



## Central Harlem Reentry Resource Guide Steps to Community Reintegration

This document was created by The Fortune Society, in partnership with the Public Safety Committee of Community Board #10. The goal of this guide is to assist formerly incarcerated residents of Central Harlem with a successful reentry to the community. It aims to assist these individuals with resources such as programs and services designed to help them reintegrate into their community. Here individuals can access a range of services to meet their needs.



## Manhattan Community Board 10

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## Children and Families

### **STRIVE**

240 East 123rd Street, 3rd Floor • New York, NY 10035

Contact Name: Emanuel Pacheco • (212) 360-1100 • [epacheco@striveinternational.org](mailto:epacheco@striveinternational.org)

[www.strivenewyork.org](http://www.strivenewyork.org)

STRIVE works to help people acquire the life-changing skills and attitudes needed to overcome challenging circumstances, find sustained employment, and become valuable contributors to their families, their employers, and their communities. STRIVE is committed to serving the hardest-to-employ and most at-risk individuals. These include the long-term unemployed, the formerly incarcerated, disconnected youth, recovering addicts, public assistance recipients, veterans, the homeless, and the working poor.

#### **-Program Services**

##### **Employment:**

- Attitudinal and Job Readiness Training**
  - A 3-5 week workshop that takes a tough love, no excuses approach to work readiness.
  - Helps participants develop the attitudes and workplace behaviors they need to overcome employment obstacles and transform their lives.
  - Teaches clients how to dress and speak in a work-appropriate manner and to write resumes, fill out job applications, and prepare for interviews.
- Skills Training**
  - Offers sector-based skills trainings in high-growth industries.
  - A prerequisite for admission into work programs such as Office Operations, A+ Certification, Building Maintenance and Green Construction.
- Job Placement**
  - Each participant is set up with an interview and job placement by Job Developers.
  - Participants are coached in how to build a long-term career through consistent employment, advances in responsibility, and ongoing educational credentialing to improve their salary and title.



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### **Support Services:**

- Provides a broad array of support services, including referrals for child care, legal assistance, housing placement, substance abuse treatment, medical and mental health services, domestic violence counseling, parenting skills and referrals to other services as needed.

### **Family:**

- Fatherhood Program: Strong Fathers, Stronger Families**
  - Helps fathers learn to embrace fatherhood and to obtain the tools they need to have a positive impact on the lives of their children.

### **-Eligibility Information:**

- Services available for adults 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Accessible to people with disabilities
- No services available for individuals with a history of sexual offense
- Walk-ins are welcome
- Agency has Spanish speaking staff

### **-Volunteer Opportunities:**

STRIVE welcomes all volunteers who are willing to contribute their time, energy, and expertise, and they work to accommodate even the busiest of schedules.

Volunteer to mentor one-on-one with participants in STRIVE's programs your expertise and experience will help them develop the life-skills and perspective to achieve a rewarding future.

STRIVE trains volunteers to mentor participants in our employment, fatherhood and youth programs based in East Harlem.

### Workshops at STRIVE

STRIVE welcomes professionals to come to STRIVE to share their expertise and experience with our clients. Volunteers are regularly invited into our four-week CORE training program to run or participate in discussions on a variety of topics. The focus of past workshops has included:

- Mock interviews



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- Resume preparation
- Career mapping
- Professional communications
- Social media
- Civic responsibility
- Financial literacy

Interested in becoming a STRIVE volunteer? Contact Becky Waite at [rwaite@striveinternational.org](mailto:rwaite@striveinternational.org)



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### **Harlem Children's Zone**

"An organization that has set out to prove that poor, black children can do succeed"- Oprah Winfery  
35 East 125th St. • New York, NY 10035 • (212) 360-3255 • [info@hcz.org](mailto:info@hcz.org)  
<http://www.hcz.org/hcz-home.php>

In the early 1990s, HCZ ran a pilot project that brought a range of support services to a single block. The idea was to address all the problems that poor families were facing: from crumbling apartments to failing schools and from violent crime to chronic health problems. Under the visionary leadership of its President and CEO, Geoffrey Canada, HCZ continues to offer innovative, efficiently run programs that are aimed at doing nothing less than breaking the cycle of generational poverty for the thousands of children and families it serves.

#### **-Program Services**

##### **Early Childhood:**

- The Baby College**
  - Nine-week parenting workshop to expectant parents and those raising a child up to three years old.
  - Workshops promote reading to children and verbal discipline over corporal punishment.
- The Three Year Old Journey**
  - For parents of children who have won the HCZ Promise Academy charter school lottery.
  - Held on Saturdays over several months, it teaches parents about their child's development, building language skills and parenting skills.
- Get Ready For Pre-K**
  - Brings in new Gems students before the start of the school year.
  - Helps children acclimate to the new schedule and readying them to start school in the fall.
- Harlem Gems<sup>®</sup>**
  - An all-day pre-kindergarten program that gets children ready to enter kindergarten.
  - Teaches English, Spanish and French, and run from 8 a.m. to 6 p.m.

##### **Elementary School:**

- Promise Academy Charter Schools:**
  - Promise Academy I



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- Promise Academy II
- Harlem Peacemakers**
  - Trains young people who are committed to making their neighborhoods safe for children and families.
- The Fifth Grade Institute**
  - A Peacemaker program held after school. It is designed to prepare fifth graders for middle school.

### **Middle School:**

- Promise Academy Middle School Program:**
  - The middle school has a longer school day and year. This program offers students a wide-ranging education.
  - Provides "wrap-around services":
    - Free medical and dental care, freshly made healthy meals and an enriching afterschool program.
- Academic Case Management**
  - To strengthen the support for students that are not in the Promise Academy.
  - Works with every student from fifth-grade through twelfth-grade.
  - Students have an individualized plan and the case managers find assistance for them when necessary.
- Truce Fitness and Nutrition Center**
  - Offers free classes to children in karate, fitness and dance.
  - Participants also learn about health and nutrition, and receive regular academic assistance.
- A Cut Above**
  - An after-school program that supports students who are not in the Promise Academy charter schools.
  - It provides academic help and leadership development, as well as high school and college preparation.
  - Students participate in weekly discussions and activities around subjects such as lifetime decision making, identifying values, communication and critical thinking, resume building and interview techniques, social etiquette, conflict resolution and community service, etc.
  - Each child is assigned a student advocate who develops individual student plans for at risk children.
- Boys to Men and Girl Power**
  - Gender-specific social development programs for boys and girls.



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- Provides guidance and support for students as they strive to become productive and positive young men and women, as well as influential contributors to their community.
- Sessions consist of a combination of reading materials, discussions, workshops, trips, films and teambuilding activities conducted by private consultants, teachers and HCZ staff.
- The program aims to prevent drug use, reduce gang involvement and reduce school violence, and to confront other relevant issues.
- Students also engage in various community service projects and educational trips.

### **Family, Community, and Health:**

- Community Pride**
  - Organizes tenant and block associations, helps hundreds of tenants convert their city-owned buildings into tenant-owned co-ops.
- HCZ Asthma Initiative**
  - Works closely with asthmatic children and their families so they can learn to manage the disease and lessen its effects.
- The Family Support Center**
  - Specializes in providing crisis intervention services, referrals, advocacy, groups on parenting and anger management training.
- Project Class**
  - Specializes in providing referrals to drug and alcohol abuse programs. Also creates, implementing and monitors drug treatment service plans.
  - Works to get family members the services they need to stabilize.
- Truancy Prevention**
  - Conducts workshops on domestic violence and on parenting (the Parenting Journey).
  - This program also has a group for teenagers.

### **-Eligibility Information:**

- All HCZ programs are offered free to the children and families of Harlem.



## Education

### Harlem Children's Zone

"An organization that has set out to prove that poor, black children can do succeed"- Oprah Winfery  
35 East 125th St. • New York, NY 10035 • (212) 360-3255 • [info@hcz.org](mailto:info@hcz.org)  
<http://www.hcz.org/hcz-home.php>

In the early 1990s, HCZ ran a pilot project that brought a range of support services to a single block. The idea was to address all the problems that poor families were facing: from crumbling apartments to failing schools and from violent crime to chronic health problems. Under the visionary leadership of its President and CEO, Geoffrey Canada, HCZ continues to offer innovative, efficiently run programs that are aimed at doing nothing less than breaking the cycle of generational poverty for the thousands of children and families it serves.

#### **-Program Services**

##### **High School:**

- Promise Academy High School Program**
  - Created several cross-site initiatives to help our high school students navigate the process of getting into college.
- Academic Case Management**
  - Each of the six high-school sites has Student Advocates, assigned by grades, to work with each young person to create individualized Action Plans that identify concrete strategies to enrich and support the student's academic achievement, college readiness and personal growth.
  - Focuses on building collaborations with the parents, teachers and other stakeholders to inform, develop, execute, assess and track student progress, particularly in the critical transitions from middle to high school and then into college.
- Truce Arts & Media**
  - Focuses on youth development through the arts and media, working with youth in grades 9-12 on academic growth, career readiness while also fostering media literacy and artistic ability.
- Employment & Technology Center**
  - Teaches computer and job-related skills to youth and adults.



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- Learn to Learn**
  - An after-school program developed for high school juniors and seniors to improve their academic skills, and prepare them for college and the job market.
  - During the school year, the focus is to improve participants' academic standings and developing life skills, while during the summer months, the focus is on gaining summer employment.
  
- College Preparatory Program**
  - Provides year-round academic enrichment to high school youth.
  - Aims to help young people think about pursuing a college education as early as possible.

### College:

- The College Success Office**
  - Supports students who have graduated from high school and HCZ programs.
  - Helps students get into the most-appropriate colleges, and then assist them throughout their college years.

### -Eligibility Information:

- All HCZ programs are offered free to the children and families of Harlem.



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### **Abyssinian House**

132 Odell Clark Place • New York, NY 10030 • (212) 926-0272

[www.adcorp.org/programs/homeless\\_services.php](http://www.adcorp.org/programs/homeless_services.php)

Abby House staff provides comprehensive programs and services in a family-centered approach to provide case management and make appropriate referrals to residents through a process of assessment, consultation, engagement, intervention and follow-up; our collaboration with other community-based organizations enhances our services to at-risk families.

#### **-Program Services**

- The ADC operates The Abyssinian Head Start, and sponsors the Thurgood Marshall Academy Lower School and the Thurgood Marshall Academy for Learning and Social Change.

#### **-Eligibility Information:**

- Services are offered to homeless individuals and low-income residents of Harlem

#### **-Volunteer Opportunities:**

There are many ways you can give to the Harlem Community, and investing your time and expertise are significant contributions to the development and prosperity of the people and families we serve. Would you like to donate pro-bono services? Would you like to know more about mentorship opportunities?

Please contact (646) 442-6586 to learn more about ways you can become involved.



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### **Pathways to Housing**

55 West 125th Street, 10th Floor • New York, NY 10027

Contact Name: Kia Ferguson • (212) 289-0000 ext. 1181 • [infor@pathwaystohousing.org](mailto:infor@pathwaystohousing.org)

[www.pathwaystohousing.org](http://www.pathwaystohousing.org)

Pathways moves people who are homeless and suffer from psychiatric disabilities directly from the streets into apartments of their own, instantly making them part of a community. Once settled in a stable living situation, they successfully engage with the variety of services available to them.

#### **-Program Services**

##### **Education/Resource Center:**

- The Resource Center emphasizes education and collaborative learning, and many clients use the Center as a way to find part-time work, to further their education, and to explore other career and life opportunities.
- GED and employment search classes are also offered.

