

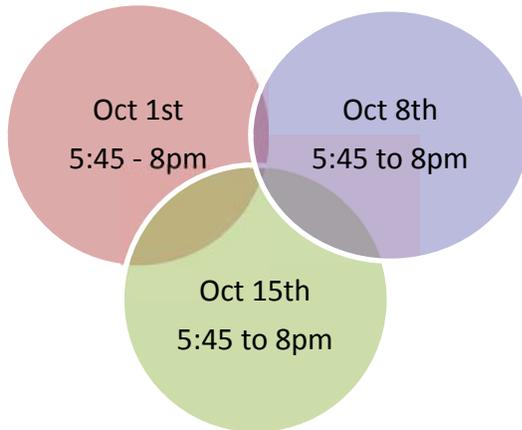
Join us when JACOBI Midwives Teach

Childbirth Education Classes

*How will I know when to come to the hospital?

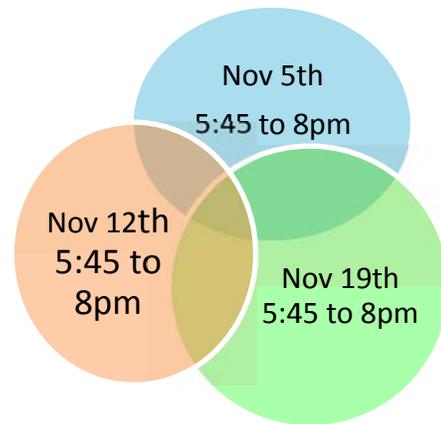
*How will I cope with labor pain?

Have all your questions answered! Learn about staying healthy, sex during pregnancy, newborn care, labor and delivery, and taking care of yourself after your baby is born.



OCTOBER classes will be taught by
Jacobi midwife Jennifer Trebbin.
You must come to all three classes:

October 1st, 8th, & 15th
Tuesdays 5:45 to 8pm



NOVEMBER classes will be taught by
Jacobi midwife Aicha Scott.
You must come to all three classes:

November 5th, 12th, & 19th
Tuesdays 5:45 to 8pm

We hope to see you there. Bring your partner, a family member or a friend.
The cost for **THREE** classes is \$10.

Classes meet in the Women's Health Center by Desk 3A. You must pre-register! Call Ellen Walk to register at 718 918-6391.