212.271.7200

www.callen-lorde.org

Insurance accepted:

New York Downtown Hospital

170 William Street, 4th Floor
(at Beekman Street)

New York, NY 10038

212.312.5000

<http://www.downtownhospital.org/>

REHABILITATION SERVICES:

VillageCare Rehabilitation and Nursing Center

214 West Houston Street
(bet. 7th Avenue South &
Bedford St.)

New York, New York 10014

212.337.9400

www.villagecare.org/vcrnc

Rehabilitation and sub-acute programs care for adults of all ages, but are sensitive to the needs and concerns of senior patients.

Fox Rehabilitation

1 877.407.3422

<http://foxrehab.org/>

The private practice provides physical, occupational and speech rehabilitation.

RESPITE & LONG TERM CARE SERVICES:

Caring Community Respite Services

487 Hudson Street
(Christopher & Barrow Sts.)
New York, NY 10014
212.777.3555

<http://www.caringcommunities.org/registry/signin.php?mypage=registryindex>

Long Term Home Health Care Program (LTHHCP)

Visiting Nurse Service of NY
212.609.1687

<http://www.vnsny.org/our-services/by-service/medical/long-term-home-health-care-program/>

Certified Home Health Agency (CHHA)

North Shore-LIJ Health System
866.651.4200
<http://www.northshorelij.com/NSLI/Home+Care+Network+Healthcare+at+Home>

NY Foundation for Senior Citizens

11 Park Place, 14th Floor
(bet. Church St. & Broadway)
New York, NY 10007-2801
212.962.7559

<http://www.nyfsc.org/index.html>

After the three months, the client can hire the aide privately. The cost is negotiated with the client and the home attendant.

HOSPICE & PALLIATIVE CARE:

Visiting Nurse Service of NY-Hospice

1250 Broadway, 7th Floor (at West 32nd Street)
New York, NY 10001
212.609.1900

<http://www.vnsny.org/our-services/by-life-event/hospice/?gclid=CLTmlrvanqcCFZ065Qod7AOPfA>

VNS of NY Hospice has contracts to provide hospice services at the following facilities in Manhattan:

Hospitals:

Metropolitan Hospital

1901 First Avenue
New York, NY 10029
212.423.6262

NYU Langone Medical Center

550 First Avenue
New York, NY 10016
212.263.7300

Bellevue Hospital Center

462 First Ave.
New York, NY 10016
212.609.4100
Margaret Dunphy is contact
person at Bellevue, 347.628.7594,
212.609.1900

Skilled Nursing Facilities:

Amsterdam House
1060 Amsterdam Avenue
New York, NY 10025
212.316.7700

**DeWitt Rehab and Nursing
Center**
211 East 79th Street
New York, NY 10075
212.879.1600

**Northern Manhattan
Rehabilitation and Nursing
Center**
16 East 125th Street
New York, New York 10035
212.426.1284

Fort Tryon Center
801 W 190th St
New York, NY 10040
212.543.6400

Terrence Cardinal Cooke
1249 Fifth Avenue
New York, NY 10029
212.360.1000

The Jewish Home and Hospital
120 West 106th Street
New York, New York 10025
212.870.4715

Assisted Living:

The Shirley Goodman and Himan
Brown Hospice Residence at
Carnegie East (96th Street and 1st
Avenue)
844 Second Ave
New York, NY 10128
212.360.3176

8 beds staffed by VNS team
Private pay and Medicaid

**Metropolitan Jewish Health
System**
Administrative Office
39 Broadway, Room 200
(bet. Morris St. & Exchange Alley)
New York, NY 10006-3039
212.420.2844

<http://hospicenyc.org/>

NYU Langone Medical Center
550 First Avenue
(bet. E. 30 & E. 33 Sts.)
New York, NY 10016
212.263.0300
<http://palliativecare.med.nyu.edu/>

Mt. Sinai Medical Center

Administrative Office
1 Gustav L Levy Place
(5th Avenue bet. 98th & 101 Street)
New York, NY 10029
212.241.1446
<http://www.mountsinai.org/patient-care/service-areas/palliative-care>

Columbia Presbyterian

212.305.3953

New York Downtown Hospital

170 William Street
(bet. Beekman & Spruce Sts.)
New York, NY 10038
212.312.5816
<http://www.downtownhospital.org/pages/3713/index.htm>

Orthopedics:**New York Downtown Hospital**

170 William Street, 4th Floor (at
Beekman Street)
New York, NY 10038
Monday – Friday: 9 a.m. – 5 p.m.
212.312.5000
<http://www.downtownhospital.org>

/

Ophthalmology**The New York Eye and Ear
Infirmary**

310 East 14th Street (at 2nd
Avenue)
New York, NY 10003
Monday – Friday: 8 a.m. – 3 p.m.
212.979.4192

SPECIALIZED CLINICS:

*Neurology, Endocrinology, Rheumatology,
Dermatology, Gastroenterology, Podiatry,
& Internal Medicine*

**Raymond Naftali Rehabilitation
Center**

508 West 26th Street (between
10th & 11th Avenues)
New York, NY 10001
Monday – Friday: 9 a.m. – 5 p.m.
646.230.9292
<http://www.naftalicenter.com/>

MENTAL HEALTH FACILITIES & SERVICES:

Beth Israel Medical Center

Outpatient Geriatric Psychiatric,
Outpatient Mental Health Center
10 Nathan Perlman Place
(East 15th St. bet. 1st & 2nd Avenues)
New York, NY 212.420.2400
www.wehealny.org/services/psychiatry/services.asp

The Division of Geriatric Psychiatry of Beth Israel Medical Center offers comprehensive evaluation and treatment, including inpatient geriatric psychiatry, outpatient geriatric psychiatry and house calls to homebound patients.

