

Central Harlem Community Youth Resource Guide



Created by the Manhattan Community Board 10

The goal of this guide is to assist Central Harlem youth by providing a resource guide of programs and services which promote a positive and successful future. This document serves as a reference to identify different local programs available for youth services in the following areas: mentoring, education, employment, technology, re-entry, substance abuse, and high school equivalency programs.

If you are aware of youth services not mentioned in this guide please reach out to us at the Manhattan Community Board 10 District Office at- Email: MN10CB@CB.NYC.GOV / Phone: (212) 749-3105 / Address: 215 West 125 Street, 4th Floor, New York, New York 10027

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Mentoring

Big Brothers Big Sisters of New York City

223 East 30th Street • New York, NY 10016 (212)686-2042

www.bigsnyc.org

BBBS of NYC remains committed to expanding services, developing ideas, and making history, until every boy and girl who needs a mentor has a "Big" of his or her own, and every caring, responsible adult can enjoy the opportunity to "Just be a Brother and a companion... give him his individual chance to be honest, and to grow up into a useful citizen." At BBBS of NYC, we cherish innovation, but we stay true to Ernest Coulter's vision in everything we do.

-- Program Services

Mentoring:

- **Traditional Mentoring Program**

- This program matches low-income youth from single-parent homes, between the ages of 7 and 18, with a carefully screened adult role model 21 years or older.
- Bigs meet with youngsters at least every other week for four hours and maintain regular phone contact. Each one-to-one relationship is also supported by a social worker responsible for supervision.
- Emphasizes parent involvement and collaboration between Club and school professionals as critical factors in creating the best after-school learning environment for Club members ages 6 to 18.

- **Juvenile Justice Mentoring Program**

- Based on the founding initiative of reaching out to youth involved in the court system, JJMP's goal is to reduce delinquency and prevent re-arrest, combining intense case management services and one-to-one mentoring to help troubled youth before they commit more serious crimes.
- BBBS staff works closely with judges, probation officers, juvenile justice agencies, and other community based organizations, serving as advocates for youth and their families in schools, courts, and other agencies where the interests of low-income families are often overlooked. Participants in the program have shown a significantly lower rate of recidivism.

- **New American Mentoring Program**

- The goal is to help immigrant youth overcome the unique obstacles they may face while adjusting to a new culture, language and customs.
- These youngsters' feelings of loneliness, isolation and prejudice as well as the stress of negotiating between their cultural traditions and the urban American environment are addressed through relationships with their mentors.

- **Building Futures Mentoring Program**

- This program services a wide-range of youth involved in the foster care system who are currently in a foster home or group home, as well as those transitioning out of foster care.
- Many face significant challenges, such as: academic struggles, employment difficulties, health problems, and legal troubles. With the support of an adult mentor who provides a consistent positive presence in their lives and

assists them in setting and meeting educational and vocational goals, the program helps to ensure a secure future for the Littles.

- **Children Of Promise Mentoring Program**

- This specialized, preventative program provides services for children between the ages of 7-18 who have an incarcerated parent, sibling or other family member residing in the household at the time of arrest.
- Parental arrest and confinement often lead to stress, stigmatization, and separation problems, which may be compounded by existing poverty, multiple caregivers, and prior separations.

- **Workplace Mentoring Program**

- provides NYC high school and junior high students with the critical skills needed to achieve their full career potential through a mentoring relationship with a caring adult role model. By partnering with these programs, companies are making an investment in the development of the next generation of leaders.
- Students are matched in one to one mentoring relationships with company employees who, through structured program activities, help map out the students' futures. Each program day is designed and facilitated by a BBBS of NYC program manager. Program managers each hold a Master's degree in Social Work and are on-site each program day to support mentoring matches.
- The topics for our "Power Tools" curriculum focus on career and life skills. Topics include: Business Etiquette, Career Exploration, Financial Investment, Teamwork and Company Pride. We also work closely with the mentors to incorporate the company's core values and resources into program activities.

- **Step4Ward program**

- In this career mentoring program, students will gain real world exposure to an industry that they are interested in pursuing.
- Students will be introduced to different job functions and work cultures to give them the tools to make better decisions about their future careers. The program will emphasize team work and give the students confidence to pursue their goals.

- **Youth Development Program**

- As part of the Workplace Mentoring Center's Youth Development in Schools Program (YDIS), adults are invited to join students from our partner schools who are not currently engaged in BBBS's mentoring programs in one time mentoring experiences.
- These onetime mentoring opportunities provide students with valuable assistance in developing workplace skills, exposure to opportunities in the city, as well as the chance to spend time with a positive adult role model.

- **Education Initiative**

- Developed in 2008 in response to the New York City school dropout crisis among minority students, the Education Initiative is designed to support Littles by helping them set and achieve educational goals with the team support of their Bigs, parents, BBBS of NYC social workers, and in-house education specialists.
- Our education specialists advocate on behalf of Littles to help them learn about and gain acceptance into locally available programs, while also identifying available resources to assist our youth with academic needs

that range from tutoring programs to SAT prep courses. In addition, they provide educationally-themed workshops on topics of interest to Littles, for their parents, and for Bigs interested in helping Littles succeed academically.

Eligibility Information:

We are currently accepting inquiries for enrollment in our programs, for children ages 7-16.

Call us at (646) 688 -1245 or (646) 688 -1246 and leave a message with your name and phone number.

Children must be between 7 and 16 years (except in our Children of Promise Mentoring Program, where the ages of the youth are between 5-16 years old). Both the child and volunteer are asked for a minimum of a one-year commitment and to see each other four hours every other week.

Each match is assigned a professional social worker who works closely with the volunteer, child and parent/guardian throughout the child's participation in the program to provide guidance and support.

Once enrolled in the program, Big Brothers Big Sisters of New York City has a variety of support programs and events for our families.

Volunteer

To learn more or become a Workplace Mentoring Program Partner, please contact Co-Directors of the Workplace Mentoring Center, 212-686-2042.

Boys and Girls Club of Harlem

425 West 144th Street, 5th Floor • Harlem, NY 10031

Contact Name: Edith D. Massiah • (212) 283-6770

www.harlembgc.org

Chartered in 1980 by the Convent Ave. Baptist Church, for over 30 years, the Boys & Girls Club of Harlem has been working to help young people develop the qualities needed to become responsible citizens in their community and leaders in their schools and daily lives. We have three (3) sites in Congressional District #15/Community Boards 9 and 10 serving Harlem youth, without regard to race, gender, color, national origin, religion, or socio-economic background. The Boys & Girls Club of Harlem provides activities after-school, during holidays, and in the summer to children and youth ages 6 to 18. We offer a broad range of programs in five core areas:

- **Character and Leadership Development**
- **Education and Career Development**
- **Health and Life Skills**
- **The Arts**
- **Sports, Fitness and Recreation**

Today, approximately 2,000 “at-risk” boys and girls are taking advantage of the programs, activities, and services provided by the Boys & Girls Club of Harlem. They benefit from trained, caring, professional staff and volunteers who help young people take control of their lives, envision productive futures, and reach their goals.

****Programs**

▪ CHARACTER & LEADERSHIP

- Helping youth become responsible, caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs. They also develop leadership skills and provide opportunities for planning, decision-making, contributing to Club and community and celebrating our national heritage.
- **Keystone Clubs** are chartered small group leadership development clubs for young people ages 14 to 18. Keystoners elect officers, choose their own activities and plan and implement community service projects. A national charter entitles a Keystone Club to participate in regional and national Keystone conferences. This teen leadership program is funded by the Taco Bell Foundation.

- **Youth of the Year** sponsored by the Reader's Digest Foundation, the National Youth of the Year Program is designed to promote and recognize service to Club and community, academic performance and contributions to family and spiritual life. Competition begins with each Club selecting a Youth of the Year who receives a certificate and medallion then enters state competition. State winners receive a plaque and \$1,000 scholarship then enter the regional competition. Each of the five regional winners receives a \$10,000 scholarship and enters the national competition held in Washington, DC. The National Youth of the Year receives an additional \$15,000 scholarship, totaling \$26,000 in scholarships, and is installed by the President of the United States.
- **Torch Club** is a small-group leadership development program, sponsored by Staples, is targeted to youth ages 11 to 13. Within some 1400 Torch Clubs across the country, members elect officers and plan and implement their own activities and community service projects. Each Torch Club receives an official charter from Boys & Girls Clubs of America.

HEALTHY LIFESTYLES

These initiatives help youth achieve and maintain healthy, active lifestyles:

- **SMART Moves** (Skills Mastery and Resistance Training) prevention/education program addresses problems such as drug and alcohol use and premature sexual activity. The program uses a team approach involving Club staff, peer leaders, parents and community representatives. More than simply emphasizing a "Say No" message, the program teaches young people ages 6 to 15 how to say no by involving them in discussion and role-playing, practicing resistance and refusal skills, developing assertiveness, strengthening decision-making skills and analyzing media and peer influence. The ultimate goal: to promote abstinence from substance abuse and adolescent sexual involvement through the practice of responsible behavior.
- **SMART Girls** is an outgrowth of the popular and effective SMART Moves program, SMART Girls is a health, fitness, prevention/education and self-esteem enhancement program for girls ages 8 to 17. The program is designed to encourage healthy attitudes and lifestyles that will enable early adolescent girls to develop to their full potential. The SMART Girls program is sponsored by Tupperware Brands Corporation.

- **Passport to Manhood** promotes and teaches responsibility while reinforcing positive behavior in male Club members ages 11 to 14. Passport to Manhood consists of 14 small-group sessions, each of which concentrates on a specific aspect of manhood through highly interactive activities. Each participant is issued his own “Passport” to underscore the idea that he is on a journey of maturation and personal growth.
- **Street SMART** counteracts the negative lures of gangs, violence and “street” influences on young adolescents ages 11-13. While building awareness and resistance skills, participants develop the confidence and knowledge to make intelligent choices. Street SMART’s four modules teach young people how gangs work and how to resist being recruited, how to recognize and resolve conflicts peacefully, how to become positive peer helpers and how to recognize and respect the similarities and differences of others. Participants reinforce what they have learned and share it with others by organizing community events that promote the program’s positive messages. The Allstate Foundation sponsors Street SMART.

THE ARTS

These initiatives help young people enhance self-expression and creativity, develop multicultural appreciation, provide exposure to and develop skills in crafts and visual, performing and literary arts:

- **ImageMakers National Photography Program** made possible by SONY is a comprehensive photography program which provides Boys & Girls Club members ages 11 to 18 the opportunity to express themselves creatively, build confidence and learn new skills such as the way a camera works and the process of picture-taking. They will also develop an understanding of the many roles — both artistic and vocational — that photography plays in our lives. And even when they do not have an actual camera in their hands, members will have learned to see and appreciate the world around them through a new and more focused lens. Club members participate in an annual photography contest that provides local,

regional and national recognition. Club members' photographs selected at the contest's national level are exhibited at BGCA's National Conference and other events. Each winning artist's work is featured in a virtual gallery on the ImageMakers Web site, www.imagemakersbgca.org.

- **ODAEP Dance** Program offers Contemporary Jazz and Hip-Hop, African, and Musical Theater. Classes are geared towards learning cutting-edge choreography for video (that will be produced and shot by students learning video production) in addition to improving technique, body conditioning, and improvisation, as well as developing style, stage presence, and confidence. Students also work in small groups to create their own routines that are featured in a live theatre performance. In addition to regularly scheduled classes, there are special guest instructors, make-up and costuming sessions and photography. To round out the curriculum and provide students with a creative outlet, dance students are assigned a choreography project and work in small groups to prepare a short, original piece. Dancers perform the class choreography, as well as their original work, on stage for a live audience.
- **ODAEP Acting for Film** Program is closely tied to our introductory Film & Technology Program called MEDIA MIXX. When the filmmaking students go out to make their assigned projects, they use the talent in the Acting for Film Program. This provides our acting students with off & on-camera experience and allows them to walk away from the program with a DVD portfolio of PSA's, commercials, short movies, and on-stage scenes in which they have performed. Students will receive training with professional cameras that make the presentation high quality and professional. In the Theatre Arts and Technology Program students will learn how to manage their Digital Footprint; by creating video content and programming to be uploaded to YouTube, creating their own website to showcase their work and understanding how to capitalize on "Social Media."

Harlem Youth Marine Corps

2366 Fifth Avenue, New York, NY 10037 917-434-6817

<http://www.harlemyouthmarines.org/>

The Harlem Youth Marines is a not-for-profit youth organization based out of the Village of Harlem in New York City, serving inner city youth between the ages of 7-20 years old for the last 33+ years since its creation in 1980 by founder and Director, Gregory E. Collins.

Our mission is to help prevent drug abuse, reduce the rate of high school dropouts, and combat gang influence among young men and women by providing a positive, motivating and mentoring youth and adult force, by applying a military approach to foster discipline and self-confidence.

The aim is youth helping youth; to achieve the goals to live a productive life, and to help improve the quality of life in their community.

The program offers instruction in military grooming and development such as drill & ceremony, customs & courtesies, uniformity, rank structure, chain of command, and physical training. We also review school report cards, offer tutoring to cadets in need, and make home & school visits when necessary. Other activities include paintball competition, shooting range, camping, hiking, sports, parades, ceremonies and community events.