#### **-Eligibility Information:**

- Services available for adults 21 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is no required



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### **The Fortune Society**

29-76 Northern Boulevard • Long Island City, NY 11101 • (718) 392-4244 • <http://www.fortunesociety.org/>

The Fortune Society is a nonprofit social service and advocacy organization, founded in 1967, whose mission is to support successful reentry from prison and promote alternative to incarceration, thus strengthening the fabric of our communities. The organization has a one-stop model of service provision that includes: Alternative to Incarceration (ATI), drop-in services, employment services, education, family services, health services, housing services, substance abuse treatment, transitional services such as the Rikers Island Discharge Enhancement (R.I.D.E) program, recreation, and lifetime aftercare.

#### **-Program Services**

##### **Education**

- Fortune's education program empowers clients to achieve personal and professional goals that might include earning their High School Equivalency diplomas, attending college, or preparing to enter a tough job market.
- Clients have the opportunity to develop essential reading, writing, math, and computer skills with the support of Fortune's dedicated teachers.
- Our small class size allows each individual to progress at his or her own pace, in an environment where all students feel respected and have a say in what they're learning.

#### **-Eligibility Information**

- No appointment needed
- Call or stop by

#### **-Volunteer Opportunities:**

Interested in volunteering with The Fortune Society? We have a wide variety of volunteer opportunities within all departments of the agency available for anyone interested in supporting our work. Go to <https://www.volgistics.com/ex/portal.dll/ap?AP=1856019289> and fill out the volunteer application and we'll contact you shortly to discuss the options.



## Manhattan Community Board 10

### **Union Settlement Association**

237 East 104th Street • New York, NY 10029

Contact Name: Laura Johnson • (212) 828-6031 • [mnieves@unionsett.org](mailto:mnieves@unionsett.org)    [www.unionsettlement.org](http://www.unionsettlement.org)

The Union Settlement Association creates opportunities in East Harlem by offering comprehensive programs to help underserved residents improve their skills and build better lives for themselves and their families. The agency promotes leadership development and fosters economic self-sufficiency to help individuals and families build a stronger community, through education programs and human services.

#### **-Program Services**

##### **Education:**

- Early Childhood Education**
  - Children receive individualized instruction that includes cognitive, social, creative and physical development.
  - Teachers in our pre-school program assist children ages two to five in a stimulating social and educational environment. We operate a Universal Pre-Kindergarten program with Community School District 4/Region 9.
- College Readiness**
  - Enables New York City students to gain access to higher education through a program of counseling, academic enrichment and internship opportunities.
    - Services include:
      - SAT Prep Courses
      - Writing Workshops
      - Career and College Fairs
      - Computer Workshops
      - Specialized High School Admission and Regents Test Prep Courses
      - Leadership Academy
      - College Trips
      - Academic Advising/Tutoring
      - Science and Technology Entry Program (STEP)
      - Summer Writing and Theater Program (SWTP)
      - Individual Counseling
      - Drew University Summer College
      - High School Prep Workshops for Middle School Students



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- Assistance with College Applications and FAFSA Filing
- Community Service Opportunities
- Adult Education**
  - ESL (English as a Second Language)**
    - Offers adult students ESL Literacy and ESL I, II, and III.
    - All classes are taught using a student centered approach integrating listening, speaking, reading and writing.
  - Basic Education in Spanish**
    - The goal of this class is to teach native Spanish speakers to read and write in Spanish; and prepare them to continue their studies for pre-GED, GED and eventually continue college.
  - GED (General Education Development)**
    - GED program contains a comprehensive preparatory system of classes for adults of all ages and levels.
    - We assess individuals and design classes around their abilities for all the subjects tested don the GED.
    - We provide training for the GED pertaining to test format and anxiety.
    - Students receive instruction on all high school subjects-math, social studies, science, reading and writing—to help them qualify for their GED. GED preparation is offered in three levels: GED literacy, Pre-GED, and GED.
  - Basic Computer Classes**
    - The computer class objectives are to instruct students to become familiar on how to use different kinds of computer systems and software.

### **-Eligibility Information:**

- Services available for adults ages 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement for some services
- There is no living arrangement requirement
- Walk-ins are welcome
- Classes are offered day and night for some Saturdays
- Agency has multilingual employees



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### **-Volunteer Opportunities:**

Help us empower East Harlem! Our volunteers enable us to provide programs to the East Harlem community. If you are interested in being a part of something great, please fill out the volunteer application for on <http://www.unionsettlement.org/volunteerform>

#### Corporate Volunteer Groups

Volunteering as a group gives employees in your organization the opportunity to interact with each other outside of work and meet employees from different departments, all while giving back to the community. Corporate group volunteer projects vary according to the interest of your group.

Volunteers can work in our garden, planting flowers or beautifying our playground; other volunteer groups have held job readiness workshops

Interested in corporate or group volunteer opportunities? Please contact our Volunteer Coordinator at (646) 67205082 or [volunteers@unionsettlement.org](mailto:volunteers@unionsettlement.org)



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### **Phoenix House (Project YES)**

2191 Third Ave • New York, NY 10035

Contact Name: Jumana Grassi • Project Coordinator • (212) 831-1555 ext. 7545

[www.phoenixhouse.org](http://www.phoenixhouse.org)

Our program is designed to serve at-risk adolescents, ages 13-20, in the early experimental stages of substance use and/or exhibiting other high-risk behaviors. Project YES offers young people the opportunity to participate in a variety of services designed to help them live alcohol and drug-free lives. This program has an open referral base for youth residing in the Harlem community.

#### **-Program Services**

##### **Education:**

- For adults 21 and over, vocational training and education courses are available.
- For adolescents, high school diploma assistance for qualified students only or GED preparation.

#### **-Eligibility Information:**

- Services available for youth ages 13-20 and adults 21 and over
- Services available to Harlem, NY residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins are welcome; Referrals welcomed
- Other eligibility requirement: No services available for individuals with a history of sexual offense. Must have substance abuse problem.
- Agency has Spanish- speaking staff; however, clients are required to speak fluent English.

#### **-Volunteer Opportunities:**

Phoenix House dedicated volunteers play a crucial role as we continue to serve more than 6,000 individuals each day at over 120 programs throughout the country. From educational workshops to holiday celebrations, our talented volunteer team is instrumental in helping our clients through treatment and into sustained and supported recovery.

Ways to Volunteer at Phoenix House

Educational workshops for adults and teens at our treatment facilities:



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Adult education such as GED tutoring, literacy enrichment, resume writing and career counseling, computer skills training

Youth education such as tutoring, SAT prep and college counseling

Recreational activities for youth and adults at our facilities or off site:

- Sports and fitness activities such as yoga, Tai Cho, ropes course, basketball, baseball, ice hockey
- Arts activities such as photography, music therapy, choir workshops, spoken work, creative writing, poetry
- Family day events such as barbeques and games
- Cultural enrichment field trips to performances, sports events, libraries, and public park events

Holiday Celebrations: Thanksgiving, 4<sup>th</sup> of July, Halloween, Black History Month, etc.

- Decorate Phoenix House facilities
- Prepare holiday meals

Facility beautification: landscaping, mural painting, etc.

Call the Phoenix House for more about what we do and how you can help (646) 505-2000 or see more at <http://www.phoenixhouse.org/about/careers/volunteer-opportunities>



## Manhattan Community Board 10

### **Odyssey House**

219 East 121st Street • New York, NY 10035 • Contact Name: Jae Boyd • (212) 987-5100

[www.odysseyhouseinc.org](http://www.odysseyhouseinc.org)

Odyssey House is a comprehensive social services agency based in New York City. Our innovative programs help individuals and families deal with substance use disorders, mental illness and medical problems. From working with adolescents to senior citizens, we make sure that all of these individuals get the best treatment available to overcome their drug problems.

#### **-Program Services**

- Education and Vocational Training:**
  - Clients may participate in a variety of vocational trainings, including building maintenance, culinary arts, commercial driving, auto mechanics, health care, clerical duties and computer installation.
  - We work in partnership with the New York City Department of Education and Project Restart to provide on-site educational services.
  - Adult Basic Education (ABE) services are provided through the Department of Education and are available to all adult Odyssey House residential clients.

#### **-Eligibility Information:**

- Services available for adults 17 and older
- Services available to New York City residents
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Must obtain a referral



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### **Exodus Transitional Community**

2271 Third Ave • New York, NY 10035 • (212) 865-6133

Contact Name: Felipe Vargas • (917) 492-0990 [www.etcny.org](http://www.etcny.org)

Exodus Transitional Community, Inc. was founded in 1999. Exodus began as a grassroots organization built on the notion that individuals released from prison cannot be released into mainstream society without any resources to support transition. Exodus provides supportive services to formally incarcerated men and women in order to help them reintegrate into their communities.

#### **-Services Offered:**

##### **Education:**

- Academic & Career Programs**
  - The Exodus IMPACT Initiative is an innovative program designed to advance the goals of career planning, training and the attainment of unique career opportunities for Exodus Transitional Community Inc.'s participants, staff and extended community.
  - Basic computer skills training

#### **-Eligibility Information:**

- Services available for adults age 17 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins are welcome
- No services available for individuals with a history of sexual offense
- Agency has Spanish-speaking staff



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### **Project Greenhope: Services for Women, Inc.**

435 East 119th Street, 7th Floor • New York, NY 10035

Contact Name: Estelle Pierce • Director of legal services • (212) 996.8633 • [epierce@greenhope.org](mailto:epierce@greenhope.org)

[www.greenhope.org](http://www.greenhope.org)

Greenhope is committed to providing quality services to predominantly poor African American and Latina ex-offenders. Greenhope is a leader in working with women to address the problems that lead to a life of drugs and crime. It is one of the few woman-centered facilities operating in New York State, which serves both parolees and Alternative to Incarceration (ATI) clients. Greenhope is a comprehensive residential, day treatment and outpatient program that works to rehabilitate and empower (1) formerly incarcerated women; (2) women referred as an alternative to prison; and (3) women seeking to reclaim their lives following a long history of substance abuse.

#### **-Program Services:**

- Vocational and Educational Services
  - Upon entering the program, the Test off Adult Battery Education (TABE) is administered. This test helps to determine each woman's grade equivalent while enabling proper placement for academic remediation and vocational training.
    - Vocational Assessment
    - Vocational Evaluation
    - Academic Preparation
    - Vocational Workshops
    - Vocational Training
    - Job Placement and Referrals

#### **-Eligibility Information:**

- Services available to adults age 18 and older.
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement



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### **-Volunteer Opportunities:**

Interested in volunteering with Project Greenhope? Go to <http://www.greenhope.org/involved/volunteer.asp> to fill out a volunteer/internship form and someone from Project Greenhope will be in contact with you.



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### **Educational Resources**

#### **NY Public Libraries in Harlem**

9 West 124<sup>th</sup> Street Library  
New York, NY 10027-5699  
(212) 348-5620

Mon: 11:00am- 6:00pm  
Tues: 12:00pm- 7:00pm  
Wed: 11:00am- 6:00pm  
Thurs: 12:00pm- 7:00am  
Fri: 10:00am- 5:00pm  
Sat: 10:00am- 5:00pm

115<sup>th</sup> Street Library  
203 West 115<sup>th</sup> Street  
New York, NY 10026-2403  
(212) 66-9393

Mon: 12:00pm- 7:00pm  
Tues: 11:00am- 6:00pm  
Wed: 12:00pm- 7:00pm  
Thurs: 11:00am- 6:00pm  
Fri: 10:00am- 5:00pm  
Sat: 10:00- 5:00pm

#### **City University of New York (CUNY) school in Harlem**

The City College of New York  
160 Convent Avenue  
New York, NY 10031  
(212) 650-7000

#### **Free GED classes**

##### **Union Settlement Association**

Free Adult Education a GED classes in its Harlem Location. For more information and requirements go to <http://www.unionsettlement.org/adult-ed>



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### **Booker T. Washington Learning Center**

Offers GED classes within its Turning Point Program, go to <http://www.bookert.org/programs.aspx> for more information.

