

CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network
October 2, 2009-----

STEEL TOPPING OUT CEREMONY



Assemblyman Denny Farrell, Alan D. Aviles, Dr. Palmer
On Thursday, September 17, a clear end-of-summer day, Dr. John M. Palmer hosted the Steel Topping Out Ceremony commemorating the substantial completion of the structural steel erection of the New Patient Pavilion at Harlem Hospital.

A steel topping out ceremony is a tradition in the construction industry and is celebrated when a project's "crown" is placed at the building's highest point. Invited guests autographed the beam (photo last page), which also held the American flag. The white steel beam was then hoisted by a tower crane to its new home atop the 195,000 square-foot, seven story building.

Special guests included Mr. Alan D. Aviles, President and CEO of the



Attendees of the Ceremony



Beam being hoisted to its new home

Health and Hospitals Corp, who gave opening remarks; Mr. Corwin Breeden, President of Friends of Harlem Hospital; Mr. Paul T. Williams Jr., Executive Director, Dormitory Authority of the State of New York, Assemblyman Herman D. Farrell Jr., and representatives from the offices of Congressman Charles Rangel, Council Member Inez Dickens and Manhattan Borough President Scott Stringer.

(More photos last page)

HARLEM HOSPITAL CAB ANNUAL PUBLIC MEETING



Front: L-R Bette White, Laura Brown, Gloria Jackson, Brandon Brice, Jan Myers Cook, Yvonne F. Kilpatrick, Candi Halbert, Patricia Bettis-Ealey, David Weaver
Back: L-R: Femi Showole, Ed Davila, Douglas Dukeman, Eleanor Kennedy, Stephanie Howze, Kenneth Leacock, Frances Blackwell

The Harlem Hospital Center Community Advisory Board hosted its 2009 Annual Public Meeting, *Minding Your Mind: A Panel Discussion on Mental Health* on Saturday, September 19. John M. Palmer, PhD, Executive Director, gave the keynote address. Mr. Dominic Carter, News Anchor of NY1, was Moderator for a panel of 9 professionals from various arenas of the Mental Health industry.

More than 200 attended the luncheon and health program. Mr. David Weaver, Chair of the Harlem Hospital Center CAB, was Master of Ceremony; Ms. LaRay Brown, Senior VP, Corporate Planning, Community Health, and Inter-governmental Relations of NYC Health and Hospitals Corp, provided opening remarks on behalf of HHC; Stephen Lawrence, PhD, Deputy Executive Director of Harlem Hospital Center delivered a message from Mr. José R. Sánchez, Senior VP, Generations+/Northern Manhattan Health Network.

Dr. Palmer's presentation was captivating and stimulating; based on the teaching of "Wise Thinker" Dr.

Freeman Hrabowski, III. Dr. Palmer encouraged participants to become mindful of their own thoughts, which ultimately lead to our own destiny.

Ms. Gloria Jackson, 2nd Vice Chair and Chair of the Annual Public Meeting, introduced Mr. Dominic Carter who shared his personal story of how mental health issues transpired within his own family, and how he was able to recognize and overcome the various issues related to mental illness. Mr. Carter then lead the panel discussion with thought evoking questions, which allowed the panel to provide imperative information regarding ways to seek help and support, and overcome the stigmas associated with mental illness.



Mr. David Weaver & Ms. Hazel Duke Recipient of the Salaria Kee Activism Award (LEFT) and Dr. John Palmer & Ms. Naomi Griffin Recipient of The Gloria Bynoe-Thomas Award (RIGHT)

Awards presented that evening:
The Community Health Service Award:
Carolyn McBain, ACSW, LMSW
 Ms. Olivia B. Peterson
The Marshall C. England Award:
 Ms. Virginia Montague
The Bernice Bolar Community Service:
 Dr. Kristie Lancaster
The Salaria Kee Activism Award:
 Ms. Hazel N. Dukes
The Gloria Bynoe-Thomas Award:
Ms. Naomi Griffin, Mr. Jules Johnson,