Jewish Board of Family and Children's Services

Greenberg Manhattan West/YCL
Counseling Center
125 West 50th Street, 6th Floor
(bet. 6th & 7th Avenues)
New York, NY 10020
212.582.9100
www.jbfcs.org

The Jewish Board of Family and Children's Services provides outpatient mental health services incorporating psychologists, psychiatrists, social workers and case managers in 14 clinics and centers.

The Hudson Guild

441 West 26 Street
(bet. 9th & 10th Avenue)
New York, NY 10001
212.760.9800
www.hudsonguild.org

Hudson Guild is a fully licensed, professionally staffed mental health clinic. Psychotherapy and psychiatry services are offered.

The Center for Hearing and Communication

50 Broadway, 6th Floor
(bet. Exchange Alley & Morris St.)
New York, NY 10004
917.305.7700
www.chichearing.org

The center provides hearing testing, hearing aid fitting, speech therapy and mental health counseling for those who are hard of hearing or deaf. All of the therapists are sign language fluent. Mental health services include psychiatric evaluation, individual, couple, family and group therapy, medication consultation and maintenance, psychological and educational evaluations of adults and adolescents, crisis intervention, parenting counseling and support, case management services, information and referral.

**Fifth Avenue Center for
Counseling and Psychotherapy**

50 West 23rd Street
(bet. 5th & 6th Avenues)
New York, NY 10011
212.989.2990
www.tfacc.org

The Fifth Avenue Center for Counseling and Psychotherapy offers individuals, couples, family and group psychotherapy to patients with a wide variety of diagnoses. The staff includes clinical social workers, psychologists and psychiatrists who provide talk therapy and medication management to children, adolescents and adults.

**Greenwich House: Senior Center
and the Senior Health &
Consultation**

27 Barrow Street
(bet. 7th Avenue S. & W. 4th St.)
New York, NY 10014
212.242.4140
www.greenwichhouse.org

Greenwich House services include a mental health age program, a music school, early childhood education, chemical dependency and methadone maintenance programs, a senior center and the Senior Health and Consultation Center. The Senior Health & Consultation Center provides adults over age 60 with affordable primary care and mental health services.

**National Alliance on Mental
Illness of NYC**

505 8th Avenue Suite 1103
(bet. W. 35th & W. 36th Sts.)
New York, NY 10018
212.995.5824
www.naminycmetro.org

It is a support, education and advocacy organization serving individuals and families affected by mental illness. They offer support groups for individuals living with mental illness and groups for family, friends and caregivers. Services are free of charge.

The NAMI-NYC Metro Helpline provides New Yorkers with information, support, referrals, resources on mental illnesses, and how to navigate New York City's mental health system.

212.684.3264
helpline@naminyc.org

**Postgraduate Center for Mental
Health**

Center for Adult Psychotherapy
71 West 23rd Street, 7th floor
(bet. 5th & 6th Avenues)
New York, NY 10010
212.576.4195
www.pgcmh.org

The center provides outpatient psychiatric treatment that includes medication management, insight oriented psychotherapy, cognitive behavioral therapy, & family & group psychotherapy.

1-800-LIFENET

1-800-LIFENET, a confidential, toll-free 24 hr. help line for New York City residents and is operated by the Mental Health Association of New York City in partnership with the New York City Department of Health and Mental Hygiene.

LIFENET operates 24 hours per day/7 days per week. LIFENET is multilingual and multicultural.

In **Spanish**: 1-877-AYUDESE (1-877-298-3373)

In **Mandarin, Cantonese and Korean** dialects: 1-877-990-8585

All **other languages**: 1-800-LIFENET (1-800-543-3638)

LIFENET assists people who are experiencing a crisis. LIFENET has authorized linkages with the 23 mobile crisis teams and Emergency Medical Services (EMS). This unique, life-saving authority allows LIFENET to provide a prompt response to callers in urgent need of psychiatric assistance.

HEALTH CARE COVERAGE:

NYC Department of Aging Senior Services

2 Lafayette Street

New York, NY 10007

<http://www.nyc.gov/html/dfta/html/about/about.shtml>

The city agency provides description and organizes the types of services and programs that are available to seniors.

Medicare

1-800-MEDICARE (633-4227)

www.medicare.gov

Medicare Right Center Consumer Hotline 1-800-334-4114

Administrative office

520 Eighth Avenue

(bet. W. 36th & W. 37th Sts.)

North Wing, 3rd Floor

New York, NY 10018

Phone: 212.869.3850

Fax: 212.869.3532

www.medicarerights.org

Medicaid

<https://www.cms.gov/home/medicaid.asp>

HRA's Info Line for Medicaid

1877.472.8411

HIICAP (Health Insurance Information Counseling and Assistance Program)

NYC Dept. for the Aging
280 Broadway, Room 212
(bet. Chambers & Reade Sts.)
New York, NY 10007
1.800.701.0501

<http://www.nyc.gov/html/dfta/html/senior/hiicap.shtml>

DRUG ASSISTANCE:

Elderly Pharmaceutical Insurance Coverage (EPIC)

P.O. Box 15018
Albany, NY 12242-5018
800.332.3742

A NY State operated program that provides seniors with financial assistance for their drug prescriptions.

Medicare: Part D Description Drug Coverage

1.800.633.4227

<http://www.medicare.gov/navigation/medicare-basics/medicare-benefits/part-d.aspx>

MediGap

<https://www.cms.gov/Medigap/>

Medigap is supplemental insurance that covers the gaps of the Medicare Plan Coverage. Click here (<http://www.medicare.gov/find-a-plan/questions/medigap-home.aspx>) for the Medigap Policy Search.