### **CUNY Adult Literacy**

Free ESOL, BE and GED classes are offered at CUNY's 14 campuses morning, evenings, and weekends. Registration is ongoing throughout the year. If you are interested in registering, or would like more information call or visit:

Community Education  
138<sup>th</sup> Street and Covent Avenue  
Shepard Building, Room 2  
New York, NY 10031  
(212) 650-7312

For more information visit <http://www.literacypartners.org/how-we-fight-illiteracy/programs-services>

### **The Doe Fund Inc. (*Bellevue Referrals Only*)**

2960 Frederick Douglass Boulevard • New York, NY 10039  
Contact Name: Nazerine Griffin • (212) 690-6480 [www.doe.org](http://www.doe.org)

Free GED and Pre GED Classes  
College Placement Assistance

### **Phase Piggy Back**

501 W 148th St • New York, NY 10031 • (212) 281-5695  
<http://www.phasepiggyback.org/>

Adult Basic Education  
GED Classes  
Computer Literacy Courses



## Employment

### Getting Out and Staying Out

91 East 116th Street • New York, NY 10029

Contact Name: Greg Mendoza • LMSW, Career Management and Education Coordinator • (212) 831-5020

[Info@gosonyc.org](mailto:Info@gosonyc.org)

Getting Out and Staying Out is dedicated to drastically reducing the recidivism rate for 16 to 24-year-old justice involved men by ensuring economic independence through purposeful education and directed employment. GOSO has established itself as one of the most effective reentry programs in the NYC area for 16 to 24 year-old men at Rikers Island.

#### **-Program Services**

- GOSO On Rikers Island**
  - Provides services, support and early reentry planning to young men while they are still on Rikers Island.
  - GOSO Volunteers meet with young men enrolled in classes at East River Academy on Rikers Island to give them an opportunity to begin exploring their future options.
  - Recruiters and social workers reach out to men sentenced to complete their terms on Rikers Island.
- GOSO Upstate**
  - Provides support and mentoring for GOSO participants sentenced to upstate facilities.
  - Encourages participants to pursue their GED, college level correspondence courses or vocational training while incarcerated, and provides textbooks and study materials on request.
- GOSO in the Community**
  - An integrated post-release support program that offers help in three key areas-- education, employment, and social services.
  - Participants meet one-on-one with Career Counselors and Social Workers, and attend GOSO seminars and workshops. During office hours participants have unlimited access to computers, phones and fax machines that enable them to research and apply for jobs and educational programs.
- GOSO Partner Network**



## Manhattan Community Board 10

- Ensures access to clients on a daily basis throughout their time in jail.
- Supports clients in attending school and completing their high school diploma or GED while incarcerated.
- Through the network, it is assured that every young man reached will find the services and support he needs to successfully reintegrate into the community.

### **-Eligibility Information:**

- GOSO services are offered to justice-involved men 16 to 24 years old.

### **-Volunteer Opportunities:**

Contribute to the successful reentry and reintegration of currently and formerly incarcerated young men and change a life.

Volunteer businessmen, professionals and educators who share a commitment to changing the lives of court-involved young men founded GOSO. Volunteers continue to provide invaluable services and programs to complement the work of our staff. If you have time, empathy, and skills to share, please join us in our efforts.

- Mentor/Coach on Rikers Island
- Mentor/ Coach in the community
- Present a guest lecture
- Develop and present a seminar series
- Tutor a class

Interested in becoming a GOSO volunteer? Email [Mgoldsmith@gosonyc.org](mailto:Mgoldsmith@gosonyc.org) for more information



## Manhattan Community Board 10

### **The Doe Fund Inc.** *(Bellevue Referrals Only)*

2960 Frederick Douglass Boulevard • New York, NY 10039

Contact Name: Nazerine Griffin • (212) 690-6480 [www.doe.org](http://www.doe.org)

All of The Doe Fund's programs and innovative business ventures ultimately strive to help homeless and formerly incarcerated individuals achieve permanent self-sufficiency.

### **-Program Services**

#### **Employment:**

- Drug free residential work program with occupational pathways.

#### **Education:**

- GED and pre-GED classes.
- College placement assistance

#### **Health & Wellness:**

- Medicaid application assistance

#### **Housing:**

- Affordable Housing**
  - For low-income individuals and families
- Supportive Housing:**
  - For individuals and families with a variety of complex challenges such as chronic homelessness, substance use, mental illness, HIV/AIDS, and chronic unemployment.

#### **Family:**

- Assistance with obtaining a Driver's License. \*Available only with a valid driver's permit\*

### **-Eligibility Information:**

- Services available for adults 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- No services available for individuals with a history of sexual offense
- A reward of \$259/week will be given to those who participate
- No walk-ins; Appointment is required



## Manhattan Community Board 10

### **Ready, Willing, & Able**

2960 Frederick Douglass Boulevard • New York, NY 10039

Contact Name: Kenise Etwaru • Director of Human Resources • (212) 690-6480 [info@gosonyc.org](mailto:info@gosonyc.org)

Ready, Willing & Able is a 9 to 12 month transitional work program and provides graduates with lifelong resources. For our "men in blue," graduation means the obtainment of a full-time job, housing, and sobriety. The program consists of four phases.

#### **-Program Services**

- Ready, Willing & Able**
  - Provides homeless and formerly incarcerated individuals with transitional work and housing, case management, life skills, educational assistance, occupational training, job readiness, and graduate services.
  
- Ready, Willing & Able Pathways**
  - An intensive non-residential work and education program for recent parolees.

#### **Phase 1: ORIENTATION**

- Provides the first set of tools needed to maintain sobriety and create individualized plans: random drug testing twice a week, orientation sessions, case management, in-house work assignments, parenting workshops, computer skills instruction, and the Test of Adult Basic Education

#### **Phase 2: WORK & SKILLS TRAINING**

- Our trainees begin full-time work (30 hours per week) in one of our social enterprises, including the Community Improvement Project. After work, they attend classes for life skills, financial management, pre-GED and GED, computer skills, and occupational training.

#### **Phase 3: JOB PREPARATION & PLACEMENT**

- By the time our trainees reach the third phase, they begin job readiness classes which cover conflict



## Manhattan Community Board 10

resolution, interpersonal relationships, identification of occupational aptitudes and interests, resume preparation, and job search and interview skills.

### Phase 4: GRADUATION

- After 9 to 12 months, our graduates complete Ready, Willing & Able with full-time jobs, housing, sobriety, and re-established relationships with family. They receive lifelong services such as career counseling, job placement assistance, and further training and education opportunities.

### -Eligibility Information:

- Services are offered to homeless and formerly incarcerated individuals on parole or probation and who've been released from prison within 120 days prior to starting the program.
- Individuals must be physically and mentally able to work 30 hours a week and committed to living drug-and alcohol free and being randomly drug tested twice a week.



## Manhattan Community Board 10

### **Workforce1 Career Center**

215 West 125th Street, 6th Floor • New York, NY 10027 • (917) 493-7054

Contact Name: Eric Cowan • Community Outreach • (917) 493-7028

Workforce1 is a service provided by the NYC Department of Small Business Services that prepares and connects qualified candidates to job opportunities in New York City. Workforce1 makes strong matches for both candidates and employers by using a unique combination of recruitment expertise, industry knowledge, and skill-building workshops to strengthen candidates' employment prospects.

#### **-Program Services**

##### **Employment:**

- Prepares and connects candidates to mid-and entry level jobs with New York City employers.
- Candidates attend skill-building workshops to help them put their best foot forward with employers and make them more likely to get the job offer they want.
- Career Advisement
  - Work with skilled staff to develop a career strategy that is based on your skills, abilities, and interests.

##### **Education:**

- Bridge to Tomorrow**
  - Works to help candidates get their GED so that they would become a more competitive applicant
  - Helps candidates determine what kind of GED preparation they need and connect them to the GED course that's right for them.

#### **-Eligibility Information:**

- Services available for adults 18 and older
- Services available to New York City residents
- Services are free of charge
- There is no income requirement
- There is no living arrangement requirement
- No walk-ins; Appointment is required
- Agency has Spanish-speaking staff; Clients are required to speak fluent English.



## Manhattan Community Board 10

### **The Fortune Society**

29-76 Northern Boulevard • Long Island City, NY 11101 • (718) 392-4244 • <http://www.fortunesociety.org/>

The Fortune Society is a nonprofit social service and advocacy organization, founded in 1967, whose mission is to support successful reentry from prison and promote alternative to incarceration, thus strengthening the fabric of our communities. The organization has a one-stop model of service provision that includes: Alternative to Incarceration (ATI), drop-in services, employment services, education, family services, health services, housing services, substance abuse treatment, transitional services such as the Rikers Island Discharge Enhancement (R.I.D.E) program, recreation, and lifetime aftercare.

#### **-Program Services**

##### **Employment**

- Employment Services program is designed to help formerly incarcerated jobseekers with the skills needed to obtain employment and thrive in the workplace.
- The two-week job readiness workshop teaches clients how to network, excel in interviews, problem-solve, answer difficult conviction questions, and create a professional resume and cover letter.
- Those who complete the workshop receive career counseling, job placement assistance, and support with job retention.
- Skills training is also offered and provides industry recognized certifications in both the culinary arts and green construction arenas. Clients who complete the training receive job placement and career advancement services.

#### **- Eligibility Information**

- No Appointment needed
- Call or stop by to learn more

#### **-Volunteer Opportunities:**

Interested in volunteering with The Fortune Society? We have a wide variety of volunteer opportunities within all departments of the agency available for anyone interested in supporting our work. Go to <https://www.volgistics.com/ex/portal.dll/ap?AP=1856019289> and fill out the volunteer application and we'll contact you shortly to discuss the options.



## Manhattan Community Board 10

# Housing

### Abyssinian House

132 Odell Clark Place • New York, NY 10030 • (212) 926-0272

[www.adcorp.org/programs/homeless\\_services.php](http://www.adcorp.org/programs/homeless_services.php)

Abby House staff provides comprehensive programs and services in a family-centered approach to provide case management and make appropriate referrals to residents through a process of assessment, consultation, engagement, intervention and follow-up; our collaboration with other community-based organizations enhances our services to at-risk families.

#### **-Program Services**

##### **Homeless Services:**

- Provides shelter and supportive services for families in the NYC homeless shelter system.

##### **Housing:**

- ADC has developed more than 1,500 rental units in the Harlem Community, and over 200 homeownership opportunities.
- Housing stock is affordable and reserved for low to moderate income residents.
- Newly Renovated Section 8 apartments available.

#### **-Eligibility Information:**

- Services are offered to homeless individuals and low-income residents of Harlem

#### **-Volunteer Opportunities:**

There are many ways you can give to the Harlem Community, and investing your time and expertise are significant contributions to the development and prosperity of the people and families we serve. Would you like to donate pro-bono services? Would you like to know more about mentorship opportunities?

Please contact (646)442-6586 to learn more about ways you can become involved.



