

# Learn About Bariatric Surgery And How It Can Improve Your Life

**Jacobi Medical Center** (Building 1, 4th Floor Auditorium)

May 18 at 1 pm ♦ June 15 at 1 pm ♦ June 22 at 4 pm  
July 6 at 1 pm ♦ July 20 at 4 pm ♦ August 17 at 1 pm  
August 31 at 4 pm ♦ September 21 at 1 pm  
September 28 at 4 pm ♦ October 19 at 1 pm

Spanish Language Meetings at Jacobi (All Meetings At 10 am)

May 18 ♦ June 15 ♦ July 6 ♦ August 17 ♦ September 21

**North Central Bronx Hospital** (17th Floor Dining Room)

June 1, August 3 and October 5 at 3:30 pm

*Safety is #1 for us.*

*At Jacobi, our surgeons*

*have a rare depth  
of experience*

*in minimally invasive*

*– or laparoscopic –*

*bariatric surgery,*

*which is the safest kind.*

*As a patient loses weight,*

*it's incredible*

*how multiple high-risk*

*medical conditions*

*clear up or improve,*

*restoring the person to health.*

## PATIENT TESTIMONIAL



*“I’ve got  
my life back!”*

Adjustable Gastric Banding.

Before surgery: 353 lbs.  
18 months after surgery: 235 lbs.

“At 353 pounds I had sleep apnea, high blood pressure was right around the corner, and I was scheduled for my seventh knee surgery.

I loved to travel and fly, but having to ask for a seatbelt extension made me avoid planes.

I’m a very outgoing guy, but when those things started happening, they pulled me into being introverted.

Now I have a new life and a new career.

I reached my goal weight in less than one year and the recovery was incredibly fast.

I say to people,  
‘Do you want to feel good about yourself?  
There is a way.’”