The Brotherhood/Sister Sol

512 West 143rd Street • New York, NY 10031 (212)283-7044

www.brotherhood-sistersol.org

Founded in 1995, The Brotherhood/Sister Sol (Bro/Sis) provides comprehensive, holistic and long-term support services to youth who range in age from eight to twenty-two. Bro/Sis offers wrap around evidence-based programming. The organization focuses

on issues such as leadership development and educational achievement, sexual responsibility, sexism and misogyny, political education and social justice, Pan-African and Latino history, and global awareness. Bro/Sis provides four-six year rites of passage programming, thorough five day a week after school care, school and home counseling, summer camps, job training and employment, college preparation, community organizing training, and international study programs to Africa and Latin America.

We are locally based, with a national reach, as Bro/Sis publishes assorted curricula and collections of our members' writings; trains educators from throughout the nation on our approach; and our leadership is invited to speak and present at educational and policy convenings and conferences across the country. Our theory of change is to provide multi-layered support, guidance, education and love to our membership, to teach them to have self-discipline and form order in their lives, and then to offer opportunities and access so that they may develop agency.

Program Services

Mentoring:

- **Rites of Passage (ROP) Program**

- Our goal is to empower youth through discovery and discussion of history, culture, social problems, and the political forces surrounding them. We establish partnerships with public secondary schools to develop gender-specific (Brotherhood or Sister Sol) chapters, each consisting of 10 to 18 youth members and two adult Chapter Leaders. The Chapter Leaders facilitate weekly sessions and serve as mentors, supporters, confidantes, counselors, teachers, and more. They build trusting relationships and offer guidance to the chapter members as they face the challenges of young adulthood.

- During the intensive four- to six-year ROP process, members learn critical thinking and global awareness skills through leadership development, drug awareness, conflict resolution, political education, community service, and other activities. Each chapter develops a Mission Statement and collectively defines what it means to be a sister/brother, woman/man and leader. Members also create individual Oaths of Dedication—personal testimonies to how they will live their lives. The program is structured around our ten curriculum focus issues, incorporating topics such as Pan African and Latino History, Sexism and Misogyny, and Political Education and Social Justice.
- Working toward these goals, we provide a safe space where youth can learn life skills and discuss topics important to them that are not covered in school. Members explore ideas of community, equality, and diversity, and build friendships in an environment that promotes their positive development as women/men, sisters/brothers, and leaders. We encourage youth to embrace the power, passion, and possibility inherent within them, and to use their talent to benefit themselves and their communities.
- The Chapter Leaders facilitate weekly sessions and serve as mentors, supporters, confidantes, counselors, teachers, and more.
- Our Objectives
 - Become independent and resourceful
 - Strive for one's highest personal potential
 - Develop leadership skills and a sense of community responsibility
 - Demonstrate knowledge of our curriculum issues and the world
 - Build self-esteem, confidence, and self-respect
 - Explore beyond their comfort zone and challenge themselves
 - Embrace the ideals of brotherhood and sisterhood
 - Discover one's individual, creative voice

-- Volunteer

Interested in volunteering with Bro/Sis?

You can download and email the volunteer application with your resume to info@brotherhood-sistersol.org or fax to 212-283-3700 to the attention of the Volunteer Coordinator or ASP Coordinator.

Harlem Commonwealth Council, Inc.

361 West 125th Street • New York, New York 10027 (212) 749-0900

www.harlemcommonwealth.org

Through the creation of enterprises, the generation of jobs, the support of businesses, and the education of residents, to stimulate the economic development of the Harlem, Upper Manhattan, and Bronx.

In carrying forth our founding principles - through all that HCC does, it will ensure skill development and business creation for residents' long-term economic self-sufficiency and it will ensure that everything it undertakes will have a direct relationship to enhancing the economic viability of our communities.

-- Program Services

Mentoring:

- **Arches Transformative Mentoring**

- Helps justice-involved young adults change attitudes and behaviors that led to their criminal activity.
- The Department of Probation has contracted with the Harlem Commonwealth Council with the goal of helping probation clients move

out of the criminal justice system by strengthening their attachments to education, work, and community.

- Each participant is a probation client between the ages of 18 and 24, who attends two 90 minute sessions per week, plus one weekly one-on-one mentor meeting for 6 months. They are provided with a Metro card and an income supplement for each session, for a total of up to \$800 upon completion of the program.

-- Eligibility Information:

- Age 18-24.

New York City Mission Society

105 East 22nd Street • New York, NY 10010 (212)674-3500

www.nycmissionsociety.org

New York City Mission Society improves the lives of children, youth, and families in the city's most underserved communities. Through programs and services that respond to community needs, we create cycles of success for generations to come.

New York City Mission Society envisions a city in which every New Yorker thrives in a safe and loving environment, contributes to the overall well-being of the community, and receives the support needed to achieve a joyful and independent life. New York City Mission Society values kindness, compassion, dignity, respect, and excellence. We demonstrate these values by delivering services that encourage critical thinking, self-confidence, and resilience in the children, youth, and families we serve.

-- Program Services

Re-Entry:

- **Arches: Transforming Attitudes and Behaviors that Led to Criminal Activity**
 - Offers a new path to personal, educational, and career success for young people in Central Harlem who are on probation.
 - Provides curriculum-based group mentoring and individual mentoring, which helps youth to transform the attitudes and behaviors that led to their criminal activity.
 - Offers interactive journaling, and group cultural, recreational, and social activities.
 - Gives these youth a chance to further their education, gain employment, end further involvement in the criminal justice system, and succeed as productive citizens.
- **Harlem Justice Scholars: Breaking the Cycle of Re-Imprisonment**
 - Providing a range of services that includes education, tutoring, career exploration, job readiness training, employment, mentoring, case management, and civic engagement opportunities.

Volunteer

Volunteering with New York City Mission Society is a fun and rewarding way to give back and make a difference. Our volunteer opportunities include assisting with single-day events as well as positions providing administrative support in our Development Office and at our Minisink Townhouse in Central Harlem.

To volunteer, or to request further information about volunteering, please email our Volunteer Office, volunteer@nycmissionsociety.org or call 212-674-3500 ext. 210.

Friends of Island Academy

127 W. 127th Street, Suite 127 • New York NY 10027

Contact Name: Andre Obasogie • (212)-760-0755 • aobasogie@friendsny.org

www.friendsny.org

The concept for Friends was developed in the late 1980s at the alternative high school called Austin MacCormick Alternative High School, then known as Island Academy, which is located in one of the facilities housing sentenced adolescents on Rikers Island. We strive to break cycles of incarceration by providing limitless opportunities for growth to high-risk young people involved in the City's justice system. We harness positive development practices to champion the strengths of our participants as they overcome obstacles and transform their lives and communities for the better.

At Friends, we do this by developing connections and relationships with youth while they are still incarcerated, and by leveraging these relationships after release. Upon release, young people become members of Friends and develop personal milestones and goals in the arenas of health and well-being, education, employment, youth leadership and community participation. The longer young people remain engaged by and connected to our program (1 to 4 years in levels of intensity that shift and taper according to their progress), the greater the influence we have on their trajectory toward becoming economically independent adults who are involved in their communities in positive ways.

-- Program Services

Re-entry:

- **ABLE (the Adolescent Behavioral Learning Experience)**
 - 7 full-time staff on Rikers Island daily, working with young people ages 16 to 18, focuses on personal responsibility, education, training and counseling, with the goal of reducing the likelihood of re-incarceration.

- Uses an evidence-based cognitive-behavioral curriculum that focuses on personal responsibility, life skills and goals planning.

- **International Center of Photography**
 - Partnership with the International Center of Photography provides youth members with hands-on photography and writing instruction integrated with activities that develop life skills and build self-esteem.
 - Themes identified by the students and staff have included health and wellness, overcoming obstacles, literacy, and self-expression.

Volunteer

We thrive with the involvement of supportive community members who want to take an active part in our work. At this time, we are particularly looking for the following assistance/skills:

- Administrative Assistance (New York and Bronx offices)
- Mentors
- Graphic arts and publishing
- Social media

If you would like to volunteer with Friends, please email Gina Lee glee@friendsny.org.

Education

Boys & Girls Club of Harlem

425 West 144th Street, 5th Floor • Harlem, NY 10031

Contact Name: Edith D. Massiah • (212) 283-6770

www.harlembgc.org

The mission of the Boys & Girls Club of Harlem is to provide access and opportunities for youth to reach their full potential as responsible members of the community. The Boys & Girls Club of Harlem will develop young minds, instill character, and foster leaders of tomorrow by delivering relevant youth services in a positive, supportive environment. We will be a “best-in-class” organization by creating a culture of excellence through a renewed commitment with the village of Harlem. We will work together with the community to realize our mission.

-- Program Services

Education:

- **Project Learn**

- Reinforces the academic enrichment and school engagement of young people during the time they spend at the Club.
- Staff use all the areas and programs in the Club to create opportunities for these high-yield learning activities, which include leisure reading, writing activities, discussions with knowledgeable adults, helping others, homework help, tutoring and games (such as Scrabble), that develop young people’s cognitive skills.
- Emphasizes parent involvement and collaboration between Club and school professionals as critical factors in creating the best after-school learning environment for Club members ages 6 to 18.

- **CareerLaunch**

- Career exploration and mentoring program for teens ages 13-18.
- Program includes the CareerLaunch Web site that allows teens to take an interest survey, explore careers, identify training or college requirements, seek out financial aid and play skills-building games.
- Easy-to-use Career Exploration Quick Reference Guide with a broad range of career planning and job skills activities that Club staff or volunteers can use with teens.
- The CareerLaunch Portfolio contains a Teen Tips booklet with helpful interviewing and on-the-spot job tips. Funded by Gap Foundation.

- **CLUBService**

- Partnership between Boys & Girls Clubs of America and the Corporation for National Service (AmeriCorps), provides education awards to Club members ages 17 and 18 and Club alumni ages 19-24 who serve their Clubs and communities.
- CLUBService recognizes young people's service, helps them access higher education opportunities and encourages them to pursue future careers as Club professionals. Funded by AmeriCorps.

- **Junior Staff: Cultivating Tomorrow's Club Professionals Today**

- Junior Staff is a program that assists Club members ages 13 to 18 explore a career in youth or human services, particularly Boys & Girls Club work.
- Prepare for future roles as human services professionals by participating in career development activities, discovering the importance of community service, building customer service skills and completing a Club apprenticeship. Funded by AT&T.

- **Money Matters: Make It Count**

- Created with the Charles Schwab Foundation, this financial literacy program was designed specifically to help teens (ages 13 to 18) expand their knowledge of money management and learn the skills that lead to financial independence and well-being.
- The Money Matters: Make It Count program consists of five components: Teen Personal Finance Guide, Program Facilitator's Guide, Money Matters Web site, Schwab eEmployee Volunteer Program and the Money Matters Awards. Via the volunteer component, Schwab employees can pass financial expertise to Club teens through their volunteer involvement.

-- Eligibility Information:

General membership in the Boys & Girls Club of Harlem is free of charge for youth 6-18 years old residing in the West/Central and general Harlem area. We provide a pick-up service from three (3) local schools near the M.L. Wilson Clubhouse as a convenience to parents who wish for us to escort the youth to the Club daily (for a flat monthly fee). Our Summer Leadership Academy also charges one of the best rates in Harlem for a full-service Camp (academic, recreational and cultural) experience for the youth. Discounts are also available for multiple children in the same family.

Volunteer

There is an old saying that goes... "It takes a village to raise a child." Here in the Village of Harlem we realize that it just takes one person to change the life of a child, but collectively we are able to create an everlasting impact. If you would like to become a Mentor or Volunteer at the Boys & Girls Club of Harlem during the school year, please complete a volunteer/mentor form, and submit it to edmassiah@harlembgc.org.

Please note that for the safety of our children, a pre-screen interview and background check will be required prior to being approved to volunteer or mentor at any of our Clubhouses.

Harlem Children's Zone

35 East 125th St. • New York, NY 10035 • (212) 360-3255 • info@hcz.org

<http://www.hcz.org/hcz-home.php>

“An organization that has set out to prove that poor, black children can do succeed”-
Oprah Winfery

In the early 1990s, HCZ ran a pilot project that brought a range of support services to a single block. The idea was to address all the problems that poor families were facing: from crumbling apartments to failing schools and from violent crime to chronic health problems. Under the visionary leadership of its President and CEO, Geoffrey Canada, HCZ continues to offer innovative, efficiently run programs that are aimed at doing nothing less than breaking the cycle of generational poverty for the thousands of children and families it serves.

Program Services

High School:

Promise Academy High School Program

Created several cross-site initiatives to help our high school students navigate the process of getting into college.

Academic Case Management

Each of the six high-school sites has Student Advocates, assigned by grades, to work with each young person to create individualized Action Plans that identify concrete strategies to enrich and support the student's academic achievement, college readiness and personal growth.

Focuses on building collaborations with the parents, teachers and other stakeholders to inform, develop, execute, assess and track student progress, particularly in the critical transitions from middle to high school and then into college.

Truce Arts & Media

Focuses on youth development through the arts and media, working with youth in grades 9-12 on academic growth, career readiness while also fostering media literacy and artistic ability.

Employment & Technology Center

Teaches computer and job-related skills to youth and adults.

Learn to Learn

An after-school program developed for high school juniors and seniors to improve their academic skills, and prepare them for college and the job market.