## Manhattan Community Board 10

### **Center for Urban Community Services**

198 East 121st Street • New York, NY 10035

Contact Info: Housing Consultant • (212) 801-3333 • [info@cucs.org](mailto:info@cucs.org) [www.cucs.org](http://www.cucs.org)

CUCS works to end homelessness for as many people as possible and provides opportunities for low-income individuals and families, particularly those living with disabling conditions, to be productive members of the community.

#### **-Program Services**

##### **Housing:**

- Provides referrals to low-income and mentally ill individuals in need of housing.
- East Harlem, Central Harlem, and Washington Heights Single Stop Centers: free and confidential benefits assistance, legal assistance, financial counseling, tax preparation, and short-term counseling and referral services.

#### **-Eligibility Information:**

- Services available for adults 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no living arrangement requirement
- Walk-ins are welcomed
- Agency has Spanish-speaking staff



## Manhattan Community Board 10

### **Pathways to Housing**

55 West 125th Street, 10th Floor • New York, NY 10027

Contact Name: Kia Ferguson • (212) 289-0000 ext. 1181 • [infor@pathwaystohousing.org](mailto:infor@pathwaystohousing.org)

[www.pathwaystohousing.org](http://www.pathwaystohousing.org)

Pathways moves people who are homeless and suffer from psychiatric disabilities directly from the streets into apartments of their own, instantly making them part of a community. Once settled in a stable living situation, they successfully engage with the variety of services available to them.

#### **-Program Services**

##### **Housing:**

- Housing consists of apartments that are located throughout the community.
- Once settled in an apartment, clients use 30% of their income toward rent, with Pathways ensuring that the remainder is paid by private donors, along with city, state, and federal agencies.
- Housing Department staff also takes responsibility for apartment inspections and maintenance issues, and they handle all communication with landlords about any issues that tenants may have.

##### **Treatment & Support:**

- Offers services for as long as a participant may need them, develops individual Comprehensive Service Plans.
- Client-oriented services tend to focus on clinical, vocational, and health issues, and are usually provided through a multi-disciplinary team approach such as Assertive Community Treatment (ACT). These teams are available on-call 24 hours a day, seven days a week.

##### **Healthcare/Wellness**

- Pathways participants gain access to primary health care.
- Participants have the freedom to choose what kind of care is right for them and all of it is under one roof, which ensures that their doctors can communicate with one another. This means better, more cost-effective care in the long run.

#### **-Eligibility Information:**

- Services available for adults 21 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is no required



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- There is an income requirement for some services
- There is no living arrangement requirement
- Walk-ins are welcomed but referrals are required
- Must be homeless and suffer from psychiatric disabilities

### **-Volunteer Opportunities:**

Pathways to Housing has a variety of volunteer opportunities available at sites in East and West Harlem, Brooklyn, Queens and Westchester County.

- Internships
- Maintenance/ clean up redecoration of consumer housing or of Pathways offices
- Assistance with community events and activities
- Administrative/ clerical assistance
- Other- Volunteers to be placed on the General Volunteer Contact Database

Please let us know if you a special skill set you believe would be a benefit to the Pathways team!



## Manhattan Community Board 10

### **Palladia**

2006 Madison Avenue • New York, NY 10035

Contact Name: Ernest Bonner • (212) 348-7548 • [info@palladiainc.org](mailto:info@palladiainc.org) [www.palladianic.org](http://www.palladianic.org)

Since 1970 Palladia has helped thousands of men and women stay off the streets and out of jail. Palladia empowers individuals to become active, productive members of the community and is one of New York City's largest social service agencies. Palladia assists New Yorkers struggling with homelessness, HIV/AIDS, trauma, poverty, domestic violence, illness, parenting, the justice system and parole. Palladia is about building a better future for men, women and children.

#### **-Program Services:**

##### **Scattered Site Housing:**

- Breakthrough Transitional Housing Program**
  - Breakthrough is a permanent supportive housing program for families in which one or more of the individuals has a disability.
  - Participants receive case management services to assist them with transitioning to independent living and to connect them to referrals to receive other available services.
- Frequent User Service Enhancement Program (FUSE)**
  - Housing units provided to single adults who have a substance abuse disorder coupled with a chronic history of incarceration and repeated episodes of homelessness within the past five years.
  - Case management services are provided in addition to rental assistance.
- Families United Supportive Housing (FUSH)**
  - A program in which the primary parent has a co-occurring substance abuse and mental health diagnosis.
  - Case management services are provided in addition to housing and rental assistance.
- New OASAS Families Together**
  - Offers housing assistance and supportive services including case management to 10 families in which the head of household is in recovery from a substance abuse disorder.
- Shelter Plus Care**
  - Provides singles and families who are homeless and disabled with supported apartments in New York City.



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- Case management services are provided to all program tenants.

### **Congregate Housing:**

- Cedar Tremont** [Tel: 718-583-8376]
  - This apartment house includes supportive services for 17 formerly homeless families in which the head of household is diagnosed with a disability.
  - Serves families affected by disabilities and also homeless families referred from the Department of Homeless Services.
  - Cedar Tremont families receive supportive services including case management, entitlement advocacy, health education, HIV support, substance abuse counseling, educational and recreational services for children, adolescents, and adults.
- Chelsea Court** [Tel: 212-206-3669]
  - Located in Chelsea.
  - An 18-unit permanent housing project that provides studio apartments for 14 previously homeless individuals with disabilities and 4 community apartments available to persons with low incomes.
  - Case management services are provided on-site.
- Dreitzer House** [Tel: 917-492-1160]
  - Located in East Harlem
  - This supported living facility has one- to three-bedroom apartments and is a permanent home for 36 formerly homeless families with a disability, such as substance abuse or mental illness.
  - Families receive on site case management.
  - Residents have access to the library and computers, where adults can work on vocational skills and their children can do schoolwork.
- Flora Vista** [Tel: 212-427-7881]
  - This East Harlem residence is a 20-unit apartment permanent supportive housing project.
  - Provides on-site case management services to formerly homeless individuals with disabilities such as substance abuse and mental illness.
- Fox Point** [Tel: 718-328-3585]
  - Located in the Hunt's Point section of the Bronx, Fox Point.



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- On-site staff provides clinical case management, family-centered activities and employment and vocational services to 31 formerly homeless families disabled by substance abuse, and 16 low income families and individuals from the community.
- Hill House** [Tel: 718-583-9824]
  - Hill House is located in the Bronx on a site adjacent to our Starhill facility.
  - This building is designed for individuals who have personal histories of homelessness and a disability such as addiction.
  - Tenants in the 43 units have access to support services that assist them with their health and nutrition, substance abuse counseling and other areas of need.
- Jerome Court** [Tel: 718-294-1700]
  - Located in the Bronx
  - The 40 unit apartment building offers furnished studio apartments for previously homeless individuals living with a disability.
  - The apartments are handicap-adaptable and designed for independent living.
  - With common-spaces including a central garden. This unique site also provides on-site support services, which include substance abuse counseling and case management.
- Stratford House** [Tel: 718-328-8065]
  - This facility provides permanent housing and supportive services for 60 formerly homeless families with disabilities such as mental illness, physical illness or substance abuse.
  - Families receive on-site case management and support services.

### **-Eligibility Information:**

- Services available for adults 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is no required
- There is no income requirement
- There is no living arrangement requirement

### **-Volunteer Opportunities:**

Interested in volunteering for Palladia? Go to <http://www.palladiainc.org/contact/get-involved/> and fill out the online form, someone will contact you shortly to discuss options.



## Manhattan Community Board 10

### **The Fortune Society**

29-76 Northern Boulevard • Long Island City, NY 11101 • (718) 392-4244 • <http://www.fortunesociety.org/>

The Fortune Society is a nonprofit social service and advocacy organization, founded in 1967, whose mission is to support successful reentry from prison and promote alternative to incarceration, thus strengthening the fabric of our communities. The organization has a one-stop model of service provision that includes: Alternative to Incarceration (ATI), drop-in services, employment services, education, family services, health services, housing services, substance abuse treatment, transitional services such as the Rikers Island Discharge Enhancement (R.I.D.E) program, recreation, and lifetime aftercare.

#### **-Program Services**

- The Housing Program empowers homeless, formerly incarcerated individuals and their families to build better futures through stable and affordable housing.
- The Housing Program provides a low-threshold access to supportive emergency, phased-permanent and permanent housing; the program meets both the immediate and long-term needs of our clients.
- Fortune's comprehensive reentry service is offered and a culturally competent staff to help participating clients take the first steps on their journeys toward becoming positive, self-sufficient members of society.

#### **-Eligibility Information**

- No appointment needed
- Call or stop by

#### **-Volunteer Opportunities:**

Interested in volunteering with The Fortune Society? We have a wide variety of volunteer opportunities within all departments of the agency available for anyone interested in supporting our work. Go to <https://www.volgistics.com/ex/portal.dll/ap?AP=1856019289> and fill out the volunteer application and we'll contact you shortly to discuss the options.



## Mental Health

### Union Settlement Association

237 East 104th Street • New York, NY 10029

Contact Name: Laura Johnson • (212) 828-6031 • [mnieves@unionsett.org](mailto:mnieves@unionsett.org)    [www.unionsettlement.org](http://www.unionsettlement.org)

The Union Settlement Association creates opportunities in East Harlem by offering comprehensive programs to help underserved residents improve their skills and build better lives for themselves and their families. The agency promotes leadership development and fosters economic self-sufficiency to help individuals and families build a stronger community, through education programs and human services.

### **-Program Services**

#### **Mental Health:**

- The Johnson Counseling Center**
  - A licensed mental health clinic with a reputation for providing the highest quality comprehensive mental health services.
  - These services are provided by sensitive, experienced mental health professionals and are offered to children, adolescents, adults and older persons living in East Harlem and surrounding neighborhoods.
  - We provide individual, family, couples and group therapy.
    - Additional Services:
      - Assessment
      - Crisis Intervention
      - Psychiatric Evaluation
      - Medication Therapy
      - Psychological Testing
      - Advocacy
      - Counseling and psychotherapy (short-term, long-term, solution- focused, cognitive behavioral, supportive and psychodynamic psychotherapy).
      - HIV Mental Health Services
      - HIV Mental Health Services provides quality mental health services to individuals, couples, children and adolescents who are living with HIV or AIDS and their immediate family members.



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- Professionals treat clients with respect and confidentiality is maintained.
- Children's Blended Case Management**
  - Provides services for children and adolescents ages 5-18 with serious emotional difficulties.
  - Works with children and their families to identify and utilize mental health counseling and, other supportive services and resources.
  - Services will help the child/adolescent remain with their family and in the community.
- Geriatric Mental Health Services**
  - Provides onsite services at Union Settlement's senior centers.
  - Services include assessment, case management, referral, advocacy, short and long-term individual counseling and group therapy.
  - Trained and experienced clinical social workers help clients deal with issues related to aging, social isolation, depression, anxiety, loss, bereavement and death/dying.

### Health & Wellness:

- HIV Care Network**
  - Improve the availability, accessibility, quality and coordination of services for people living with or affected by HIV and AIDS.
    - Network initiatives include:
      - Training/workshops for on topics such as housing, case management strategies, treatment adherence
      - Community forums on HIV/AIDS
      - Annual East Harlem AIDS Walk & Health Fair
      - Participation in nationwide events such as National Testing Week and National Latino AIDS Awareness Day

### **-Eligibility Information:**

- Services available for adults ages 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement for some services
- There is no living arrangement requirement



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- Walk-ins are welcome
- Classes are offered day and night for some Saturdays
- Agency has multilingual employees

### **-Volunteer Opportunities:**

Help us empower East Harlem! Our volunteers enable us to provide programs to the East Harlem community. If you are interested in being a part of something great, please fill out the volunteer application for on <http://www.unionsettlement.org/volunteerform>

#### Corporate Volunteer Groups

Volunteering as a group gives employees in your organization the opportunity to interact with each other outside of work and meet employees from different departments, all while giving back to the community. Corporate group volunteer projects vary according to the interest of your group.