And Mr. Patrick J. McGovern
Award of Appreciation:
Ms. Beverly Frazier

NATIONAL DEPRESSION SCREENING DAY: OCTOBER 8

In honor of Mental Illness Awareness Week, Harlem Hospital Center's Behavioral Health and Psychiatry will host screenings on Thursday, October 8, from 10:00 AM to 3:00 PM in the Martin Luther King Jr. Pavilion, Ronald H. Brown Pavilion, and Kountz Pavilion Lobbies. Please call Louise I. Hodge, PhD. at (212) 939-3047 for further information.

HISPANIC HERITAGE MONTH

The Employee Recognition Committee would like to invite staff to contribute and share "Desserts of their Nations" with colleagues on Friday, October 9 from 12:00 PM to 2:00 PM in the Martin Luther King Jr. Pavilion, 2nd Floor Art Gallery.

If you would like to bring a special dessert, please contact Ms. Joann Young at (212) 939-2482.

STEP OUT: WALK TO FIGHT DIABETES KICK-OFF BREAKFAST

On Thursday, September 17, Dr. John Palmer, Executive Director, Harlem Hospital Center and Renaissance Health Care Network hosted a breakfast for Team Leaders and walk participants to kick off the Step Out: Walk to Fight Diabetes, scheduled to take place on Saturday, October 25 at the South Street Seaport.



Guests at breakfast, Dr. Lawrence Bailey and Stephanie Harewood

Dr. Palmer stressed the importance of maintaining a healthy diet. Mr. Anthony Coppola of the American Diabetes Association and Ms. **June Bobcombe**, Assistant Director of Nursing, encouraged attendees to spread the word about the deadly disease, and fundraise for the research necessary to combat diabetes.

On October 25th, registration begins at 9:00 AM, the walk starts at 11:00 AM. For more information, contact the Office of Public Affairs at 1370 or Ms. June Bobcombe at ext. 8340.

"LOOK GOOD FEEL BETTER"

"Look Good Feel Better" is an initiative that supports patients undergoing Cancer treatment. Patients learn how to cope with their appearance related to the side affects of treatment, and allows them to reclaim their sense of self-confidence. Licensed volunteer cosmetologists, certified by the American Cancer Society (ACS), facilitate the program and teach patients various make-up techniques and ways to deal with hair loss. All cosmetics are donated from the National Cosmetology Association (NCA) and the Cosmetic, Toiletry and Fragrance Association. Harlem Hospital Center is proud to partner with the ACS and the NCA.

ALL EMPLOYEES ARE REQUIRED TO TAKE FLU VACCINATION



Mr. Shah Nawaz Khan, Network Director of Pharmacy receiving seasonal flu shot

Protect yourself, your patients, our staff and visitors. Get the Flu Vaccinations.



Mr. Kevin Shao, Patient Safety Officer receiving seasonal flu shot

HAND WASHING PROCEDURES FOR STAFF & VISITORS

When using **SOAP** and **WATER**:

1. Apply SOAP and rub hands for at least 15-20 seconds.
2. Scrub all surfaces vigorously, include the back of the hands, wrists, between the fingers and under the finger nails.
3. Rinse well and dry your hands.
4. Use a towel to turn off the water and to open the door.

When using **ALCOHOL** based soap:

1. Use sufficient amount to cover hands.

2. Rub between fingers, under nails and around rings.
3. Rub hands until dry.

Note: The alcohol based soap can be applied up to 15 times before you must wash your hands with soap and water, unless they become soiled.

Remember: If caring for patients with Clostridium Difficile, you **MUST** first wash your hands with soap and water.

Why? HAND WASHING IS THE BEST WAY TO PREVENT THE SPREAD OF INFECTION.