During the school year, the focus is to improve participants' academic standings and developing life skills, while during the summer months, the focus is on gaining summer employment.

College Preparatory Program

Provides year-round academic enrichment to high school youth.

Aims to help young people think about pursuing a college education as early as possible.

College:

The College Success Office

Supports students who have graduated from high school and HCZ programs.

Helps students get into the most-appropriate colleges, and then assist them throughout their college years.

Eligibility Information:

All HCZ programs are offered free to the children and families of Harlem.

YMCA – Y Roads Literacy Center

Y Road Literacy Center – Harlem

12181 West 135th street Harlem, NY 10030

www.ymcanyc.org/yroads or yroadsharlem@ymcanyc.org

The Y Roads Literacy center provides Pre-HSE Instruction with service learning services to young adults within the age range of 16-24 who either unemployed or currently not enrolled in school.

Benefits for Participation

- Work towards your High School Equivalency (HSE) credential
- Paid internship opportunities
- Counseling services, mentoring, and coaching on jobs, school and college

Participants must

- Not have their High School Diploma, GED/HSE
- Be between 16 and 24

- Be able to attend Monday to Friday, 9am to 2pm

Attend an information session every Wednesday at 10am.

For more information call 212-741-6388.

Union Settlement Association

237 East 104th Street • New York, NY 10029

Contact Name: Laura Johnson • (212) 828-6031 • mnieves@unionsett.org

www.unionsettlement.org

The Union Settlement Association creates opportunities in East Harlem by offering comprehensive programs to help underserved residents improve their skills and build better lives for themselves and their families. The agency promotes leadership development and fosters economic self-sufficiency to help individuals and families build a stronger community, through education programs and human services.

Youth Services

Burdened with failing schools, high dropout rates and the threats posed by crime, substance abuse and hopelessness, East Harlem's youth find opportunities to build brighter futures at Union Settlement. Each year, our creative and dedicated staff leads nearly 2,000 hardworking and energetic children and teens through a comprehensive set of programs that seeks to nurture multiple aspects of our young peoples' lives, from educational to personal, from skills acquirement and career preparation to cultural enrichment and expression. Enrollment forms and information appear [below](#).

Youth Services programs include:

Rising Stars Program

We enroll 200 youngsters ages five to 12 in year-round activities, including homework assistance, tutoring, computer instruction, visual and performing arts projects, recreational activities and a summer day camp. We also offer literacy programs such as

our multidisciplinary Theme Teams and the Spaghetti Book Club, a hands-on music program and our softball/baseball program in collaboration with Harlem RBI.

Bridges

Bridges serves approximately 100 middle school students through academic, personal and cultural enrichment as well as two specialized programs: the Healing Our Problems Early Program (HOPE), which focuses on sexual literacy and personal development, and our year-round Middle School College Preparation Program designed to help students in East Harlem's middle schools gain admission to competitive high schools that will set them on the path to higher education.

High School Services

High School Services for youth ages 14-18, including Union East, which provides employment and educational opportunities for in-school youth, including, tutoring, internships and job skills development. We also provide college preparation and guidance to over 1,000 teens each year through the Settlement College Readiness Program.

Physical Fitness and Leadership through Sports

As part of the youth development mission underlying all our programs, our sports programs are designed to increase the physical activity levels of our youth, lead participants to our academic services and teach discipline and the value of working effectively with their peers and instructors. For instance, our Stay on Point program promotes teamwork, leadership skills and dedication, while providing an alternative to negative influences such as drug and alcohol abuse. The program serves a total of 200 at-risk teens through structured competitive play, including basketball, tennis, baseball, track and field. Participants are required to take part in our tutoring program and attend a series of workshops on topics such as peer pressure, conflict resolution, proper nutrition, STD prevention and career exploration.

Intergenerational Tutoring Program

Union Settlement recruits and trains local older adults to tutor and mentor children in kindergarten through third grade who need help developing reading and writing skills.

The program currently serves students in six East Harlem elementary schools. Through an award-winning approach developed by the OASIS Institute, tutors and students work together throughout the school year to build the children's reading skills, self-esteem, and positive attitudes towards learning. The program offers great benefits for students and older adults alike, and we are proud to bring it to the East Harlem community. If you are interested in volunteering, please email the program coordinator at hstein@unionsettlement.org.

The East Harlem Teen Health Project

The East Harlem Teen Health Project (THP) offers comprehensive, age-appropriate, and culturally sensitive sexual health education to teens in our area. The THP works to reduce the rates of teen pregnancies, HIV/AIDS, and STIs in East Harlem via community awareness, educational workshops, and events.

Education Center

The centerpiece of Youth at Union is its Education Center. Open weekdays from three to nine p.m. and on Saturdays for special events and activities, the Center serves as a "neighborhood sanctuary" where parents can be sure their children are engaged in constructive, enriching activities.

Programs

Bridges

Union EastRising Stars Wildcats

Fatherhood

Reconnect and Rise (GED)

Location and Contact Information:

<http://www.unionsettlement.org/youth> or call 212-828-6111.

Information:

Washington Community Center
1775 Third Avenue (98th Street)
New York, NY 10029

Director of Youth Services

Steven Portericker
sportericker@unionsettlement.org
(212) 828-6111

Manhattan Educational Opportunity Center

163 West 125th Street, 15th Floor New York, NY 10027

<http://meoc.bmcc.cuny.edu/> 212.961.4094

The Manhattan Educational Opportunity Center (MEOC) was established in 1966 by the State University of New York as the Urban Center in Manhattan, as a result of an act of the New York State Legislature. The MEOC has been administered by Borough of Manhattan Community College of the City University of New York during its entire history. The MEOC moved from the original location at 109 West 125th Street to facilities in the Theresa Towers at 2090 Adam Clayton Powell, Jr. Blvd. in the fall of 1968. The MEOC is now located in the Adam Clayton Powell, Jr. State Office building at 163 West 125th Street. In 1973, the six Urban Centers in the statewide Urban Center Program merged with the Cooperative College Centers to form Educational Opportunity Centers. The Urban Center in Manhattan became the Manhattan Educational Opportunity Center (MEOC) and retained its mission of providing services to inner-city residents. Over the past forty-five years, the MEOC has served thousands of residents of Harlem, East Harlem, and throughout New York City. Beginning with its first year of operation, the MEOC has provided training for skilled and semi-skilled occupations as well as college foundation courses and placement services for all enrolled students and potential students.

Graduates from the MEOC have moved into jobs in industry, commerce, and governmental service either directly or after postsecondary education received following training at the Center. Graduates of the MEOC are accepted into all units of the City University of New York, State University of New York and private colleges. The MEOC provides a variety of educational and training services to all eligible candidates without discrimination. We encourage all races, ethnicities, religions, genders and the handicapped to apply.

ACADEMIC PROGRAMS

Literacy Development

Students further develop their vocabulary, reading and test-taking skills, using instructor-led classes and computer-based instruction. Prospective students should demonstrate and interest in an academic program of study.

Admissions Requirements:

TABE Adaptive Minimum Scores Reading: 4.0 – 5.0/Math: 4.0

Development Study Skills

Students improve basic math, reading, writing and test-taking skills. This is a great place to start for adult learners who have been out of school for a while. After successful completion of the program students will be able to test for other MEOC programs.

Admissions Requirements:

TABE Adaptive Minimum Scores Reading: 6.0/Math: 5.0

English as a Second Language

Students learn English the way they learned their first language by doing everyday things like expressing feelings, asking for directions and playing games. This approach creates a low-anxiety environment where students are able to draw on their own life experiences.

Admissions Requirements:

TABE CLAS-E Minimum Scores Reading: 2.0 in 2 areas of the exam.

Introduction to HSE

Students improve their skills in reading, writing, math, science and social studies in preparation for the HSE® exam. Upon successful completion of the program, students may enroll in the HSE® Program or be recommended to take the official HSE® exam. Students are given the Official Practice Test (OPT) to assess readiness for the Official HSE® exam.

Admissions Requirements:

TABE Adaptive Minimum Scores Reading: 7.0/Math: 6.5

Note: Effective January 2, 2014 our GED program name changed to Introduction to High School Equivalency (HSE®)

High School Equivalency Diploma (HSE)

Students strengthen their test-taking skills in reading, writing, math, science and social studies in preparation for the HSE® exam. Students are given the Official Practice Test (OPT) to assess readiness for the Official HSE® exam. Previous official HSE® results are taken into consideration where applicable.

Admissions Requirements:

TABE Adaptive Minimum Scores Reading: 9.0/Math: 8.0

We are also a HSE testing site. Testing is available by appointment only.

Note: Effective January 2, 2014 our GED program name changed to High School Equivalency (HSE®)

College Prep

Students further develop their critical reading, writing and math skills in preparation for college level classes. In addition students prepare for college placement exams including the CUNY Assessment Test.

Admissions Requirements:

TABE Adaptive Minimum Scores Reading: 9.0/Math: 9.0

ATTAIN Lab

An interactive learning lab that helps students improve their academic and computer skills and acquire vocational skills at their own pace. Tutoring resources are designed to supplement each student's academic or vocational goals.

Admissions Requirements:

TABE Adaptive Minimum Scores Reading: 4.0

Job Readiness Training (JRT)

A two-week, classroom-based program designed to improve employment opportunities for students. It includes an overview of basic computer skills, online job search strategies and interviewing techniques. Students also have the opportunity to improve their customer service and personal money management skills. Orientation is held every Monday at 2:00 pm.

The Brotherhood/Sister Sol

512 West 143rd Street • New York, NY 10031

Contact Name: (212)283-7044

www.brotherhood-sistersol.org

Founded in 1995, The Brotherhood/Sister Sol (Bro/Sis) provides comprehensive, holistic and long-term support services to youth who range in age from eight to twenty-two. Bro/Sis offers wrap around evidence-based programming. The organization focuses on issues such as leadership development and educational achievement, sexual responsibility, sexism and misogyny, political education and social justice, Pan-African and Latino history, and global awareness. Bro/Sis provides four-six year rites of passage programming, thorough five day a week after school care, school and home counseling, summer camps, job training and employment, college preparation, community organizing training, and international study programs to Africa and Latin America.

We are locally based, with a national reach, as Bro/Sis publishes assorted curricula and collections of our members' writings; trains educators from throughout the nation on our approach; and our leadership is invited to speak and present at educational and policy convenings and conferences across the country. Our theory of change is to provide multi-layered support, guidance, education and love to our membership, to teach them to have self-discipline and form order in their lives, and then to offer opportunities and access so that they may develop agency.

-- Program Services

Re-entry:

- **ASP (After School Program)**

- For children ages 8-12 operates 5-days-a-week from 3:00-6:30pm, with extended hours to 7:30pm once a week for the Mentoring Program. A

typical afternoon begins with a healthy meal and time for children to unwind before starting their homework.

- The day ends with enrichment (such as multi-media arts, karate, Afro-Caribbean drumming, nutrition & cooking) and leadership activities (Young Brothers and Young Sisters introduce them to our Rites of Passage Program, tweens participate in activities that will help them transition into ASTEP).

- **ASTEP (After School Teen Enrichment for youth ages 13-18)**

- **Hip Hop/Studio Class:** The BroSis studio will function as a digital music production learning center where members learn to utilize software in order to create and record their own music. Another facet of the program will include vocal training and stage performance savvy. In addition, the program will expose members to different musical genres outside of current popular music such as Jazz, Rock, Soul, Folk and Metal to name a few. The study of theoretical elements of music including sound, pitch, rhythm, melody, harmony, and notation will also be included in the course syllabus. Also, one of the most neglected aspects of music; the business, will be explored and analyzed for members' edification. Another critical element to the class will be an overall historical perspective on Hip Hop culture's impact and influence on American society. After every session members will be charged to write eight bars related to anything they learned during session, and will share during check-in the following week.
- **Writers Collective (WC):** Youth hone their creative voice and poetry, spoken word and creative writing in a process of nurtured reflection and exchange. Workshops and discussions enable them to examine social justice issues to understand the world and their place in it, and as inspiration. WC members develop performance skills and compete in slam and writing contests.

- **Bro/Sis Arts:** Youth explore the performing arts (acting, writing, dramaturgy, producing, directing) to deepen their understanding of social justice issues and to build the Bro/Sis Repertory Company. They examine the history of the arts and its impact on social movements, learn from diverse professional artists, and collaborate on the creation of original theatre pieces.
- **Environmental Program** includes Gaia Renaissance and Prove it to Gaia (PITG). Gaia Renaissance is an environmental leadership development project for youth ages 14-18. Members create a Mission Statement and definitions for “environmentalist,” “leader” and “team partner” that they strive to uphold. They maintain the Frank White Community Garden adjacent to our brownstone, collaborate on environmental justice projects with other organizations, and provide guidance and support to PITG. (PITG is a component of our Summer Leadership Program. Teens are paid to work in the garden on landscaping, construction and maintenance projects.)

Volunteer

Interested in volunteering with Bro/Sis?

You can download and email the volunteer application with your resume to info@brotherhood-sistersol.org or fax to 212-283-3700 to the attention of the Volunteer Coordinator or ASP Coordinator.