Volunteers can work in our garden, planting flowers or beautifying our playground; other volunteer groups have held job readiness workshops

Interested in corporate or group volunteer opportunities? Please contact our Volunteer Coordinator at (646) 67205082 or [volunteers@unionsettlement.org](mailto:volunteers@unionsettlement.org)



## Manhattan Community Board 10

### Palladia

2006 Madison Avenue • New York, NY 10035

Contact Name: Ernest Bonner • (212) 348-7548 • [info@palladiainc.org](mailto:info@palladiainc.org) [www.palladianic.org](http://www.palladianic.org)

Since 1970 Palladia has helped thousands of men and women stay off the streets and out of jail. Palladia empowers individuals to become active, productive members of the community and is one of New York City's largest social service agencies. Palladia assists New Yorkers struggling with homelessness, HIV/AIDS, trauma, poverty, domestic violence, illness, parenting, the justice system and parole. Palladia is about building a better future for men, women and children.

#### -Program Services

##### Family:

- Parenting/family group counseling and group socialization skills counseling. Case management and domestic violence group counseling.

##### Mental Health:

- Individual and group psychotherapy and anger management counseling.

##### Residential and Inpatient Services:

- Starhill**
  - 1600 Macombs Road Bronx, New York 10452 [Starhill@Palladiainc.org](mailto:Starhill@Palladiainc.org)
  - An intensive residential program that provides treatment services to adult men and women in four separate Modified Therapeutic Community Programs contained within one site.
- Third Avenue Residence**
  - 1806 Third Avenue New York, NY 10029 [Thirdavenue@palladiainc.org](mailto:Thirdavenue@palladiainc.org)
  - Third Avenue Residence is a community residence program that provides services to adult male clients.
  - Clients accepted to this facility would be individuals at a phase in their substance abuse treatment that can receive services at Palladia's licensed 822-outpatient program (CTI-Harlem) or with another appropriate provider.
- Esperanza**
  - 170 East 107th Street New York, NY 10029 [esperanza@palladiainc.org](mailto:esperanza@palladiainc.org)
  - A community residence program for men providing short-term case management and substance abuse services.
  - Length of treatment is subject to the needs of each individual, but averages 6 to 9 months.



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### **-Eligibility Information:**

- Services available for adults ages 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Must be referred by NYS Division of Parole
- Agency has Spanish- speaking staff

### **-Volunteer Opportunities:**

Interested in volunteering for Palladia? Go to <http://www.palladiainc.org/contact/get-involved/> and fill out the online form, someone will contact you shortly to discuss options.



## Manhattan Community Board 10

### **Harlem Independent Living Center**

289 St. Nicholas Avenue • Suite 21, Lower Level • New York, NY • 10027 • 212-222-7122

The Harlem Independent Living Center (HILC) is a not for profit organization committed to working with the disable population in the community by advocating services in mental health, housing, outreach programs and more.

#### **-Program Services**

- Application Assistance
  - Benefits
  - Food Stamps
  - Housing
- Benefit Advisement/ Assistance
  - SSA process
  - Preparation of the NYC School Tax
  - NYS Renter's credits
- Community/ Systems Advocacy for Change
  - Accessibility- physical, sensory and mental health equality
- Information and Referral
  - Staff maintains information on a variety of topics of concern to persons with disabilities and makes referrals to other programs/ services needed.

#### **-Eligibility Information**

- Services available to individuals with disabilities, family members, business organizations, etc.
- Services are free of charge
- Health insurance is not required
- This is a non-residential facility
- Walk-ins accepted, referrals/ appointment preferred
- No services available for individuals with a history of sexual offense
- Fully accessible to the disabled/deaf community
- No income requirement
- No age requirement
- Agency has staff that are fluent in American Sign Language, Arabic and Spanish



## Manhattan Community Board 10

### **The Fortune Society**

29-76 Northern Boulevard • Long Island City, NY 11101 • (718) 392-4244 • <http://www.fortunesociety.org/>

The Fortune Society is a nonprofit social service and advocacy organization, founded in 1967, whose mission is to support successful reentry from prison and promote alternative to incarceration, thus strengthening the fabric of our communities. The organization has a one-stop model of service provision that includes: Alternative to Incarceration (ATI), drop-in services, employment services, education, family services, health services, housing services, substance abuse treatment, transitional services such as the Rikers Island Discharge Enhancement (R.I.D.E) program, recreation, and lifetime aftercare.

#### **-Program Services**

- The Better Living Center (BLC)**
  - Fortune Society clients now have full access to the BLC mental Health Services.
  - The New York State Office of Mental Health (OMH) licensed Article 31 mental health clinic
  - Works to facilitate a seamless transition for mentally ill individuals with histories of incarceration by providing a supportive environment, treatment and the therapy they need to manage their illness

#### **-Eligibility Information**

- No appointment need

#### **-Volunteer Opportunities:**

Interested in volunteering with The Fortune Society? We have a wide variety of volunteer opportunities within all departments of the agency available for anyone interested in supporting our work. Go to <https://www.volgistics.com/ex/portal.dll/ap?AP=1856019289> and fill out the volunteer application and we'll contact you shortly to discuss the options.



## Manhattan Community Board 10

### Legal Services

#### **The Legal Aid Society: Harlem Community Law Offices**

230 East 106th Street • New York, NY 10029 • (212) 426-3000

The Legal Aid Society is dedicated to one simple but powerful belief: that no New Yorker should be denied access to justice because of poverty. The Society handles 30,000 individual cases and matters annually and provides a comprehensive range of legal services in three areas: the Civil, Criminal and Juvenile Rights Practices.

#### **-Program Services**

##### **Legal Services:**

- Provides general legal services in the areas of housing, benefits and family law.
- Coordinates the citywide Family/Domestic violence practice and participates in the outreach site-based Single Stop Robin Hood Foundation Initiative to which clients seeking help may be referred for case intake.

#### **-Eligibility Information:**

- Services available to New York City residents
- Services are free of charge
- Must be low-income
- No walk-ins; Appointments are required



## Manhattan Community Board 10

### **Legal Services NYC**

1 West 125th Street, 2nd Floor • New York, NY 10027 • (212) 348-7449 • <http://www.legalservicesnyc.org/>

Legal Services NYC fights poverty and seeks justice for low-income residents of New York City. For more than 40 years, we have provided civil legal services that help our clients meet their essential needs and have challenged systematic injustices that keep them poor. Our offices collaborate with public interest providers, pro bono attorneys, courts, community and client-run organizations, and government agencies to bring about lasting and effective change.

#### **-Program Services**

##### **Legal Services:**

- Core practice areas are Family, Housing, Benefits, Consumer, and Education law.
  - Represent clients in courts and administrative tribunals;
  - Provide advice or referral information when unable to provide representation;
  - Assist clients with community-based economic development;
  - Provide legal education through community workshops, help lines and written materials; and
  - Provide professional training in poverty law for attorneys, advocates and others

##### **-Eligibility Information:**

- Services available to New York City residents
- Services are free of charge
- Must be low-income
- No walk-ins; Appointments are required

##### **-Volunteer Opportunities:**

To apply as a pro bono attorney or volunteers, please send a cover letter, resume, writing sample and official or unofficial transcript to [volunteer@LS-NYC.org](mailto:volunteer@LS-NYC.org)

Pro bono volunteers will receive close supervision and will also have opportunities to attend court proceedings and interact with clients.

Ongoing pro bono projects include:

- The NYC Bankruptcy Assistance Project
- Pension Counseling
- Predatory Lending



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- Disability/ HIV Advocacy
- Family/ Domestic Violence
- Consumer- Student Loans
- Consumer- Debt Collection Defense
- Unemployment Insurance Advocacy
- Appellate Advocacy
- Child Support
- Wills
- Senior Centers



## Manhattan Community Board 10

### **Neighborhood Defender Service of Harlem**

317 Lenox Avenue, 10th Floor • New York, NY 10027 • (212) 876-5500 [www.ndsny.org](http://www.ndsny.org)

The Neighborhood Defender Service of Harlem, (NDS) is dedicated to providing the highest quality legal representation to residents of upper Manhattan. A team that includes criminal and civil attorneys, social workers, investigators, paralegals, law school and social work interns, and pro bono attorneys represents NDS clients. A core aspect of our holistic approach to public defense is a commitment to search for the underlying issues that bring our clients into contact with the criminal justice system, and providing comprehensive social service support to avoid or minimize future problems.

#### **-Program Services**

##### **Legal Services:**

- Criminal Defense:**
  - Understanding that social and economic needs often motivate criminal behavior, our social workers provide intensive services for our clients including advocacy for alternatives to incarceration, educational support, psychiatric and psychological referrals, and drug treatment placements.
- Pre-arrest services:**
  - Unlike most traditional public defender offices, NDS can begin representation before a client is arrested.
  - NDS can also arrange a client's surrender to law enforcement, facilitating a safe interaction for both our clients and the police.
  - Pre-Arrest Services are available upon request for qualified Harlem residents. Community residents are encouraged to call NDS at (212) 876-5500 as soon as they, or a family member or friend, are arrested, or if they believe that law enforcement contact is likely.
- Youth Law Project:**
  - Provides the benefits of NDS's team-based representation to those aged 7 through 18 who are criminally accused, whether they are prosecuted as adults in Supreme Court or as delinquents in Family Court.
  - Works with the accused young adult, including his or her family and community, in the broadest manner by combining educational advocacy, social services, and the highest-quality legal representation.



## Manhattan Community Board 10

- Housing Project Defense:**
  - Provides legal representation, consultation and advice in housing cases for clients and their families.
  - Provides an increasing number of NDS clients with specialized and high-quality housing legal services.
- Civil Legal Representation:**
  - Assist clients in civil cases that are related to the client's criminal charge.
  - Our civil representation is focused on three principal areas — police misconduct, housing and eviction matters, and family court proceedings.

### **-Eligibility Information:**

- Services available to New York City residents
- Services are free of charge
- Must be low-income
- No walk-ins; Appointments are required
- Agency has Spanish-speaking staff



## Manhattan Community Board 10

### Urban Justice Center

123 William Street, 16th Floor • New York, NY 10038 • (646) 602-5600 [www.urbanjustice.org](http://www.urbanjustice.org)

For 29 years, the Urban Justice Center has served New York City's most vulnerable residents through a combination of direct legal service, systemic advocacy, community education and political organizing. We assist our clients on numerous levels, such as: One-on-one legal advice in soup kitchens helps individuals access housing, government assistance, filing class action lawsuits and bringing about systemic changes.

