

# CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network  
September 18, 2009-----

## EMPLOYEE OF THE MONTH SEPTEMBER 2009



**Sonia Torres**, Ophthalmology

Ms. Sonia Torres is our September 2009 Employee of the Month for her outstanding work performance at the Harlem Day, New York Health Village on Sunday, August 16. Ms. Torres worked the event alone and provided vision screening to more than one hundred individuals.

Generally, two individuals execute the vision and glaucoma screening, but because the department was short staffed, Ms. Torres was the sole representative for the Department of Ophthalmology. Ms. Torres has worked with the screening program for almost 5 years and demonstrates her

expertise in customer service and eye care as a Vision and Glaucoma Screener for the Department of Ophthalmology in an outstanding manner. Her dedication and passion was on display with her determination to provide screening without additional help. We recognize her work and want everyone to know how fortunate we are to have her at Harlem Hospital..



Sports Activity Camp volunteers, participants

## SPORTS ACTIVITY CAMP

On Saturday, July 11, the Pediatric Resource Project in collaboration with Ambulatory Care Rehabilitation Medicine, Columbia University and the Project Sunshine volunteers, hosted opening day for the Sports Activity Camp at the Moore Playground. The children and their parents met New York Liberty Legend, Kym Hampton, and had a lot of fun. Children ages 7 to 14 years participated in weekly

activities of soccer, basketball, dance, boxing and volleyball while learning about nutrition, diabetes and asthma. The goal of the camp was to demonstrate how physical activity, while preventing illnesses, can be fun.

Physical therapists Mr. **David Simon** and Ms. **Milissa Mondestin** were the head coaches. Ms. Sarah Krishnan was responsible for coordinating the volunteers from Project Sunshine.

Each child received a certificate of completion and a book bag. A bicycle was given to four children for their exemplary work during camp. A special thanks to volunteers, Ms. Charlot Hicks, Ms. Jacqueline Chapman and Ms. Ada Jamison for their help.

The Sports Activity Project is slated to resume in October 2009. To learn more or to sign up, please call (212)-939-4072. Children must be between the ages of 7 to 14 years, and live in Harlem or be a patient at Harlem Hospital Center.



Participants in the Sports Activity Camp

### **MAKING STRIDES AGAINST BREAST CANCER 2009 WALK**

Join the Harlem Hospital Center /Renaissance Health Care Network Walk Team in the American Cancer Society Making Strides Against Breast

Cancer 2009 Walk on Sunday, October 18, 2009 at Central Park - 72nd Street Bandshell. Registration and Rolling Start is from 9:00 - 11:00 AM.

Donate \$1.00 and receive a pink ribbon card to honor someone you love (or for yourself). With every donation and every recruit, we are one step closer to winning the fight and finding a cure for Breast Cancer.

To join a team or make a donation, contact Ms. Stacey Bennett at, [stacey.bennett@nychhc.org](mailto:stacey.bennett@nychhc.org) or Call (212)-939-8035.

### **STEP OUT:**

#### **WALK TO FIGHT DIABETES**

Gather your friends, family and colleagues and join the Harlem Hospital Center/Renaissance Health Care Network Walk Team in the American Diabetes Association Step Out: Walk to Fight Diabetes on Sunday, October 25, 2009 at the South Street Seaport. Registration begins at 8:30 AM and the Walk starts at 10:00 AM.

Give \$1.00 and receive a Step Out: Walk to Fight Diabetes shoe. Your donation will aid in the prevention and cure of diabetes.

To join the team or make a donation contact Ms. June Bobcombe by Email at [june.bobcombe@nychhc.org](mailto:june.bobcombe@nychhc.org) or Call (212) 939-8519.

**ALL EMPLOYEES ARE REQUIRED TO TAKE FLU VACCINE**

There is the probability that both seasonal flu and the H1N1 virus will make the upcoming flu season more serious than usual given the transmission of flu between patients and employees. The NYS Dept of Health has issued mandatory new regulations that require all healthcare workers, whatever their job, to receive both seasonal and H1N1 influenza vaccinations.