Friends of Island Academy

127 W. 127th Street, Suite 127 • New York NY 10027

Contact Name: Andre Obasogie • (212)-760-0755 • aobasogie@friendsny.org

www.friendsny.org

The concept for Friends was developed in the late 1980s at the alternative high school called Austin MacCormick Alternative High School, then known as Island Academy, which is located in one of the facilities housing sentenced adolescents on Rikers Island. We strive to break cycles of incarceration by providing limitless opportunities for growth to high-risk young people involved in the City's justice system. We harness positive development practices to champion the strengths of our participants as they overcome obstacles and transform their lives and communities for the better. At Friends, we do this by developing connections and relationships with youth while they are still incarcerated, and by leveraging these relationships after release. Upon release, young people become members of Friends and develop personal milestones and goals in the arenas of health and well-being, education, employment, youth leadership and community participation. The longer young people remain engaged by and connected to our program (1 to 4 years in levels of intensity that shift and taper according to their progress), the greater the influence we have on their trajectory toward becoming economically independent adults who are involved in their communities in positive ways.

-- Program Services

Education:

- **Positive Youth Development**

- Youth advocacy staff support young people in preparing for the GED, reenrolling in high school, or applying for and enrolling into college or vocational trades.
- Coach job-interested youth members through building a resume and developing interview and soft skills.
- Help youth members with securing and retaining employment.

- **Jail-to-School Pipeline**

- Friends' staff ensures that a school has been identified and that the youth will be placed on the school roster immediately upon discharge.
- Post-release, Friends' neighborhood-based mentors ensure and support immediate enrollment (or transfer) into school and provide on-going transitional support for academic engagement and steady credit accumulation toward a secondary school diploma.

Volunteer

We thrive with the involvement of supportive community members who want to take an active part in our work. If you would like to volunteer with Friends, please email Gina Lee glee@friendsny.org.

At this time, we are particularly looking for the following assistance/skills:

- Administrative Assistance (New York and Bronx offices)
- Mentors
- Graphic arts and publishing
- Social media

If you would like to set up a presentation by our Youth Leaders in your neighborhood, school or other place of business, please contact Andre Obasogie at 212-760-0755 or aobasogie@friendsny.org.

New York Urban League-

Serving the community since 1919

204 West 136th Street

New York, New York 10030

212.926.8000 ext. 141 www.nyul.org Email collegeready@nyul.org.

The New York Urban League's **Absolute Success College Access Program (ASCAP)** is a comprehensive college and career access model that holds college readiness at the center of all our education services while fostering an environment of high expectations, encouraging leadership, academic achievement and social responsibility. Today, we are developing technologically advanced, research based programming to meet young people's needs during life's most difficult transitions - middle school, high school to college, and graduating from college on time. Our Absolute Success Project Ready youth development and leadership program on Staten Island continues to work with more than 200 students annually on positive education, college and career choices, conflict resolution and becoming agents of change in their communities. We also offer web-based resources for students and their parents seeking college information and financial aid.

Empowerment Day

The New York Urban League not only believes in the power of education, but also the power to inform educational choices throughout a student's academic career. To that end, the NYUL has developed empowerment days for girls and young men currently in High School. On those days, 300 students visit one of our empowerment sites to explore careers throughout New York City. Empowerment leaders from business, government, public and sports/entertainment will introduce groups of 10-15 young men and women to careers, speak to them about their personal journey to success, and provide a glimpse into a world many of these students have never seen before. Employees are able to educate students about a variety of careers that they may not have known existed and to describe the various paths employees have taken to get into the positions they hold. Along the way, students are unlocking new thoughts and expectations for their future. The girls' day concludes with a panel discussion with professional and celebrity women bringing a message of empowerment and young men's day concludes with mini-round table discussions led by professional men and empowerment site leaders.

Whitney M. Young, Jr. Scholar Connect is a mentoring program specifically designed for New York Urban League Whitney M. Young, Jr. Scholarship recipients. In partnership with the New York Urban League Young Professionals (YP), scholarship recipients are paired with YP's for support, encouragement and to be connected to a caring and trusting mentor throughout their college experience. The connect program includes outings with the scholars when they are home from school, travel support for attendance to NYUL specific events, and the development of an online component to further promote the program and connect with alumni scholars. To become a mentor contact collegeready@nyul.org or call 212.926.8000 ext 141

The College Access Technology Center is an information facility equipped with the tools to provide the guidance and assistance for the college preparation journey. The center, located in Harlem, utilizes technological and staff resources such as workshops and parent education to ensure that students and their families are properly informed and equipped. To make an appointment contact collegeready@nyul.org or call 212.926.8000 ext 141.

Coming Soon: **The College Access Web Portal** is a web resource that will be launched this Fall to prepare, assist and support students on their college journey. It will provide access and linkages to resources for post-secondary readiness, and preparation – admissions, parent education, financial aid, and scholarships – to ensure students and their families feel empowered to embark on the road towards higher education.

Annual HBCU Fair

<http://www.nyul.org/pages/HBCU>

Our Annual HBCU Fair is one of the cornerstones of our educational platform to provide every student the NYUL reaches with college exploration opportunities and guidance. Our annual Historically Black Colleges & Universities Fair (HBCU) in partnership with the New York Urban League's Young Professionals, attracts over 3,000 New York City high school students, out of state high school students and their parents. Located at the Riverbank State Park facility in Harlem, the event features more than 45

HBCUs, some of which provide on-site admissions and scholarship awards, and also includes interactive workshops on college admissions, applying for financial aid, researching scholarships, preparing for the first year in college, and succeeding on standardized entry exams. In 2010, participating schools waived 1079 application fees totaling \$37,765; awarded 43 scholarships totaling \$528,500; and 161 students were admitted onsite. The fair is in its 27th year.

Parent Academies

Parent Academies are workshops designed to help educate parents and caregivers so they are equipped to take an active role in the academic path of their children. NYUL will release A Parent's Guide to College in late September. The guide is designed for parents of students who are the first generation in their family to attend college. The guide will examine all facets of college preparation from entering 9th grade through the critical senior year of high school, as well as examining local options of the CUNY and SUNY system.

Phoenix House (Project YES)

2191 Third Ave New York, NY 10035 Contact Name: Jumana Grassi • Project Coordinator • (212) 831 1555 ext.7545

www.phoenixhouse.org

Our program is designed to serve at-risk adolescents, ages 13-20, in the early experimental stages of substance use and/or exhibiting other high-risk behaviors. Project YES offers young people the opportunity to participate in a variety of services designed to help them live alcohol and drug-free lives. This program has an open referral base for youth residing in the Harlem community.

-Program Services

Education:

- For adults 21 and over, vocational training and education courses are available.
- For adolescents, high school diploma assistance for qualified students only or GED preparation.

-Eligibility Information:

- Services available for youth ages 13-20 and adults 21 and over
- Services available to Harlem, NY residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins are welcome; Referrals welcomed
- Other eligibility requirement: No services available for individuals with a history of sexual offense. Must have substance abuse problem.
- Agency has Spanish-speaking staff; however, clients are required to speak fluent English.

Volunteer Opportunities:

Phoenix House dedicated volunteers play a crucial role as we continue to serve more than 6,000 individuals each day at over 120 programs throughout the country. From educational workshops to holiday celebrations, our talented volunteer team is

instrumental in helping our clients through treatment and into sustained and supported recovery.

Ways to Volunteer at Phoenix House

Educational workshops for adults and teens at our treatment facilities:

Adult education such as GED tutoring, literacy enrichment, resume writing and career counseling, computer skills training

Youth education such as tutoring, SAT prep and college counseling

Recreational activities for youth and adults at our facilities or off site:

Sports and fitness activities such as yoga, Tai Cho, ropes course, basketball, baseball, ice hockey

Arts activities such as photography, music therapy, choir workshops, spoken work, creative writing, poetry

Family day events such as barbeques and games

Cultural enrichment field trips to performances, sports events, libraries, and public park events

Holiday Celebrations: Thanksgiving, 4th of July, Halloween, Black History Month, etc.

Decorate Phoenix House facilities

Prepare holiday meals

Facility beautification: landscaping, mural painting, etc.

Call the Phoenix House for more about what we do and how you can help (646) 505-2000 or see more at:

<http://www.phoenixhouse.org/about/careers/volunteer-opportunities>

HEAF (Harlem Educational Activities Fund)

2090 Seventh Avenue, 10th Floor • New York, NY 10027

Contact (212)663-9732

www.heaf.org

HEAF changes the lives of underserved young people beginning in middle school and continuing in college and beyond through a youth development approach that includes rigorous year-round academic enrichment, social and cultural exposure and constant individual attention.

-- Program Services

Education:

- **High Expectations Middle School Enrichment**

- Academic advisement for students and parents about the NYC high school selection process.
- HEAF Saturday Academy.
- After-school academic enrichment classes.
- Preparation for the New York City Specialized High Schools Admissions Test (SHSAT).
- College workshops and tours.
- HEAF Summer Quest: A summer enrichment camp.

- **College Quest High School Enrichment**

- Providing college-level coursework, liberal arts and STEM instruction as well as the fundamentals of financial literacy.
- Familiarizing students with college campus environments through multiple college tours.

- Guiding and supporting participants through every step of the college search and application process.
- Increasing student access to multiple scholarship and financial aid opportunities.
- Competitive Science, Technology, Engineering, and Mathematics (STEM) opportunities through a partnership with NYU-Poly, which prepares high school students to compete in the First Tech Challenge robotics competition.
- HEAF@Barnard – an opportunity for college-level coursework through a partnership with Barnard College.
- Learning for Social Impact™(LSI) – HEAF’s annual cultural literacy class that focuses on the political history, cultural identity and economic structures of a different region of the world or group of people. The class culminates in a service-learning excursion to work with young people from the region studied throughout the class.
- Enrichment and accelerated coursework with emphasis on math, science and writing.
- Comprehensive financial aid counseling and workshops for parents and students.
- Week-long college tour for high school juniors.
- SAT test preparation.
- One-on-one mentor relationships with professionals in business, academia and other disciplines.

- **Youth Development and Counseling**

- Rising Brotherhood™ / Unbreakable Sisterhood™ are gender-based classes that focus on cultivating best habits for social, emotional, and physical well-being.
- Youth Leadership Council offers middle school and high school students the opportunity to collaboratively take direct control of projects important to them. It also gives voice to students to ensure consideration of their input in program implementation.
- Annual Youth Development retreat gives students the opportunity to participate in character-building exercises.

- **Onward College Support**

- Social and emotional support for first-generation and underrepresented college students.
- Linkage to summer internships and fellowships for college students.
- Guidance in graduate school application and selection.
- One-on-one mentoring opportunities.
- Care-packages and regular correspondence with Onward students.
- Career counseling and mentoring.
- Professional development workshops.
- College visits.
- Networking.
- HEAF Specific internship and job opportunities.
- Volunteer opportunities.

-- Eligibility Information:

HEAF looks for students who demonstrate intellectual curiosity, academic motivation, personal resiliency, and self-discipline.

- **Admissions Criteria**

- Currently attend a NYC public or parochial school.
- Strong desire to attend a four-year college or university.
- Have a minimum GPA of 80% with no grade below 80% in a core subject (Math, English/ELA, Science, or Social Studies).
- Have scores of 3 or 4 on the New York State standardized tests (or score in the 60th percentile or higher on the ITBS test).
- High school applicants must have a minimum score of 75% or above on their Math and English regents exams.
- Middle school applicants must be committed to attending a competitive New York City public high school from among those schools listed on the “HEAF Approved High Schools” list.
- Good school attendance.
- Availability to participate in all mandatory HEAF program activities.
- Currently be in grades 5 through 10. (We work with students from sixth grade until college graduation, but students may only apply to the program between the final semester of the fifth grade year and the final semester of the tenth grade year.)
- Check to see if your child meets the admissions criteria. If you have any questions about your child’s eligibility, please email us at admissions@heaf.org or give us a call at 212-663-9732.

Volunteer

Thank you for your interest in sharing your time and talents with HEAF! Volunteers are invaluable additions to our program and greatly enhance the opportunities we offer our students. Helping at HEAF, whether it is a one-time speaking engagement or a year-long mentoring relationship, increases our ability to ensure success for all of our students. HEAF students benefit from the skills and guidance they receive from

volunteers and volunteers experience the priceless satisfaction that comes from working with motivated youth and serving their community.

How to Apply

If you are interested in volunteering with HEAF, please fill out our online application and our staff will contact you for further discussion of the opportunity you are interested in.

Little Sisters of the Assumption Family Health Service (LSA), Inc

Contact Name: Martha Andrade-Dousdebes • 646.672.5200 • mandrades@lsafhs.org
www.littlesistersfamily.org

The Little Sisters of the Assumption Family Health Service (LSA), Inc. a nonprofit, neighborhood-based organization founded in 1958, works with the people of East Harlem to address the physical, emotional, educational, and spiritual dimensions of family health.

Our home-based and center-based programs are designed to empower those who are most vulnerable and who have least access to the basic necessities of life, in the conviction that the entire community grows when individuals and families are affirmed in their own dignity.

-- Program Services

Education:

- **Education and Youth Program**

- Provides services to youth at risk of underperforming or failing in school, giving them opportunities to improve their grades and performance through after school Homework Help and Tutoring in English and Math.

- **Girls' Mentoring Program**

- For girls entering grades 7-9
- Exposure to the arts and cultural through activities and outings.
- Together with parents, we support each student and offer counseling about educational and community programs, assistance navigating the education system, and guidance in mentoring their own children.
- Encourage at-risk youth to explore their creativity through on-site arts workshops, and help many who would not otherwise be able to afford summer camp to attend.