#### **-Program Services/Projects:**

- The Human Rights Project (HRP)**
  - The Human Rights Project (HRP) works to improve the lives of New Yorkers living in poverty; particularly women, people of color and immigrants.
  - HRP monitors and advocates for government compliance with universal human rights standards, especially economic and social rights.
- Police Reform Organizing Project (PROP)**
  - PROP aims to stop wasteful, ineffective, unjust, illegal, bullying, homophobic, transphobic, and racially biased police practices, through research and analysis, public education, policy advocacy, and coalition building.
- Domestic Violence Project (DVP)**
  - Dedicated to providing survivors of domestic violence and their children with the support and advocacy necessary to achieve freedom from the abuse and violence in their lives.
  - Our dedicated and compassionate team of attorneys and clinicians work collaboratively to address the difficulties faced by our clients and their children by fully assessing each individual's clinical and legal needs.
  - We provide hotline assistance (718.875.5062) to victims of domestic violence where their concerns are heard and addressed.
- Mental Health Project (MVP)**
  - A team of attorneys, social workers and advocates that are dedicated to enforcing the rights of low-income New Yorkers with mental illness.
  - They represent individual clients, bring class action lawsuits and engage in community education with the belief that low-income



## Manhattan Community Board 10

people with mental illness are entitled to live stable and full lives,  
free from discrimination.

### **-Eligibility Information:**

- For eligibility information visit  
<http://www.urbanjustice.org/ujc/contact/help.html>



## Physical Health

### **FROST'D at Harlem United**

290 Lenox Avenue, Basement Floor • Manhattan, New York 10027 • (212) 924-3733  
Contact Name: David Lopez • (212) 924-3733 ext 1279 • [Dlopez@harlemunited.org](mailto:Dlopez@harlemunited.org)

FROST'D at Harlem United is the department in the Community Health Services Division that serves active and recovering injection and other drug users. We provide street-based harm reduction services including syringe exchange, overdose prevention, screening for HIV and hepatitis C, STI assessment, and referrals for drug treatment, medical care and other supportive services. We also provide office-based psychotherapy for people living with HIV/AIDS.

#### **-Program Services**

- Harm Reduction education and counseling
- Syringe exchange
- Alcohol and other Drug (AOD) counseling
- Rapid HIV Testing
- Overdose Prevention Education and Counseling (narcans kits)
- Hepatitis C testing, education, counseling, and treatment referrals
- STI assessment and testing
- Recovery support, individual and group
- Mental health counseling
- Groups for HIV positive
- Sex worker support and education
- Safe injection supplies/crack safety kits
- Safer sex materials
- Food pantry/snacks
- Referrals to substance use treatment, medical care, psychiatry, housing and other ancillary services

#### **-Eligibility Information:**

- No age requirement
- Services available to New York City residents
- Services are available at low or no cost
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement



## Manhattan Community Board 10

- Walk-ins are welcomed

### **-Volunteer Opportunities:**

We need volunteers to join us on walkabouts to help promote our services, distribute syringes, safer sex kits and HIV prevention information.

Our volunteer program is managed by our sister agency Harlem United. To find out how you can volunteer at FROST'D, please call David Lopez at (212) 289-2378 ext 279 or by email: Volunteer at FROST'D to [dlopez@harlemunited.org](mailto:dlopez@harlemunited.org)



## Manhattan Community Board 10

### **Coalition for the Homeless: The Scattered Site Housing Program**

630 Riverside Drive • New York, NY 10031 • (212) 776-2160  
Contact Name: Arcelis Fabian • [Afabian@cfthomeless.org](mailto:Afabian@cfthomeless.org)

Our Scattered Site Housing Program directly provides permanent housing, social services, and intensive case management to families and individuals whose lives have been devastated by the dual tragedies of HIV/AIDS and homelessness.

#### **-Program Services:**

##### **Housing:**

- Provides renovated apartments that offer a safe place for clients to live with dignity while combating this deadly disease.

##### **Support Services:**

- Offers a comprehensive support system that helps clients manage both the physical and emotional difficulties that accompany their illness.
  - Case managers not only ensure that clients receive appropriate health care and benefits, but also accompany them to medical appointments when necessary and even shops for groceries if a client is too sick to go out.
  - To provide emotional stability, our social work staff organizes depression and substance dependence treatment groups, meditation seminars, and support groups for families to help them cope with the challenges of having a loved one live with AIDS.

#### **-Eligibility Information:**

- No age requirement
- Services available to New York City residents
- Services are available at low or no cost; First-come, first-serve basis
- Services available for homeless people or those at risk of homelessness
- Walk-ins are welcome

#### **-Volunteer Opportunities:**

The Coalition offers several rewarding volunteer opportunities for groups and individuals that want to assist homeless men, women, and children. You can sign up today to volunteer in one of these areas:

- Direct Service Program
- Development Department
- Advocacy Department



## Manhattan Community Board 10

Contact our Volunteer Coordinator at [volunteer@ctfhomeless.org](mailto:volunteer@ctfhomeless.org) to learn how you can help.



## Manhattan Community Board 10

### **Harlem Independent Living Center**

289 St. Nicholas Avenue • Suite 21, Lower Level • New York, NY • 10027 • 212-222-7122

The Harlem Independent Living Center (HILC) is a not for profit organization committed to working with the disable population in the community by advocating services in mental health, housing, outreach programs and more.

Prior to May 1990, Harlem's disabled individuals were denied easy access to independent living services provided elsewhere in New York City. Based on a commitment to provide access to independent living services to these un-served and underserved individuals and to expand the system of independent living services available to all New Yorkers, the Harlem Independent Living Center was incorporated on May 31, 1990.

#### **-Program Services**

- Deafness Services: Conducted in American Sign Language, parenting skills training is provided, domestic violence assistance, in addition to all other services provided in the agency.
- Housing Assistance: Staff maintains lists of accessible housing/housing that has the potential of being made accessible. Staff refers consumers as requested. Additionally, staff informs consumers as to benefits available to them under Federal, State and City housing programs. Assistance is also provided for persons living with a mental illness wishing to submit a 2010e application for eligibility for supportive housing.
- Peer Counseling/ Support Groups: Individuals with disabilities share their disability related experience with Center consumers in an attempt to provide support and assistance in developing skills necessary to gain a greater level of independence.
- Re-entry Outreach Program (ROP): Staff assists disabled reentrants with job development soft/skills training; certificates of relief from disabilities/good conduct, federal bonding information, and employer job credit information in addition to all other services provided in the agency.
- Service Referrals: Staff makes referrals to attendant care providers, interpreters and readers, etc. as requested.



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- Vocational/Educational Opportunities: Staff provides soft skills job training, linkage with disability job fairs/ general job fairs, advocacy for accessibility within the job fairs, in addition to the other services provided in the agency.

### **-Eligibility Information**

- Services available to individuals with disabilities, family members, business organizations, etc.
- Services are free of charge
- Health insurance is not required
- This is a non-residential facility
- Walk-ins accepted, referrals/ appointment preferred
- No services available for individuals with a history of sexual offense
- Fully accessible to the disabled/deaf community
- No income requirement
- No age requirement
- Agency has staff that are fluent in American Sign Language, Arabic and Spanish



## Substance Abuse

### **Phoenix House (Project YES)**

2191 Third Ave • New York, NY 10035

Contact Name: Jumana Grassi • Project Coordinator • (212) 831-1555 ext. 7545

[www.phoenixhouse.org](http://www.phoenixhouse.org)

Our program is designed to serve at-risk adolescents, ages 13-20, in the early experimental stages of substance use and/or exhibiting other high-risk behaviors. Project YES offers young people the opportunity to participate in a variety of services designed to help them live alcohol and drug-free lives. This program has an open referral base for youth residing in the Harlem community.

#### **-Program Services**

##### **Mental Health:**

- Operates a day treatment program for individuals struggling with substance abuse and diagnosed mental illness.

##### **Substance Abuse:**

- Substance abuse counseling for adolescents ages 13-20 and adults 21 and over. Treatment is also available for certain stages of mild depression.

##### **Family:**

- Full medical staff on duty, including dental services.

#### **-Eligibility Information:**

- Services available for youth ages 13-20 and adults 21 and over
- Services available to Harlem, NY residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins are welcome; Referrals welcomed
- Other eligibility requirement: No services available for individuals with a history of sexual offense. Must have substance abuse problem.
- Agency has Spanish- speaking staff; however, clients are required to speak fluent English.



## Manhattan Community Board 10

### **-Volunteer Opportunities:**

Phoenix House dedicated volunteers play a crucial role as we continue to serve more than 6,000 individuals each day at over 120 programs throughout the country. From educational workshops to holiday celebrations, our talented volunteer team is instrumental in helping our clients through treatment and into sustained and supported recovery.

Ways to Volunteer at Phoenix House

Educational workshops for adults and teens at our treatment facilities:

Adult education such as GED tutoring, literacy enrichment, resume writing and career counseling, computer skills training

Youth education such as tutoring, SAT prep and college counseling

Recreational activities for youth and adults at our facilities or off site:

- Sports and fitness activities such as yoga, Tai Cho, ropes course, basketball, baseball, ice hockey
- Arts activities such as photography, music therapy, choir workshops, spoken work, creative writing, poetry
- Family day events such as barbeques and games
- Cultural enrichment field trips to performances, sports events, libraries, and public park events

Holiday Celebrations: Thanksgiving, 4<sup>th</sup> of July, Halloween, Black History Month, etc.

- Decorate Phoenix House facilities
- Prepare holiday meals

Facility beautification: landscaping, mural painting, etc.

Call the Phoenix House for more about what we do and how you can help (646) 505-2000 or see more at <http://www.phoenixhouse.org/about/careers/volunteer-opportunities>



## Manhattan Community Board 10

### **Odyssey House**

219 East 121st Street • New York, NY 10035 • Contact Name: Jae Boyd • (212) 987-5100

[www.odysseyhouseinc.org](http://www.odysseyhouseinc.org)

Odyssey House is a comprehensive social services agency based in New York City. Our innovative programs help individuals and families deal with substance use disorders, mental illness and medical problems. From working with adolescents to senior citizens, we make sure that all of these individuals get the best treatment available to overcome their drug problems.

### **-Program Services**

#### **Young Adults:**

- The Lafayette Avenue Program**
  - Offers a gender-specific approach for achieving lasting sobriety for them to get back on track with schooling and other life goals. Young adults live and learn in a peer-driven environment that provides family-like structure and support.
  - Treatment services focus on nurturing areas often affected by substance use, including school, mental health, self-esteem, family and other relationships.
- Odyssey House Leadership Center**
  - Uniquely designed to provide a warm, family-like atmosphere. The high staff-to-client ratio at the Center ensures the boys receive the individualized support, treatment, and attention they need to grow into healthy young men.
- Additional Youth Services:**
  - Substance abuse counseling with evidence-based and age-appropriate interventions
  - High staff-to-client ratio
  - Individual, group and family therapy
  - On-site Department of Education-certified High school & GED classes
  - Vocational assessment, counseling and placement
  - Access to primary health care, dental and psychiatric services
  - College and career planning assistance
  - Peer mentoring program
  - Family mediation and reunification
  - Community residence, housing support, and placement



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### Family Centers:

- Healthy Mothers Healthy Families:**
  - A supportive environment that allows mothers to address the issues that often accompany substance abuse and interfere with family life
  - Classes in parenting and childcare skills
  - Onsite daycare and preschool programs operated by our specially trained staff
  - Educational classes, job training and vocational counseling
  - Onsite medical and dental services
- Family Centers of Excellence**
  - Individual, group, and family counseling
  - On-site primary medical care with specialties in OB/GYN, psychiatry, and HIV/AIDS
  - Specialized pediatric services provided in partnership with the Institute for Family Health
  - Health education and parenting skills training, including medication management and Activities of Daily Living training
  - Anger management, domestic violence, and relapse prevention
  - Family Re-Entry community residences
  - Independent housing support and placement
  - Vocational/educational testing, training and job placement
- Adult Programs**
  - Flexible, enhanced treatment with individualized lengths of stay
  - Focuses on group treatment with community responsibility and accountability
  - On-site licensed primary medical and dental clinics, HIV testing and counseling
  - Discharge planning, including: peer support network; group, family, and individual therapy; community residence and independent housing placements
  - Vocational assessment, training and job placement
  - Adult Basic Education and GED prep classes

### -Eligibility Information:

- Services available for adults 17 and older
- Services available to New York City residents
- Health insurance is not required
- There is no income requirement



## Manhattan Community Board 10

- There is no living arrangement requirement
- Must obtain a referral



## Manhattan Community Board 10

### **Phase Piggy Back**

501 W 148th St • New York, NY 10031 • (212) 281-5695 <http://www.phasepiggyback.org/>

An organization, which seeks to fulfill the dreams of rising Harlem from being inadequate in sanitation services, health services, educational services, social services, and the dangerous growing levels of drug abuse.

