

Public Meeting of the CB12M's Youth and Education Committee Meeting

Meeting Minutes

Tuesday, November 12, 2019

7:00 - 9:00 pm

Location: CB12M Office 530 West 166 Street, 6th Floor, New York, NY 10032

Committee Members Present: Fe Florimon, Chair; Glennis Aquino-Gill, Assist Chair; Deborah Navabian, Curtis Young; Omar Tejada

Committee Member(s) Excused: Carolina Charles; Gabriela Estrella; Miriam James; Maria Luna; Jonathan Nunez-Frometa **Members Absent:** Ariel Miranda

General Public: Dr. Evelyn Montañez, Ph.D., LCSW-NYP; Dr. Mara Minguez, Assistant Chief Medical Officer, NYP; Andres Nieto, Director, Community Health Education and Outreach-NYP; Julio Bastita, Manager of Community Relations - NYP; Paula Ritcher, PPS Operations and Strategy Manager, NYP; Maritza Polanco, Polanco, Inc; Ruben Severiano; Yolanda Bean-Balvd: Anthony Mendera; Jin Aho; Andres Nigtuan; Nicole Cular; Yacelina Espinales; Dainea Wrangle; Maricea Che; Cynthia Carrion, School in the Square; Ramon Santana, PARDS Analytical; Arnol Lin; PARDS Analytical; Juan J. Rodriguez, Artisit

The meeting was called to order by Fe Florimon at 7:06 pm.

Discussion that took place as indicated below:

Members of the Committee and the audience were introduced by the Chair followed by the review of agenda.

1. " Supporting Youth's social emotional development through mental health literacy" **Presented by: Dr. Evelyn Montañez, Ph.D., LCSW, NYP's Turn 2 Us Program Manager**

Turn 2 Us (T2U) is a mental health promotion and prevention program in partnership with New York-Presbyterian Ambulatory Care Network, Columbia University Community Pediatrics, former NY Yankee's Captain Derek Jeter's [Turn 2 Foundation](#) and local elementary schools.

Presentation focused on Socio-Emotional Learning (SEL). **Topics presented.**

- **Self-awareness:** recognize one's emotional, thoughts and how it influences behavior
- **Self-management:** regulate one's emotional, thoughts and behaviors in different situation
- **Social-awareness:** take the perspective of and empathize with others
- **Relationship skills:** establish and maintain healthy relationships with diverse individuals/groups
- **Responsible decisions-making:** make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, social norms.

Dr. Evelyn Montañez share the following approach to support a child's well being:

- **Social Emotional Learning**
- **Trauma Informed Schools**

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- **Mental Health Literacy**

With the above items youth in the community benefit in through the strengthening of academic outcomes, prosocial behavior and decreased MH symptoms.

Trauma Sensitive Schools: Help children cope with stress and adversity and supports social / emotional development.

2. "Early Childhood and Family Hub at- New York- Presbyterian" Presented by:

Dr. Mara Minguez, Assistant Chief Medical Officer, for Community Affairs;

Andres Nieto, Director, Community Health Education and Outreach; and

Paula Ritcher, PPS Operations and Strategy Manager, Division of Community & Population Health

Andres Nieto: (shares CCE report) After reviewing, he shares that the community lacks spaces indoors for community can address things such as early childhood issues, enrollment into social services, and other resources.

Some components could be cooking, a large play area for youth, a children's library, a food pantry and a garden.

Still in the process of meeting with community collaborators and seeing what type of program could be in the space. It is current 12,000 Square feet. The project is still in the early stages. Would like to return once the designers have presented and would like to return to this committee to present programs. They have only visited youth and education committee, so far.

NY Presbyterian Early Childhood HUB

- The early childhood HUB will be located at 169th/170th street and currently slated to be on the 2nd floor.
- "Early Childhood Hub" will provide programming for young children in the community and will also included services for parents.

3. "Health Training to Empower the Community on the Job Market" Presented by: Maritza Polanko, Executive Director of Polanko, Inc.

Health training program. (Palanko Inc. 2006) as a marketing an innovation company. Goals to effect changes through business. Main mission of micro and small business organization by providing new business solutions. They help clients with trainings and job placement. One thing is the job fair exhibit is for hiring, marketing and staffing (nationwide). They partner with many organizations. The job fair is offered three times each year with over 100 exhibit tables, 75% received job placement and/or training. Over 444 youth have benefited from this program along with their parents. Would like to reach more youth after school for this program between 3:30 and 6:30 pm.

4. Business / New Business: The following community announcements were made:

- Youth Talent Recruitment for Holiday Seasons Show December 7, 2019 @ 10:30am
- SAVE THE DATE: Youth Performing for Seniors: December 21st @ 2:00pm-4:00pm

Submitted by Curtis Yong, Member