RENAISSANCE CAB ANNUAL PUBLIC MEETING

Mr. Alan D. Aviles, President and CEO of the NYC Health and Hospitals Corporation will be the keynote speaker for the Renaissance Health Care Network Community Advisory Board's Annual Public Meeting. Mr. Aviles will deliver his keynote address, "Health Care in Harlem: How the Economy Has Affected Our Community," on Wednesday, October 28 from 6:00 PM to 8:00 PM at the State Office Building, 163 West 125th Street, 2nd Floor Art Gallery.

HUMAN RESOURCES HAS MOVED

The Human Resources Department of Generations+/Northern Manhattan Network is pleased to announce the move of the Benefits unit, EEO Office and the Graduate Medical Education unit to MLKP, 6th Floor, Room 6230. These units will be located in the offices previously occupied by Training and Development, who have moved to

the Human Resources office in the Women's Pavilion, 6th Floor, Room 610.

2009 NURSE FAMILY PARTNERSHIP GRADUATION

The 2009 Nurse Family Partnership Graduation will be held on Friday, October 2, 2009 at 3:00 PM at the Lt. Joseph P. Kennedy Center located at 34 West 134th Street.

The Nurse Family Partnership is a Harlem Hospital Center initiative that teaches first time mothers and fathers parenting skills, and works with families on ways to improve their economic circumstances. Trained registered nurses visit with families at the onset of the pregnancy. The new mothers are encouraged to receive prenatal care from a healthcare provider, begin eating a healthy diet, and to reduce, if not eliminate, unhealthy lifestyle habits. Mothers also receive direction to navigating the NYS Social Service system, building self-confidence and self-advocacy.

There will be 49 new mothers graduating from the Nurse Family Partnership. Congrats, graduates!

170th ANNIVERSARY OF LINCOLN

All are invited to celebrate Lincoln's 170th Anniversary at the Lincoln Auxiliary's 2009 Benefit and Titan Awards Ceremony on Thursday, October 29, 2009 at Marina del Rey in the Bronx. Tickets are \$125 and all proceeds will benefit the Lincoln Hospital Juvenile Diabetes Program. (Last year \$20,000+ was presented to

the beneficiary of the 2008 Gala, the CASA Clinic.)

This year's awardees include Rene Rowell, HHC Director of Community Affairs (former Renaissance and Harlem employee), Dr. Rawle Philbert, President of the Lincoln Medical Staff and Chief of Dentistry, the New York Yankees (President Randy Levine) and Mastermind Holdings LLC, a Bronx business.

To purchase a ticket, take out a Journal Ad, or for general information about the Benefit, please contact Public Affairs at 718 579-5777.

BLACK RIVER DANCE CENTER

Reaching out for Zeal (ROZ) is an educational, entertaining, interactive family enrichment program, active whenever youngsters and young adults are out of school, and active for adults whenever they want it. The group provides a plethora of events, activities and experiences that encourage the joy of learning. ROZ is open on weekends and all Recesses from 8am to 8pm and is located at 345 Lenox Ave at 127th Street.

UPCOMING ACTIVITIES

October 10- Oct 12:

Chocolate Factory Tour

Oct 24- Oct 25:

Grape Stomping Parties, Cavern Tour.

For more information contact:

REACHINGOUTFORZEAL@YAHOO.COM. Ask about the 66 days of Summer Break for 2010 and 2011.

THANK YOU TO ALL DONORS

To all 57 Harlem employees who registered to donate at the Quarterly Blood Drive on September 28, 2009, we sincerely thank you. 37 units of the priceless, life saving blood were collected.

WEDDING ANNOUNCEMENT



Mr. & Mrs. Jack Gonzalez

Ms. Katherine Martinez, Clerical Associate, Division of Rehab Medicine and **Mr. Jack Gonzalez**, Environmental Services were joined in marriage on Saturday, September 5, 2009. Congratulations!

STEEL TOPPING PHOTOS cont'd...



Welding steel worker



Steel Workers signing the Beam



Home Sweet Home