GOVERNMENT AGENCIES:

Social Security Administration

1.800.772.1213

www.socialsecurity.gov

The Social Security Administration provides a comprehensive website that informs on their programs, benefits, eligibility requirements, ability to file applications online, and other resources.

Department for the Aging

2 Lafayette Street
New York, NY 10007
311

<http://www.nyc.gov/html/dfta/html/home/home.shtml>

The Dept. of Aging mission is to work for the empowerment, dignity and quality of life of New York City's diverse older adult population as well as support their families through advocacy, education and the coordination and delivery of services.

NYS Office for the Aging

<http://www.aging.ny.gov/>

New York State Office for the Aging mission is to help older New Yorkers sustain their independence through advocacy, development and delivery of person-centered, consumer-oriented, and cost-effective policies, programs and services. The goals are to support and empower the elderly and their families by also partnering with the network of public and private organizations that serve them.

BENEFIT SEARCH ENGINES:

Benefits Check Up

www.benefitscheckup.org

Eldercare Locator

1-800-677-1116

www.eldercare.gov

Dept. for the Aging Quick Check

English, Spanish & Russian

http://www.nyc.gov/html/dfta/html/senior/quick_check.shtml

FOOD ASSISTANCE:

Meals On Wheels

Citymeals-on-Wheels
355 Lexington Avenue
New York, NY 10017
212-687-1296

The organization provides nutritious meals and human companionship to homebound elderly in New York City.

God's Love we Deliver

116 Avenue of the Americas
New York, NY 10013
212.294.8100

www.glwd.org

The organization provides free nutritious meals delivered to individuals living with a serious illness in NYC.

Human Resource Administration (HRA) Food Stamps Program

The program provides food assistance to eligible low-income residents of NYC to improve their ability to purchase food. To get an application by mail, please call 311 or Infoline at **877-472-8411**. You may also visit a local Food Stamp Center, which are open from 8:30 am to 5 pm. Please call 311 for a list or go to the website.

<http://www.nyc.gov/html/hra/html/directory/food.shtml>

Emergency FoodLine

The automated hotline provides information on the hours of operation and the locations of soup kitchens and food pantries that are nearest to the individual. Please call 311 or **1-866-888-8777**

Food Bank of NY

39 Broadway, 10th Floor
New York, NY 10006
Phone: 212.566.7855
Fax: 212.566.1463

<http://www.foodbanknyc.org/>

Food Bank For New York City hunger-relief organization working to end food poverty throughout the five boroughs by organizing food, information and support for community survival and dignity.

Supplemental Nutrition Assistance Program (SNAP)

1.877.472.8411

<http://www.fns.usda.gov/snap/>

SNAP or the Food Stamps program, is a federal assistance program that provides access to nutritious food to low income or no income individuals or families.

UTILITY ASSISTANCE:

Human Resource Administration Utility Assistance Program (UAP)

The State mandated program functions as a liaison between utility companies and eligible clients. It provides financial assistance in paying energy bills to families or individuals that are elderly, physically disabled and/or mentally impaired. For more information, please call the Heat Line at **212.331.3150**.

<http://www.nyc.gov/html/hra/html/directory/heap.shtml>

Weatherization Referral and Packaging Program (WRAP)

Contact: 311

Provides low-income elderly with free weatherization services to lower their energy bills and increase the comfort of their homes. Services include insulation, replacement of doors and windows and repairs furnaces and roofs.

DIRECT FINANCIAL ASSISTANCE:

Supplemental Security Income (SSI)

This is a federal income supplement program that provides monetary assistance to the elderly, blind and disabled people to meet their basic needs. Please contact **1-800-772-1213** to determine eligibility.

<http://www.ssa.gov/pgm/services.htm>

TRANSPORTATION:

Reduced-Fare MetroCard Program

Service Center
3 Stone Street
New York, NY 10004
718.243.4999

http://www.nyc.gov/html/doh/html/dmh/mhs_mta.shtml

Monday-Friday 9 am to 5 pm

This program reduces the fare of public transportation for seniors who are 65 years of age or older or people with disabilities. The reduced card functions the same as a regular MetroCard, except that it is personalized with your name and photograph.

Access-a-Ride

877.337.2017

<http://mta.info/nyct/paratran/guide.htm>

Provides transportation to people with disabilities who are unable to use bus or subway service for their trips.

Project C.A.R.T. (Community Arranged Resident Transportation Program)

404 West 54th Street
New York, NY 10019
212.956.0855

The program offers free van service for the frail elderly to medical appointments, senior centers, and hospitals from the Battery to 96th Street on the East Side and to 110th Street on the West Side.

Ambulance

An ambulance provides emergency and non emergency transportation. Ambulances are serviced by emergency medical technicians who either provide treatment to those in need of immediate care or arrange for timely transport to the next level of care (emergency room).

Types of Ambulance Service:

Basic Life Support (BLS)

It is a level of medical care, which is used for patients with life threatening illnesses or injuries until a person can be given full medical care at a hospital.

Advanced Life Support (ALS)

It is a set of life saving protocol and skills that extend BLS to further support the circulation and provide an open airway and adequate ventilation. Skills include cardiac monitoring, cardiac defibrillation, intravenous cannulation, medication administration through parenteral and enteral routes, and pediatric advanced life support to name a few.

