

CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network
July 24, 2009-----



Velvie A. Pogue, MD

PINNACLE AWARD NOMINEE

Congratulations to Harlem Hospital Center its recognition by the Healthcare Association of New York State (HANYS) for the quality improvement initiative, "Improving Patient Safety by Appropriate Use of Influenza and Pneumococcal Vaccines." Dr. **Velvie Pogue's** paper will be published in *HANYS Profile* in its *Quality Improvement and Patient Safety* publication later this year.

HANYS' acknowledgement of this program as a best practice is a well deserved honor. Congratulations to the Patient Safety Office and all who play a role in this accomplishment.

LECTURE/SEMINAR FOR SENIORS

On Wednesday, July 15, Harlem Hospital Center hosted the Senior Lecture Seminar in the MLKP conference room #3101. Participants were introduced to *Tai Chi*, a practice

for individuals with poor health to reclaim the natural vigor of youth. Research has found that serious Tai Chi practices promote favorable effects on the promotion of balance control, flexibility, cardiovascular fitness and reduces the risk of falls.

Robert J. Woodbine, ND, MAcOM, led the seniors in a variety of poses, while educating them with history and how it can assist in optimal health. Dr. Woodbine is a Doctor of Naturopathic Medicine, an alternative medicinal system that focuses on natural remedies and the body's vital ability to heal and maintain itself. Naturopathic philosophy favors a holistic approach and minimal use of surgery and drugs. Dr. Woodbine is an accomplished practitioner of Tai Chi and Qigong, as well as a licensed acupuncturist. He hosts a monthly radio show entitled "Strategies for Optimum Wellness" on WHCR-FM the Voice of Harlem.

GENERAL STAFF MEETING

The next general staff meeting will take place on Wednesday, August 5th, for all three tours:

5:45 A.M. - Tour I

9:30 A.M. - Tour II

5:30 P.M. - Tour III

HEALTH OBSERVANCES

Harlem Hospital Center will observe World Breastfeeding Week

<http://www.waba.org.my> in the Ronald H. Brown Ambulatory Care Pavilion from Saturday, August 1 through Friday, August 7 from 9:00 - 4:00.

GIVING BACK

Harlem Hospital Center is a teaching hospital at which many have the privilege of receiving a valuable and learning experience.

To commensurate the end of their rotation, Nursing students from the Mid-Manhattan Adult Learning Center sponsored a recognition program to thank the hospital staff that played an integral role in their development and experience at the Harlem Hospital Center. The students expressed their appreciation for the leadership of Ms. **Melodee Armstrong** and Ms. **Vivian Hill**, and acknowledged staff for providing an excellent experience during their rotation. As tokens of appreciation, students gave bouquets of roses and certificates to the staff.

All Head Nurses for the clinical units including CPEP and the ED were recognized and the following staff received special honors:

Yvonne Reynolds, Deputy Director, Nursing

Alison Benjamin, Breast Feeding Coordinator

Belinda Perry, Nurse Educator

Stephanie M. Harewood, Associate Director, Volunteer Services

Leila Ross (Nurse of the Year) Emergency Department and

Nadine McGrath, Executive Secretary, Nursing

CONGRATULATIONS...

Gregory Bell, RN, Ambulatory Care, received a Bachelor of Science degree in Nursing on June 15, 2009 from St. Francis College. Congratulations!



Dr. Kevin Cotterell, Acting Director, Psychiatry and Ms. Denise Flemming at Winterkill

WINTERKILL

Voza Rivers/New Heritage Theatre Group in association with the Greater Harlem Chamber of Commerce, Harlem Hospital Center, Harlem Healthy Eating and Living presented (by popular demand) the Fifth Revival of Winterkill.

The one-woman play was written, directed and performed by Denise Flemming at the Harlem Hospital Center Auditorium on Saturday, July 11. Winterkill is about a woman with multiple personalities caused by a mental disorder. The audience witnessed the amazing transition from one personality to the next with little to no effort. This is the second year Ms. Flemming has graced the Harlem Hospital Center staff and community with her exuberant talent. Her performance was well received by more than 200 attendees. Dr. Kevin

Cotterell gave opening remarks on behalf of Dr. John M. Palmer.

ANNOUNCING:

ACTIVITY AND SPORTS CAMP

Bring your child out to play with children their age, and where they can enjoy a variety of activities, games, sports, prizes and more!

Basketball, Dodge Ball, Dancing, Soccer, Diet, Nutrition and Safety.

It's not too late to register any week:

July 11 - August 29, 2009

At Moore Playground

East 130th - 131st St and Madison Ave

Children ages 7-14 years

Registration from 9:00 AM - 10:00 AM

Program A begins at 10:00 AM - 2:00

Children ages 11-14 years

Registration is from 1:00 PM - 2:00 PM

Program B begins at 2:00 PM - 6:00 PM

ENTERTAINMENT DISCOUNTS FOR HARLEM EMPLOYEES

Harlem Hospital Center employees are now eligible to take advantage of discounts and special offers for theme parks and attractions nationwide including Six Flags®, Water Country USA, Dorney Park, Wild Water Kingdom, Hershey Park, and Paramount's Kings Dominion. Discounts are also available for attractions in Orlando, FL including the *Walt Disney World*® Resort, Universal Studios® Orlando, Sea World®, Busch Gardens® Orlando Dinner Shows and more! These savings are not available to the public, however, you can order for friends and family.

Go to www.TicketsAtWork.com. Click on the 'Sign In' at the top of the

homepage. Use code HHCNYC to receive Harlem Hospital Center's discount. Orders can also be placed over the telephone by calling customer service at 800-331-6483.

THE ANNUAL DELMA MORRIS BLACK/WHITE ICE CREAM SOCIAL

On Friday, August 7, 2009 from 1:30 PM to 5:30 PM, the Employee Recognition Committee will sponsor the Annual Delma Morris Black and White Ice Cream Social in the Art Gallery/Cafeteria. Prizes will be awarded to the top three "black and white" outfits; so come dressed to impress.

This annual event is in honor of the late Ms. Delma Morris, former Deputy Executive Director who spearheaded the Employee Recognition Committee and many of the events we celebrate today.



ANNUAL EMPLOYEE PICNIC

The July 17, 2009 BBQ for Tours II and III was full of fun and games...The appreciation BBQ is to thank all staff for a job well done throughout the year!

BBQ FUN AND GAMES...



Mr. Khan