

FOR IMMEDIATE RELEASE

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*****Press Advisory*****

Ready, Set, Parent! Program Offers Workshop Series

Program offers informative newborn classes for parents

In cooperation with Jacobi Medical Center, **Ready, Set, Parent!** is providing **FREE** parenting workshops for parents of infants and toddlers. This eight-workshop series includes such topics as "Tuning Into Your Baby," "Establishing Routines," "Helping Your Child to Cope," and more. Two sessions are presented by doctors, discussing infant sleep and feeding, safety, and childhood illnesses. Children of parents who complete **Ready, Set, Parent!** workshops score higher than average on the standardized Ages and Stages questionnaire 77.5% of the time! For more information or to register for these **FREE** workshops, please call Jennifer Cooper at 718-918-4368.

LOCATION:

Westchester Square Library
2521 Glebe Avenue
Bronx, NY
(#6 train to Westchester Square)

DATES / TIME:

Thursday 1/7, 10am - noon
Thursday 1/14, 10am - noon
Thursday 1/21, 10am - noon
Thursday 1/28, 10am - noon
Thursday 2/4, 10am - noon
Thursday 2/11, 10am - noon
Thursday 2/18, 10am - noon
Thursday 2/25, 10am - noon

PLEASE RSVP:

718-918-4368 – Jennifer Cooper

About Ready, Set, Parent!

Founded in 1981, *EPIC – Every Person Influences Children* has worked with service agencies from across New York State and across the country to provide them with the necessary tools to ensure that parents, caregivers, and teachers have the knowledge and support they need and that every child is nurtured by informed, skilled and caring adults.

Ready, Set, Parent! is a comprehensive, hospital-based, national award-winning parent education program that provides free supportive services to new parents within 48 hours of their child's birth. The parenting curriculums created by EPIC are grounded in current research and utilize evaluation and research designs to illustrate the success of their replication and to demonstrate effectiveness in creating positive change in parents' abilities to impact their children's development.