Providers

American Medical Response (AMR)

718.628.5757

Transcare 718.251.8888

Senior Care 718.430.9700

Ambulette

An ambulette is a van used to transport patients in non-emergency situations. It is wheelchair accessible and is appropriate for those who primarily use a wheelchair or who cannot walk any significant distance. It is used for medical transport only. Ambulettes can be used to transport people to physician appointments, dialysis treatment, physical therapy appointments, hospitals, skilled nursing and rehabilitation facilities and any other medical facilities.

Providers

Citicoach- 212.777.1277

Friendship-718.589.7004

Transcare- 718.251.8888

SENIOR EMPLOYMENT SERVICES & VOLUNTEER OPPORTUNITIES

Senior Employment Services

220 Church St.

New York, NY 10007

212.442.1355

Hours: M-F 9 AM - 5 PM

Services:

- * Job training and placement
- * Assistance for Title-V eligible persons

Languages: Spanish, Chinese

170 languages (phone interpretation)

Senior Resource Center

2 Lafayette St.

New York, NY 10007

Phone: 311

Hours: M-F 9 AM - 5 PM

Services:

- * Assistance with SCRIE, HEAP and WRAP applications (for seniors)
- * Medicare Part D
- * Referral to DFTA's other direct service units

Languages: Spanish, Chinese, Russian

170 languages (phone interpretation)

LEGAL SERVICES:

Metropolitan Council on Housing

339 Lafayette Street, #301

New York, NY 10012

212.979.0611

Hotline (Monday-Wednesday-Friday 1:30-5 p.m.)

212.979.6238

Housing Court Answers

Contact: 212.962.4795

Information Tables:

- New York City Housing Authority Termination Hearings Office
250 Broadway, 2nd floor
New York, NY 10007
Thursdays 1 pm to 5pm
- Manhattan
111 Centre Street
New York, NY, 10013
Second Floor Clerk's Office- Room 225
Monday through Thursday, 9 am to 5 pm, Friday 9 am to 1 pm (Maybe closed between 1pm and 2pm)

NYLAG (New York Legal Assistance Group)

450 West 33rd Street, 11th Floor

New York, NY 10001

212.613.5000 ext. 2

A non-profit organization that provides free legal services in civil law matters to low income New Yorkers.

Volunteers of Legal Service

281 Central Park South
New York, NY 10010
212.966.4400

www.volsprobono.org

The organization has several Elderly Project Legal Clinics offered at various senior centers in Manhattan:

Hudson Guild Senior Services

119 Ninth Avenue (bet. 17th & 18th Sts.)
New York, NY
212.924.6710
First & third Thursday at 1:30 p.m.

Our Lady of Pompeii

25 Carmine Street
New York, NY 10012
212.989.3620
Third Tuesday at 10 a.m.

Legal Services-NYC

(Lower Manhattan)
90 John Street, Suite 301
New York, New York 10038-3243
Tel: 646.442.3100
Fax: 212.227.9798
<http://www.legalservicesnyc.org/>

Cardozo Bet Tzedek Legal Services

Benjamin N. Cardozo School of Law
55 Fifth Avenue, Room 1103
New York, NY 10003
212.790.0240

LawHelp/NY.org/NY

It is an online tool that provides comprehensive information regarding free legal services to low-income residents and vulnerable populations of New York City.

SPECIAL HEALTH NEEDS:

Lighthouse International-National Assoc. of the Visually Handicapped

22 W. 21st St.
New York, NY 10010
212.889.3141
Fax: 212.727.2931
staff@navh.org
www.navh.org

The organization provides programs and services to individuals who are at risk, or are experiencing, vision loss in order to preserve their safety, independence and ability to lead productive lives.

Alzheimer's Association

360 Lexington Avenue, 4th Floor
New York, NY 10017
Phone: 646.744.2900

A voluntary, non-profit health organization that specializes in providing Alzheimer care and support.

Visions: Services for the Blind and Visually Impaired

500 Greenwich St., 3rd fl.
New York, NY 10013
212.625.1616
Fax: 212.219.4078
info@visionsvcd.org
www.visionsvcb.org

The organization provides programs and services to blind and visually impaired seniors and individuals with multiple disabilities as well as their families.

YAI National Institute for People with Disabilities

320 W. 13th St., 2nd fl.
New York, NY 10014
212.273.6100
<http://www.yai.org/>

The YAI mission is to provide hope and opportunity for people with developmental and learning disabilities through their comprehensive programs and services.

Center for the Independence of the Disabled in New York

212.674.2300
www.cidny.org

A non-profit organization that is part of the Independent Living Centers Movement, that provides multiple services and programs to enhance the quality of life and preserve self-determination for people living with disabilities.

HEAR NOW

1800.648.4327
www.sotheworldmayhear.org/hearnow/

Hear Now is a national non-profit program committed to assisting those permanently residing in the U.S. who are deaf or hard of hearing and have no other resources to acquire hearing aids.

Mayor's Office of People with Disabilities

100 Gold Street, 2nd Floor
New York, NY 10038
212.788.2830
www.nyc.gov/html/mopd/html/about/about.shtml

The agency provides programs, services, activities, advocacy and other resources to maintain and protect the quality of life and dignity of people with disabilities in New York City.

**Human Resources
Administration Adult Protective
Services (APS)**

311 or 212.630.1853

www.nyc.gov/html/hra/html/directory/adult.shtm

The state mandated case management program organizes services and provides support to minimize and counteract the risks that physically and mentally impaired populations have to confront in maintaining their independence. Additionally, the program emphasizes on providing support needed for clients to continue living within the safety of their communities

LGBT SERVICES:

**Services and Advocacy
Gay, Lesbian, Bisexual and
Transgendered Elders (SAGE)**

305 7th Avenue, 15th Floor
(bet. W. 27th & W. 28th Sts.)
New York, NY 10001

<http://www.sageusa.org/index.cfm>

SAGE is the largest & oldest organization that focuses on improving the quality of life and addressing the needs of the LGBT senior population. It offers a multitude of programs and services such as counseling, case management, group discussion, education programs, respite services, recreation programs and social activities.