Eligibility Information:

LSA's founders insisted upon keeping an open door so anyone in need of care or support would feel welcome—regardless of a family's ability to pay. To this day, our door remains wide open. If we can't help you, we'll help you connect with someone who can.

Through our skilled nurses, community health workers, focused research, caring relationships and an unwavering dedication to serve the most vulnerable, LSA's staff, volunteers and clients remain inspired by the purpose expressed by the Little Sisters who first served here in East Harlem. We're here to help. We're here to help families

move on from harsh challenges and to let them know they are not alone. Our door is open.

Volunteer

No matter where you live, the families of East Harlem are your neighbors. And they need your help. Please show your neighbors you care. You can give back, connect, make new friends and even network when you get involved as a volunteer for LSA Family Health Service. We count on volunteers to bring their unique skills and healing kindness to families to encourage growth and stability, improve health, and to let them know they aren't alone. At LSA, we believe that our volunteers deserve rewarding experiences, so we work with each volunteer to find ways to optimize their skills, interests and schedules to make a real impact. We will work with you to create a schedule that suits your needs, and focus on areas that will be fulfilling to you. We have opportunities for individuals, groups, and corporations for short and long term commitments.

The Studio Museum in Harlem

144 West 125th Street • New York, New York 10027

Contact: (212)864-4500

www.studiomuseum.org

The Studio Museum in Harlem is the nexus for artists of African descent locally, nationally and internationally and for work that has been inspired and influenced by black culture. It is a site for the dynamic exchange of ideas about art and society. Since opening in a rented loft at Fifth Avenue and 125th Street in 1968, The Studio Museum in Harlem has earned recognition for its catalytic role in promoting the works of artists of African descent. The Museum's Artist-in-Residence program has supported over 100 graduates who have gone on to establish highly-regarded careers, including Chakaia Booker, David Hammons, Kerry James Marshall, Julie Mehretu, Wangechi Mutu,

Mickalene Thomas and Kehinde Wiley. A wide variety of Education and Public Programs bring art alive for the public through lectures, dialogues, performances and on-site and off-site interpretive programs. Museum exhibitions expand personal, public and academic understanding of modern and contemporary art and broaden the scope of art historical literature through the production of catalogues and brochures.

-- Program Services

Education:

- **Target Free Sundays**

- Target Free Sundays reflects a shared commitment to engage the community and offer a vital cultural experience to all.
- The Education and Public Programs Department organizes free programs and events geared to our different audiences.
- Hands-on family workshops and theater performances.

- **Teens**

- The Museum offers free programs for students outside of the school environment. The programs offer students the opportunity to meet and converse with prominent visual artists, express their ideas in discussions, and facilitate tours and hands on workshops.
- Develop important communication and critical thinking skills.

Eligibility Information:

No appointment needed.

Volunteer

Volunteers play a vital role in the operations of The Studio Museum in Harlem. We are always seeking passionate, dedicated and enthusiastic volunteers to help carry out our mission of encouraging a dynamic exchange of ideas about art and society. Interested in volunteering with The Studio Museum in Harlem? Go to <http://www.studiomuseum.org/support/volunteer>.

Legal Bound

One Hogan Place, New York, NY 10013

(212) 335-9000

The Manhattan District Attorney's Office believes that education is a critical component in the fight against crime. The educational programs sponsored by this office are designed to educate students of this county, as well as to support their parents and teachers. The Legal Bound Program is a series of educational initiatives that teach elementary, junior high, and high school students about the criminal justice system and other law-related topics. Classroom lectures, tours, summer internships, assistance with mock trial preparation, and mentoring are offered to public, private, and parochial schools throughout Manhattan. Assistant District Attorneys use curricula designed to highlight important issues that affect our City's youth. To successfully educate our young people, there must be a collaborative effort among educators, parents, and students. The Manhattan District Attorney's Office invites you to take advantage of the many educational opportunities that we offer.

- **Tours**

We provide presentations by Assistant District Attorneys who explain the arrest-to-sentencing process and take visitors on tours of the court system. The tours are scheduled for one group daily, from Monday through Friday, throughout the year.

- **School Staff Lectures**

We schedule presentations for school staff. For example, Assistant District Attorneys from our Child Abuse Bureau will discuss with teachers and school administrators issues relating to mandatory reporting of child abuse and neglect. Other possible topics include domestic violence, the criminal justice system, and the laws governing police-civilian encounters.

- **Presentations to Parents' Associations**

We offer presentations on topics such as community approaches to addressing the problem of drugs or gangs in the neighborhood, the criminal justice system, domestic violence, and safety issues related to using the Internet. We can also coordinate with concerned citizens to solve local crime problems.

- **Criminal Justice Education Seminars**

These seminars provide adults with the opportunity to visit courtrooms to observe trials and learn about the role of an Assistant District Attorney in the criminal justice system.

- **Interactive Curriculum Presentations to School-Aged Children**

Assistant District Attorneys teach curricula to elementary, junior high, and high school students. The curricula are designed to address youth-related issues, such as the legal

and personal consequences of gang membership, safety tips for using the Internet, domestic violence among teens, and the laws governing police-civilian encounters.

- **Summer Internship Program**

We offer an intensive 6-week program for rising junior and senior high school students who live in Manhattan and have a strong interest in learning about the law.

Contact: Community Affairs Unit: (212) 335-9082

Employment

Workforce1 Career Center

215 West 125th Street, 6th Floor • New York, NY 10027 • (917) 493-7054

Contact Name: Eric Cowan • Community Outreach • (917) 493-7028

Workforce1 is a service provided by the NYC Department of Small Business Services that prepares and connects qualified candidates to job opportunities in New York City. Workforce1 makes strong matches for both candidates and employers by using a unique combination of recruitment expertise, industry knowledge, and skill-building workshops to strengthen candidates' employment prospects.

-Program Services

Employment:

Prepares and connects candidates to mid-and entry level jobs with New York City employers.

Candidates attend skill-building workshops to help them put their best foot forward with employers and make them more likely to get the job offer they want.

Career Advisement

Work with skilled staff to develop a career strategy that is based on your skills, abilities, and interests.

Education:

Bridge to Tomorrow

Works to help candidates get their GED so that they would become a more competitive applicant
Helps candidates determine what kind of GED preparation they need and connect them to the GED course that's right for them.

-Eligibility Information:

Services available for adults 18 and older

Services available to New York City residents

Services are free of charge

There is no income requirement

There is no living arrangement requirement

No walk-ins; Appointment is required

Agency has Spanish-speaking staff; Clients are required to speak fluent English.

Ready, Willing, & Able

2960 Frederick Douglass Boulevard • New York, NY 10039

Contact Name: Kenise Etwaru • Director of Human Resources • (212) 690-6480

info@gosonyc.org

Youth Initiative

Fostering The Potential of a New Generation:

Of the 18 to 26 year-olds in our program, nearly 50 percent have a history of incarceration, 23 percent grew up in foster care, 93 percent are African-American or Hispanic, 28 percent are fathers, and 48 percent lack a GED or high school diploma. Ready, Willing & Able's Youth Initiative provides targeted services to these young adults, with a focus on education, personal growth and job readiness.

- **Education:** We offer increased instruction to our youth trainees in the areas of literacy, mathematics, and computer skills. Youth without a high school diploma or GED participate in paid work three days per week, and spend two days enrolled in a combination of adult education classes, life skills workshops, and occupational training sessions. For those possessing GEDs and high school diplomas, we work with literacy partners to place them in appropriate college programs with scholarships.
- **Personal Growth:** We offer a comprehensive life skills curriculum covering diverse topics including financial management, conflict resolution, independent living, and parenting skills. Programming also includes: Moral Reconciliation Therapy (MRT), a cognitive-behavioral treatment focused on enhancing moral development and self-regard; mentoring; and nutrition and fitness.
- **Job Readiness:** The Doe Fund's social enterprises provide cutting-edge, eco-friendly training opportunities to our younger participants and generate revenue for the organization. It is vitally important that program participants, particularly those just entering the workforce, acquire the technical skills and experience necessary to thrive in an increasingly competitive job market.

Once trainees have secured outside employment, Graduate Service Advisors closely monitor progress and help them develop plans for advancement, including securing permanent housing. Given that young people have far less, if any, experience living

independently, we have introduced a longer and more intensive aftercare program focused on engaging youth.

FEDCAP

119 West 19th Street, 4th Floor, Room 404, New York, NY
Contact: Kenneth Holley at 212-727-4283 or www.fedcap.org

Do you want to:

Be self-sufficient?

Upgrade your skills?

Have an edge over other job seekers?

If your answers are YES – this is the place for you!

Jumpstart Your Life Now!

The Benefits for you include:

- High School Equivalency (HSE) preparation offered by Licensed NYC Teachers
- Attend daily program classes and execute workload to sit for TASC (Test Assessing Secondary Completion) exam (Free!)
- Paid Internship Stipend for Young Adults
- Increase your chances to qualify for Summer Employment
- Job Training Opportunities in: Culinary Arts (food service), Custodial Services, Home Health Care and Security

Training of Your Choice!

(our training scholarships range in value from \$2,500-\$7,500)

- **Free** Career Advisement
- **Free** Job Readiness Workshops
- **Free** College Preparation
- **Free** Metro Cards for those who qualify
- **Free** Breakfast and Lunch
- **Free** Professional Networking Opportunities
- **Free** Trips

To be eligible, you must be:

- **18 - 21;** 17 year old students may only enroll with parent or guardian permission, though final determinations are considered on a case-by-case basis.
 - Attend an Informational
 - Take assessments and Interview
- Applicants will be screened for eligibility

Department of Youth and Community Development – DYCD

<http://www.nyc.gov/html/dycd/html/runaway/runaway.shtml>

Youth Connect at 1-800-246-4646

The Department of Youth and Community Development (DYCD) was created in 1996 to provide the City of New York with high-quality youth and family programming. Our central task is administering available City, state, and federal funds to effective community-based organizations.

Out-of-School Youth Program (OSY)

The Out-of-School Youth Program (OSY) is a year-long program for low-income youth between the ages of 16 and 21 who are not working and not in school. OSY provides services to help youth upgrade their job skills and find permanent work.

Funded through the federal Workforce Investment Act (WIA), the program offers occupational skills training in many industries, including construction, food service, tourism, healthcare, and retail, as well as assistance with job and college placement, GED preparation and support services. Participants also receive 12 months of follow-up services after completing the program. OSY programs are located in community-based organizations in all five boroughs of New York City.

The Department of Youth and Community Development is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Program Requirements

16-21 years of age

Not attending school nor working

Meet certain income eligibility criteria

Must reside in any of the five boroughs of New York City

In-School Youth Program

The In-School Youth (ISY) program provides year-round services to high school juniors and seniors who meet certain eligibility requirements. ISY services are provided by community-based organizations in all five boroughs of New York City. ISY programs help participants graduate from high school, pursue college education, and develop career goals.

Services Include:

Guidance and Counseling

Paid Internship Opportunities

Tutoring

College Preparation and Out-of-City College Trips

Project-Based Leadership Activities

Sports, Arts, Technology and Recreation Activities

Individualized Service Strategies (ISS)

Career Planning Assistance

All In-School Youth program participants are guaranteed a paid work experience over the summer. For more information, call Youth Connect at 1-800-246-4646.

The Department of Youth and Community Development is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Program Requirements

NYC High School Juniors & Seniors
NYC Resident
16 - 21 years old

Young Adult Internship Program

Provides job-ready 16-24 year-old young adults who are not working and not in school, placement into a short-term internship opportunity. Funded through the Mayor's Center for Economic Opportunity (CEO), the program offers 14 weeks of paid orientation, training and work followed by 9 months of follow-up services and assistance for placement in permanent jobs, training programs and educational opportunities. YAIP programs are located in community-based organizations in all five boroughs of New York City, and offer a range of placements in many industries, including construction, hospitality, healthcare, and retail. For more information, please contact 1-800-246-4646. The Department of Youth and Community Development is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Program Requirements

16-24 years old
Not enrolled in school, and not working
Ability to read at a 6th grade reading level
Does not have an AA or BA

NYC Ladders for Leaders

Provides high school and college students the opportunity to participate in summer internships with some of the most dynamic corporations and businesses in New York City. The NYC Ladders for Leaders program, a component of the Summer Youth Employment Program (SYEP), provides professional internships to NYC youth between the ages of 16 to 21. This competitive process differs from the traditional SYEP model in that it requires applicants to submit an application to one of several community-based organizations (CBO) serving the five boroughs. Applications are evaluated based on academic performance, response to an essay question, and resume. Once participants have been selected, they are engaged in 30-hours of pre-employment training designed to teach essential workplace readiness skills and business etiquette. Interviews for

summer internships are scheduled by our partnering CBO's in a variety of industries from the public and private sectors. Final selections for the six-week internship are made by our partnering employers. For more information, please contact 1-800-246-4646.

