Childbirth Education CLASSES

The Women's Health Center at Jacobi Medical Center offers a series of 3 classes to help you prepare for the birth of your baby. You will learn about labor and delivery, postpartum, and infant care. New series of classes begin each month. You can attend on Tuesday evenings or Friday afternoons. It's best to start in your 7th month.

En el Centro de Salud de Mujeres del Hospital Jacobi se ofrecen una serie de 3 clases de Lamaze donde usted recibe información sobre el parto, cuidado después del parto, lactancia materna y cuidado del recién nacido. Clases se ofrecen todos los meses. Usted puede ir los Martes en la noche o los Viernes en la tarde. El mejor tiempo para comenzar las clases es durante el séptimo mes de su embarazo.

NEW MAY 2014 DATES

May 2014

Fridays: 1:45 p.m. – 4pm
May 9th,16th & 23rd
Building #8, 3rd Floor, Area 3A

Viernes 1:45 p.m. - 4 p.m.
Mayo 9, 16, y 23
Edificio #8, 3rd Piso, 3A

June 2014

Fridays: 1:45 p.m. – 4pm
June 6th, 13th, & 20th
Building #8, 3rd Floor, Area 3A

Viernes 1:45 p.m. - 4 p.m.
Junio 6, 13, y 20
Edificio #8, 3rd Piso, 3A

To pre-register and for more information, please call Ellen Walk at (718) 918- 6391

Para pre-registrarse y para mas información, por favor llame a Ellen Walk a (718) 918 – 6391.

Supported by the Jacobi Medical Center Auxiliary, Inc.
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