LGBT Center

208 West 13th Street
(bet. 7th & 8th Avenue)
New York, NY 10011
212.620.7310

<http://www.gaycenter.org/community/seniors>

The LGBT Center offers SAGE sponsored programming for seniors focusing on aging issues, life planning and legal rights. In addition, there are multiple support, educational & recreation groups to enhance quality of life. Along with these services, Center CARE (Counseling, Advocacy, Recovery & Education) provides social services focusing on health care, grief and bereavement, substance abuse & recovery groups, Family therapy, immigration & HIV/AIDS.

**GRIOT Circle: A Safe Space for
LGBT Elders of Color**

25 Flatbush Avenue, 5th Floor
Brooklyn, NY 11217
718.246.2775

<http://www.griotcircle.org>

This organization provides programs and services to LGBT people of color that address the issues of isolation, fear of aging and improve quality of life.

**Empire State Pride Agenda
Foundation
LGBT Health and Human Services
Network**

647 Hudson Street,
New York, NY 10014
212.627.0305

www.prideagenda.org

The Network is a group of nonprofit LGBT organizations that provides non-HIV related health and wellness services to LGBT New Yorkers, including youth, seniors, people of color, and women.

Gay Men of African Descent

103 E. 125th St . #503,
New York, NY 10035
212.828.1697

www.gmad.org/

GMAD is working to improve quality of life within the New York City black gay community by effectively fighting the triple threat of AIDS, homophobia and racism through education, advocacy, health and wellness, and social support. The organization offers a drop-in center for seniors, YMSM's, health and wellness counseling, prevention education, street outreach and HIV testing.

HIV/AIDS SERVICES:

**HRA-HIV/AIDS Service
Administration (HASA)**

The objective of the department is to expedite and coordinate essential social services and medical care for people living with HIV/AIDS to maintain and improve their quality of life.

To obtain more information on the service, please call ServiceLine at **212.971.0626.**

<http://www.nyc.gov/html/hra/html/directory/hasa.shtml>

Callen Lorde-HIV/AIDS Service

356 West 18th Street
New York, NY 10011
212.271.2700

<http://www.callen-lorde.org/services/hiv.html>

The community health center provides comprehensive care and support, such as free testing, counseling and accessing resources.

Gay Men's Health Crisis (GMHC)

446 West 33rd Street
New York, NY 10001
212.367.1000

<http://www.gmhc.org/>

The organization provides HIV/AIDS prevention, comprehensive care and advocacy.

Greenwich House AIDS Mental Health Project

122 West 27th Street, 3rd Floor
New York, NY 10001
212.255.8980

The organization offers outpatient treatment services for adults with HIV, or to HIV-Affected individuals.

Village Care NY

154 Christopher Street
New York, NY 10014
212.337.5600

<http://www.villagecare.org>

The community based, non-profit organization provides rehabilitation services and comprehensive, continuing care to persons living with HIV/AIDS and seniors.

CAREGIVER RESOURCES:

Family Caregiver Alliance
<http://www.caregiver.org/caregiver/jsp/home.jsp>

Family Caregiving 101
<http://www.familycaregiving101.org/>

Caring. Com
<http://www.caring.com/>

USA Government Caregiver Resources
<http://www.usa.gov/Citizen/Topics/Health/caregivers.shtml>

SUPPORT & EMPOWERMENT SERVICES:

New York City Self Help Center
120 West 57th Street
New York, NY 10107
212.586.5770

This organization provides information on local support groups in your area, along with providing guidance on how to form a support group independently.

Gilda's Club NYC

195 West Houston Street
New York, NY 10014
212.647.9700

Provides social and emotional support for cancer patients, family and friends.

Friends of Karen

118 Titicus Road
Purdys, NY 10578
212.308.1378

Provides emotional, financial and advocacy support for children with life threatening illnesses and their families. Contact takes place at the hospitals or home of the child.

DOROT

171 West 85th Street
New York, NY 10024
212.769.2850

<http://www.dorotusa.org/>

Provides social services that promote and maintain independent living for seniors. Simultaneously, the organization offers support and resources to caregivers.

TECHNOLOGY SERVICES:

Older Adult Technology Services (OATS)

1713 Eighth Avenue, #8
Brooklyn, NY 11215
718.360.1707

<http://www.oats.org/>

The non-profit organization educates and supports older adults in using information technology to improve their quality of lives and encourage social and civic engagement.

Senior Planet

A website developed by OATS to share ideas and exchange resources for building a digital community and improving quality of life.

<http://www.seniorplanet.org/>

PET CARE:

Beth Israel-Amie's Place Patient Care Program

First Avenue at 16th Street
New York, NY 10003

http://www.wehealny.org/services/bi_amie/index.html

Jana Rader, MSW

212.420.5681

JRader@chpnet.org.

Providing pet care in emergencies for patients at Beth Israel.

Jewish Association for Service for the Aged (JASA)

Pet Projects

132 West 31st Street

New York, NY 10001

<http://www.jasa.org/services/support/decluttering.html>

Caroline Van Zandt, LCSW

212.273.5217

Provides dog walking, litter box attendants, foster care and transportation to the veterinarian. Person must be at least 60 yrs old and reside in Manhattan, south of 125th Street to qualify.