#### **-Program Services**

- Striver House**
  - Re-socializes homeless individuals with a history of chemical dependency who are homeless at the time of admission (special consideration for Harlem's homeless is given)
- Project Helping Hand**
  - Addresses the needs of people with limited resources including:
    - The homeless
    - The hungry
    - The chemically dependent
    - The psychiatrically disabled
    - The aged, and
    - Persons living with HIV/AIDS in the Harlem community
- Youth Intervention & Development**
  - Intended for youngsters between the ages of 7 and 14 at risk of drug experimentation, drug use, and/or who are socially and academically dysfunctional.
  - Uses an effective substance abuse prevention and education modality that is based on understanding the causes and precursors, which place young people at risk and provide viable alternatives that offer options and opportunities.
  - Offers both positive and constructive activities such as: homework assistance, computer literacy, substance abuse prevention/counseling, cultural awareness, and rights of passage program, parenting education seminars/workshops, and more.
- Adult Re-socialization Unit**
  - Targets African American/Latino-American, males and females, 18 years and older who reside in the five boroughs and are currently abusing any mind altering substance (including methadone and alcohol).
  - The Re-socialization process consists of:



## Manhattan Community Board 10

- Individual Counseling, Group Therapy, Relapse Prevention Groups, HIV/AIDS Education, Pre-vocational Workshops, Total Health and Nutrition Enrichment, Cultural Awareness Groups, Acupuncture, and Adult Basic Education/GED Classes and Computer Literacy Courses.

### **-Eligibility Information:**

- Services available for adults age 18 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement for some services
- There is no living arrangement requirement
- Identification is required for males only
- No services available for individuals with a history of sexual offense or arson charges
- Must have a physical, blood work, and TB testing
- Walk-ins are welcome



## Manhattan Community Board 10

### **Central Harlem Emergency Care Service: Sobering-Up Station**

419 West 126th Street • New York, NY 10027 • (212) 865-6133

Central Harlem Emergency Care Service: Sobering-Up Station provides a comprehensive online resource for individuals, families and agencies in need of help and information. This care service provides residential short term treatment (30 days or less), provides assistance for men and women with HIV/AIDS, individuals dealing with substance abuse and seeking detoxification treatment.

#### **-Services Offered:**

- Mental health**
- Substance abuse**
  - Alcohol Crisis Center
  - Alcoholism
  - Drug Detox Inpatient
- Crisis prevention services**
  - Crisis Residence

#### **-Eligibility Information:**

- Services available for adults age 18 and older
- Services available for New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement for some services
- There is no living arrangement requirement



## Manhattan Community Board 10

### **Exodus Transitional Community**

2271 Third Ave • New York, NY 10035 • (212) 865-6133

Contact Name: Felipe Vargas • (917) 492-0990 [www.etcny.org](http://www.etcny.org)

Exodus Transitional Community, Inc. was founded in 1999. Exodus began as a grassroots organization built on the notion that individuals released from prison cannot be released into mainstream society without any resources to support transition. Exodus provides supportive services to formally incarcerated men and women in order to help them reintegrate into their communities.

#### **-Services Offered:**

##### **Health & Wellness:**

- Substance Abuse Services**
  - Provides a 12-week support group, using risk-reduction techniques to help individuals understand what motivates their addictive behavior.
  - Provides a 13-week anger management program held one night per week.
- The Addictive Personality Group**
  - The AP Group works to primarily educate participants with recognized drug and alcohol problems. It focuses on risk reduction techniques, while also encouraging participants to understand the motivation that underlies their addictive behavior.
- Mentorship**
  - Life coaching and mentoring for adults in partnership with Abyssinian Baptist Church of Harlem.

##### **Family:**

- The Fatherhood Initiative**
  - The Exodus Fatherhood Initiative helps our participants meet these challenges through the Urban Dads Involved Program. This weekly, 12-session series of trainings and exercises helps participants strengthen family ties, improve the quality of children's lives and begin to develop a positive, non-competitive relationship with the custodial parent.

##### **Employment Services:**

- Services specifically tailored to meet the needs of formerly incarcerated individuals whose criminal record can undermine their chances of obtaining employment.



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- Provides assistance with resume and cover letter development, interviewing skills, and helps them develop effective job searching techniques.

### **-Eligibility Information:**

- Services available for adults age 17 and older
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins are welcome
- No services available for individuals with a history of sexual offense
- Agency has Spanish-speaking staff



## Manhattan Community Board 10

### **The Fortune Society**

29-76 Northern Boulevard • Long Island City, NY 11101 • (718) 392-4244 • <http://www.fortunesociety.org/>

The Fortune Society is a nonprofit social service and advocacy organization, founded in 1967, whose mission is to support successful reentry from prison and promote alternative to incarceration, thus strengthening the fabric of our communities. The organization has a one-stop model of service provision that includes: Alternative to Incarceration (ATI), drop-in services, employment services, education, family services, health services, housing services, substance abuse treatment, transitional services such as the Rikers Island Discharge Enhancement (R.I.D.E) program, recreation, and lifetime aftercare.

#### **-Program Services**

- Fortune provides a licensed treatment program that empowers clients to address and overcome substance dependency issues
- The program is a medically supervised outpatient program, that provides client-centered treatment, which is geared toward the overall improvement of each client's mental, emotional, and physical well-being.
  - Every client begins his or her journey with a full assessment and program orientation, followed by intensive individual and group counseling
- Lifetime aftercare is offered for clients to rely on us to help navigate their challenges that threaten their ability to stay on course

#### **-Eligibility Information**

- No appointment need

#### **-Volunteer Opportunities:**

Interested in volunteering with The Fortune Society? We have a wide variety of volunteer opportunities within all departments of the agency available for anyone interested in supporting our work. Go to <https://www.volgistics.com/ex/portal.dll/ap?AP=1856019289> and fill out the volunteer application and we'll contact you shortly to discuss the options.



## Women and Re-Entry

### **Breast Examination Center of Harlem**

163 West 125th Street, 4th Floor • New York, NY 10027 • (212) 531-8000

[www.mskcc.org/cancer-care/outpatient/breast-examination-harlem](http://www.mskcc.org/cancer-care/outpatient/breast-examination-harlem)

The Breast Examination Center of Harlem (BECH) is an outreach program of Memorial Sloan-Kettering Cancer Center that has screened more than 200,000 women for breast cancer. BECH has an established reputation in the Harlem community for free, high-quality care offered by its professional staff.

#### **-Services Offered**

- Breast-Cancer Screening**
  - Every woman should see a healthcare professional for this kind of exam every year.
- Mammograms**
  - Offers mammography, a procedure that uses x-rays to produce a picture of the breast.
- Pelvic Examinations and Pap Smears**
  - During the pelvic examination, a nurse practitioner will gently press on your abdomen to feel the organs in your pelvis for anything unusual about their size or shape.
  - During this exam, she will also take a few cells from your cervix to check for cancer or other conditions, such as sexually transmitted diseases.
- Counseling**
  - If the nurse finds a lump or anything else unusual in your breasts or if the results of your Pap smear are not normal, a counselor will give you advice about other tests or procedures recommended.
- Patient Follow-Up**
  - If all of your test results at BECH are normal, you will be advised to return to us in a year for routine cancer screening.
  - If you are at high risk for developing cancer because other women in your family have had breast cancer or if you've been recommended for more tests - you will be set up with an appointment to come back for a follow-up visit.



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### -Eligibility Information:

- No age requirement
- Services available for women
- Services available to women residing in New York City
- Health insurance is required
- Appointments are required; referrals are welcomed



## Manhattan Community Board 10

### **Community Healthcare Network: Helen B. Atkinson Health Center**

81 West 115th Street • New York, NY 10026 • (212) 545-2414  
Contact Name: Catherine Abate • [cabate@chnnyc.org](mailto:cabate@chnnyc.org)

Community Healthcare Network reaches over 75,000 individuals each year in Manhattan, Queens, Brooklyn and the Bronx. Their health centers serve neighborhoods that are incredibly diverse. Over a third of CHN's patients are uninsured and over 75% having incomes below the federal poverty level. Patients receive care at CHN regardless of immigration status, race/ethnicity, sexual orientation, age, or ability to pay.

#### **- Services Offered:**

- Parenting & Family:**
  - Prenatal and Postpartum Care
  - Gynecology
  - Sexual Health Services
  - Pediatrics
  - Adolescent Medicine
  - Family Planning Services
  - After-school teen sexual health program (Teens P.A.C.T)
  - Social Services
- Health & Wellness:**
  - Adult Medicine
  - Geriatric Care
  - Immunizations
  - School Physicals
  - Dental Care
  - Nutrition Counseling
  - Mobile Mammogram Program
  - Health Education
- HIV/AIDS Care:**
  - HIV Education, Testing and Treatment

#### **-Eligibility Information:**

- No age requirement
- Services available to New York City residents
- Services charges are available at a low-cost
- Health insurance is not required
- There is no income requirement



## Manhattan Community Board 10

- There is no living arrangement requirement
- Walk-ins are welcome



## Manhattan Community Board 10

### **Iris House**

2348 Adam Clayton Powell Jr Boulevard • New York, NY 10030

Contact Name: Maryse Dezulmat • (646) 548-0100 ext. 244 [Mdezulmat@irishouse.org](mailto:Mdezulmat@irishouse.org)

Iris House understands the unique needs of women living with HIV; it has been their core mission for 20 years! Iris House recognizes that individuals need to be engaged in their own gender-specific program of care and treatment in order to live healthier lives. Iris House provides interactive, supportive and comprehensive case management services in a variety of program areas.

#### **-Services Offered:**

##### **Sexual Health & Wellness:**

- Condoms and Outreach**
  - Provides information on where clients can get male and female condoms for free.
- Women's Services**
  - Medical Services/Connection to Care
  - Nutritional Services
  - Drug Treatment
  - Education and Job Placement Assistance
  - Financial/Entitlement
  - Housing
  - Family Counseling
  - Referrals to legal and other service programs
  - Recreation/socialization for children of clients

##### **Food and Nutrition:**

- Clients enrolled in any Iris House Program can enjoy a nutritious and balanced lunch prepared on-site at our West Side office weekdays at noon.

#### **-Eligibility Information:**

- No age requirement
- Services available to New York City residents
- Services are available at low or no cost
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins are welcomed



## Manhattan Community Board 10

### **-Volunteer Opportunities:**

We're always looking for interested volunteers to help with a range of projects, whether ongoing or one time events: many involve our food and nutrition programs (helping to serve lunch, prepare and distribute pantry bags, augmenting the staff at special lunches and holiday events), while others may involve helping administratively or creatively.