Flu immunization is now a condition of employment, similar to TB testing (PPD), measles and rubella vaccine. Employees must be vaccinated by November 30, 2009.

For facts about influenza, visit [www.nyc.gov/flu](http://www.nyc.gov/flu).

**NINE ELEVEN CEREMONY**

On Friday, September 11, Volunteers from Harlem Hospital Center read names at the official 9/11 Commemoration Ceremony at Ground Zero. B. K. Johnson, Harlem Hospital Center volunteer and Ms. Julie Pasquel of the Big Apple Circus, read names.

**CABS ANNUAL PUBLIC MEETING**

The Harlem CAB will host its Annual Public Meeting on Saturday, September 19 at the Harlem Hospital Center, Herbert G. Cave Auditorium. This year's theme is mental health; Dr. John M. Palmer will deliver the Keynote Address, "Minding Your Mind". The moderator will be Mr. Dominic Carter.

**ANNUAL OPEN HOUSE HARLEM SENIOR CENTER**

On Monday, September 28, there will be a party at the Pediatric Resource Program's Annual Open House in the Central Harlem Senior Center from 2:30 PM to 4:30 PM. If you know someone who is 50+ years of age, likes to line dance and is interested in volunteering with children, please invite them. For further information call (212)-939-4072.

**RENAISSANCE CAB ANNUAL PUBLIC MEETING**

On Wednesday, October 28, Mr. Alan Aviles, President and CEO of the New York City Health and Hospitals Corporation will be the Keynote Speaker for the Renaissance Health Care Network CAB Annual Public Meeting. Mr. Aviles will address "Health Care in Harlem: How Has the Economy Affected Our Community?"

**CHILDREN'S ART HOUR**

Children's Art Hour in collaboration with the Studio Museum in Harlem has been introducing children to various artists of color since 2005. The assertion is to invite children to learn different types of art techniques and to encourage further interest in art.

This year, Harlem Hospital Center volunteers introduced the children to Ms. Selma Burke, the artist who sculpted the portrait of President Frank D. Roosevelt on the American dime. One hundred seven (107) children from the Departments of WIC, Child Psychiatry, Family Care, Harlem Horizon Art Studio, Pediatric

Ward, Pediatric Clinic and Pediatric Rehabilitation created their own image of someone they admire. Program volunteers, Ms. Frizeel Rubain, Ms. B.K. Johnson and Ms. Dolores Gatlin assisted them.

### **NYC ECONOMIC DEVELOPMENT AWARDS CONFERENCE**

On Thursday, August 6, Harlem Hospital Center displayed the New Patient Pavilion Modernization Project Exhibit at the Greater Harlem Chamber of Commerce 31st Annual NYC Economic Development Conference and Business Awards Luncheon at Columbia University, in Lerner Hall. The day long Expo, which was open to the public, included exhibits on Health, Insurance, Business, Finance, Investment and Real Estate. All exhibits focused on the economic prosperity and revitalization of New York.

The ceremony addressed the Economic Impact of Health on the Public and Private Sectors. Key presentations focused on the importance of health and how it affects business. A number of students and educational programs from the tri-state area were presented with scholarships, internships and grants for their achievements and commitment to education.

### **DOES YOUR CHILD LIKE TO BOWL?**

Family Friends Bowlers are looking for children 7-14 years of age who are interested in bowling, live in Harlem and are patients at Harlem Hospital Center. If interested call (212)-939-4072 for more information.

### **QUARTERLY BLOOD DRIVE**

A blood drive will be held on Wednesday, September 23 from 12:00 PM to 5:30 PM on the Second Floor of the MLK Pavilion near the Art Gallery. For further information contact the Blood Bank at extension #3699.

Please be generous and donate the most precious gift.