PAWS (Pets Are Wonderful Support) New York

PO Box 333

New York, NY 10159

<http://pawsny.org/citymeals>

917.733.2170

Provides pet care assistance such as dog walking, litter maintenance, feeding etc. to homebound seniors.

DE-CLUTTERING SERVICES:

Jewish Association for Service for the Aged (JASA)

Pet Projects

132 West 31st Street

New York, NY 10001

<http://www.jasa.org/services/support/decluttering.html>

Assists in eliminating dangerous accumulation of papers, furniture, and other materials to meet home care agency and create a safe environment

ADVOCACY GROUPS:

Coalition of Institutionalized Aged & Disabled (CIAD)

425 East 25th Street

New York, NY

212.481.7572

www.ciadny.org

A non-profit advocacy organization that promotes the empowerment of institutionalized senior and disabled residents by educating members on how to protect and improve the quality of life and care within the institution.

The National Consumer Voice for Quality Long Term Care

001 Connecticut Avenue, NW, Suite 425

Washington, DC 20036

Tel: 202.332.2275

Fax: 202.332.2949

www.theconsumervoice.org

info@theconsumervoice.org

The organization educates and empowers the families and consumers of long term care facilities on how to improve their quality of life and the level of care within the institution.

Long Term Care Community Coalition

242 West 30th Street, Suite 306

New York, NY 10001

Tel: 212.385.0355

Fax: 212.239.2801

www.ltccc.org

Non-profit advocacy coalition that focuses on improving the quality of life of long-term care consumers through strengthening regulation, surveillance and enforcement.

National Council on Aging

1202.479.1200

www.ncoa.org

Non-profit service and advocacy organization that unite other non-profits, businesses and government to develop creative solutions to improve the quality of life for all seniors, especially those who are vulnerable and disadvantaged.

American Association of Retired Persons (AARP)

1.212.758.1411

www.aarp.com

AARP is a non-profit, non-partisan membership and advocacy organization that is dedicated to enhancing the quality of life for people over age 50.

Community Service Society: Advocacy, Counseling, and Entitlement Services Project (ACES)

1212.614.5552

http://www.cssny.org/services/aces_vita_financial_coaching_corps/

ACES Project helps low-income New Yorkers receive needed public benefits and services.

SENIOR CENTERS:

Center on the Square Senior Center

Caring Community
20 Washington Square North
New York, NY 10011
212.777.3555 ext. 106

Caring Community Independence Plaza Senior Center

310 Greenwich Street
New York, NY 10014
212.267.0499

Our Lady of Pompeii Senior

Caring Community
25 Carmine Street
New York, NY 10014
212.989.3620

Greenwich House

Judith C. White Senior Center
27 Barrow Street
New York, NY 10014
212.242.4140

Caring Community First Presbyterian

12 West 12th Street
New York, NY 10011
212 924-2810

New York Chinatown Senior Center

70 Mulberry Street
New York, NY 10013
212 233-8930

Mott Street Senior Center Citizens Center

180 Mott Street
New York, NY 11012
212.966.5460

Bowery Residents Committee

Homeless Senior Services Center
30 Delancey Street
New York, NY 10002-2905
212.533.2020

McBurney YMCA Senior Center

125 W 14th St.
(bet. 6th & 7th Avenues)
New York, NY 10011
212.912.2300
Fax: 212.741.8339
www.ymcanyc.org/mcburney

RENTAL ASSISTANCE & HOUSING SERVICES:

New York Foundation for Senior Citizens

11 Park Place, 14th Floor
(bet. Broadway & Church St.)
New York, NY 10007-2801
212.962.7559

<http://www.nyfsc.org/services/using.html>

It is a non-profit organization that is dedicated to helping New York's seniors enjoy productive and dignified lives in their own homes and communities as well as to help them avoid the need for premature institutionalization. They provide housing alternatives to accomplish this objective by providing subsidized and enriched housing, transitional housing for the homeless and home sharing.

Senior Citizen Rent Increase Exemption (SCRIE)

NYC Department of Finance
SCRIE Exemption
59 Maiden Lane, 22nd Floor
(bet. Williams & Nassau Sts.)
New York, NY 10038

Call 311

http://www.nyc.gov/html/dof/html/property/property_tax_reduc_scrie.shtml

This program offers an exemption from rent increases. In addition, the property owner receives a credit against their real estate taxes.

Disability Rent Increase Exemption (DRIE)

NYC Department of Finance
DRIE Exemption
59 Maiden Lane, 22nd Floor
(bet. Williams & Nassau Sts)
New York, NY 10038

Call 311

http://www.nyc.gov/html/dof/html/property/property_tax_reduc_drie_drll.shtml

Program offers eligible tenants an exemption from rent increases. The owner of building receives a credit against their real estate taxes.

St. Margaret's House

49 Fulton Street
(bet. Cliff & Pearl Sts.)
New York, NY 10038

212.766.8122

Fax: 212.571.1634

A residential community for seniors and the mobility impaired with 251 rental apartments. All residents receive Section 8 rent subsidies.