NYC Center for Economic Development

<http://www.nyc.gov/html/ceo/html/initiatives/yml.shtml>

Young Men's Initiative

The Young Men's Initiative (YMI) was launched in August 2011. This cross-agency enterprise is the culmination of 18 months of work, begun when the Mayor committed in his 2010 State of the City address to finding new ways to tackle the crisis affecting young black and Latino men in New York City. Over three years, the City is investing a combination of public and private funds, totaling \$42 million annually, to support new programs and policies designed to address disparities between young black and Latino men and their peers across numerous outcomes related to education, health, employment and the criminal justice system. CEO oversees 15 programs under the Initiative, including six that predated its launch and expanded as part of YMI. These programs and policies break down barriers to success to help young black and Latino men achieve their professional, educational and personal goals. YMI is funded through a combination of city funding and generous contributions from Bloomberg Philanthropies and the Campaign for Black Male Achievement at the Open Society Foundation. In August 2011, David Banks and Ana Oliveira issued their report to the Mayor. The report is available in PDF format on the website.

Initiatives

The following files are available on the website in PDF format.

Adolescent Behavioral Learning Experience (ABLE)

AIM: Advocate, Intervene & Mentor

Arches Transformative Mentoring

Ceasefire (Now "CureViolence")

Cornerstone Mentoring

CUNY Fatherhood Academy

DOHMH YMI Health Programs

ECHOES: Every Child Has an Opportunity to Excel and Succeed

IMPACT Peer Mentoring for Young Adult Literacy

Justice Community

Justice Scholars

Community Education Pathways to Success (CEPS)

Works Progress Program

Young Adult Internship Program

MHA-NYC Innovations in Mental Health

Youth & Young Adults

Adolescent Skills Centers

Our Adolescent Skills Centers help youth and young adults with emotional and behavioral challenges make a successful transition to adulthood. We create a supportive environment where youth and young adults are provided with opportunities to advance academically, build social and vocational skills, and gain work experience through internships. Our dedicated staff of case managers, counselors, employment specialists, youth advocates and teachers pride themselves on involving youth as full participants in their own care planning. MHA-NYC's Adolescent Skills Centers (ASCs), located in the Bronx, Queens and Manhattan, share the same goal of helping youth and young adults with emotional and/or behavioral difficulties make a successful transition to adulthood. At the ASCs, youth are engaged in their own future planning. They are provided with

opportunities to advance academically and develop vocational and social skills in a safe, youth-friendly environment. In addition to our case managers and vocational specialists, the Adolescent Skills Centers employ youth advocates who provide peer supports to the program participants. Through our collaboration with the New York City Department of Education, on-site teachers are available to provide instruction to help participants improve literacy and math skills and prepare for the TASC examination. Our supportive, youth-centered approach is results oriented and has a long history of success serving youth who have obtained their diplomas and gone on to competitive employment or further education. Parent and caregiver involvement is encouraged and families with additional needs have the opportunity to receive services from MHA-NYC's Family Resources Centers, many of which are co-located with the ASCs. Services provided at the Adolescent Skills Centers include:

Vocational skills assessment

TASC preparation and literacy classes

Internship opportunities, job coaching, and competitive job placement

Peer support

Case management

Counseling

Tutoring

Eligibility:

Youth and young adults ages 16-21 who have emotional and behavioral challenges that interfere with school or finding and keeping a job are eligible for services. Preference is given to youth who live in the Bronx, Manhattan and Western Queens.

How to Enroll:

Interested individuals should contact the Adolescent Skills Center closest to where the youth lives to schedule an appointment. Locations and contact information:

Adolescent Skills Center, South and West Bronx Programs

975 Kelly Street, Suite 302, Bronx, NY 10459

Director – Jessica Meraz

718-292-7880

Adolescent Skills Center, Queens

29-46 Northern Blvd, Long Island City, NY 11101

Director - Carleton Archer

646-738-5131

YES Adolescent Skills Center, Manhattan

50 Broadway, Suite 805, New York, NY 10004

Director – Elizabeth Kotkin

212-254-0333 ext 861

Sports, Fitness & Recreation

Boys & Girls Club of Harlem

425 West 144th Street, 5th Floor • Harlem, NY 10031

Contact Name: Edith D. Massiah • (212) 283-6770

www.harlembgc.org

The mission of the Boys & Girls Club of Harlem is to provide access and opportunities for youth to reach their full potential as responsible members of the community. The Boys & Girls Club of Harlem will develop young minds, instill character, and foster leaders of tomorrow by delivering relevant youth services in a positive, supportive environment. We will be a “best-in-class” organization by creating a culture of excellence through a renewed commitment with the village of Harlem. We will work together with the community to realize our mission.

-- Program Services

Sports, Fitness & Recreation:

- **Triple Play: A Game Plan for the Mind, Body and Soul**

- **MIND:** The Healthy Habits program is designed to incorporate healthy living and active learning in every part of the Club experience, from the gym to the learning center to the arts and crafts room. The central themes of good nutrition, regular physical activity and improving overall well-being are emphasized.
- **BODY:** This component boosts Clubs’ physical activities to a higher level by providing sports and fitness programs, activities and sports competitions for all boys and girls, whether they are athletically inclined or

not. Club youth of every age have the chance to have fun playing longer and harder at a variety of games.

- SOUL: By participating in a comprehensive social recreation program, Club youth are able to develop and sustain positive relationships with others, acquire a healthy self-concept and a strong belief in their self-worth and cope well with positive and adverse situations
- **WANNA PLAY?**
 - WANNA PLAY? encourages youth ages 6 to 12 to increase their overall fitness and health through physical activity and improved nutrition education, while learning the fundamental skills of baseball and softball.
 - WANNA PLAY? increases members' physical fitness by focusing on agility, balance and coordination. This program features a variety of fun and engaging activities and games to help Club members improve their fitness; increase awareness of good nutrition and hydration; and learn basic baseball and softball skills and knowledge.

Eligibility Information:

General membership in the Boys & Girls Club of Harlem is free of charge for youth 6-18 years old residing in the West/Central and general Harlem area. We provide a pick-up service from three (3) local schools near the M.L. Wilson Clubhouse as a convenience to parents who wish for us to escort the youth to the Club daily (for a flat monthly fee). Our Summer Leadership Academy also charges one of the best rates in Harlem for a full-service Camp (academic, recreational and cultural) experience for the youth. Discounts are also available for multiple children in the same family.

Volunteer

There is an old saying that goes... “It takes a village to raise a child.” Here in the Village of Harlem we realize that it just takes one person to change the life of a child, but collectively we are able to create an everlasting impact. If you would like to become a Mentor or Volunteer at the Boys & Girls Club of Harlem during the school year, please complete a volunteer/mentor form, and submit it to edmassiah@harlembgc.org. Please note that for the safety of our children, a pre-screen interview and background check will be required prior to being approved to volunteer or mentor at any of our Clubhouses.

Harlem RBI

333 E 100th St, New York, NY 10029 (212) 722-1608

<https://www.harlemrbi.org/About/who-we-are.html>

Harlem RBI provides inner-city youth with opportunities to Play, Learn and Grow. We use the power of teams to Coach, Teach and Inspire youth to recognize their potential and realize their dreams. Since its founding in 1991, Harlem RBI has grown to serve more than 1,500 boys and girls annually, ages 5-22, providing them with year-round sports, educational and enrichment activities.

MISSION: To provide inner-city youth with opportunities to Play, Learn and Grow. We use the power of teams to coach, teach and inspire youth to recognize their potential and realize their dreams.

VISION: To be a model learning community where youth become healthy, educated and active global citizens who achieve excellence and change the world.

VALUES: Teamwork, Respect, Diversity, Promise, Effort, Integrity and, of course, Fun!

When Harlem RBI youth graduate from the program, they are expected to embody the attributes of our DreamList:

- PHYSICALLY HEALTHY
- CONFIDENT, COMPETENT AND CARING
- ACTIVE CITIZENS
- WORK-READY
- HIGH SCHOOL GRADUATES
- COLLEGE GRADUATES
- TEAMMATES, FRIENDS AND FAMILY

Police Athletic League (PAL)

34 1/2 East 12th Street, New York, NY 10003

800-PAL-4KIDS (800-725-4543) & 212-477-9450

The Police Athletic League, together with NYPD and the law enforcement community, supports and inspires New York City youth to realize their full individual potential as productive members of society.

Leadership Councils

PAL Junior Police Council (After-school)

- The PAL Junior Police Council is open to participating youth at every Full-time Center. Members are recruited in the fall, and hold their initiation ceremony during PAL Month in May. The purpose of the Junior Police Council is to help celebrate the agency's traditions, cultivate a healthy relationship with the New York Police Department, and promote good citizenship. Council members visit local precincts, participate in

community service projects, attend crime prevention workshops, and recognize outstanding police officers in each community.

Center Youth Advisory Council (Adolescent Services)

- The Center Youth Advisory Council consists of eight to ten teens (grades 9-12) at every center that meet weekly. The council begins recruiting its members in November and elects the President in December. The council should not solely be represented by In-Step participants but should also recruit members from the Evening Teen Center. The council should be sponsored by the Adolescent Services Coordinator. The purpose of the council is to increase teen participation at the center by having the teens voice their ideas to the sponsor and center director. The YC will also play an integral role in planning two city-wide special events- Dress for Success and Youth Forum.

PAL Youth Advisory Council (Adolescent Services)

The PAL Youth Advisory Council consists of each President city-wide. The Presidents will meet with the Executive Director and Chief of Programs in the Spring to talk about teen recruitment, sports, special events and the youth employment program.

Contact: First, parents should contact the Centers nearest their home. There is an application form to complete and an annual \$5 fee. This entitles the child to register for the Center's basic after school programs during the school year. Programs at other times of the year are subject to additional fees that vary among Centers.

Volunteer

Volunteer today! Each year, teams of volunteers lend a hand at special events to support us in our mission. As a PAL volunteer, you can make a positive impact in the life of a young person by serving as a volunteer coach in our evening teen center, homework help assistant in our after school program, motivational speaker or participate in a

beautification project. We are looking for talented-dedicated volunteers to donate their time to help the 50,000 children we serve throughout New York City.

Volunteers can serve anyone of the following areas:

PAL SMART

Provide college and career readiness training.

Provide internship or vocational opportunities.

Assist with homework.

Mentor a middle school or high school student.

PAL FIT

Coach a team.

Teach youth about health and wellness.

Run a cooking class.

PAL ARTS

Provide tickets to a play.

Perform at a local center.

Teach an art class.

Teach a dance class.

Lead a mural project.

PAL Community

Serve on a local center Advisory Board.

Participate in beautification projects.

Bring your professional skills to support our leadership team.

Fill out the Volunteer application today!

Junior Volunteers (14 -17 years)

Individual Volunteers (18 and over)

Intern Application

For more information, contact:

Alexandria Sumpter-Delves, Manager of Training and Volunteer Services

(212) 477-9450 x 390 or email volunteer@palnyc.org.

Street Squash

40 West 116th Street, New York, NY 10026

(Entrance on West 115th Street, Between 5th & Lenox)

Phone: 212.289.4838

www.streetsquash.org/about/about-2/

Founded in September 1999, StreetSquash is a comprehensive youth enrichment program that combines academic tutoring, squash instruction, community service, college preparation, leadership development, and mentoring for public school students in Harlem, NY. StreetSquash provides intensive, long-term support through a broad range of services for children and families beginning in elementary school and extending beyond college graduation.

Our goals are:

to improve academic performance

to develop an ethic of hard work and commitment

to boost self-confidence

to increase school attendance

to ensure young people earn a college degree

to support ongoing personal and professional development

StreetSquash offers youth enrichment programs throughout the year for children and young people from Harlem. The primary components of StreetSquash are **Academic Instruction, Squash Instruction, Mentoring, College Preparation,**

and Community Service. Streetsquash provides these services through 4 programs, year-round.

After School Program

The After School Program is StreetSquash's core program, and serves more than 150 children annually in 6th-12th grade, from 4 partner schools. Each team has approximately 30 students, evenly split between boys and girls in each grade. The goal is that students who join in middle school will commit to the program through college graduation, for up to 11 years. After School Program students attend 2 After-School Sessions, 1 session of Literacy Enrichment/College Prep, and 1 Saturday Session.

College Access & Success

The College Access and Success Program is an extension of the After-School Program beginning in high school, and is mandatory for all participants beginning in 9th grade through college admission. Upon graduation from high school the program provides college counseling and support services through college graduation and beyond.

Summer Programs

StreetSquash's year round programs continue throughout the summer, in Harlem and beyond New York City. Programs include the Summer Discovery Program at the SL Green StreetSquash Center, and opportunities for travel, learning, and squash across the world for middle school, high school, and college students.

PE Program for Public Schools

Daytime Physical Education classes for students attending Harlem elementary and public schools, involving physical fitness, games, and squash-based activities.

Housing

Department of Youth and Community Development – DYCD

<http://www.nyc.gov/html/dycd/html/runaway/runaway.shtml>

Youth Connect at 1-800-246-4646

The Department of Youth and Community Development (DYCD) was created in 1996 to provide the City of New York with high-quality youth and family programming. Our central task is administering available City, state, and federal funds to effective community-based organizations.

Runaway Homeless Youth

The New York City Department of Youth and Community Development (DYCD) runs a range of services for Runaway and Homeless Youth that includes Drop-in Centers, Crisis Shelters, Transitional Independent Living programs, and Street Outreach and Referral Services. DYCD's Runaway and Homeless Youth services are designed to protect runaway and homeless youth and reunite them with their families whenever possible. We also offer specialized programming for runaway and homeless pregnant and parenting youth, sexually-exploited youth and Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) youth. We are committed to providing all runaway and homeless young people with the resources they need to get off the streets and stabilize their lives.