If you have the time or inclination to help, please download the form on <http://irishouse.org/play-a-part/volunteer.html> fill it out and sent it back to our External Affairs Coordinator, Kim Richardson at [krichardson@irishouse.org](mailto:krichardson@irishouse.org).



## Manhattan Community Board 10

### **Veritas Therapeutic Community Inc.**

55 West 125th Street, 10th Floor • New York, NY 10027 • (212) 663-1356

Contact Name: Susan Mescher [veritas-inc.org](http://veritas-inc.org)

Veritas offers residences for recovering substance abusers and for recovering women and their young babies. Veritas reunites children in the foster care system with recovering parents who have become responsible members of the community. Positive family connections are reestablished and dangerous cycles are broken. Veritas offers treatment programs, job training, continued education, vocational skills, and ongoing individual and family support for healthy re-entry into the community.

#### **-Services Offered:**

##### **Treatment:**

- Veritas keeps families together and keeps children out of foster care through a variety of treatment programs:
  - Trauma group therapy
  - Drug education and relapse prevention
  - Residential and outpatient family counseling
  - Onsite child care
  - Parenting skills training
  - Continued education and vocational counseling
  - Job training and work readiness preparation
  - VESID referrals
  - Addiction prevention programs for client families and middle school students
  - Medically assisted services including holistic treatment

##### **Residential Program:**

- The Young Mothers, Infants & Toddlers Program (YMP), Manhattan, NY**
  - Houses over 40 formerly homeless women and their children.
  - The women become drug-free and healthy, learn skills to become good parents and responsible employable adults.
  - Residential treatment runs from 12 to 24 months, followed by six months of aftercare.

##### **Substance Abuse Prevention Program:**

- Offers both treatment and prevention services
  - Identifies and reduces adults, teens and children-at-risk of substance addiction, and reduce that risk.



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- Serve hundreds of young people annually in prevention workshops and hundreds of families in crisis on an ongoing basis.
- Families of residents also participate in treatment at Veritas through family therapy and interventions.

### **Outpatient Services:**

- A family-focused program preserving families and reuniting parents and children.
- Target families in the child welfare system – parents who have lost their children to foster care.
- Provide after-care treatment and support services for clients who have completed residential treatment.

### **-Eligibility Information:**

- No age requirement
- Services available to New York City residents
- Services available at low or no cost
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement
- Walk-ins and referrals are welcome

### **-Volunteer Opportunities:**

Veritas has an active volunteer program and we depend on volunteers to provide many services to our clients. We also accept donations of clean clothing and lightly used shoes, bedding, new toiletries, bulk food, toys and books, sports equipment, formula and disposable diapers, new first aid supplies and medical equipment, tickets to community events, and many other items.

Visit <http://www.veritas-inc.org/getinvolved.html> for more information



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### **Project Greenhope: Services for Women, Inc.**

435 East 119th Street, 7th Floor • New York, NY 10035

Contact Name: Estelle Pierce • Director of legal services • (212) 996.8633 • [epierce@greenhope.org](mailto:epierce@greenhope.org)

[www.greenhope.org](http://www.greenhope.org)

Greenhope is committed to providing quality services to predominantly poor African American and Latina ex-offenders. Greenhope is a leader in working with women to address the problems that lead to a life of drugs and crime. It is one of the few woman-centered facilities operating in New York State, which serves both parolees and Alternative to Incarceration (ATI) clients. Greenhope is a comprehensive residential, day treatment and outpatient program that works to rehabilitate and empower (1) formerly incarcerated women; (2) women referred as an alternative to prison; and (3) women seeking to reclaim their lives following a long history of substance abuse.

#### **-Program Services:**

##### **Parole Programs:**

- Assists women in reacclimating to society by giving them the tools necessary to live independently without substance abuse, relapse and re-incarceration.
- All programs provide domestic violence intervention & workshops, HIV/AIDS & nutritional counseling, medical & legal assistance, housing and financial assistance.
- Clients also participate in substance abuse education and counseling, vocational and educational groups, parenting skills development workshops, empowerment groups, and recreational activities.
  - Community Based Residential Program (CBRP)**
    - Designed for parolee women needing substance abuse residential services.
  - Residential Stabilization Program (RSP)**
    - A three-month program for women parolees who are usually already in the community and are currently in crisis situations such as domestic violence, loss or lack of housing, etc.
  - Relapse Prevention (RP)**
    - Relapse Prevention program is designed for parolee women, usually already in the community, who have violated their parole or have had two or more relapses. It is an intensive six-month program.



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### **Day Treatment**

- The Day Treatment program is designed for parolee women who have a stable residence and require substance abuse services. Clients participate in day services Monday through Friday, 9:30am to 3:30pm.

### **Alternative to Incarceration (ATI) Programs:**

- Assist women who have been charged with a crime to secure a non-incarcerative sentence.
- The women who participate in these programs have a substance abuse addiction and are in need of clinical, social, vocational and educational services.
- For each prospective client, Greenhope will advocate in court for treatment rather than incarceration.
- The courts then mandate them into a yearlong intensive residential or day treatment program, which includes regular court visits to monitor their progress.

### **Residential**

- Designed for women requiring in-patient substance abuse services.
- Clients participate in individual and group substance abuse counseling, relapse prevention workshops, vocational and educational groups, medical, legal and financial assistance, domestic violence intervention & workshops, parenting skill development (if applicable), and HIV/AIDS and nutritional counseling.

### **Day Treatment**

- Designated for parolee women who have a stable residence and require substance abuse services. Clients participate in day services Monday through Friday 9:30am to 3:30pm.
- They participate in relapse prevention workshops, chemical dependency education, substance abuse counseling, vocational and educational groups, parenting skill development (if applicable), empowerment seminars and recreation and leisure activities.



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### Prevention Programs:

- Designed to keep women out of the criminal justice system and their children out of foster care.
  - Community Residential**
    - Greenhope made available six beds in the residential unit to provide substance abuse services to women uninvolved in the criminal justice system.
    - Client enrollment is voluntary.
    - Clients participate in individual and group substance abuse counseling, relapse prevention groups, vocational and educational activities, parenting skills development workshops, empowerment seminars, and recreational activities.
  - Family Development**
    - Designed to meet the multiple and complex needs of mothers who are chemically dependent and are mandated to treatment as a condition of public assistance eligibility and those re-entering society after incarceration.
    - Works to prevent children from being placed in or returned to foster care, to prevent relapse, and to assist mothers in achieving self-sufficiency.
    - Clients participate in family, individual and group counseling, substance abuse counseling, relapse prevention workshops, chemically dependency education, vocational and educational groups, parenting skills, development, foster care workshops, referrals, empowerment seminars and recreational activities.

### Aftercare Programs:

- Offered to graduates of all of our programs.
- These services are crucial to the recovery process as they are offered to our clients at a very vulnerable time: during the transition into independent living and family reunification while maintaining sobriety.
  - Outpatient**
    - Serves women on parole, women referred as an alternative to incarceration and women from the community requiring substance abuse services.
    - Clients are usually employed or attending school.



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- This six-month program meets Monday, Wednesday, and Thursday usually between the hours of 4:00pm to 10:00pm. However, programming can be adjusted to fit each individual's needs.
- Clients receive individual substance abuse counseling, relapse prevention workshops and employment retention group.
- The Alumnae Association**
  - The alumnae association meets regularly to provide support to women who have successfully graduated from our programs.
- Aftercare and Follow-up Initiative**
  - Provides comprehensive support and follow up for women transitioning to independent living by offering family therapy, vocational/educational counseling, parenting skills, housing and medical assistance.

### -Program Services:

- Greenhope's comprehensive approach to recovery incorporates a variety of academic enrichment and personal development strategies in order to address the various needs of the clients.
  - Drug and Alcohol Counseling**
    - Substance abuse counseling is offered in individual and group settings.
    - Individual counseling is provided weekly for approximately one hour for all clients.
    - Group counseling is provided at various times and lengths throughout the week.
    - Group topics include but are not limited to anger management, relapse prevention, chemical dependency education, domestic violence, and healthy relationships.
  - Domestic Violence and Education**
    - Provides an on-going domestic violence group facilitated by a social worker.
    - This group allows women to share their experiences, thoughts and feeling about domestic violence. Specific topics addressed include defining domestic violence, warning signs if a batterer as well as how to report a



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batterer, obtainment and then enforcement of an order of protection, safety planning and how to find local shelters.

- Legal/Criminal Justice**
  - Providing clients with support services to educate them about their legal rights both individually and as parents.
  - Clients are also instructed on how to negotiate various systems in which they may be involved such as parole, probation, and family and drug treatment courts.
- Vocational & Educational Services**
  - Provides a vocational assessment, counseling, evaluation, academic support, GED preparation, vocational workshops, job training, and job placement for all clients.

### **-Eligibility Information:**

- Services available to adults age 18 and older.
- Services available to New York City residents
- Services are free of charge
- Health insurance is not required
- Health insurance is not required
- There is no income requirement
- There is no living arrangement requirement

### **-Volunteer Opportunities:**

Interested in volunteering with Project Greenhope? Go to <http://www.greenhope.org/involved/volunteer.asp> to fill out a volunteer/internship form and someone from Project Greenhope will be in contact with you.



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### **The Fortune Society**

29-76 Northern Boulevard • Long Island City, NY 11101 • (718) 392-4244 • <http://www.fortunesociety.org/>

The Fortune Society is a nonprofit social service and advocacy organization, founded in 1967, whose mission is to support successful reentry from prison and promote alternative to incarceration, thus strengthening the fabric of our communities. The organization has a one-stop model of service provision that includes: Alternative to Incarceration (ATI), drop-in services, employment services, education, family services, health services, housing services, substance abuse treatment, transitional services such as the Rikers Island Discharge Enhancement (R.I.D.E) program, recreation, and lifetime aftercare.

#### **-Program Services**

##### **I-CAN (Individualized Corrections Achievement Network)**

- Helps men and women in jail prepare for a successful release.
- Provides skill-building and discharge preparation services to eligible men and women during their incarceration at NYC DOC jails- continuing reentry support following their release.
- I-CAN prepares them for release by applying for identification documents in advance, and by providing parenting classes, group counseling, professional development courses, continuing education, and relapse prevention workshops.
- I-CAN is currently available in five Rikers Island facilities, and plans to expand to all NYC DOC jails.

#### **-Eligibility Information**

- No appointment needed

#### **-Volunteer Opportunities:**

Interested in volunteering with The Fortune Society? We have a wide variety of volunteer opportunities within all departments of the agency available for anyone interested in supporting our work. Go to <https://www.volgistics.com/ex/portal.dll/ap?AP=1856019289> and fill out the volunteer application and we'll contact you shortly to discuss the options.



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### Neighborhood Opportunity Network (NeON)

The NeON is a network of community organization, government agencies, local businesses, and community residents focused on connecting probation clients who live in target neighborhoods to opportunities, resources and services. NeON serves people on probation and allows them to meet with their probation officers in community settings. The primary goal is to help clients succeed and make communities stronger and safer.

#### Harlem NeON- Adult/ Juvenile Operations

127 West 127<sup>th</sup> Street  
(212) 280-4804  
Mon, Tues, Wed, Fri: 8:00am- 6:00pm  
Thurs: 8:00am- 7:00pm

#### Satellite Sites

Exodus Transition Community  
2271 3<sup>rd</sup> Avenue NY, NY 10035  
(212) 865-6133

Fortune Society  
625 West 140<sup>th</sup> Street NY, NY 10031  
(212) 862-0614