NYC Housing Authority (NYCHA)

The New York City Housing Authority (NYCHA) provides decent and affordable housing in a safe and secure living environment for low- and moderate-income residents throughout the five boroughs. The agency focuses on enhancing resident's quality of life by offering the opportunity to participate in community, educational and recreational programs, as well as job readiness and training initiatives to compete in the job market. To be eligible for a senior building, you or your co-head (spouse or domestic partner, if any) must be at least 62 years of age and all other household members must be at least 62 years of age. http://www.nyc.gov/html/nycha/html/assistance/app_for_pubhsg.shtml

To apply, please call the Customer Contact Center at (718) 707-7771 to request an application to be mailed to you or visit one of the three centers:

Bronx/Manhattan Customer Contact Center

478 East Fordham Road
(1 Fordham Plaza), 2nd Floor
Bronx, NY 10458
Telephone: 718.707.7771
Mon-Fri. 8am - 5pm

Brooklyn/Staten Island Customer Contact Center

787 Atlantic Avenue, 2nd Floor
Brooklyn, NY 11238
Telephone: 718.707.7771
Mon.-Fri. 8am - 5pm

Queens Customer Contact Center

90-27 Sutphin Boulevard,
4th Floor
Jamaica, NY 11435
Telephone: 718.707.7771
Mon.-Fri. 8am - 5pm

HOMELESS SERVICES:

Prevention Assistance and Temporary Housing (PATH)

346 Powers Avenue
(bet. 141st & 142nd Sts.)
Bronx, NY 10454
Open 24 hours, 7 days a week
<http://www.nyc.gov/html/dhs/html/homeless/famserv.shtml>

A program provides safe, temporary housing to families with children who are under 21 and pregnant families. Must go in person.

Adult Family Intake Center (AFIC)

400-430 East 30th St.
(bet. 1st Ave. & FDR)
New York, NY 10016
<http://www.nyc.gov/html/dhs/html/homeless/famserv.shtml#afic#afic>

The program provides safe, temporary housing for adult families with no children under 21.

GOLES (Good Old Lower East Side)

171 Avenue B (between 10th & 11th St.)

New York, NY 10009

212.533.2541

Fax: 212. 533.8126

<http://www.goles.org/>

The neighborhood housing and preservation organization is dedicated to tenants' rights, homelessness prevention, economic development, and community revitalization.

RECREATIONAL & LIFESTYLE:

Museums:

Museum of Comic and Cartoon Art (MoCCA)

594 Broadway

Suite 401

New York, NY10012

212.254 3511

<http://www.moccanyc.org/>

Merchant's House Museum

29 East Fourth Street

New York, NY 10003

212.777.1089

<http://merchantshouse.com/>

East Village History Project

308 Bowery

New York, NY 10012

212.614.8702

Ukrainian Museum

222 East 6th Street

New York, NY10003

212.228.0110

<http://www.ukrainianmuseum.org/>

[/](#)

New Museum of Contemporary Art

235 Bowery

New York, NY10002

212.219.1222

<http://newmuseum.org/>

Drawing Center

35 Wooster St.

New York, NY 10013

212.219.2166

<http://www.drawingcenter.org/about/visit.cfm>

Anne Frank Center USA

38 Crosby Street

5th Floor

New York, NY 10012

212.431.7993

<http://www.annefrank.com/>

Children's Museum of the Arts

182 Lafayette Street

New York, NY 10012

212.274.0986

<http://www.cmany.org/>

New York City Fire Museum

278 Spring Street
New York, NY 10012
212.691.1303

<http://www.nycfiremuseum.org/>

Jackie Robinson Museum

1 Hudson Square
75 Varick Street 2nd Floor
New York, NY10013
212.290.8600

<http://www.jackierobinson.org/about/museum.php>

American Numismatic Society

75 Varick St
11th Floor
New York, NY10013
212.571.4470

<http://www.numismatics.org/>

Museum Of Chinese in America

215 Centre Street
New York, NY 10013
212.619.4785

<http://www.mocanyc.org/>

Italian American Museum

155 Mulberry St.
New York, NY 10013
212.965.9000

<http://www.italianamericanmuseum.org/>

YIVO Institute for Jewish Research

15 W. 16th St.
New York, NY10011
212.246.6860

<http://www.yivo.org/>

Center For Jewish History

15 W. 16th St.
New York, NY10011
212.294.8301

<http://www.cjh.org/>

Lower East Side Tenement Museum

103 Orchard Street
New York, NY 10002
212.982.8420

<http://www.tenement.org/>

Art Galleries:**Frielich Bros-Deutsch Bros**

670 Broadway
New York, NY 10012
212.777.3051

Marc Jancou Contemporary

680 Broadway
New York, NY10012
212.473.2100

<http://www.marcjancou.com/>

Russeck Gallery

478 W Broadway
New York, NY10012
212.475.9939

14 Sculptors Gallery

168 Mercer St
New York, NY10012
212.966.5790

<http://14sculptors.com/>

Martin Lawrence Galleries

457 W Broadway
New York, NY10012
212.995.8865

<http://martinlawrence.com/indexh5.html>

Kelly June Gallery

591 Broadway
New York, NY10012
212.226.1660

<http://www.junekellygallery.com/>

Exhibit A

160 Mercer St
New York, NY 10012
212.343.0230

Sperone Westwater

121 Greene St
New York, NY10012
212.253.0648

<http://www.speronewestwater.com/cgi-bin/iowa/index.html>

Visual Arts Gallery

137 Wooster St
New York, NY10012
212.598.0221

Dranoff Fine Art

591 Broadway
New York, NY10012
212.966.0153

<http://www.dranofffineart.com/>

Caldwell Snyder Gallery

451 W Broadway
New York, NY 10012
212.387.0208

Susan Megson Gallery

456 W Broadway
New York, NY10012
212.254.8090

Ceres Gallery

547 W 27 St. Suite 201
New York, NY10001
212.947.6100

<http://www.ceresgallery.org/>

Atelier International Art Group Inc

594 Broadway
New York, NY 10012
212.431.0630

[http://www.atelierart.com/atelier-international-art-group ARCHIVES.htm](http://www.atelierart.com/atelier-international-art-group-ARCHIVES.htm)

