



Metropolitan Hospital Center
Community Advisory Board
Present

**MHC
CAB**

Path to Wellness and Recovery

Saturday, October 20, 2012

10:00 am to 1:00 pm, doors open at 9:30 am

Metropolitan Hospital Center, Draper Hall
1918 First Avenue at 99th Street, New York, NY 10029

Meet doctors, specialists and social workers.

HEALTH TOPICS

Understanding Depression
Bullying

Smoking Cessation

Alcohol: How Much is too Much?

Drug and Alcohol Abuse in the Community

Veteran's Health Issues

Building Healthy Relationships

SCREENINGS

Blood Pressure and More



All are welcome at this FREE event.

Breakfast and lunch will be served.

Sponsored by **MetroPlus** Health Plan.