-Program Services

- **Transitional Independent Living**

Provide homeless youth (ages 16-20) with longer-term shelter, in addition to the training and support they need to establish an independent life.

- **Crisis Shelters**

Provide young people a safe and welcoming temporary shelter.

- **Borough-Based Drop-In Centers**

Provide youth up to the age of 24 and their families with essentials like food, clothing and immediate shelter as well as access to counseling, support, and referrals to relevant services.

- **Street Outreach**

Provides street outreach services including food, clothing and other resources to run away and homeless youth throughout all five boroughs in New York City.

Urban Justice Center

123 William Street, 16th Floor New York, NY 10038 (877)-LGBT-LAW (877-542-8529)
<http://www.urbanjustice.org/> Email: pcyp@urbanjustice.org

Who We Work With

- On any given night, there are between 4,000 and 8,000 homeless young people on the streets of New York City, up to 40% of whom identify as LGBTQQ.
- A disproportionate number of these young people are youth of color or immigrants, have mental health diagnoses, and are involved in criminalized survival economies like the sex trades.
- Six out of ten LGBTQQ youth on the streets have already been in foster care and have chosen to live on the streets where they feel safer.
- This chronic, systemic failure to protect LGBTQQ youth from abuse and provide them the resources they need to transition safely to adulthood means these young

people are at extremely high risk for homelessness and involvement in criminalized survival activities.

- The young people who we meet exist at the intersections of multiple forms of oppression: most of our clients identify as people of color, and many are also immigrants, mental health consumers, involved in criminalized street economies, and/or HIV+.
- These intersecting oppressions often result in additional life stressors, additional marginalization, and additional barriers to accessing legal services.

What We Do

We provide free & non-judgmental civil legal services to homeless and street-involved youth. Some of our most common legal cases include:

- Name and gender marker changes
- Obtaining legal immigration status
- Public assistance and food stamps
- Criminal history reviews
- Improving conditions of confinement for New York City and State prisoners.

We also provide case management services which help eliminate the obstacles young people may face to full participation in their legal cases. We provide community education to empower young people to exercise their rights. To support our direct services and education, we also engage in long-term policy and litigation strategies to reform the systems in which our clients struggle to survive.

How We Help

We meet clients through a toll free warm-line and at drop-in legal clinics housed at locations where homeless young people congregate to access food, shelter, healthcare, counseling, case management, and community. **PCYP addresses the legal needs of homeless and street-involved youth.** At the Peter Cicchino Youth Project (PCYP),

our mission is to interrupt the cycles of poverty and criminalization that prevent homeless and street-involved young people from living fulfilling lives free from discrimination, abuse, and oppression. Because up to 40% of homeless youth identify as lesbian, gay, bisexual, transgender, queer, or questioning (LGBTQQ), PCYP specializes in working with these young people. Through a unique blend of legal services, advocacy, case management, and community education, we work to ensure that homeless and street-involved youth have access to food, shelter, income, healthcare, legal immigration status, and education.

Legal Services

Harlem Youth Court/ Harlem Community Justice Center

170 E 121st St, New York, NY 10035 (212) 360-4100

<http://www.courtinnovation.org/harlem-youth-court>

The Harlem Youth Court is a program for young people aged 13 – 19 referred by local schools, police officers, probation officers, criminal court and the community for offenses such as curfew violations, vandalism, disorderly conduct and truancy. These young people appear before a judge and jury of their peers – other neighborhood teens – who determine fair and appropriate responses. The Harlem Youth Court is a restorative justice program that emphasizes: Responsibility, Restoring the Community, Help and Leadership.

Results:

In 2012, Harlem Youth Court heard over 100 cases. Over 90 percent of respondents completed their sanctions as ordered, including over 2,000 hours of community service. Every year, more than 25 young people serve as judges, jurors and advocates.

Youth court members:

- Hear real-life cases for youths who have committed minor offenses
- Serve their communities by helping other teens
- Learn about the justice system, public speaking skills and how to be a leader
- Build their resumes and college applications
- Can earn community service hours for their participation
- Can earn a stipend for active participation

For more information call 646.386.3100 or visit
<http://www.courtinnovation.org/harlem-youth-court>

Legal Aid Society

The Legal Aid Society: Harlem Community Law Offices

230 East 106th Street • New York, NY 10029 • (212) 426-3000

<http://www.legalaid.org/en/lawreform/lawreform/juvenilerightsspeciallitigationunit.aspx>

The Juvenile Rights Special Litigation & Law Reform Unit supports our Family Court trial practice and our clients by engaging in class action and other impact litigation, legislative and administrative advocacy, training, and public education in the areas of child welfare and juvenile justice. This Unit has been instrumental in establishing the rights of children in New York who experience foster care or are involved in the juvenile justice system.

- Child Welfare
- Juvenile Justice
- Legislative Advocacy

New York Foundling North Manhattan Family and Community Services

2090 Adam Clayton Powell Jr. Blvd, 7th A New York, NY 10027

718-772-0200

<https://www.nyfoundling.org/program/juvenile-justice/>

Who We Are

- We believe that all children have the right to grow up in loving and healthy environments that provide the foundations for success.
- We believe that parents who want to care for and protect their children can be helped and, with the proper tools, can succeed.
- We believe that all individuals with developmental disabilities deserve to live their lives with dignity.
- We believe the devastating effects of poverty, substance abuse, violence and lack of opportunity – particularly on children and families – can be combated through the use of proven, effective support services.
- We serve over 6,000 children and families each year in New York and Puerto Rico.

Who We Serve

- Young people in crisis, adolescents whose lives have gone off track, families breaking apart – those and others, all underserved and in trouble – and all finding help at The Foundling:

The Foundling is playing a leadership role in re-making New York's broken juvenile justice system, which for years has been spending enormous sums of money on tactics that don't work and producing outcomes that are appalling. Rather than spending

\$200,000 per year to house a juvenile offender in a residential facility 200 miles from home – with 80% of those juveniles being rearrested within 36 months of their release – we are working with the city and state on programs that produce better outcomes for the juvenile offenders, for the community and for taxpayers. The Foundling has now served hundreds of young people who have been diverted to our programs rather than being sent “upstate.” Through our evidence-based programs, which stress accountability and verifiable, replicable results, we are already making a significant difference, with dramatically reduced recidivism rates and dramatically lower costs. Whether the program targets troubled youth before they enter the justice system or adjudicated juveniles in need of rehabilitation, all of our Juvenile Justice Initiatives share the philosophy that a child’s behavioral and criminal problems must be addressed with a comprehensive approach involving their families and communities.

Blue Sky

- Our first ever alternative to incarceration program, Blue Sky employs research supported intervention strategies to treat young offenders while they remain at home and in the community.

Arrow

- Funded by The Robin Hood Foundation, ARROW is an alternative to incarceration program that serves adolescents whose court involvement is a direct result of their having significant psychiatric impairment.

Kids Experiencing Young Successes (KEYS)

KEYS

- a community and family based intervention that focuses on adolescents whose behavior puts them at very high risk of formal court involvement.

Families Rising

- Funded by the Pinkerton Foundation and implemented in conjunction with Judge Michael Corriero’s New York Center for Justice, Families Rising keeps

older adolescents charged with a crime out of detention, and at home, while their case is being processed through criminal court.

Way Home

- Our Way Home program works with adolescent offenders whose families are reluctant to have them return home while their case is being processed in family court. The program simultaneously works with the offender and his/her parents or other adult guardians in an effort to convince all parties that it is in everyone's best interest to identify ways in which appropriate family relationships can be more productively established and maintained.

Center for Court Innovation

520 8th Avenue 18th Floor New York, NY 10018 (646)-386-3100 or 212-373-1690

http://www.courtinnovation.org/sites/default/files/Juvenile_Justice.pdf

Juvenile Justice Initiatives

The Center for Court Innovation operates a broad range of programs that work with young people. The Center's initiatives focus on five key areas: early intervention, prevention, victim assistance, alternatives to confinement, and youth engagement.

The Harlem Community Justice Center works intensively with young people at the first signs of delinquent behavior, giving them the help they need to avoid further offending. The Justice Center Courtroom handles cases involving young people apprehended for non-violent drug and property offenses, linking participants to services like drug treatment, counseling and education. Compliance is monitored by the judge, who requires participants to come back to court frequently to report on their progress. Each year, more than 300 young people participate in programming at the Justice Center.

NYC ACS Juvenile Justice Initiative

http://www.nyc.gov/html/acs/html/support_families/juvenile_justice.shtml

Launched in February of 2007, the Children’s Services Juvenile Justice Initiative (JJI) provides intensive, evidence-based services for youth involved in the juvenile justice system. The goals of JJI are to reduce the number of delinquent youth in residential facilities; shorten lengths of stay for those youth that are placed in residential care; reduce recidivism; and improve individual and family functioning. JJI is comprised of two programs: (1) the *Alternative-to-Placement Program*: an intensive service alternative for delinquent youth in Family Court who would otherwise serve time in institutional settings, and (2) *Intensive Preventive Aftercare Services*: transitional and re-entry therapeutic services for youth—and their families—returning home from placement in institutional settings as a result of delinquency involvement. For more information visit

http://www.nyc.gov/html/acs/html/support_families/juvenile_justice.shtml

Technology

Girls Who Code

<http://girlswhocode.com>

MISSION: Girls Who Code programs work to inspire, educate, and equip girls with the computing skills to pursue 21st century opportunities.

VISION: Girls Who Code's vision is to reach gender parity in computing fields. We believe this is paramount to ensure the economic prosperity of women, families, and communities across the globe, and to equip citizens with the 21st century tools for innovation and social change. We believe that more girls exposed to computer science at a young age will lead to more women working in the technology and engineering fields.

PATH TO SUCCESS: The U.S. Department of Labor projects that by 2020, there will be 1.4 million computer specialist job openings. To reach gender parity by 2020, women must fill half of these positions, or 700,000 computing jobs. Anecdotal data tells us that an average of 30% of those students with exposure to computer science will continue in the field. This means that 4.6M adolescent girls will require some form of exposure to computer science education to realize gender parity in 2020. Girls Who Code has set out to reach 25% of those young women needed to realize gender parity.

Girls Who Code aims to provide computer science education and exposure to 1 million young women by 2020.

Together with leading educators, engineers, and entrepreneurs, Girls Who Code has developed a new model for computer science education, pairing intensive instruction in robotics, web design, and mobile development with high-touch mentorship and exposure led by the industry's top female engineers and entrepreneurs. Girls Who Code launched in 2012 with one program in New York City, and in just one year expanded its Summer Immersion Program to 8 programs in 5 cities nationwide.

Building on this success, the organization launched Girls Who Code Clubs in schools, libraries, and community-based organizations across the country, and is poised to dramatically increase programming in 2014.

Re-Entry

Getting Out and Staying Out

91 East 116th Street • New York, NY 10029 (212) 831-5020

Contact Name: Greg Mendoza • LMSW, Career Management and Education Coordinator

Info@gosonyc.org

Getting Out and Staying Out is dedicated to drastically reducing the recidivism rate for 16 to 24-year-old justice involved men by ensuring economic independence through purposeful education and directed employment. GOSO has established itself as one of the most effective reentry programs in the NYC area for 16 to 24 year-old men at Rikers Island.

-Program Services

GOSO On Rikers Island

Provides services, support and early reentry planning to men while they are still on Rikers Island.

GOSO Volunteers meet with young men enrolled in classes River Academy on Rikers Island to give them an opportunity begin exploring their future options.

Recruiters and social workers reach out to men sentenced to complete their terms on Rikers Island.

GOSO Upstate

Provides support and mentoring for GOSO participants sentenced to upstate facilities.

Encourages participants to pursue their GED, college level correspondence courses or vocational training while incarcerated, and provides textbooks and study materials on request.

GOSO in the Community

An integrated post-release support program that offers help in three key areas-- education, employment, and social services.

Participants meet one-on-one with Career Counselors and Social Workers, and attend GOSO seminars and workshops. During office hours participants have unlimited access to computers, phones and fax machines that enable them to research and apply for jobs and educational programs.

GOSO Partner Network

- Ensures access to clients on a daily basis throughout their time in jail.
- Supports clients in attending school and completing their high school diploma or GED while incarcerated.
- Through the network, it is assured that every young man reached will find the services and support he needs to successfully reintegrate into the community.

-Eligibility Information:

GOSO services are offered to justice-involved men 16 to 24 years old.

-Volunteer Opportunities:

Contribute to the successful reentry and reintegration of currently and formerly incarcerated young men and change a life. Volunteer businessmen, professionals and educators who share a commitment to changing the lives of court-involved young men founded GOSO. Volunteers continue to provide invaluable services and programs to

complement the work of our staff. If you have time, empathy, and skills to share, please join us in our efforts:

- Mentor/Coach on Rikers Island Mentor/ Coach in the community
- Present a guest lecture
- Develop and present a seminar series
- Tutor a class

Interested in becoming a GOSO volunteer? Email Mgoldsmith@gosonyc.org for more information.