Meisel Susan P Decorative Arts

141 Prince St
New York, NY 10012
212.254.0137

**Leslie-Lohman Gay Art
Foundation**

26 Wooster St
New York, NY 10013
212.431.2609

<http://www.leslielohman.org/>

Montserrat Gallery Inc

584 Broadway
New York, NY 10012
212.941.8899

<http://www.montserratgallery.com/>

/

Sara Meltzer On View

588 Broadway
#612
New York, NY 10012
.212.343.8256

Meisel Louis K Gallery

141 Prince St
New York, NY10012
212.677.1340

<http://www.meisलगallery.com/LKMG/>

Buzzco Assoc Inc

33 Bleecker St
New York, NY 10012
212.473.8800

<http://www.buzzco.com/>

Tobey Fine Art

580 Broadway
New York, NY 10012
212.431.7878

Westwood Gallery

578 Broadway
New York, NY 10012
212.925.8581

<http://www.westwoodgallery.com/>

Gallery 292

120 Wooster St
New York, NY 10012
212.431.0292

Teller Susan Gallery

568 Broadway
New York, NY 10012
212.941.7335

<http://susantellergallery.com/>

Marcus Curt Gallery Inc

2 5th Ave
New York, NY 10011
212.226.3200

<http://curtmarcusgallery.com/>

CFM Gallery

112 Greene St
New York, NY 10012
212.966.3864

Franklin Bowles Galleries

431 W Broadway
New York, NY 10012
212.226.1616

Honda Fine Art

55 Great Jones St
New York, NY 10012
212.477.4086

Jonathan Shorr Gallery

109 Crosby St
New York, NY 10012
212.925.2723

MoMA

11 West 53rd Street
New York, NY
<http://www.moma.org/>

Meet Me At MoMA:

A free program designed for individuals with dementia that highlights themes, artists and exhibitions at the MoMA. They are scheduled once a month in Tuesdays from 2:30 pm to 4:00 p.m. Space is limited and pre-registration is required. Contact MoMA Access programs at 212.333.1265.

GREENMARKETS:

Union Square Greenmarket

North & west sides of Union Square Park
Monday, Wednesday, Friday, & Saturday
8:00 a.m. - 6:00 p.m.
Winter EBT Hours: December-June,
10am-4pm
<http://www.grownyc.org/unionsquaregreenmarket>

WIC and FMNP checks accepted at farmer stands. EBT/Food Stamps accepted at the market info tent

South Village Farmer's Market

6th Avenue between Carmine Street and West 3rd Street
Tuesdays and Thursdays, 8am – 7pm
July through October

Hester Street Greenmarket

Essex Street between Hester Street and Canal Street
Sundays, 8am – 6pm
July through Late November

PARKS:

Washington Square Park

5 Ave, Waverly pl., W.4 St. & Macdougall St
<http://www.nycgovparks.org/parks/washingtonsquarepark/>

James J Walker Park

Hudson St, St Luke's Pl, Clarkson St, 7 Av
<http://www.nycgovparks.org/parks/M038/>

Minetta Playground

Minetta Lane, W.3 St. and Ave. of Americas
<http://www.nycgovparks.org/parks/M125B/>

Downing St. Playground

Downing St to Carmine St, Av of Americas
<http://www.nycgovparks.org/parks/M027/map>

William F. Passannante Ballfield

W Houston St, Av of Americas, Macdougall
<http://www.nycgovparks.org/parks/M120A/map>

Mercer Playground

Mercer St. between Houston & W. 4 St
<http://www.nycgovparks.org/parks/M295/>

Hudson River Park

W. side between Battery Place & W. 59 St
<http://www.hudsonriverpark.org/index.asp>

Father Demo Square

Ave of Americas, Bleecker, & Carmine St
<http://www.nycgovparks.org/parks/M191/>

Minetta Triangle

N/E Corner Ave of Americas & Minetta St
<http://www.nycgovparks.org/parks/M125D/>

Minetta Green

S/E Corner Minetta Lane & Ave of Americas
<http://www.nycgovparks.org/parks/M125A/>

Vesuvio Playground

Thompson St bet. Spring and Prince St
<http://www.nycgovparks.org/parks/vesuvioplayground/facilities/sprayshowers>

Father Fagan Park

Ave of Americas bet. Prince and Spring St
<http://www.nycgovparks.org/parks/M207/>

Hudson River Park

Broadway to 4 Ave, E 14 St to E 17 St
<http://www.nycgovparks.org/parks/unionsquarepark>

SENIOR DISCOUNTS:

AMC Theaters

\$9.50 admission, 60+

Amtrak

15% discount is given to seniors over 62 on the lowest available rail fare

10% off is given to seniors over 60 when using cross-border services (i.e. Amtrak & VIA Rail Canada)

<http://www.amtrak.com/servlet/ContentServer?c=Page&pagename=am%2FLayout&cid=1241305460008>

Avis

AARP membership required
1(800)331-1212

Banana Republic

65+ receive 10% off

Dunkin Donuts

50+ receive 10% off any purchase

Hyatt Hotels

Rates of the rooms determine discounts

<http://newport.hyatt.com/hyatt/hotels/offers/details.jsp?offerId=100720&isBookable=true>

Marriott Hotels

Rates of the rooms determine discounts

<http://www.marriott.com/specials/senior/default.mi>

McDonald's

Discounts differ per restaurant

Regal Cinemas

\$4.00 off admission, 50+

Subway

10% off for seniors over 60