Substance Abuse

Phoenix House (Project YES)

2191 Third Ave • New York, NY 10035 (212) 831-1555 ext. 7545

Contact Name: Jumana Grassi • Project Coordinator • www.phoenixhouse.org

Our program is designed to serve at-risk adolescents, ages 13-20, in the early experimental stages of substance use and/or exhibiting other high-risk behaviors. Project YES offers young people the opportunity to participate in a variety of services designed to help them live alcohol and drug-free lives. This program has an open referral base for youth residing in the Harlem community.

Program Services

Mental Health:

Operates a day treatment program for individuals struggling with substance abuse and diagnosed mental illness.

Substance Abuse:

Substance abuse counseling for adolescents ages 13-20 and adults 21 and over. Treatment is also available for certain stages of mild depression.

Family:

Full medical staff on duty, including dental services.

Eligibility Information:

Services available for youth ages 13-20 and adults 21 and over

Services available to Harlem, NY residents

Services are free of charge

Health insurance is not required

There is no income requirement

There is no living arrangement requirement

Walk-ins are welcome; Referrals welcomed

Other eligibility requirement: No services available for individuals with a history of sexual offense. Must have substance abuse problem.

Agency has Spanish- speaking staff; however, clients are required to speak fluent English.

Volunteer Opportunities:

Phoenix House dedicated volunteers play a crucial role as we continue to serve more than 6,000 individuals each day at over 120 programs throughout the country. From educational workshops to holiday celebrations, our talented volunteer team is instrumental in helping our clients through treatment and into sustained and supported recovery.

Ways to Volunteer at Phoenix House:

- Educational workshops for adults and teens at our treatment facilities:
- Adult education such as GED tutoring, literacy enrichment, resume writing and career counseling, computer skills training
- Youth education such as tutoring, SAT prep and college counseling
- Recreational activities for youth and adults at our facilities or off site:

- Sports and fitness activities such as yoga, Tai Cho, ropes course,
- basketball, baseball, ice hockey
- Arts activities such as photography, music therapy, choir workshops, spoken work, creative writing, poetry
- Family day events such as barbeques and games
- Cultural enrichment field trips to performances, sports events, libraries, and public park events
- Holiday Celebrations: Thanksgiving, 4th of July, Halloween, Black History Month, etc.
- Decorate Phoenix House facilities
- Prepare holiday meals
- Facility beautification: landscaping, mural painting, etc.

Call the Phoenix House for more about what we do and how you can help:

(646) 505-2000 or see more at

<http://www.phoenixhouse.org/about/careers/volunteer-opportunities>

Odyssey House

219 East 121st Street • New York, NY 10035

Contact Name: Jae Boyd • (212) 987-5100

www.odysseyhouseinc.org

Odyssey House is a comprehensive social services agency based in New York City. Our innovative programs help individuals and families deal with substance use disorders, mental illness and medical problems. From working with adolescents to senior citizens, we make sure that all of these individuals get the best treatment available to overcome their drug problems.

Program Services

Young Adults:

The Lafayette Avenue Program

Offers a gender-specific approach for achieving lasting sobriety for them to get back on track with schooling and other life goals. Young adults live and learn in a peer-driven environment that provides family-like structure and support.

Treatment services focus on nurturing areas often affected by substance use, including school, mental health, self-esteem, family and other relationships.

Odyssey House Leadership Center

Uniquely designed to provide a warm, family-like atmosphere.

The high staff-to-client ratio at the Center ensures the boys receive the individualized support, treatment, and attention they need to grow into healthy young men.

Additional Youth Services:

Substance abuse counseling with evidence-based and age- appropriate interventions

High staff-to-client ratio

Individual, group and family therapy

On-site Department of Education-certified High school & GED classes

Vocational assessment, counseling and placement

Access to primary health care, dental and psychiatric services

College and career planning assistance

Peer mentoring program

Family mediation and reunification

Community residence, housing support, and placement

Family Centers:

Healthy Mothers Healthy Families:

A supportive environment that allows mothers to address the issues that often accompany substance abuse and interfere with family life

Classes in parenting and childcare skills

Onsite daycare and preschool programs operated by our specially trained staff

Educational classes, job training and vocational counseling

Onsite medical and dental services

Family Centers of Excellence

Individual, group, and family counseling

On-site primary medical care with specialties in OB/GYN, psychiatry, and HIV/AIDS

Specialized pediatric services provided in partnership with the

Institute for Family Health

Health education and parenting skills training, including medication management and

Activities of Daily Living training Anger management, domestic violence, and relapse prevention Family Re-Entry community residences

Independent housing support and placement

Vocational/educational testing, training and job placement

Adult Programs

Flexible, enhanced treatment with individualized lengths of stay Focuses on group treatment with community responsibility and accountability

On-site licensed primary medical and dental clinics, HIV testing and counseling

Discharge planning, including: peer support network; group, family, and individual therapy; community residence and independent housing placements

Vocational assessment, training and job placement

Adult Basic Education and GED prep classes

-Eligibility Information:

Services available for adults 17 and older Services available to New York City residents

Health insurance is not required

There is no income requirement

There is no living arrangement requirement

Must obtain a referral

Phase Piggy Back

501 W 148th St • New York, NY 10031 • (212) 281-5695

<http://www.phasepiggyback.org/>

An organization, which seeks to fulfill the dreams of rising Harlem from being inadequate in sanitation services, health services, educational services, social services, and the dangerous growing levels of drug abuse.

Program Services

Striver House

Re-socializes homeless individuals with a history of chemical dependency who are homeless at the time of admission (special consideration for Harlem's homeless is given)

Project Helping Hand

Addresses the needs of people with limited resources including:

The homeless

The hungry

The chemically dependent

The psychiatrically disabled

The aged, and

Persons living with HIV/AIDS in the Harlem community

Youth Intervention & Development

Intended for youngsters between the ages of 7 and 14 at risk of drug experimentation, drug use, and/or who are socially and academically dysfunctional.

Uses an effective substance abuse prevention and education

modality that is based on understanding the causes and precursors, which place young people at risk and provide viable alternatives that offer options and opportunities.

Offers both positive and constructive activities such as: homework

assistance, computer literacy, substance abuse prevention/counseling, cultural awareness, and rights of passage program, parenting education seminars/workshops, and more.

Adult Re-socialization Unit

Targets African American/Latino-American, males and females, 18 years and older who reside in the five boroughs and are currently abusing any mind altering substance (including methadone and alcohol).

The Re-socialization process consists of:

Individual Counseling, Group Therapy, Relapse Prevention

Groups, HIV/AIDS Education, Pre-vocational Workshops, Total Health and Nutrition Enrichment, Cultural Awareness Groups, Acupuncture, and Adult Basic Education/GED Classes and Computer Literacy Courses.

Eligibility Information:

Services available for adults age 18 and older Services available to New York City residents Services are free of charge

Health insurance is not required

There is no income requirement for some services There is no living arrangement requirement Identification is required for males only

No services available for individuals with a history of sexual offense or arson charges

Must have a physical, blood work, and TB testing

Walk-ins are welcome

Veritas Therapeutic Community Inc.

55 West 125th Street, 10th Floor • New York, NY 10027 • (212) 663-1356

Contact Name: Susan Mescher veritas-inc.org

Veritas offers residences for recovering substance abusers and for recovering women and their young babies. Veritas reunites children in the foster care system with recovering parents who have become responsible members of the community. Positive family connections are reestablished and dangerous cycles are broken. Veritas offers treatment programs, job training, continued education, vocational skills, and ongoing individual and family support for healthy re-entry into the community.

Services Offered:

Treatment:

Veritas keeps families together and keeps children out of foster care through a variety of treatment programs:

Trauma group therapy

Drug education and relapse prevention

Residential and outpatient family counseling

Onsite child care

Parenting skills training

Continued education and vocational counseling

Job training and work readiness preparation

VESID referrals

Addiction prevention programs for client families and middle school students

Medically assisted services including holistic treatment

Residential Program:

The Young Mothers, Infants & Toddlers Program (YMP), Manhattan, NY

Houses over 40 formerly homeless women and their children.

The women become drug-free and healthy, learn skills to become good parents and responsible employable adults.

Residential treatment runs from 12 to 24 months, followed by six months of aftercare.

Substance Abuse Prevention Program:

Offers both treatment and prevention services

Identifies and reduces adults, teens and children-at-risk of substance addiction, and reduce that risk.

Serve hundreds of young people annually in prevention workshops and hundreds of families in crisis on an ongoing basis.

Families of residents also participate in treatment at Veritas through family therapy and interventions.

Outpatient Services:

A family-focused program preserving families and reuniting parents and children.

Target families in the child welfare system – parents who have lost their children to foster care.

Provide after-care treatment and support services for clients who have completed residential treatment.

Eligibility Information:

No age requirement

Services available to New York City residents

Services available at low or no cost Health insurance is not required There is no income requirement

There is no living arrangement requirement

Walk-ins and referrals are welcome

Volunteer Opportunities:

Veritas has an active volunteer program and we depend on volunteers to provide many services to our clients. We also accept donations of clean clothing and lightly used shoes, bedding, new toiletries, bulk food, toys and books, sports equipment, formula and disposable diapers, new first aid supplies and medical equipment, tickets to community events, and many other items.

Visit <http://www.veritas-inc.org/getinvolved.html> for more information

The New High School Equivalency Test for New York State

What is on the exam?

TASC – Test Assessing Secondary Completion™

includes *five* sections:

- Language Arts – Reading
- Language Arts – Writing
- Mathematics
- Science
- Social Studies

The TASC – Test Assessing Secondary Completion™ takes about nine hours to complete and is usually administered in one or two days. If one or more of the five subject area subtests are not passed, those parts may be retaken after 60 days. First time TASC – Test Assessing Secondary Completion™ test takers must complete all five subtests. In most cases the HSE exam may be taken up to three times in a calendar year.

Will my old GED® test scores count?

Passing scores from previous GED® tests will count toward passing the TASC – Test Assessing Secondary Completion™ until 2016. For more information:

<http://www.acces.nysed.gov/hse/>

Are you ready to take the HSE exam?

The TASC – Test Assessing Secondary Completion™ is a rigorous exam, assessing knowledge at the high school level in Math, Writing, Reading, Social Studies, and Science. Sample test questions are available on-line:

<http://www.tasctest.com/Sample-questions.html>

Languages

TASC – Test Assessing Secondary Completion™ is available in English or Spanish.

Testing Accommodations

TASC – Test Assessing Secondary Completion™ is offered in some special formats and special testing accommodations are available. For information:

<http://www.tasctest.com/Accommodations-for-disabilities.html>

Learning Standards

The TASC – Test Assessing Secondary Completion™ is based on Common Core Learning Standards for Mathematics and English Language Arts and other national standards for Science and Social Studies. For information about these standards:

<http://www.engageny.org/Common-core-curriculum-assessments>

What is the exam for High School Equivalency (HSE) in New York State?

New York State has chosen the TASC – Test Assessing Secondary Completion™ for the HSE exam beginning January 2014.

This exam is produced by CTB/McGraw-Hill for national use. Passing an HSE exam is one way adults and out of school youth who did not finish high school can get a high

school equivalency diploma. In New York State, the GED® test is no longer the path to a high school equivalency diploma.

Who can take the High School Equivalency Test?

Any New York State resident, 19 years of age or older, and without a high school diploma or HSE diploma can take the HSE exam. For the rules about eligibility to take the HSE test for people under 19 years of age:

http://www.acces.nysed.gov/hse/app_process.html

Pathways to Graduation

Pathways to Graduation provides students with the tools necessary to earn their High School Equivalency Diploma and college and career success. Students can choose to participate in a full-time or part-time program. Pathways to Graduation is **free** and has many locations throughout the five boroughs. Pathways to Graduation serves students 18 - 21; 17 year old students may only enroll with parent or guardian permission, though final determinations are considered on a case-by-case basis. Are you older than 21 and interested in obtaining your High School Equivalency Diploma? Contact the [Office of Adult & Continuing Education](#) at <http://www.pathtograd.org>

Services

- TASC preparation from licensed NYC teachers
- TASC preparation at Pathways to Graduation includes guidance for college and career. In order to graduate from Pathways to Graduation, you will need to complete a high quality personal statement essay, resume, cover letter and an academic project. In addition, you must receive a high enough score on your Office Practice Test (OPT) to show you will succeed on the TASC exam. We strive to see you succeed on the TASC exam and beyond and these tasks are in place in order to ensure your success once you graduate Pathways to Graduation.
- TASC instruction for English Language Learners in either a Freestanding English as a Second Language (ESL) program or Transitional Bilingual Education (TBE) programs in French or Spanish.

- Student support from licensed Guidance Counselors, Social Workers, and support staff
- College & Career planning
- Every borough has a College & Career Resource Center (CCRC) that functions as the epicenter for activity on preparing students for life after Pathways to Graduation. The CCRC has staff that coach students through college and job application process in order to ensure their success upon leaving Pathways to Graduation.
- Internship opportunities
- In sites throughout Pathways to Graduation there are opportunities for students to learn trades and skills in paid and unpaid internships. We has internships in hospitals, non-profits, hotels, college campuses, New York Times, the Metropolitan Transit Authority among many others.
- Services from Community Based Organization (CBO) partnerships
- A number of sites are co-located with Community Based Organizations. These sites are meant to create a diverse learning environment for our students that differs from a typical school atmosphere. Some of sites are co-located with Opportunities for Better Tomorrow, Youth Build, Youth Action, and Job Corps.

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